## When the Baby Needs a Laxative---

No one knows better than the ever-watchful mother—the natural doctor of the family in all the small ills—that when the buby is out of sorts it is usually due to indigestion or

It is always well, in any of its illnesses, to look for this cause. The diet may have to be changed, but before good can result from it,

The mother has the choice of many medi-cines—cathartics, purgatives, bitter-waters, pills, physics, etc. But the little body esn't need such harsh remedies for they wrench the system and do only temporary good, so often followed by an unpleasant

A better plan is to employ a mild, gentic laxative of which only a little is required. There is a combination of simple laxative There is a combination of simple laxative herbs with pepsin sold by druggists under the name of Dr. Caldwell's Syrup Pepsin that thousands of mothers have used successfully for baby's constipation and its accompanying ills, such as belching, wind colic, restlessness, sleeplessness, etc.

The nursing mother will also find it ideal for herself, and it is especially important that ahe be free from constipation.

Syrup Pepsin is guaranteed to do as promised or the druggist will refund the money. Thousands of cautious families have it in the house, secure against the little ills.

# Dr. Caldwell's

The Brash College Heljers meet with Mrs. C. A. Park two weeks ago and reorganized for the year. There were quite a number of fiddles present. The club will neet once a mouth with Mrs. Park for Bible study and once a mouth with the other ladies to sew or quilt.
All the ladies are swited to come.
Come and meet with one another in a

social way.
Brush College has long been noted for her hospitality. Now that the war he over let us got back to our reputation of having the best time in the

Ernest Chittick of the artillery diviajon arrived in Calem Monday trom France and Thursday he called on Mr. and Mrs. U. C. Builey, also Mr. and Mrs.

Wm. Pelker.
Mr. Chittlek tells some very interesting stories about the war. We are glad

Mr. Chittlek tells some very interesting stories about the war. We are glad he returned safe and sound.

Mr. Angel, Mar. 11.—Julius Kemmereck formerly of Mt. Angel, recent tor from his brother A. O. Bailey of the 90th division of the army of occupation in Germany. Mr. Bailey is cook and says the overa are large enough to cook a quarter of a beef in at a time. He said he did not have much to do—only 165 men to cook for at press.

Mr. Angel, Mar. 11.—Julius Kemmereck formerly of Mt. Angel, recent mereck formerly of Mt. Angel,

Elmer Smith has went to work for a bir. Crawford of Spring Valley. Elm ce has worked on the Wallace ranch for a number of years and it seems one some not to see him, but we wish him success in his new place.

Lawyer Brown of Salem was here on husiness Sunday.

Otto Oswald, who has received his star, Anna, accompanied him from Portland.

Lawrence and George Rothenfluch have been leased to a company of men accompany of the marines are on a furlough from who will open up a coal mine.

KEEP IT SWEET Keep your stomach sweet today and ward off the indigestion of tomorrow-try

KI-MOIDS the new aid to digestion.

As pleasant and as safe to take as candy. MADE BY SCOTT & BOWNE

### MT. ANGEL LOCALS

Two big things about

Grape:Nuts

are-wonderful flavor

& sturdy nourishment.

But you can get a better

idea of Grape-Nuts by

eating it than you can

by reading about it.

Sold by Grocers Everywhere

### CATARRH

Antissptic

Iffe time.

Into this inhaler you pour a few drops of magical Hyomei.

This is absorbed by the antiseptic gauze within and now you are ready to breathe it in over the germ infested. She did so hate to see me leave, and down at the ship she kissed me on both cheeks and gave me her address so I could write to her.

To go to Nagazaki.

It is rumored that we will go from

Mr. and Mrs. C. H. Smith have come of the marines, are on a furlough from who will open up a coal mine.

