AFTER-EFFECTS OF "FLU" LEAVE SYSTEM BADLY SHATTERED

Help Is Needed to Restore Strength and Vigor.

If you have been through a siege of the flu, you know the severe strain which this disease puts on the system. The body is left sore, the nervous system is all out of gear, and it seems that you will never get back your old-time health and strength.

Just because you have been fortunate enough to survive the ravages of the flu, do not make the common mistake of thinking that you are out of danger. You must guard tion, any trifling ailment will likely prove serious.

Right now a few bottles of S. S. S. will prove of great value. This splendid to him to have been for the and vapor in added to the entire system. Do not delay the important work of getting back your strength, but get a bottle of S. S. S. from your druggist today.

Free medical advice can be had by writing to Chief Medical Adviser, 249. Swift Laboratory, Atlanta, Ga. of the flu, you know the severe

your health now more carefully than ever, and take every precaution. First of all, you must build up your strength. In your present weakened condition, any trifling ailment will likely

Sergeants.

Privates.

Frank J Choura, Cleveland Ohio,

Melton E Parker, Lucedale Miss.

Mose Rubenstein, New York N Y.

Died.

DONALD NEWS ITEMS.

ter and Billy and their friends, Mr.

A. A. Stancy was a business visitor

tection of same.

Ezra A Gilley, Lamar Ala. Willie Lavely, Bunkie La.



The following ensualties are reported Cal. by the commanding general or the Leonard C Bridges, Stamping Ground

American Expeditionary Forces: Died in Aerion 1
Died in Aeriolane Accident 1
Died of Accident and Other Causes, 6 Wounded Severely ______ 5 Wounded, Degree Undetermined _____ 5 Wounded Slightly

Killed in Action. Pvt Bert B Lockey, Columbus es.
Died in Aeroplane Accident.
Cader Paul Warren Lindsley, Mariet-

ta Ohio. Died from Accident and Other Causes. Lieut Cecil H Tracy, Jamestown N C. Corp Guy A Richmond, Guthrie Okla. Pvt Louis Rosa, Fall River Mess.

CURRENT CASUALTIES Died from Accident and Other Causes. Sgt Phillip C Bennett, Tinconite

Pvt Silas L Gittings, Cameron W Va. 虚印配司票 Died of Disease, 高数据图画

LIFT OFF CORNS!

Freezone is magic! Corns lift off



a little Freezone on that touchy corn, that bothersome corn right off. Yes, the electric light line.

discovery of a Cincinnati genius.

DRINK BOT WATER IF YOU DESIRE A ROSY COMPLEXION

Says we can't help but look better and feel better after an inside bath.

To look one's best and feel one a R. d. Reynolds tebacco company.

best is to enjoy an inside bath each morring to fine from the system the marring to flowh from the system the was registered at the Bungalow hotel campa. previous day's waste, sour fermenta Priday. tions and paisoneus toxins before it is Mr. and Mrs. Perketts of Portland Brooks Soldier Enjoying absorbed into the blood, Just as coal, were late Donald visitors. , when it burns, leaves behind a certain The J. C. Moore family motored to amount of incombinstible uniterial in St. John Sunday p. m. remaining over the form of askes, so the food and for the avission show Monday, drink taken each day leave in the ali-

insted from toxins and poisons which are then sucked into the blood through the very ducts which are intended to buck in only nourishment to sustain the blood.

If you want to see the glow of healthy bloom in your chfoles, to see your aking or cleaver and clearer, you arising, a glass of hot water with a bit.

Their father is in falling health, and the hopes they may cheer him up arising, a glass of hot water with a bit, it, which is a hormless means of washing the stomach. Here to the stomach.

Men and women with sallow skins, fiver speets, pimples or pullid complex, inc. I was also and fine armon to an appreciative and the box in the Donald sightseers in Portland is holding the stomach, are those who was make up with a mean of wash inc. I was since and warm down there was no shown the stomach.

Men and women with sallow skins, fiver speets, pimples or pullid complex ion, are those who was up with a mean of the box of the stomach.

