

# Here's A Gentle Laxative For Elderly People

A daily free movement of the bowels becomes a serious problem as you step from middle-life into old age, and much dependence can no longer be placed on nature herself. The bowels find artificial aid necessary.

The stronger the physic, as old people soon learn, the greater the contraction of the bowels thereafter, and so the wise purposely avoid salt waters, pills and other harsh purgatives. Many have learned to place absolute reliance on the gentle but positive action of a combination of simple laxative herbs with pepsin sold by druggists under the name of Dr. Caldwell's Syrup Pepsin.

It produces an agreeable movement as nearly natural and free as high pharmaceutical skill can make it. Thousands use it regularly, in the small dose prescribed, and keep themselves in fine health and good cheer, and entirely free from constipation.

The druggist will refund your money if it fails to do as promised.

PRICE AS ALWAYS

## Dr. Caldwell's SYRUP PEPSIN The Perfect Laxative

In spite of greatly increased laboratory costs due to the war, by sacrificing profits and absorbing war taxes we have maintained the price at which this family laxative has been sold by druggists for the past 25 years. Two sizes—5c and \$1.50.

FREE SAMPLES—If you have never used Dr. Caldwell's Syrup Pepsin send for a free trial bottle to Dr. W. B. Caldwell, 468 Washington St., Monticello, Ill. If there are babies at home, ask for a copy of Dr. Caldwell's book, "The Care of Baby."

### SILVERTON NEWS

(Capital Journal Special Service)  
Silverton, Mar. 28.—Donald Hutson is reported as being seriously ill with pneumonia at the Silverton hospital.  
Mrs. E. C. Olsen and son, Bobbie, went to Portland Wednesday, where she will spend a few days with her mother. Mr. Olsen accompanied them as far as Woodburn.  
Mr. and Mrs. H. M. Watson were Portland visitors this week.  
Faye Benson, Vernon Suehow and George Henriksen made a business trip to Salem Tuesday.  
Olaf Tokstad, who has been with the United States army in France, returned home Tuesday.  
Mrs. T. E. Preston attended a convention in Salem Wednesday.  
Miss Emma Coledge visited relatives and friends in the city during the past week.  
The Woman's Social Science club

met at the home of Mrs. Gill Branton Friday afternoon. Officers were elected for the ensuing year.  
Florence Brown visited relatives in Portland during the week end.  
Miss Eva Digerness is home from U. of O. during the spring vacation.  
Hans Hanson left Tuesday for Nebraska, where he will look after business interests.  
Miss Hattie Dohl went to Portland a few days ago where she is visiting at the home of her sister, Mrs. Theo Omand.  
Blanche Stevenson was a Portland visitor Friday.  
Bjorn Penede is taking treatments for rheumatism with which he has been afflicted during the past winter. It is said that his condition is improving.  
Johnnie Iverson of Portland visited at the home of his mother, Mrs. Jacob Iverson, during the week end.  
Rev. J. C. Roseland returned a few days ago from Minneapolis, Minn.

### Catarrh is a Real Enemy and Requires Vigorous Treatment

Do Not Neglect It.  
When you use medicated sprays, atomizers and douches for your Catarrh, you may succeed in unstopping the choked-up air passages for the time being, but this annoying condition returns, and you have to do the same thing over and over again.  
Catarrh has never yet been cured by these local applications. Have you ever experienced any real benefit from such treatment?  
Throw these makeshift remedies to the winds, and get on the right treatment. Go to your drug store to-day, get a bottle of S. S. S., and commence a treatment that has been praised by sufferers for nearly half a century. S. S. S. gets right at the source of Catarrh, and forces from the blood the germs which cause the disease. You can obtain special medical advice regarding your own case without charge by writing to Medical Director, 22 Swift Laboratory, Atlanta, Ga.

### STARCHED OR SOFT THE ARROW IS A DEPENDABLE INDICATOR OF A SMART SERVICEABLE COLLAR

CLERY, PEARMAN & CO., INC., MAKERS, TROY, N. Y.

### HOLD-TIGHT HAIR NETS ENJOY AN ENVIABLE NATIONAL REPUTATION AND THE FAVORITISM OF MILLIONS OF WOMEN.

ADOLPH KLAR

### SOCIETY.

By GERTRUDE ROBINSON

Dr. and Mrs. E. A. Miller of Wisconsin, who have been visiting at the home of Dr. Miller's brother, R. G. Miller, on Marion street for the past three weeks have left for Portland on their return trip to the east. Dr. and Mrs. Miller are very prominent people in their native state and have made a great many friends during their brief stay in Salem. They have been wintering in California, coming to Oregon for the purpose of visiting relatives and friends. From Portland they will go to Washington and on into British Columbia, returning home by way of the Canadian provinces.

Mrs. W. C. Kanter returned Thursday from Seattle, where she has been the guest of her daughter, Mrs. Thomas, for several weeks. She left almost immediately for Portland to be with her sister who is quite ill in that city.

Miss Hattie Hinges who has been visiting in Portland for the past few days, has returned to Salem.

Mrs. Will Skiff is in Salem as the guest of her son, Horace Skiff.

