

How Much More Tobacco Will My Heart Stand?

A Vital Question for Every Man Who Smokes or Chews to Answer.

May Cost a Life to Find Out By Experiment

The heart of every user of tobacco bears a double burden. It does its allotted task and then fights nicotine for supremacy. As long as the heart wins he lives; when it loses he dies, but before the final victory of nicotine you pass through many stages of decline and decay and suffer many pangs. Hearts are like human beings—some are stronger than others, therefore some hearts will stand more tobacco than others, but there is a limit to what any heart can stand. The man who puts this additional strain on his heart a dozen times a day by smoking cigarettes, a pipe or cigars—or chewing tobacco—is taking a madman's chance with health and life to lose and nothing to win but the chance that he may lose them. He is indulging in a costly habit at the expense of precious health. Ask any doctor anywhere, and he will tell you that using tobacco is injurious and that it is far better to quit the habit than to experiment to find out how much tobacco your heart will stand without serious results.

and to really quit takes more will power than they can voluntarily exercise. To quit the habit, make it easy for yourself by getting Nicotol tablets and taking them as directed. The habit really quits you and its departure is a pleasure equal to its indulgence. If you want to know how much easier it is to quit the habit with Nicotol than without it, go twenty-four hours without tobacco and note what an effort it costs you, then begin using it as usual and take Nicotol tablets. At the end of a week discontinue smoking or chewing for a day and it is probable you will have no desire to resume. At least your desire will be greatly diminished and another week or two should make it not only possible, but a pleasure to quit.

Manufacturers' Note: Nicotol is sold under the positive guarantee that it is not injurious; that it contains no habit-forming drugs; that it will help any man to throw off the tobacco habit, and that any druggist will refund the entire purchase price if it fails. It is dispensed in Salem under this guarantee by D. J. Fry and other good druggists.

SOCIETY.

By Gertrude Robison

ONCE in a blue moon," says the Town Crier of Seattle, speaking of master Jean Kantner, "certainly not oftener—one hears such a voice, flute like in its purity of tone, but warm with young life, of such wide range that it more than meets all demands, and of a fidelity of pitch that goes far toward the making of Master Jean's singing a delight."

This young prodigy, who at the age of thirteen years has met with the astounding success that comes only once in a great while to anyone, and then during unnumbered, will appear in concert here next Saturday, at the First Congregational church. Master Jean, will as it were, be "coming home" when he arrives in Salem. His father, Clifford White Kantner, who accompanies the lad, is the son of Reverend W. C. Kantner, pastor of the First Congregational church, and during his residence here, fourteen years ago, distinguished himself through his choir work and extraordinary musical ability. He is himself, a composer of merit. The boy Jean has sung in public since his seventh year and with every succeeding season his voice seems to develop more beauty and strength. In 1914 a trip to Europe had been planned in order that he might have the opportunity of studying in the great European conservatories and under the famous European masters, but the war intervened and the plans had to be abandoned. Nevertheless his musical education has been directed by the best talent that could be obtained and one wonders if a foreign training could have made any great improvement in a voice so seemingly faultless.

The concert is given under the auspices of the First Congregational choir. Such prominent and influential social leaders as Mrs. T. A. Livesey, Mrs. J. P. Roberts, Mrs. R. J. Hendricks, Mrs. Fred Stewart and Mrs. D. W. Eyre Mrs. C. P. Bishop and Mrs. Geo. Burnett are acting as patronesses. The coming of the boy soprano, is undoubtedly one of the great events that happen at rare and wonderful intervals and ranks in importance with Paris of their recitals (which never come to Salem) and no flattery intended either way—to Apollo club concerts which are open to the elect, and take place all too infrequently.

