

Dr. Lewis Says Hot Sun and Heat Weaken the Eyes Tells How to Strengthen the Eyesight 50 per cent in One Week's Time in Many Instances

A Free Prescription You Can Have Filled and Use at Home

New York, N. Y. — Do you wear glasses? Are you a victim of eyestrain or other eye weaknesses? If so, you will be glad to know that, according to Dr. Lewis, there is real hope for you. He says that exposure to sun, smoke, dust or wind often produces eyestrain, and people living in warm climates should frequently bathe the eyes and be careful to protect them from extreme light. This prescription will prove of great value to many eye sufferers. Many whose eyes were failing say they have had their eyes restored through the principle of this wonderful free prescription. One man says, after trying it: "I was almost blind; could not see to read at all. Now I can read everything without my glasses and my eyes do not water any more. At night they would pain me dreadfully, now they feel fine all the time. It was like a miracle to me." A lady who used it says: "The atmosphere seemed hazy with or without glasses, but after using this prescription for fifteen days everything seemed clear. I can even read fine print without glasses." It is believed that thousands who wear glasses can now discard them in a reasonable time and altitudes more will

be able to strengthen their eyes so as to be spared the trouble and expense of ever getting glasses. Eye troubles of many descriptions may be wonderfully benefited by following the simple rules. Here is the prescription: Go to any active drug store and get a bottle of Bon-Opto Tablets. Drop one Bon-Opto Tablet in a fourth of a glass of water and allow it to dissolve. With this liquid bathe the eyes two to four times daily. You should notice your eyes clear up perceptibly from the start and inflammation will quickly disappear. If your eyes are bothering you even a little, take steps to save them now before it is too late. Many hopelessly blind might have been saved if they had cared for their eyes in time. NOTE — Another prominent physician to whom the above article was submitted said: "Bon-Opto is a very remarkable remedy. Its constituent ingredients are well known to eminent eye specialists and widely prescribed by them. The manufacturers guarantee it to strengthen eyesight 50 per cent in one week's time in many instances or refund the money. It can be obtained from any good druggist and is one of the few preparations I feel should be kept on hand for regular use in almost every family." It is sold by D. J. Fry and other druggists.

SOCIETY

By GERTRUDE ROBINSON

TAKing his friends by complete surprise, a telegram reached Salem this morning announcing the marriage of Charles Z. Randall to Miss Cora Johnson of Ashland. The ceremony took place in Roseburg yesterday and the telegram stated that the young couple would be in Salem sometime today. The wedding is the culmination of a war time romance, begun while Mr. Randall, at that time a sergeant in Company I, was stationed on guard duty at Ashland directly after our entrance into the war. Mr. Randall is well known here, having practiced law in Salem before enlisting. He is an active member of the Elk lodge and one of the most universally popular young men of the city. Since his return from the service last May he has located in Pendleton, where he is a member of the firm of Kenton and Randall, and assistant district attorney of Umatilla county. He left Oregon as a sergeant in the Woodburn company, his father being a former mayor of that city, and upon arriving in New York was commissioned second lieutenant and transferred to Company M. The bride is the daughter of a prominent Ashland jeweler and a charming member of the younger social set of that city. A bevy of Elks is meeting every in coming train to give the young couple a fitting welcome to the capital city, and a number of social compliments are being planned for them during their visit here.

At high noon today, at the home of her parents on North 12th street, Miss Ruth Hodges of this city became the bride of Edward Paul Todd of Tacoma. Reverend E. H. Todd of Tacoma, father of the groom, officiated at the ceremony, which only a few relatives and friends of the couple were present. Among the out of town guests who attended were Mrs. J. Lockie Wilson of Toronto, Canada, Mrs. Eaton of Montreal, Canada, aunts of the bride; Mrs. B. B. Taylor of Pasadena, Cal., Mrs. W. G. Sherman of Yachats, Miss Junia L. Todd of Indianola, Iowa, dean of women at Simpson's college, aunt of the groom; Miss Junia Helen Todd, a sister of the groom from Tacoma, Mr. and Mrs. Willard Carver and son of Independence, Mrs. O. A. Keasner and daughter Gretchen, B. E. Smith, all of Independence, Miss Marion Tinker of Eugene, Anthony Jaureguy of Tacoma, Miss Lois Cowgill of Portland and Rev. E. H. Todd of Tacoma, father of the groom.

