

270 North Commercial Street

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The FARMERS' STORE

270 North Commercial Street, are selling at REDUCED PRICES to make more room for handling Produce

Groceries

Sugar, 10 pounds	\$1.00
11-ounce package Seeded Raisins	10c
15-oz. package Seeded Raisins	15c, 2 for 25c
Pork and Beans, No. 1, talls	10c, 3 for 25c
I X L brand Chile Con Carne, reg.	15c.....11c
I X L brand Chile Con Carne with beans, gallon size	95c
Tomato Catsup, best brand, gallon	85c
1-4 lb. net weight Dromedary Coconut	10c
1-2 lb. net weight Dromedary Coconut	20c
Peanut Butter, 2 pounds for	35c
Sauer Kraut, quart	15c

FRESH GREEN VEGETABLES IN STOCK DAILY
Burbank potatoes, per 100 pounds.....\$1.50

Cereals and Flour

Macaroni, 3 pounds for	25c
Liberty Oats, 3 1-2 pounds	25c
Rolled Oats, bulk, 3 1-2 pounds	25c
2 packages Corn Flakes, large size	25c
2 packages Grape Nuts	25c
2 packages Puffed Wheat	25c
Best Buckwheat flour, pound	9c
Golden Rod Oat Flour, 9 pound sack	60c
Golden Rod Oat Flour, bulk, pound	6c
Snow Drift Flour (hard wheat)	\$2.95
Pride of Waldo Hills flour	\$2.75
Malt-O-Meal, the instant breakfast food	25c
3 large pkgs. home made Egg Noodles	25c
Rhubarb, 2 pounds	15c

EARLY EUREKA WHITE SEED POTATOES
THE EARLIEST AND BEST OF ALL PER POUND 3c.

Teas and Coffees

Tree Tea, pound	55c
Tea in bulk, pound	50c
3 lb can 341 Crescent Steel cut coffee	\$1.10
1 lb. Edwards Dependable steel cut coffee	45c
5 lb. can Hershey's Cocoa	\$1.50
Cocoa in bulk, pound	27c

SOAPS

"No Rubbing" laundry soap, 25c pkg.	20c
Ivory soap flakes, 13c pkg. 2 for	25c
White Flyer soap, 5 bars for	25c
Elk Safon soap, 6 bars for	25c
Toilet soap, per cake	5s and 10c
Water Glass, quart	30c
Brick Salt, 3 for	25c

ITALIAN PRUNES.

A fine lot, pound	10c
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COMPOUND AND SHORTENINGS

Good Compound, pound	25c
Crisco, 6 pound pail	\$2.00
Crisco	\$1.00
No. 5 Crown Shortening	\$1.20
No. 5 Pearl Shortening	\$1.25
1-2 gallon Mazola oil	\$1.25
1-2 gal. Douglas best salad and cooking oil	\$1.35

WHAT YOU NEED RIGHT NOW--INSTANT BUG EXTERMINATOR

Gallon can	\$2.25
1-2 gallon can	\$1.25

CEDAR POLISH

In bulk, quart	40c
In quart cans	50c
16 ounces bottles	35c
1 quart Calol Liquid Polish	25c
1-2 gallon Calol Liquid Polish	50c

PHONE YOUR ORDER C. O. D. AND WE WILL DELIVER THEM FREE

A. W. SCHRUNK 270 No. COMMERCIAL ST. PHONE :: :: 721

House Cleaning Time Is Here

Re-tint your walls with our Bulk Kalsomine on which we are making a special price of 11c per pound. We have it in all colors and are prepared to supply your wants.

Let us figure that new bungalow or garage bill. Our goods are the best and our prices are right.

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LITTLE TALKS ON THRIFT

By S. W. STRAUS, President American Society for Thrift



The question often is asked "What part of my earnings should I save?" The answer to this question will vary with the individual. No universal standard can be applied to matters that are so thoroughly personal. However, there always must be the elimination of waste and enough money must be saved to one's future. In such matters as protection against future emergency, owning a home, or educating one's children, thrift standards must be accepted entirely from a selfish standpoint.