The Salem Women's club assumes a silver tea to be held on the state house grounds next Friday from three to six. The tea is given for the benefit of the women's building at Eugene, in which all clubs and social gatherings over the state are intensely interested. For the past few weeks the alumni association of the University of Oregon has been conducting drives, giving entertainments and sponsoring musical recitals for the purpose of availing the fund. Supported by the various women's organizations over the state, it has met with gratifying success, but in spite of the untiring efforts the sum is not yet complete. It is because of this, and to show their appreciation of, and interest in educational affairs that the Salem Women's club has arranged the silver tea. The invitation is attend is extremely broad, including all those who have the best interests of students, particularly high students, at the university at heart. The affair will not be exclusively for women, and a special and hearty invitation is issued to the men of the city to be present.

The home of Mrs. E. E. Appinwall at 615 North Church street was the scene of much enjoyment last Sunday when a delightfully planned family reunion and welcome home for the three sons home from service with the United States forces, took place. There were twenty seven guests present, which included nine sons and families, and Mr. and Mrs. Chas. Williams who motored down from Portland. The rooms were beautifully decorated with sweet peas, nasturtiums and greenery.

Miss Naomi Beckwith attended the wedding of Miss Helen Wheeler and Thomas Van Ordel in Portland last week. Miss Beckwith is a member of the Chi Omega sorority and the bride is a member of the Corvallis chapter.

Salem people who are planning California trips next fall may be interested to know that Geraldine Farrar is coming to San Francisco and will give one concert, during the afternoon, October 5th at the Curran theater. Miss Farrar and her husband, Leo Tolleson have resumed cinema acting and her appearances on the operatic stage are becoming rare. Her appearance in San Francisco is therefore, a treat that can

Do you know the fineness of real tea-flavor or only the tang of coarse tea and tannin?

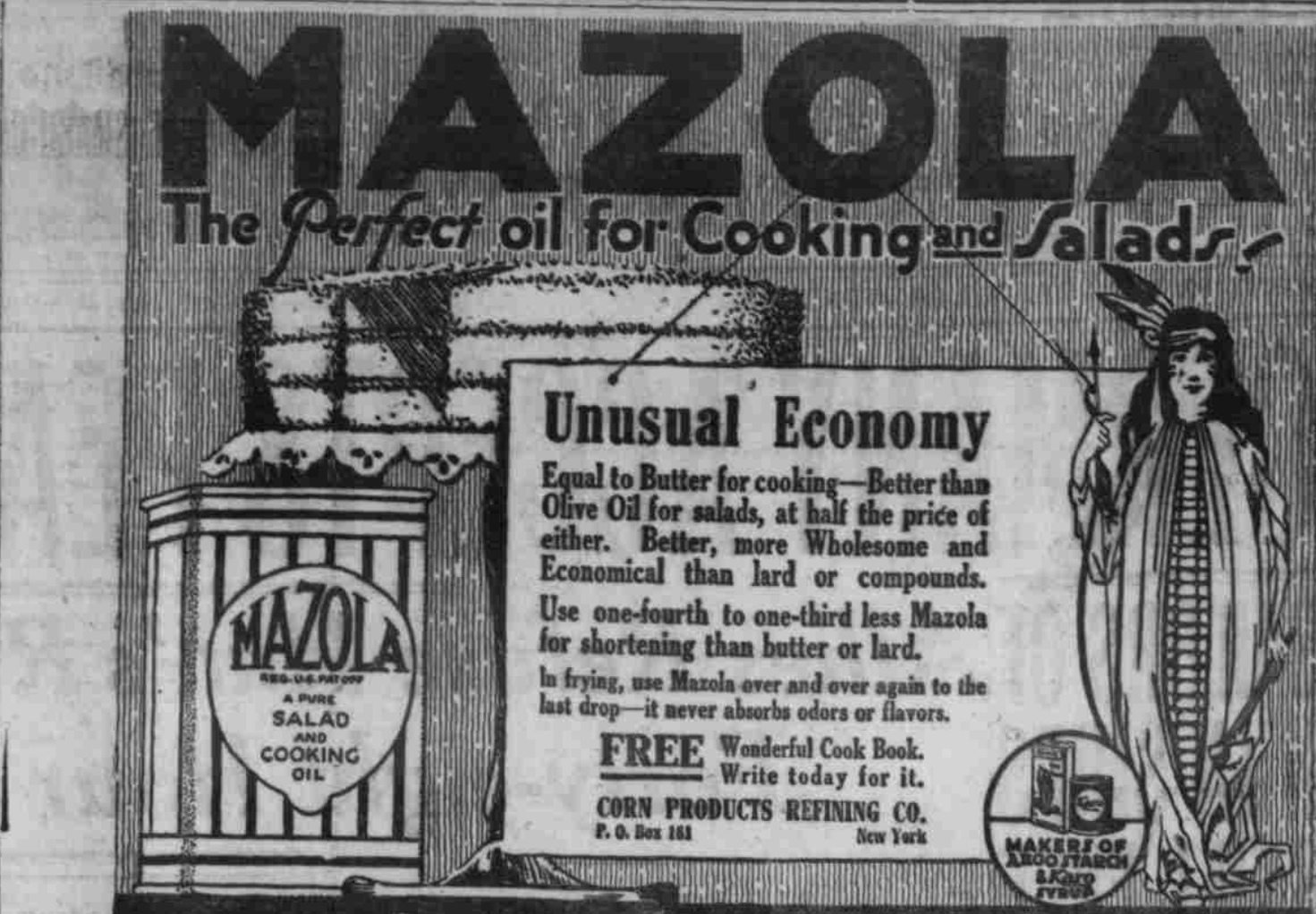
Common tea is the coarse tannin-flavored tea. It costs less per pound than Schilling Tea but more per cup.