Men and women with sallow skins, fiver speets, pimples or pullid complex ion, are those who was up with a mean of the stomach.

Men and women with sallow skins.

ion, are those who wake up with a Monday.

In Portland The son shope bright just like Call word has been received that Will content torque, bad take, nasty breath. The Monday were in Wood a fine held where we stopped. It was Magee is on his way home from France others who are bothered with head horn Monday, attending Mr. Hunt's a swell place with a large feather bed. His many friends are hoping he will always a spelle and attended of formal with the son of t

but is sufficient to demonstrate that pulse hotel guest Priday.

Granges go to waste and just dump them Mr. and Mrs. J. A. Taylor are in Jost as seen and hot water clounses, purifies and freshens the skin on the of her daughter, Mrs. F. L. Allen of "Tell pape to have plenty of orders and Mrs. L. C. Bussell, and family. Cas I would like to help him this fall to JOURNAL WANT ADS PAY

has been visiting the home of her son, George, of Dozeld, returned home Thursday. E. E. Bruckney, manager of the Cleaver Mfg. Co., was in Donald Tues-day trying to place some of their "Back Cat" roof palat. Mrs. Chris Green returned from Donald Tuesday.

Porthaut Tuesday. Earl Sects was a Portland visitor

Private Ernest Zinzler of the aviation corps, and James Hancock, 25th brigade Scadquarters dept, were in Donald Wednesday taking subscrip-tions for the Pacific Soldier and Saller magazine. Both young men saw ser

R. J. Eppers and W. A. Atkinson of Portland were registered at the Bangalow hotel Tuesday.

Mr. and Mrs. A. L. Connett of Wilsonville have taken up their residence in Dunald, occupying the Evans

F. W. Milne and C. E. Green of Portland were dinner guests at allo Bungalow hotel Wednesday. Mrs. A. E. Feller visited Corvallis and Albany Thursday and Friday, in

he interest of the Maccabee lodge. Mrs. D. E. Stansberry of Bynum, Montana, who has been visiting her daughter, Mrs. Glenson for a month, left for her home Wednesday, accompanied by Mrs. Gleason as far ortiand.

Dr. Chapman of Woodburn made a professional call at the home of Joe Bixle Sunday, to see Mrs. Bixle's mother, Mrs. Reed, who has been sick

for several days.

C. J. Espey and family motored to
Portland Monday to view the acrial

Ky.

John M Matthews, Anniston Ala.
Thomas F. O'Donnell Jr., Charleston
S.C.
Samuel LaFayette Sutphin, Willis Va.
Samuel LaFayette Sutphin, Willis Va.

P. Paits New Orleans since Priday.

G. W. Dawes has given up his posi-

tion at the Standifer ship yards in Vancouver and will remain in Donald Charlie N. Bonnell, Honoraville Ala. for a while at least; he is ongaged at present in making some additions to H. A. Salisbury to K. W. Bay Thomas J McKevitt, Sences Falls N

together in their old eastern home. CHANGES IN STATUS

The following cabled corrections are the Donald nursery, has reached his acres in section 22.6.3 W.

W. W. Walker, senior member of John Serniotti to High Magee 10 acres in section 7.7.2 E, \$500. ssued as an appendix to the regular 70th mile stone and says he will reissued, as an appendix to the regular 70th mile stone and says at will cannot be constantly lists at the request of the several press associations:

Arthur Clarke to Cornella is, Herrita, easily lists at the request of the several press associations:

Arthur Clarke to Cornella is, Herrita, easily lists at the request of the several press associations: eral press associations; Killed in Action, Previously Reported

Iguatz Deigowski, Sharpsburg Pa. Vergil V Olson, Blandinsville fil. Killed in Action, Previously Reported Wounded Sverely. its appurtenances. We will be sorry to loose these families from our midst. Mr. and Mrs. R. L. Connette of Wounded Sverely.

Portland have moved to Donald; the and 3, block 9, Yew Park Addition two brothers have taken a conaract 4650. with the Kennedy & Sibley timber in-Died, Previously Reported Missing in terests.