Miss Bertha Doerfler, an instructor in one of the local schools, will leave this evening to spend the week end with her parents near Silverton.

Miss Louise Roumiguere of San Francisco is a Salem visitor for a few days. Miss Roumiguere is connected with the White House of San Francisco, an important concern with offices in New York, London and Paris.

Friends of Don Bradford will be delighted to hear that his mother, Mrs. R. C. Bradford, has received a telegram announcing his safe arrival from overseas. Mr. Bradford has been serving with the American expeditionary force for more than a year. He is at present stationed at Camp Merritt, awaiting his discharge.

Mrs. Harry Ross and Miss Beulah Hill who have been visiting their mother in Jacksonville, Texas, have returned to Salem to reside. Their mother, Mrs. W. W. Hill, and a younger sister, Miss Mattie Hill, accompanied them and Mr. Hill will join them in the near future.

Quinine That Does Not Affect Head Because of its tonic and laxative effect LAXATIVE BROMO QUININE (Tablets) can be taken by anyone without causing nervousness or ringing in the head. There is only one "Bromo Quinine." E. W. GROVE'S signature on the box. 20c.

where he attended a business meeting. Mr. and Mrs. Arthur Fry and family are now occupying the Miles Attaway residence, Mr. and Mrs. Attaway having returned to their farm.

R. A. Cowden left Wednesday for Seattle to look after business interests. Mrs. John Walford visited in Salem Saturday.

A. A. Grinde went to Portland Sunday where he visited his daughter, Alma, and Mrs. Will Hogan and son Joe.  
J. H. Mosser is moving the house M. M. Sayre purchased from Lew Fisher to Mr. Sayre's lot in the north end of town.

### GALICIAN SOVIETS GAIN

Copenhagen, March 28.—War Minister Trotsky has announced in a wireless statement that the soviet revolution in Galicia is gaining headway, a Vienna dispatch reported today.

The uprising started in Drohobycz (40 miles southwest of Lemberg), the statement said, and is spreading rapidly to the surrounding districts. Polish troops in Lemberg are alleged to have joined the revolution and declared a general strike.

Commercial clubs throughout southern Oregon have adopted resolutions favoring the retention of R. A. Booth as a member of the highway commission.

### FAMILY THOUGHT HE WAS GOING TO DIE

#### Wheeler Says Nothing Helped Him Until He Took Tanlac—Health Restored.

"Well, sir, Tanlac has not only entirely relieved me of my awful trouble, but I have regained twenty five pounds of my lost weight and never felt stronger and better in my life," said Harry R. Wheeler, who is employed at the Pacific Coast Steel plant and lives at 4714 Forty Eighth Ave., South, Seattle, the other day.  
"About a year ago," he continued, "I began to suffer with intestinal indigestion that, in spite of all I could do, got worse and worse till I was in a terrible condition. Everything I would eat fermented and I would be in such agony, that it was like a sharp knife cutting clean across my stomach. I got so weak that I could hardly do a thing, and it was only my will power that kept me going at all. When I would get home at night I would be so weak and in so much pain that my wife was always ready with a hot water bottle to put right on me, and even then I would be in such agony at times I thought it would drive me distracted. My hips ached with rheumatism and the muscles of my right arm and leg would get all drawn into knots, and at times I couldn't raise my arm half-way to my head. I went down in weight from two hundred pounds to a hundred and fifty two a loss of forty eight pounds, and my condition was so serious that my family actually thought I was going to die."  
"I tried everything I could hear of to get relief, but nothing did me any good. Then my sister-in-law, who had been suffering with rheumatism, got me to try Tanlac, as it had done her so much good. I got a bottle and when I found it was helping me, I just kept it up till now I haven't a pain or an ache about me. I have a splendid appetite, and can eat anything I want without it hurting me in the least. I used to lay awake night after night suffering terribly, but now I go to sleep as soon as my head hits the pillow, and sleep like a log all night. I am picking up in weight every day and am feeling so fine and well that I am glad to tell everybody how much this wonderful medicine has benefited me."

Tanlac is sold in Hubbard by Hubbard Drug Co., in Mt. Angel by Ben Gooch, in Gervais by John Kelly, in Turner by H. P. Cornelius, in Woodburn by Lyman H. Storey, in Salem by Dr. A. C. Stone, in Silverton by Geo. A. Stuchlamer, in Gates by Mrs. J. P. McCurdy, in Stayton by C. A. Deuchamp, in Aurora by Aurora Drug Store, in St. Paul by Groetzer Store Co., Inc., in Donald by M. W. Johnson and in Jefferson by Poshay & Mason.

### PRATUM NOTES.

(Capital Journal Special Service)  
Pratum, Mar. 28.—Miss Myrtle Taylor spent the past week visiting with her sister, Mrs. Albert Liechty. Mr. and Mrs. Harvey Leisy and small son of Portland motored down Sunday last to spend the day with Mr. Leisy's mother.

Miss Rhonda Lardon, who was employed in Silverton during the winter, has returned home for the spring and summer.

Professor Sherwood of Salem conducted the services at the M. E. church last Sunday morning.