If you are in a position where your present and future needs are provided for, your thrift problems can be solved from the standpoint of one's duties to society. The best way to find a rule for guidance in following thrift, therefore, is to make a careful survey of your individual case. What do the advancing years hold for you? If sickness, accident or unemployment come to you today would you be able to meet them or would you become a public charge? Are you making adequate provision for your old age, or for the education of your children? If you should die, what would be the financial condition of your family?

These are a few of the many questions that the individual must answer.

Do not make any circumstances be justified by the belief that you are justified in not practicing thrift. If you do not learn to save money while working on a small salary you will fail to save anything as your earning capacity increases. Some of the most successful men America has ever known laid the foundations for future greatness by saving money out of a ridiculously low salary.

Another common mistake is the inclination of many to disregard the value of small savings. If you are able to put away only \$2.50 a month you will have \$300 in ten years, if your savings are deposited at 4 per cent. compound interest; \$1 a month will amount to \$142; \$4 a month will become \$589; \$4.50 a month will grow to \$663; \$5 a month will total \$737; \$6 a month will become \$883; \$7.50 a month will amount to \$1,106; and \$10 a month or less than \$2.50 a week will yield the comfortable total of \$1,473 in ten years. Any sum of money deposited at 4 per cent. compound interest will more than double itself in fifteen years. Save \$5 a month, deposit it at 4 per cent. compound interest, and in fifteen years you will have \$1,241, or \$1,848 in twenty years.

Bear in mind that careless spending will pull you down just as rapidly as systematic saving will build you up. If you waste \$2 a week for a year you have rendered useless at least \$2,000 of capital, figuring the interest at the small rate of 4 per cent. Multiply these figures by millions and you will have an appreciation of the tremendous amount of capital rendered ineffectual each year--capital which should be doing its share in building up the nation, developing our resources and contributing to the happiness and well-being of all our people.

Never despise small savings no matter how you are situated.

Arrange to put aside at least a small sum of money regularly.

Never let yourself be lulled by any circumstances that will not permit you to practice thrift. If you do not save the little to save at least something today, you will have even a harder fight on your hands in the future. Remember there are all things that the smallest amounts systematically laid by will cause big, business-like, welcome results in the years to come.

Cummins Will Vote For Ratification Of League

Des Moines, Iowa, April 14.—Senator Cummins, of Iowa, will vote for ratification of the League of Nations, if the amendments to the covenant as carried in press dispatches are true.

"To vote for the covenant as amended will be done more willingly by me than I have ever done anything before," he said.

"The amendments which have been adopted if press reports are true, are those for which many senators so courageously have fought."

COOPER DECLARED FREE AGENT BY NATIONAL COMMISSION

Portland, Ore., April 14.—Judge McCredie received a telegram today stating that Pitcher Guy Cooper had been awarded by the Portland team of the Pacific Coast League.

Secretary Farrell of the national commission advised McCredie that Cooper, whose signing with the Beavers was protested by Buffalo of the International League had been declared a free agent.

Cooper, who is now in Portland will join the Portland club at Salt Lake City.

WHEN YOU WAKE UP DRINK GLASS OF HOT WATER

Wash the poisons and toxins from system before putting more food into stomach.

Says inside-bathing makes anyone look and feel clean, sweet and refreshed.

Wash yourself on the inside before breakfast like you do on the outside. This is vastly more important because the skin pores do not absorb impurities into the blood, causing illness, while the bowel pores do.

For every ounce of food and drink taken into the stomach, nearly an ounce of waste material must be carried out of the body. If this waste material is not eliminated day by day, it quickly ferments and generates poisons, gases and toxins which are absorbed or sucked through ducts which should suck only nourishment to sustain the body.

