

# Health and Happiness



Women of today seem to listen to every call of duty except the supreme one that tells them to guard their health. Home duties, church duties, war activities, and the hundred-and-one calls for charitable enterprises soon lead women to overdo. Nervousness, headaches, backaches and female troubles are the inevitable result.

Philadelphia, Pa.—"I was very weak, always tired, my back ached, and I felt sick most of the time. I went to a doctor and he said I had nervous indigestion, which, added to my weak condition, kept me worrying most of the time—and he said if I could not stop that, I could not get well. I heard so much about Lydia E. Pinkham's Vegetable Compound my husband wanted me to try it. I took it for a week and felt a little better. I kept it up for three months, and I feel fine and can eat anything now without distress or nervousness. Health and happiness? Yes, I have both now."—Mrs. J. Worrilow, 2643 North Taylor Street, Philadelphia, Pa.

The majority of women nowadays overdo, there are so many demands upon their time and strength; the result is invariably a weakened, run-down nervous condition with headaches, backache, irritability and depression—and soon more serious ailments develop. Avoid them by taking in time

## Lydia E. Pinkham's Vegetable Compound

### POISON OAK

Wash with weak solution of blue stone or lime water, dry thoroughly, follow with light application of—

**VICK'S VAPORUB**  
"YOUR BODYGUARD"—30¢, 60¢, 1.20

### TELEGRAPHIC TABLOIDS

Chicago.—Exit the big, burly policemen. City commissioners have reduced the weight minimum to 140 pounds and the height to five feet six.

Dallas, Texas.—If they didn't wear 'em over there, they will over here. Sewer repairs have been voted gas masks.

St. Cloud, Minn.—The Cold Spring Brewing company is still in the "pickling business." Formerly it made beer. Now it will make pickles.

Chicago.—Ernest Beal told Judge Fry he flourished a war decoration. "It's been a battle for thirty years," said

Ernest, asking separation from Mrs. Beal.

Lincoln, Neb.—Selling real estate by airplane is the latest wrinkle planned by Wood's brothers land dealers here. The customer flying over the farm sees the lay of the land.

Chicago.—Hard rider jags will be the rage here. District Attorney Epstein has ruled that rider fermented without adulteration is not an illegal beverage.

Carlinville, Ill.—Judge turns mechanic. If the judge says his truck has no muffler, Charles Kuester must pay a fine. A suit filed against him alleges noise from his truck awoke a baby.

Los Molinos, Cal.—"It's so darned inviting to robbers that they can't keep out of it," declared Postmaster McDaniel, asking permission to move his much robbed office to a central location. Request was granted.

St. Paul, Minn.—Judge Boerner fixed Frank Barney's bail at \$100 when arrested for selling perfume. "Make it \$200, I don't care," said Barney. "Bail \$200," said the judge. Frank couldn't raise it.

Sioux Falls, S. D.—Home from the

was since spring. Hans Stove wonders if he is legally dead or alive. His parents just received word that he 'died' in service.

Winamac, Ind.—A big omelet when it struck a butter and egg motor truck. There was a thorough mixture of cream butter, eggs and chickens.

Constipation causes headaches, sallow color, dull sickly eyes—you feel out of sorts all over. Hollister's Rocky Mountain Tea will banish constipation, regulate your bowels, purify your stomach. You'll feel better all over. D. J. Fry.

### PARTNERSHIP FORMED AT SILVERTON

E. C. Simmons of this city, and S. E. Johnson of Silverton have formed a partnership for the handling of the Ford agency at Silverton. Mr. Johnson will act as manager of the firm, which will be known as Johnson & Simmons. Mr. Johnson is spending two weeks in Vlek Bros' office here.—Eugene Register.

### REJOICES DAUGHTER CAN RESUME STUDIES

"Everything my little 12 year old girl ate distressed her; even a glass of water would cause her to belch gas and she was unable to go to school for nearly a year. I bought her a bottle of May's Wonderful Remedy, and since taking it she is eating up out of house and home and is attending school again." It is a simple, harmless preparation that removes the catarrhal mucus from the intestinal tract and allays the inflammation which causes practically all stomach, liver and intestinal ailments, including appendicitis. One dose will convince or money refunded. J. C. Perry, Capital Drug Store, and druggists everywhere.