## SEES ONLY PAPER MONEY IN SIBERIA

### Arthur V. White Writes Interesting Letter From Northern Russia.

Mr. and Mrs. J. F. White, 1566 north Commercial, have received a long letter from their son, Arthur V. White, who is now stationed with the American marines at Vladivstock, Siberia. He enlisted about a year ago, served for ten months at Mare Island, went from there to Honolulu with the transport Sherman, and later was sent on to Siberia to help out the Huns

from that region. He says in part:
"We are now located in the Y. M. C.
A. headquarters, which is about the only warm place in town. Of all the places I have sen this has the whole world beat in some respects. They have nothbeat in some respects.
ing but paper money here; one never sees any silver or gold. Yesterday money was eight and a half rubles on the dollar; today it is nice and a half. Every day it varies from one to four

"We have taken pictures of nearly everything of any interest and will send all of them to you from Cavite. You would hardly believe the way the ocean frozen here unless you could see it. We were a day late getting into port because the ice was so thick we had to have boats go shead and break it. People were standing within a few feet of the ship while we were breaking through. A person would hardly think the salt water would freeze two feet and a half thick but we were in that kind of ice for more than a day before

(Capital Journal Special Service.)

Brosh Cellege, March 1L.—The Parent Teacher association had a get together Secting at their last meeting and a very cuprythe evening was spand service. We spend several days with green service and anuerkrant were served. Every one come back to be at meeting and the radio station at Lemon Grave, Cal. Paul Backholz left for California last week to join the marines.

See Some Sights.

Gee! I wish you folks could see some of the sights here and in Japan. It is least to get the radio station at Lemon Grave, Cal. Paul Backholz left for California last week to join the marines.

Saith, called on Mrs. W. A. Bailey the sights here and in Japan. It is least his prical, Ed Unger, last week.

On Turslay exching! Liconemus the right week.

On Turslay exching! Liconemus the right week.

Charles Coglidas, thru the invitation of the Knighta of Colnabus, gave as interesting and the right week.

Andrew Hedges of Scattle, Wash, is willing his sister, Margaret Hodgers, in France. He spoke in the parish hall to a large sudicate.

Their mather, Mrs. Hedges, is seriously life the T. B. santiornim.

The Priday in March Let each one de their best to make these meetings a community success.

The Branch College, March 1L.—The Parent Mrs. Hedges, is seriously life to the march let each one de their best to make these meetings a community success.

The Branch College Helfers more than a day before we got in.

Back of the marines.

Saith, called on Mrs. A saitey life the marines.

Beautiful Lemon Grave, Cal.

Paul Backholz left for California last week to join the marines.

Beautiful Malancy of Charge Leavis visited his irical, Ed Unger, last week.

On Turslay exching! Liconemus the week of the sights here and in Japan.

Charles Coglidas, thru the invitation of the Knights for them the marines.

Call History Call Paris visit of the marines.

Beautiful March Let each one feet of the call week of the sights here and in Japan.

Charles Coglidas, thru the invitation of the Saith is trical his treat wis visit

in France. He spoke in the parish hall to a large audience.
Similar, Mrs. Warran Gon) of Scattle, gave a surprise party for Mr. and Mrs. Jacob Berchtold.

Mr. and Mrs. Bruno Smith have moved two the house vacated by Dr. Dennelly.

Bernard Traviss and Bernard Weis, accompanied by Ed Unger, took a pleasure trip to Silvertea Sunday afternoon.

Louis Uhlman, after boarding at the follege/for several weeks, is staying at home and attending the rollege as a day wholar.

CATARDAI ers I have ever met with. She dresses in English clothes and has nothing to do with the Japs at all. While there

Quickly Ended by a Piessant, Healing she invited me and my freinds to he house and we had one grand time. was some cook and gave us a moal that The little Hyomei inhaler is made we will never forget, and we spent a of hard rubber and can easily be carried in pocket or purse. It will last a visited. She did so hate to see me

time. He said he did not have much to cook for at present. House wives think they have no hot when they have eight or ten to do for you three or four.

Mr. and Mrs. D. M. Ebey spent the week end in Portland last week.

Mr. A. R. Ewing is the proud possessor of an auto, a Mitchell.

Mr. and Mrs. Francis Miler have processor of an auto, a Mitchell.

Mr. and Mrs. Francis Miler have for cast corn Oregon to again take up his work purchased a new car, a Ford.

Elimer Smith has went to work for a money back. It often cleans out a stuffed up head in two battleship stationed here that was capaninates.

