THE DAILY CAPITAL JOURNAL, SALEM, OREGON TUESDAY, JANUARY 4, 1919.

Tendency to Constipation?=

USE THIS LAXATIVE!

Dictitians advise a "careful diet," but that is trouble-some to most people; physical culturists advise "certain exercises," which is good if one has both the time and the-inclination. Doctors advise diet and exercise and medicine. The question is, shall it be a cathartic or purgative med-icine? Or a mild, gentle laxative?

Thousands have decided the question to their own satis-faction by using a combination of simple laxative herbs with pepsin known to druggists as Dr. Caldwell's Syrup Pepsin. A small dose gives a free, easy movement of the bowels. It is the best substitute for nature herself. In fact, **€** since the ingredients are wholly from the vegetable kingdom it may truthfully be said it is a *natural laxative*.

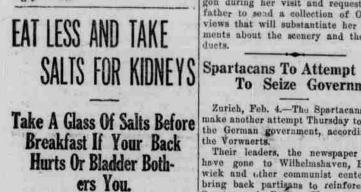
Its positive but gentle action on the bowels makes it an ideal remedy for constipation. The dose is small, and it may be taken with perfect safety until the bowels are regulated and act again of their own accord.

The druggist will refund your money if it fails to do as promised.

PRICE AS ALWAYS In spite of greatly acreased laboratory osts due to the War, coars due to the War, by accriticing profits and absorbing war taxes we have main-tained, the price at which this family lax-druggigs for the past 26 years. Two sizes— 50c and 51.00.

C Dr. Caldwell's JYRUP DEPSIN The Perfect Laxative FREE SAMPLES — If you have never used Dr. Caldwell's Syrup Pepsin send for a free trial bottle to Dr. W. B. Caldwell, 468 Washington St., Monticello, III. If there are bahies at home, cak for a copy of Dr. Caldwell's book, "The Care of Bahy."

Can Have Mess Of Real Possum And Sweet Taters. W. S. Fitts is to entertain at his fish market as usual guest from the Sum has not its night and before they left they helped themselves to grand to the out the source of the market of the market. M. Fitts as no idea of catering to the colored has night and before they left they helped themselves to grand to the windw of the market. The animal is ingat and before they left they helped themselves to grand to the windw of the market. The animal is an aloas. Last night fedward and I cauge to they colore have a boy started out on the source of the sector with the nimble tailed pet came a big barrel of fine sweet potatoes and 20 grallons of the fines cane molasses that ever happend outside of Louisiana. It cost, laid down in Salem, about \$2.50 a gallon, and needless to say it is not for sale. It would be about equal to maple syrup as an adjunct of the morn-ing pancake. **EAT LECC AND TAVE**



guard constantly against kidney trou-ble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out, they weaken from over-

work, become sluggish; the eleminative agitator. The pr trouble, bladder weakness and a general decline in health.

BRITISH PARLIAMENT HAS MANY RESPONSIBILITIES

Must Consider Disposition, ward amicable adjustment of the la Of Strikes, Peace Treaty bor crisis now threatening the country. There was some conjecture as to And Sinn Feiners. whether the Sinn Feiners elected to par-

London, Feb. 4 .- The reconstruction linment would attend in its formatory activation of the stage stages. It seemed to be a foregone conportion of the country's workers at tempting to take reconstruction into incir own hands.

their own hands. As organization of the newly elected legichilive body gets under way, Great Britain and Ireland face the constantly growing menace of a general strike which is frankly admitted by many of its instigators to be the first step to ward attempted socialization of the ne-tons industries under a bolsheviki re-gine. Addod to this situation was the em-barransing presence of the new "first-republic" which was formally deelars in jublin. That the British government had not evinced in any way its inter-ind not evinced in any way its inter-ind added to the responsibilities of the new "teconstruction" parliament in the

'reconstruction'' parliament in the matter. For a week parliament will devote itself to organization work including

the swearing in of members, hearing of ontests, etc. It will be formally openat by King George on February 11 So important are the problems imme

father to send a collection of Oregon views that will substantiate her state-ducts. Spartacans To Attempt To Soire Correstment Solution Correst To Soire Correstment To Soire Correstment To Soire Correstment To Soire Correstment Solution Correst To Soire Correstment State of the first things to be consider-ed. Solution Correst Solution Cor