Mr. and Mrs. H. Leland Ross, accompanied by their two children, left yesterday on a motor trip to the coast. Their visit will be of indefinite length.

Of local interest to the younger set of Salem is the following item clipped from the Roseburg Review: "Miss Marjorie Brown will leave tonight for Simpson's college, where she will remain at the home of her next of kin, Attorney General and Mrs. George M. Brown until the opening of the Oregon Agricultural college early in September. This is Miss Brown's first year at O. A. C."

Miss Conifred Hurd, a teacher in the department of physical education in the Washington junior high school, has returned from Berkeley, California, where she has been in attendance at the summer school.

Salem friends of Mr. and Mrs. John Mills of Portland, and their son Harry Mills, who has recently returned from active service, welcomed them over the week end when they were guests of Mrs. Mills' brother, E. T. Barnea. Harry Mills remained in the capital city when his parents returned to their home Sunday evening and he will visit with old friends here during the week. Upon his return to Portland he plans to open a music studio.

Miss Beatrice Shelton and Mrs. Bertha Junk Darby have returned from attending the course of musical lectures, given in Portland by Professor Victor Louis Saar of Chicago.

One of the principal speakers at the Roosevelt memorial meeting held in Portland Monday, at which Salem was

THAT CHANGE IN WOMAN'S LIFE

Mrs. Godden Tells How It May be Passed in Safety and Comfort.

Fremont, O. — "I was passing through the critical period of life, being forty-six years of age and had all the symptoms incident to that change — heat flashes, nervousness, and was in a general run down condition, so it was hard for me to do my work. Lydia E. Pinkham's Vegetable Compound was recommended to me as the best remedy for my troubles, which it surely proved to be. I feel better and stronger in every way since taking it, and the annoying symptoms have disappeared." — Mrs. M. GODDEN, 925 Napoleon St., Fremont, Ohio.

Such annoying symptoms as heat flashes, nervousness, headache, irritability and "the blues," may be speedily overcome and the system restored to normal conditions by this famous root and herb remedy Lydia E. Pinkham's Vegetable Compound. If any complications present themselves write the Pinkham Medicine Co., Lynn, Mass., for suggestions how to overcome them. The result of forty years experience is at your letter held in strict confidence.



Party clothes to romp in— How to launder dainty frocks

EVEN to romp in, children can now wear frocks that make them sprite-like. That is because you can wash little frocks repeatedly with Lux without harming them.

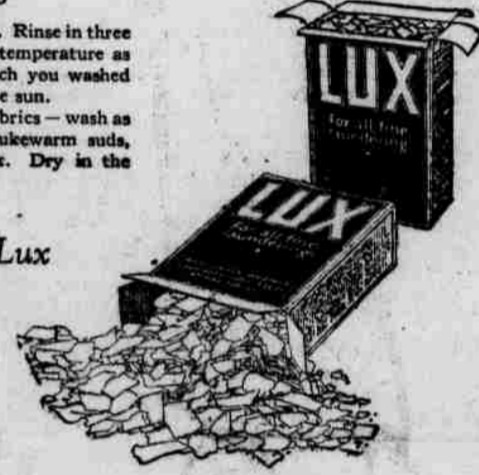
You simply stir up a bowlful of bubbling Lux suds and toss them in! It is so quick to work them about in the rich foamy suds, so easy to squeeze the suds through the soiled parts! You take them out as beautiful as the day you bought them. If water alone won't hurt a fabric, Lux won't.

Your grocer, druggist or department store has Lux.—Lever Bros. Co., Cambridge, Mass.

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To wash fine white fabrics

Use a tablespoonful of Lux to every gallon of water. Dissolve in very hot water and whisk into a thick lather. Let white dresses and petticoats soak for a few minutes. Then dip them up and down—do not rub. Press the suds again and again through very soiled spots. Rinse in three waters the same temperature as the water in which you washed them. Dry in the sun. Fine colored fabrics—wash as above, but in lukewarm suds, and do not soak. Dry in the shade.



