

# Overdoing

## How American Women Break Down

Owing to the modern manner of living and the nervous haste of every woman to accomplish just so much each day, they overdo, and as a consequence develop ailments peculiar to their sex, as is indicated by backache, headache, nervousness, the blues, displacements and weakness.

Women who find themselves in this condition should slow down, and depend upon that good old fashioned root and herb remedy, Lydia E. Pinkham's Vegetable Compound, to restore them to health and strength, for there is no other remedy known that so quickly restores a healthy, normal condition.

### Here is the Story of a Most Remarkable Recovery

Minneapolis, Minn.—"I was run down and nervous, could not rest at night, and was more tired in the morning than when I went to bed. I have two children, the youngest three months old, and it was drudgery to care for them as I felt so irritable and generally worn out. From lack of rest and appetite my baby did not get enough nourishment from me, so I started to give him two bottle feedings a day. After taking three bottles of Lydia E. Pinkham's Vegetable Compound I felt like a new woman, full of life and energy. It is a pleasure to care for my children and I am very happy with them and my baby exclusively again, and can't say too much for your medicine."

Mrs. A. L. MILLER, 2633 East 24th St.

Surely this proves the curative value of

# Lydia E. Pinkham's Vegetable Compound

LYDIA E. PINKHAM MEDICINE CO., LYNN, MASS.

## SOCIETY

By GERTRUDE ROBINSON

As a farewell compliment to Mr. and Mrs. William Marshall and Dr. F. H. Thompson who leave soon for the east, Mrs. Al Steiner entertained Tuesday evening with a delightfully informal dinner party at her home on the Wallace road. The table was prettily centered with white and yellow bloom, the entire decorative scheme being carried out in the same subdued tones. The remainder of the evening was pleasantly spent with card playing and social converse.

Mr. and Mrs. Marshall are connected with the state accident insurance commission of which Dr. Thompson is consulting physician, and the eastern trip will be of a business nature.

Covers were laid at the dinner for fourteen guests.

Salem friends were welcoming Mrs. H. B. Thielsen and her daughter, Miss Nell Thielsen, yesterday when they were in the city as the guests of Mrs. Russell Catlin. The visitors left for Portland last evening where they will remain a week before leaving on an extensive eastern trip. Their ultimate destination is Providence, Rhode Island, where they will spend the winter with Julius Thielsen, and all the principal cities of the middle west and east will be visited en route.

Mrs. Thielsen is a former Salem resident and was prominent in social circles during her residence here.

The many friends of Miss Belle Grover will be grieved to hear of her untimely death in Seattle. Her funeral was held today in McMinnville. Miss Grover, for many years dean of women at McMinnville college, was well and favorably known in Salem. She was a woman of unusual intellectual ability and prominent in educational circles. Her mother and sister were with her at the time of her death.

Mrs. D. D. Olmstead will be hostess for the C. W. B. S. of the Christian church, Friday afternoon at 2:30, at her home, 245 Union street.

Mr. and Mrs. J. R. Janz and small daughter, Oreta, and son, Saul, returned last evening from Netarts where they have been enjoying an outing for the past few days.

The wedding of Miss Johanna Catherine Domogalla and Elmer Edward Westley took place at St. Joseph's rectory yesterday. Only the immediate relatives and a few friends of the young couple were present. Reverend Father Deronin officiated. The bride is a beautiful and accomplished young woman of Salem. The groom is the youngest son of Mr. and Mrs. John T. Westley of Claxton. He has recently returned from Carlstrom field, Arcadia, Florida, where he served in the aviation department. Immediately following the ceremony the bride and groom left for Astoria.

Mrs. Clara E. Feller of Donald has left for Port Huron, Michigan, to attend the quadrennial supreme review of the Women's Benefit association of the Maccabees. In addition to the regular work of the convention the delegates will also celebrate a peace jubilee which will be attended by at least two thousand members from the United States and Canada. The mammoth service flag of the association will be demobilized with a patriotic ceremony presided over by a grand state pageant preceding this ceremony. Prior to her departure Mrs. Feller at an informal evening when a handsome electric set was presented to her by her home review. The evening was spent with music. Mrs. Feller was commander of her review for six years and is chairman of the hospital board of the association.

Mr. and Mrs. William Patrick, Miss Benjamin, Miss Rose Bodayls and H. M. Patrick have returned from a three weeks outing at Newport. While there they were domiciled at the Patrick cottage 'Sunny Nook.'