### STATE HOUSE NEWS

The semi-annual report of the state treasurer presented to the governor yesterday, shows that there is a total of \$6,678,614.02 in the irreducible school fund; \$1,831,664.73 in the segregated accident fund, \$1,092,765.25 in the industrial accident fund. During the six months the treasury received the amount of \$25,850.69 in interest upon state deposits, as against \$22,662.70 for the same period of 1918. On June 30th there was a cash balance on hand in the various state depositories of \$2,853,477.53, while the average daily deposit for the six months was \$2,512,573.31. In June the state treasurer designated 28 new depositories, thereby adding new districts that will receive financial assistance from the use of state funds.

Supplementing the opinion of Attorney General Brown as to the scope of the soldiers' and sailors' aid bill, Deputy Secretary Koser has prepared a digest of the measure, copies of which he has sent out to representatives of various educational institutions of the state, along with a copy of the attorney general's opinion. Along with these documents Mr. Koser has enclosed an announcement that a conference of educators will be held at the capitol building Tuesday, July 22, for the purpose of formulating a set of definite rules as to the application of the provisions of the act. In the course of his letter Mr. Koser says:

"In view of the fact that it has become impossible for the attorney general to lay down a hard and fast rule defining an institution of learning under the law, and the further fact that it will be necessary for some of the institutions of learning to make an appropriate showing that they have the facilities for furnishing a prescribed course of study that will be beneficial to applicants who are entitled to the benefits of the law, it has occurred to this department that by a conference with representatives of the public and various private institutions of the state a better understanding of the provisions of the law and its application may be gained by all affected thereby. In the case of H. A. Holmes vs. State

### SOCIETY

By Gertrude Robinson

Mr. and Mrs. Frank W. Castle are entertaining as their guests at their suburban home, Mrs. Sophia Crosby and daughter, Miss Ethel Crosby of Tacoma, Washington. Tuesday they were honor guests at an informal dinner. Mrs. Crosby and daughter have been traveling in California for several months spending lengthy visits in Pomona and Los Angeles. In spite of the much advertised California scenery they are entranced with the Willamette valley and especially pleased with Salem. Both have traveled extensively in foreign countries and are very frank in their open preference to Oregon. They will remain another week.

Another guest at the Castle home is Mrs. Margie McConnell, daughter of Mr. and Mrs. Castle who is spending the summer with her parents. She is recently from Vancouver, B. C. Picnics and dinner parties are being planned in honor of the guests before their departure.

Reverend Father Buck of St. Joseph's parish is enjoying a much needed vacation at St. Rupert in British Columbia.

Miss Ida M. Tarbell, fresh from attending the peace conference in Paris, arrived in Portland yesterday morning and spoke at the Gladstone chautauqua last evening on the league of nations.

"This thing I found all up and down France—women of all classes taking up the big task of reconstruction," she said. The men are equally busy with rebuilding their industries.

The latest word from Mr. and Mrs. J. H. Baker, who are touring California states that they are now at Lake Tahoe. After a few days stay there they will go on to San Diego.

Mrs. B. F. Prael has as her guest Mrs. Frank Suedecor of Portland.

Mrs. Jane Williams is the guest of her son E. F. Williams in Seattle where he holds an important position with the Charles H. Lilly company.

Mrs. James Albert, who has been visiting with her parents at Hooper, Oregon, has returned home.

Mrs. E. C. Horstall, a former resident of Salem, is a guest at the C. M. Lockwood home. Many friends are welcoming Mrs. Horstall during her visit here.

Mrs. C. C. Clark and Miss Edith Benedict are enjoying a few days vacation near Mill City.

The Elks announce that their last dance before leaving for Klamath Falls will be given in the armory Wednesday evening, July 26th.

Mrs. John W. Harrison, accompanied by her house guest, Mrs. J. G. Conwell, is visiting in Corvallis for a few days.