A splendid health measure is to drink, before breakfast each day, a glass of cool hot water with a teaspoonful of limestone phosphate in it, which is a harmless way to wash these poisons, gases and toxins from the stomach, liver, kidneys and bowels; thus cleansing, sweetening and freshening the entire alimentary canal before putting more food into the stomach.

A quarter pound of limestone phosphate costs but very little at the drug store, but is sufficient to make anyone an enthusiast on inside-bathing. Men and women who are accustomed to wake up with a dull, aching head or a furred tongue, bad taste, nasty breath, sallow complexion, others who have bilious attacks, acid stomach or constipation are assured of pronounced improvement in both health and appearance shortly.—Adv.

ARMY AVIATOR ATTEMPTS TO BREAK DISTANCE RECORD

San Diego, Cal., April 14.—Major Theodore Macauley, army aviator, who arrived here yesterday after a flight from Fort Worth, Texas, departed at daybreak this morning on the return trip, in an attempt to reach the Texas city by tonight. If he succeeds, he will have made the longest flight ever made in a day. The distance is 1220 miles. He plans short stops at Tucson, Ariz., and Pecos, Texas.

JOURNAL WANT ADS PAY

U. S. NATIONAL BANK PIG CLUB GROWING INSTITUTION

The U. S. National bank pig club, of which George Eyre is official adviser, is a growing institution. This club includes ambitious boys and girls in both Marion and Polk counties. Among the late additions are: Preston Faught, Lincoln Salem school; Howard Patrick, Zenn school; Lester Raina, Liberty school; Wayne Robertson, Salem Heights school; Eugene Silke, Pratum school; Bert Sundberg, Bethel school; Kismet Thompson, Lincoln Salem school and Earl Wilson, Oak Ridge school. The following have also officially joined the club: Henry Fabeg, Albert Fabeg, Ralph Butler, Mantie Miller, Halle Compton, Alva Coffey, Ivan Ramseyer, Isaac Schmidt, Gladys Williams, Mathias Schmidt, Oyal Crawford, Kenneth Loter, Carmen Kuhn, Pearl Scott, Esther Schackman, Wilfred Weathers, Cora Weathers, Kola McClellan and Blanche Weathers.

JAPANESE PEACE DELEGATES AWAITING WORD FROM TOKIO

Paris, April 14.—Japanese peace delegates today were awaiting instructions from Tokio for which they called Saturday, following defeat of their amendment to the league of nations covenant providing for racial equality.

These Japanese are known to be fearful of disturbances in Japan, where feeling was said to be high in support of the amendment. They would make no statement today, pending receipt of word from their government.

WIRE STRIKE AVERTED

Boston, Mass., April 14.—The unqualified acceptance by Postmaster General Burleson of their demands for increased wages is the only action that will avoid the strike of nearly 20,000 switchboard operators and other telephone employees in New England, according to union officials today.

SOCIALIST GOVERNMENT IN MUNICH AGAIN IN CONTROL

Berne, April 14.—(United Press.)—Premier Hoffman has issued a statement proclaiming restoration of the socialist government in Munich, according to advices received here today.

Communists and other demonstrators in Dresden, after severe street fighting are reported to be driving the government troops toward Neustadt.

RYAN-MATTERS BABY CASE IS REVERSED

Washington, April 14.—Supreme court today decided Federal Judge Landis did not have jurisdiction to decide the famous Ryan-Matters baby case which attracted country-wide attention a few years ago.

Margaret Ryan, a poor Canadian girl, came into Judge Landis' court with the claim that Anna Dolly Ledgerwood Matters had kidnaped her ten-month-old baby from a Canadian hospital a few days after its birth and brought it to Chicago as her own child.

Matters, a prominent Chicago woman, contended that the baby was her, and not Irene Ryan but Irene Matters who appealed to the supreme court on the ground that the secretary of labor and not Judge Landis had jurisdiction to administer the section of the migration law on which attorneys Margaret Ryan relied in bringing petition for a writ of habeas corpus.

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