Why not have good tea while you are about it? There are four flavors of Schilling Tea—Japan, Ceylon, India, Oolong, English breakfast. All on quality. In packages lined moisture-proof packages. At grocery everywhere.

A Schilling & Co. San Francisco

MAZOLA

The Perfect oil for Cooking and Salads



Unusual Economy
Equal to Butter for cooking—Better than Olive Oil for salads, at half the price of either. Better, more Wholesome and Economical than lard or compounds. Use one-fourth to one-third less Mazola for shortening than butter or lard. In frying, use Mazola over and over again to the last drop—it never absorbs odors or flavors.

FREE Wonderful Cook Book.
Write today for it.

CORN PRODUCTS REFINING CO.
P. O. Box 161 New York

MAKERS OF LARGO STARCH AND SYRUP

Seavey Leads Shooters At Close Of Second Day Of Championship Tourney

Portland, Or., June 21.—At the end of two days of competition in the annual tournament of the Northwest Sportsmen's association, James W. Seavey, 1919 trap shooting champion of Oregon leads the field with a total of 255 targets out of a possible 300.

and R. S. Seavey of Seattle tied for third with 116. J. A. Troch won the shoot off for the individual championship yesterday, he having been tied with C. L. Tompsett of Seattle, J. A. Dague of Tacoma, R. W. Kinzer of Seattle and H. Williams of Seattle on the original 20 birds.

What Is Rheumatism? Why Suffer from It?

Sufferers Should Realize That It Is a Blood Infection and Can Be Permanently Relieved. Rheumatism means that the blood has become saturated with uric acid poison. It does not require medical advice to know that good health is absolutely dependent upon pure blood. When the muscles and joints become sore and drawn with rheumatism, it is not a wise thing to take a little salve and by rubbing it on the sore spot, expect to get rid of your rheumatism. You must go deeper than that, down deep into the blood where

the poison lurks and which is not effected by salves and ointments. It is important that you rid yourself of this terrible disease before it goes too far. S. S. S. is the blood purifier that has stood the test of time, having been in constant use for more than fifty years. It will do for you what it has done for thousands of others, drive the rheumatic poisons out of your blood, making it pure and strong and enabling it to make you well. S. S. S. is guaranteed purely vegetable, it will do the work and not harm the most delicate stomach. Write the physician of this Company and let him advise you. Advice is furnished without charge. Address Swift Specific Company, 253 Swift Laboratory, Atlanta, Ga.