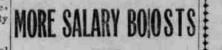
Parliament will be asked to author-To Seize Government ize the building of thousands of cottag

The ordinance was put on its final es within easy access to the industrial passage and went through on a roll-

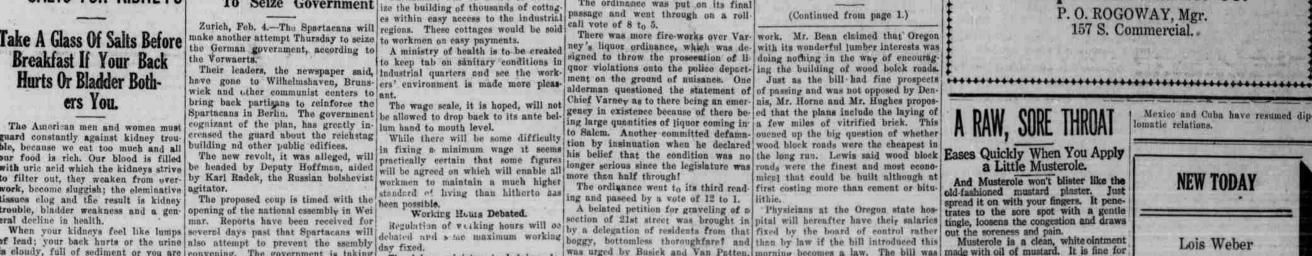


London, Jan. 18.- (By mail.) - True spy yarns which make works of fiction insignificant are gradually being un-folded by the British secret service. One of these shows how Great Britain put over a huge hoax on German spies and their government.

At the outbreak of war the English Channel was unprotected by mines and



(Continued from page 1.)



PAGE THREE

An Open Letter to the Public of Salem, Ore.

Mr. and Mrs. Consumer:

In last Saturday's morning paper the Meat Trust of Salem came out with an ad quoting prices on meats some as low as those in our ad and some a trifle higher. At any rate they quote prices that were from 30 to 50 per cent lower than the trust prices were before we opened in Salem. Why?

Because they are out to get our hide, and hang it on their back fence. Every kind of a trick has been tried to hinder us in our fight for a fair and decent price for meats to the consumer.

What will happen if they do get us Meat will take a jump back to the old Trust prices with profits of 40 to 50 per cent, and in some places more.

We don't want sympathy. We don't need it. What we want is a square deal---the same kind of a deal as we are giving the people of Salem. We set a scale of prices that reduced meats from 30 to 50 per cent, and we'll keep it there. But we need your help. Because the trust for a short time reduces its prices to meet ours is no excuse for the people to trade there for should they get rid of us---up goes the prices higher than ever. So stand by us in this fight NOW, as you have up to this time and we will give you good quality meats at a reason-able price so that you can afford to eat it as you used to.

Remember, every dollar you spend with us means a saving to you of 35c and a slam at the trust and high prices.

We positively will not raise our prices and if possible will further reduce them.

Yours for a fair deal and low prices on meats.

Independent Market Co. P. O. ROGOWAY, Mgr. 157 S. Commercial.



(Continued from page one)

in a glass of water perfore breaklast for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with lithin, and has been used for generations to flush and stimulate closed kidneys; to neutral stimulate elogged kidneys; to neutral-ize the acids in the urine so it no long-company. er is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot in jure, makes a delightful effervescent lithin-water beverage and belongs in every home, because nobody can make mistake by having a good kidney flushing any time.

GIRLS! GIRLS! TRY IT! STOP DANDRUFF AND **BEAUTIFY YOUR HAIR**

Hair Stops Falling Out And - Gets Thick, Wavy, Strong And Beautiful

Your hair becomes light, wavy, fluf fy, abundant and appears as soft, lus-trous and beautiful as a young girl's after a "Danderine hair cleanse." Just try this-moisten a cloth with a Hitle Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the

strand at a time. This will cleanse the hair of dust, dirt and excessive oil and in just a few moments you have doubl-ed the beauty of your hair. Besides beautifying the hair at once Danderine dissolves every particle of dandroff; cleanses, purifies and invig-grates the sealp, forever stopping itch-ing and falling hair. But what will please you most will be after a few weeks' use when you will actually see new hair-fine and downy at first-yee-but really new

downy at first-yes-but really new hair growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a small bottle of Knowi-ton's Danderine from any druggist or oilet counter for a few cents.