The Standard Light Bearers of the First Methodist church will meet with Mrs. A. A. Lee tomorrow afternoon. These gatherings are always looked forward to with a great deal of pleasure and an enjoyable afternoon is anticipated.

Mrs. Ellis Bennett Robert Bennett, Ella Bennett and their house guest, Miss Marie Shenam of Portland, have returned from a two weeks outing at Newport.

W. S. Poorman of Roseburg was guest of honor at an informal luncheon Tuesday afternoon at the home of his aunt, Mrs. Al Steiner. Mr. Poorman has just obtained his release from the service in which he spent two years, the greater part of which was passed in France. He was a member of the old Third Oregon.

The Woman's Home Missionary society of the First Methodist church will meet at the home of Mrs. Dr. E. E. Fisher, 515 Market street, Friday evening at eight o'clock. Reports will be given of the missionary convention which is being held in Oregon City this week. The husbands of the members are cordially invited to attend.

A motor party composed of Mrs. W.

### Stop Itching Skin

There is one safe, dependable treatment that relieves itching torture and skin irritation almost instantly and that cleanses and soothes the skin. Ask your druggist for a 35c or \$1 bottle of Zemo and apply it as directed. Soon you will find that irritations, pimples, blackheads, eczema, blotches, ringworm and similar skin troubles will disappear. A little Zemo, the penetrating, satisfying liquid, is all that is needed, for it banishes most skin eruptions, makes the skin soft, smooth and healthy.

The E. W. Rice Co., Cleveland, O.

# FALL IS HERE

IF YOU BELIEVE IN PREPAREDNESS COME TO THE PEOPLE'S CASH STORE. HAVE JUST RECEIVED 750 BLANKETS, COTTON, WOOLEN, 600 COMFORTS DIFFERENT QUALITIES. THE PRICES ON THE ABOVE WILL SURPRISE YOU

## 8 DAY SPECIAL SALE

OF KABO CORSETS. THE BEST IN QUALITY AND THE MOST COMFORT AT THE LOWEST PRICE.

CASH STORE  
Groceries Dry Goods Clothing  
**The Peoples**  
176-184 N. Com'l. St.  
"The Premium Store"  
Mens' Furnishings Hats and Shoes Notions.  
PHONE 453

The Beauty of The Lily can be yours. Its wonderfully pure, soft, pearly white appearance, free from all blemishes, will be comparable to the perfect beauty of your skin and complexion if you will use Gouard's Oriental Cream  
Gouard's Oriental Cream  
172-174 BROADWAY, N. Y. C.

T. Anderson and daughter Joyce, Miss Esther Anderson and Miss Mabel New left today for a weeks outing at Newport.

The Woman's Alliance of the Unitarian church will meet with Mrs. C. E. Houston at 200 South 23rd street Friday afternoon at 2:30.

### DANGER DISEASED TEETH

(By Dr. E. R. Parker.)

The mouth is the greatest germ producer of all parts of the human anatomy, for within it are the four contributing conditions for germ breeding, as well as the germ itself. These conditions are (1) darkness, or the absence of sunshine, which is the best natural sterilizer; (2) proper heat, which is normal body temperature; (3) moisture; and (4) tissues, the necessary food for germ life.

Decayed and diseased teeth and their faulty, artificial substitutes, in addition to being a handicap to proper mastication, are cesspools of infection and filth. Micro-organisms responsible for tuberculosis, typhoid fever, erysipelas and other diseases are commonly found in tooth cavities and diseased gum pockets, from which recesses they are absorbed into the blood and lymph streams. They are also distributed to the organs associated with the mouth, and through the saliva are transmitted to the stomach, and through breathing to the lungs. They are a menace to those with whom you come in contact because they are distributed when talking, spitting and coughing.

### APPROPRIATION TO FIGHT FLU IS ASKED

### Doctors Join Movement To Prevent Recurrence Of Dread Disease.

Cincinnati, Ohio, Sept. 4.—(United Press.)—That influenza is coming back is the opinion of scientists who have pledged support to Dr. O. P. Geier, of Cincinnati in his fight for a congressional appropriation of \$5,000,000 for the study of the causes and means of prevention of influenza.

The measure is favored by the Preventive Medicine Section of the American Medical Association and the fight for it is being led in congress by Senator Warren G. Harding and Representative Simon Pess, both of Ohio.

Numerous health authorities and organizations have endorsed it in letters received by Dr. Geier.