TO ALL WOMEN WHO ARE ILL

This Woman Recommends Lydia E. Pinkham's Vegetable Compound—Her Personal Experience.

McLean, Neb.—"I want to recommend Lydia E. Pinkham's Vegetable Compound to all women who suffer from any functional disturbance, as it has done me more good than all the doctor's medicine. Since taking it I have a fine healthy baby girl and have gained in health and strength. My husband and I both praise your medicine to all suffering women."



This famous root and herb remedy, Lydia E. Pinkham's Vegetable Compound, has been restoring women of America to health for more than forty years and it will pay any woman who suffers from displacements, inflammation, ulceration, irregularities, backache, headaches, nervousness or "the blues" to give this successful remedy a trial.

- For special suggestions in regard to your ailment write Lydia E. Pinkham Medicine Co., Lynn, Mass. The result of 40 long experience is at your service.
- | | |
|---------------------------|---------------|
| The Soldiers Song | Steinheimer |
| Dixie Land | Arnold |
| The Water Nymphs | Anthony |
| Santa Claus Guards | Krogmann |
| Shower of Kisses | Spaulding |
| Marche Des Petits Soldats | De Polmb |
| Gitania | Heins |
| Sweet Bye and Bye | Arr. by Steir |
| Scherzo Ballet | Sabathil |
| Frieze Again | Voigt |
| Edelweiss | Vanderbeck |
| Reading | Selected |
| Rosy Pingers | Wachs |
| Love Dreams | Brown |
| The Silver Nymph | Heins |
| High School March | Spencer |
| The Dances | Fontaine |
| Valse Arabesque | Lack |
| Aeolian Harp | Smith |
| Waltzing Doll | Poldini |
| Gypsy Rondo | Hayden |
| Lucile Mours | Gertrude West |

- The piano pupils of Miss Margaret Fisher assisted by Ethelwyn Kelley, leader, and Wilma Spence, violinist, were presented in recital at the Y. W. C. A. parlors Friday afternoon. Baskets of yellow daisies combined with blue delphinium were graciously arranged about the room. Many relatives and friends of those participating were present, and each number given showed good work and careful training. The program given is as follows:
- | | |
|---------------------------|-----------------|
| A Coquettish Smile | Engleman |
| Helen Arphe | Frederick Arphe |
| By the Woodland Lake | Ganschals |
| Mary Kightingler | Greenwald |
| Margaret Moorehouse | Steinheimer |
| The Soldiers Song | Steinheimer |
| Dixie Land | Arnold |
| The Water Nymphs | Anthony |
| Santa Claus Guards | Krogmann |
| Shower of Kisses | Spaulding |
| Marche Des Petits Soldats | De Polmb |
| Gitania | Heins |
| Sweet Bye and Bye | Arr. by Steir |
| Scherzo Ballet | Sabathil |
| Frieze Again | Voigt |
| Edelweiss | Vanderbeck |
| Reading | Selected |
| Rosy Pingers | Wachs |
| Love Dreams | Brown |
| The Silver Nymph | Heins |
| High School March | Spencer |
| The Dances | Fontaine |
| Valse Arabesque | Lack |
| Aeolian Harp | Smith |
| Waltzing Doll | Poldini |
| Gypsy Rondo | Hayden |
| Lucile Mours | Gertrude West |

electrical storm passing through Ottertail and adjoining counties of western Minnesota late yesterday. Property loss, especially in Fergus Falls, Minn., was heavy. The storm centered in Fergus Falls, Minn. Early reports were that the death list might reach 200, although there was no way of checking such rumors. Three blocks in the business district of Fergus Falls were wiped out. The storm, a terrific and long sustained wind, struck at about 7 p. m. It was after midnight when it died away. From Wahpeton, N. D., telephone offices reported the Northern Pacific station at Fergus Falls had been wrecked. It was said fire followed the collapse of buildings also. A report from Fargo, N. D., today was that 500 were injured in the storm territory.