Fish and Game Commission, in which the plaintiff seeks to enjoin the commission from purchasing the Roddick farm in Lane county, the commission has filed a demurrer alleging that the plaintiff has not the legal capacity to sue, and that the complaint does not present sufficient matter of fact to furnish grounds for action against the commission.

State Labor Commissioner Gram notes that only 89 out of more than 200 electrical contractors in the state have seen fit to remit for the annual license fee of \$15 as provided by the last legislature. He has sent out notices to all persons in the state known to be in the contracting business calling attention to the fact that failure to take out the license makes them liable to a maximum fine of \$100.

Following up his effort to enlist the aid of government officials at Washington in bringing about an adjustment of the telephone strike, Governor Oicott has appealed by wire to the heads of the Pacific Telephone & Telegraph company in San Francisco, as well as to James Noonan, secretary of the International Electrical Workers in Washington.

In recognition of his interest in the science of aviation, Governor Oicott has become the possessor of a handsome bronze medal, presented to him by Nora Forrester Giltner, now residing in Paris. It was designed by a prominent French artist and was struck off in the French mint.

State Engineer Copper left yesterday for The Dalles to join a group of expert geologists who are to make an investigation of the proposed reservoir site at Benham Falls. The fact to be determined there is as to whether the bed-rock is of such a nature that it will retain water under high pressure.

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 \* COCOANUT OIL FINE \*  
 \* FOR WASHING HAIR \*  
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If you want to keep your hair in good condition, be careful what you wash it with.

Most soaps and prepared shampoos contain too much alkali. This dries the scalp, makes the hair brittle, and is very harmful. Multified coconut oil shampoo (which is pure and entirely grassless), is much better than anything else you can use for shampooing, as this can't possibly injure the hair. Simply moisten your hair with water and rub it in. One or two teaspoonfuls will make an abundance of rich, creamy lather, and cleanses the hair and scalp thoroughly. The lather rinses out easily, and leaves the hair soft, shiny, and easy to manage.

You can get Multified coconut oil shampoo at most any drug store. It is very cheap, and a few ounces is enough to last everyone in the family for months.

Justice Johns of the supreme court left this morning for Portland on a brief business trip.

Mrs. Anna Horstall, who has been visiting at the homes of C. M. Lockwood and Mrs. Ida Babcock, left this morning for her home in Bellingham, Washington.

Geo. Vick, of the Valley Motor company, is among the Salem business men in Portland today.

Superintendent Shipple, of the Prudential Life Insurance company in Portland is in the city today on business connected with his company. He is accompanied by Mrs. Shipple.

Cools the stomach, washes out the bowels, drives out impurities, helps the liver—it's Hollister's Rocky Mountain Tea. Take it once a week during hot weather and see how happy and contented you'll be. 35c. Tea or Tablets. D. J. Fry.

St. Paul, Minn., July 18.—Mike O'Dowd, world's middleweight champion knocked out Al McCoy in the third round of their scheduled ten round bout last night.

Before he stayed down for the count, McCoy was knocked down eight times. Meantime his brother threw the towel into the ring three times in token that the former champion was through, but Referee Ullrich refused to let McCoy quit.

The boxing commission has withheld McCoy's money and it is likely he will go back to Brooklyn without it.

Portland Attorney Will Probe Bread Price Rise

Portland, Or., July 18.—City Attorney Lalloohe promised today to investigate the charge that an announced increase of one cent in the price of a pound loaf of bread results from an illegal combination of bakers. Bread will be advanced to 11 cents here.

Seattle is the only major city on the coast now paying 11 cents for a one pound loaf. Ten cents is paid in San Francisco, Spokane, Eugene, Salem and Tacoma.

Construction work has been started on the railroad leading from Idaville in Tillamook county, to a point 11 miles back in the woods. The road will tap a rich forest area.

