THE DAILY CAPITAY JOURNAL, SALEM, OREGON, FRIDAY, OCTOBER 17, 1919.



Nowadnys, though, we don't have the troubleome task of gathering the sage and the mussy mixing at home. All drug stores sell the ready to use product, improved by the addition of other ingredicats, called "Wyeth"s Sage and Sulphur Compound." It is very popular because nobody can dis cover it has been applied. Simply moist-en your comb or a soft brush with it and draw this through your hair, tak-ing one small strand at a time; by morning the grav hair disappears, but what delights the Indies with Wyeth"s Sage and Sulphur Compound, is that, besides beautifully darkening the hair after a few aplications, it also pro-duces the soft lustre and appearances.

A Nutritious Diet for All Ages

Quick Lunch at Home or Office Avoid Imitations and Substitutes

er Horlick's ORIGINAL

Malted Milk

Safe

Milk

For Infants & Invalids



Combination Coal and Wood Heaters \$22 to \$38 Vood Heaters \$10 to \$22	ation cer an
Airtight Heaters	as tob If y vasily
Frank F. Richter	makin Read If you and in
HOME OF THE CHARTER OAK	it may



125 North Commercial Street Shoes that wear and fit and are fit to wear.

Tobacco Hardens the Arteries, Overtaxes the Heart and Shortens Life

Says Dr. Connor, Who Suggests a Simple Test to Find If Is Hurting You. Can You Stand It?

New York-Dr. Connor, formerly of Johns Hopkins hospital says: Hund reds of thousands of men who smoke. Walk up three flights of stairs at a regular pace, then stop. If you find that you are out of breath, if your heart beat is forced, trembling or irand chew and who believe themselves healthy are suffering from progressive organic ailments. They would never have been afflicted had it not been for the use of tobacco and most of them would soon get well if they would stop the use of tobacco. The best known habit forming prin-cipal of tobacco is nicotine, but the most deadly and demoralizing js fur-fural. Both are deadly poison, which, when absorbed by the system slowly, but surely, affect the nerves, mem-branes, tissues, vital organs and vital-ity of the body. The harmful effect of tobacco var-ies and depends on circumstances and al debility, others catarrh of the throat indigestion, constipation, extreme nerve

al debility, others entarth of the threat indigestion, constipation, extreme nervi-ousness, sieeplessness, loss of memory, lack of will power, cowardice and fear-mental confusion, etc.; in others it enuses heart disease bronchial trou-bles, hardening of the arteries, palpi-tation of the heart, tuberculosis, can-cer and the common affliction knowa as tobacco heart. If you use tobacco in any form yon making the following simple tests: Read aloud a full page from a book. If your voice becomes muffled, hoarse indistinct and you must frequently vour throat is affected by eatarth and it may be the beginning of very seri-lear your throat, the chances are that vour throat is affected by eatarth and it may be the beginning of very seri-lear starthal trouble. Next, in the

SATURDAY

IS OUR FIRST SEMI-ANNUAL ANNIVERSARY

And we are going to show our appreciation of the patrons of Salem and the surrounding territory by quoting some very special prices on the necessities for the table at your home.

At this store, every day in the week, as well as on Saturday, patrons receive the "No-Vary" price--- and at that price all orders are taken and filled.

Eggs, per dozen	Heinz Spaghetti, per can
Butter, per pound 72c	Wheathearts, pkg
Swift's side bacon, lb. 421/2c	Veribest Milk, per can 15c
Back bacon, pound 38c	Shasta Tea, per pkg
Swift's Brickets, pound 35c	Folger Golden Gate Tea, pkg 45c
Sunny Monday Soap, 5 for	Folger Baking Powder, 1-2 lb.
R. C. Coffee, 3 lb. can\$1.49	pkg
Hills Bros. red can, 2 lb. can \$1.10	O O
Quaker Corn Flakes, 2 for 25c	White Seal Coffee, pkg. 47c P. A. Tobacco 15c
Cherry City Patent Flour \$3.00 Olympic flour	Velvet Tobacco
Swift's Pride Wash Powder	Camel Cigarettes, 2 for
A Good Broom	Star Tobacco, per lb
Holsum and Dixie Bread, 9c and 14:	Horse Shoe Tobacco, per lb 85c