ENEMY TOLD TO

measure of that which Germany can in fact perform. The government of the German republic therefore feels itself bound to announce that it makes all reservations and declines all responsibility as regards the consequences, which, as it is bound to happen, the impossibility of carrying out the conditions comes to light, even though German capacity to fulfill is stretched to the utmost. "Germany further lays the greatest emphasis on the declaration that she cannot accept article 236 of the treaty of peace, which requires Germany, to admit herself to be the sole author of the war. "Likewise, it is equally impossible for a German to reconcile it with his dignity and honor to accept and execute articles 227 to 231, by which Germany is requested to give up to the allies and associated powers for trial individuals among the German people who are accused of committing acts contrary to the customs of war. Asks Reconsideration. "Further, the government of the German republic makes a distinct protest against the taking away of all the colonial possessions of Germany. "The German government believes itself to be entitled to address the following modest request in the expectation that the allied and associated government will consider the following declaration an integral portion of the treaty. "Within two years, counting from the day the treaty is signed, the allied and associated governments will submit to 1 on the local grounds last Sunday and the present treaty to the high council afternoon. The game lacked interest, of the powers constituted by the league owing to its one-sidedness and the violation of the purpose of the treaty stated before leaving that they could examination. Before this high had stepped out of their class.—Woodburn Independent.

Stop Itching Eczema

Never mind how often you have tried and failed, you can stop itching eczema quickly by applying a little zemo furnished by any druggist for 35c. Extra large bottle, \$1.00. Healing begins the moment zemo is applied. In a short time usually every trace of eczema, tetter, pimples, rash, blackheads and similar skin diseases will be removed. For clearing the skin and making it vigorously healthy, always use zemo, the penetrating, antiseptic liquid. It is not a greasy salve and it does not stain. When others fail it is the one dependable treatment for skin troubles of all kinds. The E. W. Ross Co., Cleveland, O.

enjoy the same privileges as the representatives of the other contracting parties of the present treaty. This council shall decide in regarding to the conditions of the present treaty which impair the rights of self determination of the German people, and also in regard to the stipulation whereby the free economic development of Germany on a footing of equal rights is impeded.

"Lonestar" Deitz Facing Trial As Draft Evader

Spokane, Wash., June 23.—(United Press)—William H. Deitz, formerly coach of the Washington State college football team, and coach of the Marine football team's eleven last season, went on trial here today on a charge of making false statements in executing his draft questionnaire, upon which he was exempted from military service. It is contended by the government that "Lonestar" Deitz is not an Indian, as he stated in his questionnaire, and as he has been generally recognized during his football coaching career in the west.

Barnes Cash Store

Silks at Closing Prices

Every Yard a Splendid Investment That Should Be Taken Advantage Of Now

At Yard \$1.35

A large assortment of Novelties in handsome plaids and stripes of excellent quality. The lot also includes some of Belding's yard wide satin linings and two pieces of Skinner's Serge lining in black and brown. These are all 36 in. wide. In addition there are 2 pieces of 40 in. Tussah Silks in fuchsia and orange shades, all at yard \$1.35


AT YARD \$1.65

Another lot of 36 in. SILK in fancy stripes and plaids of a higher quality. In the lot are several pieces of plain Tulle in light shades. Also twenty two shades of 40 inch Crepes De Chine and some splendid 40 inch Silk and Wool Pulpine all at yd. \$1.65

Barefoot Sandals

Infants	20c
Children's	\$1.45, \$1.75
Men's 11 1/2 to 2	\$1.00, \$2.00
Men's 2 1/2 to 6	\$1.75, \$2.50

See Our Line Of Women's Bathing Suits All At Last Year's Prices



Do you know the fineness of real tea-flavor or only the tang of coarse tea and tannin?

Common tea is the coarse tannin-flavored tea. It costs less per pound than Schilling Tea but more per cup.

Why not have good tea while you are about it?