## Shipley's Supplies For Berry Fields

WOMEN'S AND MISSES KHAKI OVERALLS. Good Quality ..... \$1.98

WOMEN'S UNIONALLS  
Full range of sizes, neatly made of good quality khaki cloth ..... \$2.98

WOMEN'S BUNGALOW APRONS  
Made full size, good width, percale and gingham ..... 69c, 98c, \$1.98

CHILDREN'S GINGHAM DRESSES  
Ages 4 to 14 years. Neatly made, short or long sleeves ..... 98c, \$1.48, \$1.98

MISSES SUMMER BLOUSES  
White, Pink and Blue. Ages 14, 16, 18.....98c

CHILDREN'S FAST BLACK HOSE  
Sizes, 5 1-2 to 9 1-2. Reinforced heels, toes and knees. This lot consists of several numbers that we have discontinued. Extraordinary values, 35c, 3 for ..... \$1.00

WOMEN'S GEORGETTE WAISTS  
Another sample line of Women's Georgette Waists full range of colors and a good assortment of sizes ..... \$4.98

### H. G. Shipley Co.

Quality Merchandise Popular Prices

Three deaths have occurred in the vicinity of Cottage Grove within the past few days. George B. Sanders was killed by a falling tree; Mrs. Leslie Hodges died of blood poisoning and Charles M. Handerer was stricken with paralysis.

Six hundred people gathered on the school grounds at Halsey Saturday night to do formal honor to the soldiers, sailors and marines who have returned to their homes since the end of the war.

"Forget It"—Buy At Home

## You Need Not Suffer from Catarrh

But You Must Drive It Out of Your Blood to Get Rid of It Permanently.

You have probably been in the habit of applying external treatments, trying to cure your catarrh. You have used sprays, washes and lotions and possibly been temporarily relieved. But after a short time you had another attack and wondered why. You must realize that catarrh is an infection of the blood and to get permanent relief the catarrh infection must be driven out of the blood. The quicker you come to understand this, the quicker you will get it out of your system. S. S. S., which has been in constant use for over fifty years, will drive the catarrhal poisons out of your blood, purifying and strengthening it, so it will carry vigor and health to the mucous membranes and its journeys through your body and nature will soon restore you to health. You will be relieved of the droppings of mucus in your throat, sores in nostrils, bad breath, hawking and spitting.

All reputable druggists carry S. S. S. in stock and we recommend you give it a trial immediately.

The chief medical adviser of the Company will cheerfully answer all letters on the subject. There is no charge for the medical advice. Address Swift Specific Company, 251 Swift Laboratory, Atlanta, Ga.

Barne's Cash Store  
E. E. BARNE, PROPRIETOR

## WE HAVE SUMMER COATS for MEN!

LARGE MEN

Men with big chests that draw the tape at 46, 48 or 50 inches

These Coats are unlined black Soisette and Blue Serges—light and cool, especially good for office wear. The price is almost too ridiculously low to mention.

Black Soisette ..... \$1.75  
Blue Serge, Wool ..... \$4.00

Large Waisted men are also in luck. Good quality KHAKI PANTS, size 44, 46 and 48, reduced to \$1.95  
Lee's Unionalls, size 44 only, reduced to ..... \$2.95

Women's  
**Emmy-Lou Pumps**  
 \$1.50  
 All Sizes, 2 1-2 to 8

This is probably the most popular style of the whole Red family of footwear. These one strap, white canvas, rubber soled Pumps, are not only neat and noiseless but are also very durable. At this price, which is below present wholesale cost, it is certainly the cheapest, worth-while footwear obtainable.

Bargain Day Prices Hold Good on All Remaining Goods Offered at Special Prices on that Day.

## Grape-Nuts

provides the elements needed to build strong, healthy bodies and brains.

Do your shopping at The Store That Saves You Money

There's a Reason

## SATURDAY SPECIALS

CORSETS—Non-rust stays, front and back lace special at ..... \$1.75

Good quality misses and children's middle blouses in blue and white, also plain white, special \$1.80 to \$2.50

Ladies' vests at ..... 15c, 20c, 25c and 30c

Good grade children's and ladies' hose at, per pair, from ..... 15c to \$1.75

Do your shopping at The Store That Saves You Money

HIGH QUALITY  
**SAMPSON BROS.**  
 Dry Goods Notions  
 LOW PRICES

Furnishings And Notions Many Bargains Every Day