TOMORROW

The REGO

ETHEL CLAYTON

in

"THE MYSTERY GIRL"

ENGLISH CONTINUE

(Continued from page one)

the United States.

To Be Out by April. In British military circles, it was admitted today that only the question of physical difficulties will determine whether their troops will come out by the and woodwork in the offices and the and woodwork in the offices and the cells, the purchase of 30 blankets and the cells the purchase of 30 blankets and the several pillows so the occasional holo or derelict could be made comfortable. It also or derelict could be made comfortable.

dintely with comparatively little diffi-culty, but in the Archangel district there is already a considerable barrier of lee and it is recognized that a quick movement would be strended with great danger. The troops involved include 4000 Americans and 20,000 British and Canadians. There are also great quar-tities of supplies and material in that region which the allies have no inter-tion of abandoning. However, the mil-itary problem has been carefully studied and plans are reported to have complet.

itary problem has been carefully studied and plans are reported to have complet ed, even to the number and size of the ice breakers that will be required. Considerable speculation was caused today by the boast of the socialist news paper, Populaire that on Saturday when Foreign Minister Pichon formally refuss ed to forward a wireless to the soviet government for Jean Longuet, its edi-tor, the latter's report to the soviet tor, the latter's report to the soviets next meeting.

was already in their hands. The mystery was explained when it developed that the Moscow wireless sim piy "listened in" when American cor piy "listened in" when American cor newed on the same terms as last year.

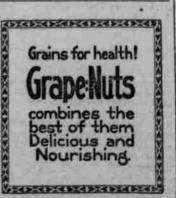
SILK WORKERS PICKET

Longuet was asked by the bolsheviki to investigate the allied proposal for a joint conference and report his opin-ion to them as to its genuineness of pur-Patterson, N. J., Feb. 4.-Picketing started here today in the strike of 27,-

000 silk workers. pose. Pichon, who has consistently op-posed any form of concession to the sopose. Pichon, who has consistently op posed any form of concession to the so victs, refused to recognize Longuet's strikers. However, most of the opera-You'll have to See it to solve the mystery. You'll have to See it to solve the bolsheviki, declaring that transhis ison of such information as Longuet desired was a right vested solely in the JOURNAL WANT ADS PAY

San Francisco, Feb. 3-Western crop have been unfavorably affected by will prevail until it gets a more strenuous jolt of opposition. To Remodel Headquarters. weather conditions, according to info nation which was received totday from The committee on police and health brought in a report recommending ex. Federal Reserve Agent John Perrin. tensive and much needed remodelling of There has been a marked deficiency

By Weather Conditions



when your kidneys feel like lumps of lead; your back hurts or the urine is cloady, full of sediment or you are obliged to seek relief two or three umetiam when the weather is bad, get from your pharmacist about four ounce es of Jad Salts; take a tablespontiat in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salts is made from the weith of or, Feb. 4. — Holger H. Samussen, who was well known



JEWELRY AUCTION

Beginning tomorrow, balance of Pomeroy & Wallace stock. Everything goes at your own price, 125 N. Commercial St., Salem.



Sector Sector

Special Super Feature



Mme. Petrova returns to the Liberty theater next Thurs., Fri., Sat. in Mme. Petrova reteras to the laberty theater next Thurs. Fri. Sal. in "The Life Mask," a mystery story in which the beautiful heroine suspects herself of having taken the life of her own obnoxious husband. As in her first two Petrova pictures, Thomas Holding is the principal support. The east includes Wyndham Standiog and a number of other artists well known to filmdom but new in the famous star's company. Aside from its elegence in production and acting this latest vehicle of the talented star has "come back" so strongly in her own productions is entirely different from both of its predecessors. The First National Exhibitors' Circuit, the new power in the movie world, stands sponsor for it.

world, stands sponsor for it.