There are four flavors of Schilling Tea—Japan, Ceylon, India, Oolong, English breakfast. All on quality. In packages lined moisture-proof packages. At grocery everywhere.

A Schilling & Co. San Francisco

ill afford to be missed and tourists from Oregon and the Pacific northwest will no doubt time their California trips with Miss Farrar's arrival.

Mrs. R. L. Hagon and son Howard, have gone to San Francisco to join Mr. Hagon who has just returned from Colorado. The party will motor from San Francisco to Portland, stopping at various points of interest en route. The trip will cover a period of about two weeks.

One of the annual recitals of Miss Beatrice Shelton will be held this evening at the First Congregational church. Miss Ada Miller, Mr. and Mrs. Alfred Stehman and Professor T. S. Roberts will assist.

Mrs. W. I. Staley is visiting in San Francisco as the guest of her daughter Mrs. Bertha Powers.

Plans for the enormous home coming celebration which is to be held on the Fourth, were made last Saturday, when the War Mothers met in the Commercial club auditorium. No single event has ever occupied so much time or been the inspiration of so much labor, as the proposed home coming. Social and industrial parades, dances and carnival amusements, in fact, everything that can be secured in the way of entertainment, has been arranged for. The beautiful Sherman float which was such admiration at the Home Festival, will appear, and a contest is now being held for the election of a young lady for Goddess of Liberty. It will be the largest celebration that Salem has ever witnessed, and will cover a period of three days.

Mr. and Mrs. August Huchstein and the Misses Wills and Eleanor Huchstein motored to Eugene Saturday evening for a week and visit with friends.

Mr. and Mrs. Roy Nelson (Leondine Roberts) were week and guests of Mrs. Nelson's parents, Mr. and Mrs. E. Roberts, at their home on North Liberty street.

Society folk are welcoming Mr. and Mrs. Fritz Slade (Margaret Martin) on their return from their honeymoon. They are at home to their friends in the Strong apartments.

A much welcomed visitor in the capital city is Miss Marjorie Banks of Boston who will spend the summer at the F. W. Spitzer residence. Many social compliments are being planned for her benefit during the summer season.

Mrs. H. P. Crawford is entertaining as her guest for the summer, Miss Frances Davis.

Concerning the Carlin-Draper wedding which took place in Portland last week the Oregonian speaks as follows. Tuesday morning at 9 o'clock Miss Thelma Elizabeth Draper was married to Orvar V. Carlin at St. Stephen's church. Rev. A. Kibbenhead of Oregon City performed the ceremony and the couple were attended by John McFarland and Miss Lou Draper. A breakfast was served at the bride's home, 254 East Thirty first street, immediately following the church service. The table was decked in white garnish and roses with white candles in silver holders. White Canterbury bells and bride's roses gave a bridal effect to the room. Mrs. Carlin wore a dainty simple frock of white organdy with a poke bonnet and carried an old fashioned nosegay of tiny rosebuds and ferns in a real lace holder. Wedding music was softly played during the services by the bride's aunt Mrs. W. H. Burghardt, Jr. of Salem.

Mr. and Mrs. Paul Rasmussen have returned from a weeks outing at Belknap Springs.

You can't cover blackheads, pimples, red spots on the face with powder; they're bound to be seen—don't worry or spoil your temper, take Hollister's Rocky Mountain Tea each week — 'twill banish them from the blood, the only sure way. 25c. D. J. Fry.

100 PEOPLE

(Continued from page one)

Storm Lashed Three Hours. St. Cloud, Minn., June 23.—(United Press)—Severe were reported killed and many injured in a tornado and



I'm sure Resinol will heal your skin

For years and years Resinol has been a favorite household remedy for eczema and other common skin troubles. It usually stops the itching at once and quickly heals the eruption. Doctors prescribe it very widely. It also makes an excellent dressing for burns, wounds, chafings, and sore, irritated places generally.

Resinol contains nothing that could injure the tenderest skin. It is even more effective than Resinol Soap.