Sold by D. J. Fry and druggists every many of the Cossacks here and they here.

Complete outfit, including inhaler and one hottle of Hyamei, costs but little, while extra bottles, if afterward nad one hottles, if af tured by the Russians. They have no but I imagine it would get very old if a fellow had to stay any length of time. It sure is cold outside, and I

### Students Of Psychology Detect Criminal Traits

Moscow, Idaho, Mar. 11.—Students of Dr. Reed's phychology courses at the University of Idaho have proved themselves successful detectives. They were given the problems of determin-ing which of a group of 12 persons were "guilty," It was known that six of them had committed a "crime," and it was up to the students to deter-mine which ones.

The suspects were subjected to an ordeal that only lacked the severity of the third degree. Following the associative method made famous by the psychologists. Jung and Munsterberg, each of the 12 suspects responded to each word pronounced by the examinate, with the first word that came into his mind. The class researded the reer, with the first word that came into his mind. The class recarded the response, and the reaction time, or the number of seconds that clapsed between stimulies and response. There were 50 words in the list, half of which were crucial and related to the circumstance. stances of the crime. It mattered not how trivial the misdemeaner may have been, the criminal's guilt was namis takably brought to light.

## Believe Radical Element Wou'd Overthrow Government good old fushioned plaster or liniment of days gone by. It cannot blister and there are no disagreeable fumes to irritate the nose and

Washington, Mar 10,-"Radical ele-Weshington. Mar 10.—"Radical elements in the United States are united in the plan to everthrow the American government by a bloody revolution and set up a bolshevist republic," according to a memoranium submitted today to the senate committee investigating belishevism by Solicitor Lamar of the postoffice department.

The memorandum said that for the first time the anarchists, I. W. W.'s and bolsheviki have made common cause under the name of "bolsheviki" for this one purpose.



# Your Nose Knows

· All smoking tobaccos use some flavoring. The Encyclopaedia Britannica says about the manufacture of smoking tobacco, "...on the Continent and in America certain 'sauces' are employed ...the use of the 'sauces' is to improve the flavour and burning qualities of the leaves." Tuxedo uses chocolate-the purest, most wholesome and delicious of all flavorings! Everybody likes chocolate—we all know that chocolate added to anvthing as a flavoring always makes that thing still more enjoyable. That is why a dash of chocolate, added to the most carefully selected and properly aged burley tobacco, makes Tuxedo more enjoyable -"Your Nose Knows."

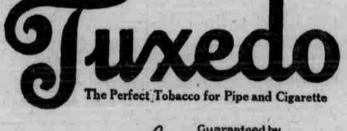
Try This Test: Rub a little Tuxedo briskly in the palm of your hand to bring out its full aroma. Then smell it deepits delicious, pure fragrance will convince you. Try this test with any other tobacco and we will let Tuxedo stand or fall on your judgment-

"Your Nose Knows"



Have you tried Tuxedo in the New Tea Foil Package? It has many advantages—Hand-ier—fits the pocket. No digging the tobacco out with the fingers. Keeps the pure fra-grance of Tuxedo to the last pipeful. Not quite as much tobacco as in the tin, but—10c.







Guaranteed by merican Sobacco

them printed in foreign languages to bear out his contentions. These newspaper extracts, together with Lamar's memorandum, are to be put into the record of the investigating committee.

## To Use German Helmets As

Washington. Mar. 10.—Eighty five thousand German helmets, purchased by the treasury department as trophies in the victory loan drive, will be shipped here from New York tomorrow. The war department sold the helmets to Frank R. Wilson, publicity director for the loan for \$1.00.

California capitalists will raise \$1, 000,000 to build the 70 mile Rosswelt-Yosemite concrete highway between Meered and El Portal F. L. Branch to H. Pohle, part of tot 4, block 70, Salem.
Sarah Hovendon to F. A. Pook, lots

## TNFLAMMATION === and CONGESTION

Rogy's Mustarine contains true mustard and where inflammation or congestion is indicated it more than takes the place of the

Just rub it on-that's all. Use it

## Deals In Real Estate

Trophies In Victory Loan | F. A. Turner to Marion Z. Deppen | lot 14, block 1, Breadway addition, Sa-F. A. Turner to Marion Z. Deppen,

son, west half of lots 1, 2 and 3, block 7, Oak Lodge addition, Salem. Susanna Heist to Vaget Bros., lot 5, block 11, J. Myers addition, Salem.