The Sunday school of Donald put on a very fine program at the church Easter Sunday morning after the S. S. hour. Seventy five were present at the S. S. Mrs. Lamb, the superinaend-Corp Elmer C Crase, Mont Pocono Pa.

(Capital Journal Special Service)
Donald, April 25.—Steps were taken on to beautify the city of Donald.
Through the generosity of the Donald annerty firm, W. W. Walker & Son, trees have been donated to the town to set out on the streets, which will add greatly to the appearance of ahe add greatly to the appearance of ahe which will be held in two weeks in the Page building at which time a silver

trees which will be set at once. The next act of the council perhaps, will be pass an ordinance for the pro-

Miss Altha Williams returned to 2,900 Yankee Veterans Portland Thursday morning, after spending several days at the home of Reach New York Aboard her brothers. We and Mrs. J. P. Freeman were Transport Early Today Portland visitors Thursday. Mrs. James Ryan and daughter, Dororay and Nine, went to Portland

New York, April 23,—The transport lot 6, block 27 Salem. Mobile, carrying 2,933 returning offiregard to the girls health, both will instantly it stops aching, then you lift have to be operated upon for adenoids one particle of pain, soreness or irritation. Freezone is the mysterious ether in Donald this week helping to repair reached New York today. She will dock

Mrs. Harry Evans Mr. and Mrs. Ernest Feller, Mr. Rich, Mervin Rich, Alice Rich, Geo. Simpson, Mrs. A. E. Feller and daughter Bernice, Mrs. F. Mercer and Miss Rice, All report a big day.

H. B. Ingram of Allen & Lewis Co. of Partlad, was a guest at the Bungallow hotel Thursday.

Mrs. Kilcourse mother of Mrs. A.

J. Rich returned Monday from a morth's visit with her son in Culifornia.

The troops 528 men and 19 officers matered to Eugene Saturday morn

Enforced Stay In France masic

mentary organs a certain amount of inc byterian church of Salem, presched a sectived by his mother, Mrs. Mary Hencuck of Oskaloesa, insted, farm towing and possess which are in the Donald church Sanday every form blice. France:

others, billious spells, asid stamped of fungeral.

A quarter pound of linestone phose day.

A quarter pound of linestone phose day.

Phose phote site of pound of the drop phose day.

A quarter pound of the drop phose with a target peace of the parter of the drop phose day.

A quarter pound of the drop phose day.

A quarter



You will plant flowers - of course! Make sure of their quality and beauty by planting Mores's California Seeds. All the old favorities, standard varieties as well as the delightful 1919 seedling.

novelties.

LION'S TAIL—Long, slepder with esange flower. Fine to edge a gardes.

CHINESE WOOLFLOWER—Immense glabe-shaped scarlet-crimson. Lastindefinitely when

DOUBLE BLUE CORNFLOW-ER-The finest blue cut flower SPENCER SWEET PEAS, Snapdragons, and Dablise our specialties. Morse has propa-gated more new varieties of

gated more new varieties of sweet peas than any other American sectaman.

Remember — Morse's California Provident Seoth are lived to name and acclimated in the Wort. South today for landbook on Sweet Pea Culture and us 1919 Seatine Cuide— "it's free! Merse's Bucks are only by dualare companies or divined From the Sectament Cuide." C.C. MORSE&CO., San Francisco

MORSE'S SEEDS

Deals In Real Estate

John Kirk to U. G. Kirk, 35,09 acres

H. A. Salisbury to K. W. Baynes lot Mr. and Mrs. R. Lisle of San Jose,
Mr. and Mrs. R. Lisle of San Jose,
Calif., were guests in the home of O.
O. Freeman for the week end. Mr.
Freeman and Mrs. Lisle were children
W. M. Fralisk to Alex Martin, 9.69 3 and part of lots 12 and 13, Dorrance of lor 33, Silverton. W. M. Fralick to Alex, Martin, 9.62

Arthur Clarke to Cornelia B. Herritt,

responsibiliay upon his son, they have F. H. Powell to Alice B. Couch, lots decided to sell the nursery, with all 12, 13 14, 15, 16, Donald Fruit Farms. block 7, Ruhmond Addition.