No suds so wonderful as Lux for dainty things!

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Barnes Cash Store Dependable Luggage For Short Jaunts Or Long Service. Luggage conveys a silent but forceful message—at the train or depot—in hotel or guests' home. New Sweaters and Yarns FOR VACATION OUTINGS AND THE COOL EVENINGS AFTER THE SUMMER HEAT YARNS.

represented by Mrs. Lawrence T. Harris, was Mrs. Josephine Corliss, president of the National Education association and superintendent of public instruction for the state of Washington.

Mrs. Preston is planning a series of patriotic meetings honoring Theodore Roosevelt through school community centers of Washington. She spoke on the great construction program which is being put before the people of the country by the national education association, training and qualification of teachers, Americanization, public health rural schools and adult literacy.

Mrs. Preston started the teachers' cottage movement and community center work long before she was elected president of the N. E. A., and she has received national recognition and the support of the government in the work. The home for the school teacher eliminates the old harrowing system of "boarding around" in rural districts.

Community center work is a hobby of Mrs. Preston's. She believes that people were made to work together, play together, live together and be happy together. She believes in spelling bees, fairs, musicales, debates and other programs as a means of bringing the people together.

Mrs. Preston is the third woman to be president of the National Education association. The other two presidents were Ella Flagg Young of Chicago, and Mrs. Mary C. Bradford of Colorado. Mrs. Preston first attended a meeting of the association in 1913, and from that time until last year served as one of the vice presidents and on important committees.

Mrs. Freda Stacey is enjoying a short visit in Eugene where she is the guest of her parents.

A party composed of Mr. and Mrs. Ray Clark and daughter Maxine, Mrs. Nellie Knox and Mr. and Mrs. Fred De Sart of Portland, have returned from an enjoyable motor trip. They stopped first at Government Camp and from there went on into eastern Oregon, returning again to the valley by way of Mt. Hood and Cloud Cap Inn, over the Columbia highway to Portland and thence to Salem. They report wonderful scenery and an ideal trip.

Angelo for a three months visit with relatives and friends.

Constipation upsets the entire system—causing serious illnesses to the human family. Don't worry—Hollister's Rocky Mountain Tea will drive out constipation, regulate the bowels, tone the stomach, purify, cleanse. Without fail give it a three trial. 35c. D. J. Fry.

Prominent Young Dallas Couples Wed This Week

(Capital Journal Special Service.) Dallas, Or., Aug. 20.—During the past

few days two of Dallas' most prominent young couples have been united in the holy bonds of matrimony.

Charles Bilyeu and Mrs. Lillian Feljones Marshall secured a license from County Clerk Moore Saturday morning and went to Portland where the wedding ceremony was performed. Mr. Bilyeu is the popular proprietor of the Hotel Gail, one of the famous hostleries in the Willamette valley. Mrs. Bilyeu has been secretary of the Dallas Commercial club for the past year and one-half and is a graduate of the Dallas high school.

Tuesday morning John Cerney, a returned soldier from France where he served with an engineer regiment, and

Miss Alta Savage, one of the popular teachers on the staff of the Dallas schools for the past several years, were married and left immediately afterwards on a short honeymoon trip to the mountains.

LIBERTY BOND QUOTATIONS

New York, Aug. 20.—Liberty bond quotations: 3 1/2's, 99.76; first 4's, 94; second 4's, 92.78; first 4 1/2's, 94.30; second 4 1/2's, 93.10; third 4 1/2's, 94.84; fourth 4 1/2's, 93.16; victory 3 3/4's, 99.70; victory 4 1/4's, 99.64.

Bevo THE BEVERAGE The all-year-round soft drink For business men, professional men, men of sports—golf, bowling, tennis, shooting, riding. For everybody, everywhere, the year round. Bevo is hale refreshment for wholesome thirst—an invigorating soft drink. Ideal for the athlete or the man in physical or mental training—good to train and gain on. Healthful and appetizing. ANHEUSER-BUSCH ST. LOUIS. Blumauer & Hoch, Wholesale Distributors, Dan. J. Fry, Warehouse Manager, SALEM, ORE.