Wm. Roth has purchased the Fred Durbin place at Central Howell. The family will move there about the middle of May.

Jay Crahan, who has been visiting his father, J. J. Crahan, has returned to his place of employment in Washington.

Walter Leisy of Portland spent the week end visiting at Pratum.

Leo Crahan, late of the A. E. F., has received his discharge and returned home on Saturday.

## SHIPLEY'S SUITS

### Women's and Misses' Suits

Spring Suits Aptly Styled To Every Individuality

No trouble at all to select a truly becoming suit adapted to your personality with the same fidelity that you would expect if the suit was particularly designed for you.

For there are Box Suits, Tube Suits, Blouse Suits, and suits that are tailored in mannish nattiness, they are all here in the joyous fashions of the season.

\$24.75 \$34.75 \$44.75 to \$65.00

GOOD MATERIALS GOOD WORKMANSHIP

### Excellent Values

Quality Merchandise Popular Prices

## U. G. SHIPLEY CO.

### Thousands Of Dollars Spent In Making Film

Very few people have any conception of the immense amount of money that must be spent and thrown away in the making of a great picture spectacle such as Griffith's supreme triumph "Hearts of the World." In all 120,000 feet of film was exposed and photographed and yet only 12,000 feet are shown. Thousands upon thousands of feet of film that represented months of thought and labor and many thousands of dollars in expense had to be thrown away in order to reduce this wonderful picture to a single evening's entertainment. The saddest days of the great producer's career were those when with his camera man and assistants he sat down to cut this precious film. Every inch was dear to him and it was like parting with his heart's blood to see it thrown ruthlessly into the discard. But it had to be, for although every foot was rich in story and material it would have kept an audience thirty hours in

### LADIES! LOOK YOUNG DARKEN GRAY HAIR

Gray hair, however handsome, denotes advancing age. We all know the advantages of a youthful appearance. Your hair is your charm. It makes or mars the face. When it fades, turns gray and looks straggled, just a few applications of Sage Tea and Sulphur enhances its appearance a hundred-fold.  
Don't stay gray! Look young! Either prepare the recipe at home or get from any drug store a bottle of "Wyleth's Sage and Sulphur Compound," which is merely the old time recipe improved by the addition of other ingredients. Thousands of folks recommend this ready to use preparation, because it darkens the hair beautifully, besides no one can possibly tell, as it darkens so naturally and evenly. You moisten sponge or soft brush with it, drawing this through the hair, taking one small strand at a time. By morning the gray hair disappears; after another application or two, its natural color is restored and it becomes thick, glossy and lustrous, and you appear years younger.

### BRINGS THE ROSES TO CHILDREN'S CHEEKS

Only Costs Few Cents—Make It Yourself Same as Ordinary Tea.

Ask grandma about Dr. Carter's K & B Tea and she will tell you that thousands of people used it as a spring cleaner and tonic in her younger days because it was justly famous as a really efficient herbal remedy.  
To drive out of the system the accumulated impurities of the winter is good advice and people who want better blood and keener enjoyment of life should not neglect taking at least a two weeks' treatment of gentle health building K & B Tea.  
Druggists will tell you that scores of people enjoy a cup at bedtime because it keeps liver and bowels in proper condition and ends bilious attacks and sick headache.  
Give it to the children; they like it, and it acts very gently on their little bowels. Be sure you get

### JOURNAL WANT ADS PAY

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## THOMPSON'S CORSETS

### "Glove Fitting" In Smart New Models

Each season brings us many new customers for these famous corsets, because of their truly "Glove Fitting" qualities—once worn, they are thereafter favorites. Well made, of the best materials, fashioned gracefully, sensibly and for "comfort wear" they embody all that is worth while in a corset.

A big shipment has just arrived in the season's preferred individual styles suitable for every figure. Low bust, long skirt, elastic tops and insertions are Vogue. The athletic model will be a favorite with girls. When buying Corsets always think of "Glove Fitting"—the only Corset name that really means something.

\$1.25 to \$4.25  
La VICTOIRE  
\$3.45 to \$4.45

## Barnes Cash Store

E. T. BARNES, PROPRIETOR.

## Increase in the Price of Coffee

doesn't bother the user of

## INSTANT POSTUM

This table drink of rich coffee-like flavor continues economical to health and purse.

## Not a bit of waste

### A COLORFUL FROCK

When one is too slim even for the slimmest fashion demands, a little frock draped a bit is most becoming. This is of gracefully hanging velours cloth of a henna shade. Self-covered buttons are the only trimming and at the back there are wide sach-ends of velours fastened to the girdle by three covered buttons.

## Willamette Valley Transfer Company

Salem Office 171 S. High Street Phone 1400  
Portland Office 230 Ash Street Phone Broadway 454

Ours is the only line of auto freight trucks operating between here and Portland. We also make DALLAS, MONMOUTH, INDEPENDENCE, SILVERTON

We buy produce of all kinds and with our transportation facilities we are able to pay the highest cash prices. Order your freight routed our way. Sell your eggs, dressed meats, poultry, etc., to us.