A. W. Howell to Wm. Jones, lots 2

A. N. Bush to A. Rosenberg, W half

3, 9-3 W, and 67 acres in section 3-9 bout of similar length.

W. L. Hutchins to W. L. Nicholson, acres in section 36.63 W.

W. A. Florence to I. S. Ramsey, lot * * * * * block 17, Riverside Addition. Jas. T. Chinnock to Rhen Luper lot # 3, block 34, University Addition.
Martin Dietrich to Joe Poran, 30
acres in F. Coonse claim, 5-1 W. and
37.85 acres in same. \$10,000.
N. A. Williamson to C. M. Tanquary lot 1, and part oflots 2. 3, 4, block 12,

Addie M. Thompson to J. L. Hill, NE Wheat, noft white Wheat, lower grades on sample quarter of section 20-9-7 E.
E. L. Lemmon to A. J. Stark, part of Hay, cheat

SCOTTS MILLS NEWS

(Capital Journal Special Service) magie! Cests only a few cents.

The aviation eigens drew a large that electric light line.

The aviation eigens drew a large this afternoon at Hoboken.

The aviation eigens drew a large this afternoon at Hoboken.

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The aviation eigens drew a large that from casual number were the board were 432 numes from casual number and churches here had very interesting probard were 432 numes from casual number and churches here had very interesting probard were 432 numes from casual number and churches here had very interesting probard were 432 numes from casual number and churches here had very interesting probard were 432 numes from casual number and the churches here had very interesting probard were 432 numes from casual number and churches here had very interesting probard were 432 numes from casual number and the churches here had very interesting probard were 432 numes from casual number and the churches here had very interesting probard were 432 numes from casual number and the churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches here had very interesting probard were 432 numes from churches had very interesting probard were 432 numes from hospitals 21, 5 and 76.
Other troops on board and their ultimate destinations are:

Christian church rendered their excises Bunday night. Both program were very interesting and, we believe beneficial, especially so to the chil cises Sunday night. Both programs

Other detachments on board were:
U. S. army ambulance sections 504,
510, 512, 525, 552, 553, 625, 626, 632,
633, 634, 636, 638, and 646.

Mr. and Mrs. Birch and daughter,
Laverne, accompanied by Mr. Lutgen, will go to Camp Upton and scattered camps.

Rrooke Saidiar Enjaying

Rrooke Saidiar Enjaying

Little Miss Vern attends school and Miss Elma is teaching instrumental

David Delano, accompanied by Mr. Private C. R. Holt seems to be enjoy Lila Brougher, spent Saturday in Sa-

Word has been received that Will

JOURNAL WANT ADS PAY



Would you risk your life to save this Beautiful Girl?

That is what Thomas Barnes, wealthy New Yorker, did after a casual ac-quaintance. His interest in her leads him through as remarkable a series of adventures as any man ever experi-enced. If you enjoy stories of adven-ture, mystery and intrigue, be sure to read our new serial

GREEN

Watch for the issue with the First Installment!

CAPITAL JOURNAL

S. hour. Seventy live were present the S. S. Mrs. Lamb, the superinsendent, spent list Sunday in Lebanon and took advantage of visiting other Sunday schools while there to get ideas day schools while there to get ideas Milwaukee, Wis., April 24, Joe Bur-

Jennie B. Ward to Fannie E. Ward man of Chiengo won a deserved victory lot 12, block 2. Capitol Park Addition. over Dick Loadman here last night in

The Capital Journal Daily Market Report

GEORGETTES ARE IN PRINT AGAIN



Look what has burst into print again - chiffons, georgettes and coiles, a This charming afternoor frock is a late edition of the newest mode in printed georgette. It is draped in long graceful lines and the rolor is ashes of roses with wrenther in pastel shades of some and bloomit keepers. with handwork finishing the edges.