D. H. Bodine to Ezra C. Hart, 55 acres in section 18, 10-2 W.
W. C. Winslow to E. T. Matthieu, north half of lots 5 and 6, flock 5,

G. D. Tretter to W. C. Winslow, orth half of lets 5 and 6 block 5, Francis Feller to M. W Myors, tract

, Pellers subdivision ' John Etter to Pred Schlag 7944 eres in J Leslie claim, township 26-Adam Snyder to Fred Schlag, 5 acres in G. Leslie claim, section 26-6-3 w W. D. Salisbury to Marion county, 1 acre in J. M. Morris claim, section 9-

JOURNAL WANT ADS PAY

### SAYS HOT WATER WASHES POISONS FROM THE LIVER

Everyone should drink hot water with phosphate in it, bofore breakfast.

To feel as fine as the proverbial fid-dle, we must keep the liver washed clean, almost every morning, to prevent its sponge-like pores from clogging with in-digestible material, sour bile and pois-onous texins, says a noted physician.

If you get headaches, it's your liver.
If you catch cold easily, it's your liver.
If you wake up with a bad inste, furred lot 4, block 70, Salem.
Sarah Hovendon to F. A. Pook, lots
1 and 2 block 4, Hubbard.
F. N. Gilbert to Sarah Hovendon,
lots 1 and 2, block 100, Hubbard's addition, Hubbard.
Rosa Elliott to Orpha Elliott, lot 13,
Smith's Fruit farms, No. 2.
G. W. Whitney to Hosea Springer,
lot 8, of Whitney acres.
Eleanor Emery to Gladys Enery, 240
acres in E. F. Colby claim, T. 23 R. 7
1W
D. H. Bodine to Ezra C. Hart, 55

If you wake up with a bad taste, furred tougue, nasty breath or stomach becomes rancid, it's your fiver. Sallow skin, mildy complexion, watery eyes all denote liver uncleanliness. Your liver is the most important, also the most abused and neglected organ of the body.
Few know its function or how to release the dammed-up body waste, bile and toxns. Most folks resort to violent calomel, which is a dangerous, sallyating themical which can only be used occamel, which is a dangerous, sallyating themical which can only be used occamel, when the following them is a dangerous, sallyating themical which can only be used occamel, when the most important, also the most abused and neglected organ of the body.

Beautiful and the most important, also the most abused and neglected organ of the body.

Beautiful and the most important, also the most abused and neglected organ of the body.

Beautiful and the most important, also the most abused and neglected organ of the body.

Beautiful and the most important, also the most abused and neglected organ of the body.

Beautiful and the most abused and neglected organ of the body.

Beautiful and the most abused and neglected organ of the body.

Beautiful and the most abused and neglected organ of the body.

Beautiful and the most abused and neglected organ of the body.

Beautiful and the most abused and neglected organ of the body.

Beautiful and the most abused and neglected organ of the body.

Beautiful and the most abused and neglected organ of the body.

Beautiful and the most abused and neglected organ of the body.

Beautiful and the most abused and neglected organ

Every man and woman, sick or well, hould drink each marning before breaknat, a glass of hot water with a teapoonful of limestone phosphate in it, to wash from the liver and howels the previbus day's indigestible material, the poisme, sour ble and texins; thus cleansing, weetanding and freshening the entire allmentary canal before putting more food 
into the stomach.

Limestome phospica foces not restrict the diet like calomel, Because it can not alivate, for it is barmiers and you can at anything afterwards. It is inexpensive and almost tasteless, and any pharmacist will sell you a quarter pound, which is sufficient for a demonstration of how hot water and limestome phospials cleans, etimulates and freshess the liver, lessing you feeling fit day in the fax out.