"We will have a recurrence of influenza this fall," writes Dr. A. B. Lewis, commissioner of health of the state of Oklahoma.

"That influenza will come back is a sure thing, and what we want to know is how to guard against it and quickly cure it when once it has taken hold," says A. N. Dubeis, public health expert of Alabama.

The Life Extension Institute of New York, of which William H. Taft is board chairman, is backing the fight for

\$5,000,000 anti-influenza appropriation. Dr. Eugene L. Fisk, director of the institute says, "The fighting of this epidemic disease is not a matter of medical treatment, but prevention along definite lines which we cannot follow, until we identify our enemy and know where his machine gun nests are located." He adds that until the cause of influenza is located the disease is as dangerous an enemy as were the Germans.

Dr. Geier also has enlisted in his campaign a number of industrial organizations. Among these are the Youngstown Sheet and Tube company and the Erie, Pa., works of the General Electric company. Dr. A. G. Cranch, physician of the latter organization, also has asked the Northwestern Pennsylvania Manufacturers' association to give its aid in the fight.

The board of health of Erie, Pa., has endorsed the \$5,000,000 fund and has called on congress to appropriate the money.

### LIVESTOCK MEN

(Continued from page one)

enormous rapidly growing economic and concentrated financial power of the group of five great packers as the investigation of the federal trade commission show have occurred in the past.

The letter calls for the enactment of such reasonable, effective and definite legislation as shall possibly prevent manipulation, hoarding or speculation in meat and other essential food products; shall provide for the regulation and control by license of the packers, under the agency of the department of agriculture an impartial agency assuring fair treatment to producer, packer and consumer alike; shall prevent packer control of all food products; shall provide for marketing

## No Two Person's Eyes Are Alike

That means that an Optometrist must give the strictest personal and individual attention to every patient. And where lenses are furnished, they must be prescribed and prepared to suit the peculiar needs of the patient under consideration. As an Optometrist we have confidence in our ability to render a satisfactory service as nearly as conditions will permit.

HARTMAN BROS. CO.  
Jewelers and Opticians  
Salem, Oregon.

# ROSTEIN & GREENBAUM DRY GOODS, SHOES, MILLINERY

## OUR MILLINERY

Department is now opened with a large variety of new Fall Hats. As usual we have the best stock in this city, our hats are of the best materials and correctly trimmed, and reasonably priced. Buy your new hat early, and get all the good out of it. You are invited to visit this department, and will not be urged to buy.

## LADIES' COATS

We have a nice assortment of Ladies' and Girls' cloth coats, all new this season. Latest styles, and not high priced.

## SHOES

The Mayer shoes for Ladies' and Girls' and the Washington shoe for Men and Boys. All guaranteed shoes. Don't waste your money on inferior goods. Buy the guaranteed shoes, and take no chances. The fiberoid and paper counters are not visible to the naked eye, but show up in a very short time. Ours are all leather shoes, guaranteed. Good values in Table Cloths, Bed Spreads, Blankets and Towels.

240-246 N. Commercial Street

FROM CALIFORNIA CRUDE

Zerolene is correctly refined from selected California crude oil. It meets with scientific accuracy the lubrication needs of all types of automobile engines. Get a Correct Lubrication Chart for your car.

STANDARD OIL COMPANY (California)



R. H. CAMPBELL, Special Agt., Standard Oil Co., Salem.

You See What You Buy Before Paying—Buying At Home

### WITNESS INFERRED

(Continued from page one)

sinek company of New York, of which the former general is now president, isn't partly owned by Siemens-Carey-H. S. Kerbaugh company, which received the much discussed cost-plus contract for spruce production in Clallam county, Wash.

Disque replied the corporation hasn't a "nickel's worth of interest" in the Amisnek concern. Questions from Frear brought the admission from the witness that the Amisnek company was bought by the American International corporation during the war; that John D. Ryan, former director of aircraft production, is a director of the American International; that Ryan recommended Disque for his present position.

### SALEM PEOPLE VISIT EUGENE

Rev. H. C. Stover of the Congregational church of Salem and Mrs. Stover visited Tuesday at the home of Mr. and Mrs. John F. Allan. Rev. Stover is an old friend of the Allan family, having had charge of a church at Gibbonsville, Idaho, their former home, fifteen years ago. Jessie Steinmetz of Marshfield accompanied Walter Allan from Marshfield Tuesday and will remain here for some time at the Allan home.—Eugene Guard.