Journal Want Ads

Quick Reference To Firms That Gisc Service On Short Where Buyer And Seller Meet---We Recommend Our Advertisers.

EVERYTHING ELECTRICAL Salem Electric Co., Masonic Temple, 127 North High

WATER COMPANY

ALEM WATER COMPANY-Office eorner Commercial and Trade streets Bills payable monthly in advance. Phone 606.

REAL ESTATE

BEST BUYS

Have just listed 60 zeres fine Logan or strawberry land, at ear line, joining Salem; 1-3 cash, balance 6 percent. Better buy 5 acres. 5 acres ber ries would make you a nice income, a great help to get started along

with your salary. 15 acres, 6 acres in 8-year old cher-ries, 6 in 8-year old prunes, 4 strawberries; house, barn well. Only 3½ mlies from Salon, \$3750.

If you put off buying this till the crop is further advanced you can't buy it at those figures. Get busy,

make the advance yourself.

70 acres, 50 good tillable land, 5 acres cleared, 1,000,000 ft. saw timber; 3 miles from railroad town. Will take liberty bonds, exchange for acreage near Salem. If you have a mortgage you want to get rid of the owner will assume it or pay dif-ference, or will exchange for Salem

residence or vacant lots.
50 acres all in cultivation, good house, barn, the best of valley loam; 5 miles from Salem, only \$160 per acre. This is the finest of walnut acre. This is the finest of wataut or berry land, berries growing on adjoining farm illustrates that. I can not advertise everything I have listed. Have a number of exceptionally good buys for the small investor. If the best buy is what you want call on

> SOCOLOFSKY Bayne building

located 6 miles from Salem, on good road, in good location, good house and barn and other buildings, farm implements, 4 horses, 5 cows, 5 yearlings, 50 head of hogs round 500 eords of wood ready cut, all at a bargain. Write M W care Journal, the second second form of the second second form of the second form of the

FOR SALE-A good double team har ness, will trade for hay or grain, or will exchange for good dry wood See Square Deal Realty company Phone 470

Hay, oats Barley, ton Butterfat Butterfit Pork, Vesi and Mutton 58@39e Pork on foot Veal, fancy ... Steers Cows

Spring lambs

Ewes
Lambs, yearlings Eggs and Pouttry Eggs, cash Hens, live Old roosters ...

24(0.256) Radishes, doz. ... Sweet potatoes .. Potntoes Onlons, local 514@6160 Cabbage ... Turnipa \$4.25@4.75 Head lettuce Brata Cauliflower, flats 84.50 Winesap apples, box Celery, crate \$10 \$5006.75 Lemons, box ... Bananas

Florida grapa fruit, case White figs, lb. 190320c
Package figs per bx 50 pkg \$4(26.90)
Honey, extracted 20c 190220e Retail Frices Eggs, dozen Flour, hard wheat \$ Portland Market . \$3.15@3.25

Portland, Or., April 25,-Butter, city reamery 56@57e d local ex. 44@46c Eggs 37@38e Brotlers 426:43e. Geese 17(0)20c Cheese, triplets 35@37e

DAILY LIVE STOCK MARKET Unttle

Receipts 75 Tone of market steady Best steers \$13.75@14.75 Good to choice steers \$11.50@12.50 Medium to good steers \$10@11 Fair to good steers \$0@10 Common to fair steers \$8000 KEPAIRING
Choice cows and heifers \$10.5000 STEWART'S REPAIR SHOP Have

Good to choice cows and beifers Medium to good cows and heifers Pair to medium cows and heifers \$5(m)6

Canners \$3.50@4.50 Buils \$0@8.50 Calves \$9.50@14 Stockers and feeders \$7@10 Hogs Receipts 728

Tone of market steady Prime wired \$20@20.50 Medium mixed \$19,50@20 Rough heavies \$18 \$18.25 Pigs \$17.25@17.70 Bulk \$19.756920

Beceipts 202 13.4.经验/图

of pians, a new and logical method for both papil and teacher, making clear all basic principles necessary to a musical education, and giving the "music teacher" something to teach, 421 Court St. Phone 352.

PEOPLES FURNITURE STORE

For barguins in new and secondham goods for the house, furniture, rang es, heaters and stoves, rugs, sewing muchines graniteware, dishes, suit cases, trunks and tools. We want your old furniture and stoves, will pay you highest cash price. See us inst. Peoples Furniture Store, 272 N. Commercial St. Phone 734.

SECOND-HAND GOODS

NO CASH REQUIRED Good evercost shors and suits, all kinds of music-al instruments, shotguns, rifles, heat-1000 other useful articles to sell or trade. What have you! The Capital Exchange 337 Court St. Phone 493.

AMUSEMENTS

THE SOLDIER BOYS-Pool and billiard parior is now open under now management and it renders you and the general public a congunial place to pass away a few leisure hours. The basement of Gregon Electric depot, corner of State and High Phone 628. Wm. Livock, prop.

STOVE REPAIRING

STOVES REBUILT AND REPAIRED 50 years experience, Depot National and American fence. Sizes 26 to 58 in, high Paints, eil and varnish, etc. Loganberry and hop books. Salem Fence and Stove Works, 250 Court street. Phone 124.

Buys, sells and exchanges new and 2d hand furniture. All kinds of repair work, light grinding, filing, and brazing a specialty. Right prices. 247 North Commercial St. Phone 16.

SCAVENGER
SALEM SCAVENGER — Garbage and refuse of all kinds removed on month ly contracts at reasonable rates. Cess pools cleaned. Dead animals removed. Office phone Main 167.

LODGE DIRECTORY

KNIGHTS OF PYTHIAS MEET AT McCornack hall on every Tuesday at S. P. Andresca, C. C. F. J. Kuntz, K. R. & S. ROYAL Neighbors of America, Ore-gon Grape camp No. 1360 meet every Thursday evening in McCornack hall Elevator service, Oracle, Mrs. Car-ric E. Bunn, 648 Union St; recor-der Mrs. Mclism Persons, 1415 N. 4th St. Phone 1436M.

MODERN WOODMEN OF AMERICA Oregon Codar camp No. 5346 meets every Thursday evening, 8 e'clock in McCornack hall, over Meyers atore. Ray A. Grant, V. C; F. A.

\$1.25@1.75 \$3@4 UNITED ARTISANS—Capital Assembly No. 84 meets every Thursday at 8 p. m. in Masonie Tempre. Glona C. Niles, M. A; C. A. Vibbert, secretary, 340 Owens street.

MONEY TO LOAN

On Good Real Estate Scientity THOS, K. FORD Over Ladd & Bush bank; Salem Oregon

\$5(26) FEDERAL PARM LOANS—514 per-eent interest. Prompt service. 5434; \$7(28) years time. Federal farm loan bonds years time. Federal farm loan bonds for sale. A. C. Bohrustedt, 401 Masonie Temple, Salem, Oregon.

INSURANCE COUNCIL-For free information about Life Insurance see
J. F. Hutchason, dist. manager for
the Mutual Life of N. Y., office at
371 State St., Salem, Ore. Office
phone 99, residence 1396.

LAUNDRYMAN

HOP LEE, expert laundryman, 436 Ferry St. I pay top market price for chickens and Eggs. Office phone

WOOD SAW PHONE 1090E

Our Prices are Right W. M. ZANBLER, Proprietor

REPAIRING just installed a muchine that will sharpen lawsmowers the same as the

factory puts them out new. Bring all your light repair work to me. Al-vin B. Stewart, 347 Court St. Phone AUTO REPAIRING

Ald, kinds of auto repairing by an ex-perienced workman. All work guar-nateed to be satisfactory. Studebak-er repairs a specialty. D. R. Molr, 263 N. Commercial.

Printe lamba \$176017.50 Fair to mediam lambs \$15@16. Yearlings \$11@13 Wethers \$9612. Ewes \$6,50@11