

Tendency to Constipation?

USE THIS LAXATIVE!

Physicians advise a "careful diet," but that is troublesome to most people; physical culturists advise "certain exercises," which is good if one has both the time and the inclination. Doctors advise diet and exercise and medicine. The question is, shall it be a cathartic or purgative medicine? Or a mild, gentle laxative?

Thousands have decided the question to their own satisfaction by using a combination of simple laxative herbs with pepsin known to druggists as Dr. Caldwell's Syrup Pepsin. A small dose gives a free, easy movement of the bowels. It is the best substitute for nature herself. In fact, since the ingredients are wholly from the vegetable kingdom it may truthfully be said it is a natural laxative.

Its positive but gentle action on the bowels makes it an ideal remedy for constipation. The dose is small, and it may be taken with perfect safety until the bowels are regulated and act again of their own accord.

The druggist will refund your money if it fails to do as promised.

Dr. Caldwell's SYRUP PEPSIN The Perfect Laxative

PRICE AS ALWAYS In spite of greatly increased laboratory costs due to the War, by sacrificing profits and absorbing war taxes we have maintained the price at which this family laxative has been sold by druggists for the past 26 years. Two sizes—50c and \$1.00.

FREE SAMPLES—If you have never used Dr. Caldwell's Syrup Pepsin send for a free trial bottle to Dr. W. B. Caldwell, 468 Washington St., Monticello, Ill. If there are babies at home, ask for a copy of Dr. Caldwell's book, "The Care of Baby."

BRITISH PARLIAMENT HAS MANY RESPONSIBILITIES

Must Consider Disposition Of Strikes, Peace Treaty And Sinn Feiners.

London, Feb. 4.—The reconstruction parliament convenes today with a large portion of the country's workers attempting to take reconstruction into their own hands.

An organization of the newly elected legislative body gets under way, Great Britain and Ireland face the constantly growing menace of a general strike which is frankly admitted by many of its instigators to be the first step toward attempted socialization of the nation's industries under a bolshevik regime.

Added to this situation was the embarrassing presence of the new "Irish republic" which was formally declared at the recent Sinn Fein "parliament" in Dublin. That the British government had not evinced in any way its intentions toward this new neighbor, only added to the responsibilities of the new "reconstruction" parliament in the matter.

For a week parliament will devote itself to organization work including the swearing in of members, hearing of contests, etc. It will be formally opened by King George on February 11.

So important are the problems immediately confronting parliament that Premier Lloyd-George, despite the urgency of his presence at the peace conferences will arrive in London the last of this week to confer with parliamentary leaders and direct formulation of a legislative program.

The vital questions which this parliament must pass upon are: ratification of the peace treaty; Settlement of the general strikes; Definition of its attitude toward the Irish republic.

Adoption of a general reconstruction program.

Imports Included. Under the last division is included the problem of import restrictions with possible departure from the "free trade" policy; free land for soldiers; better housing and working conditions and extension and maintenance of the merchant marine.

Both the coalition and minority parties are pledged to put through sociological reforms which will make the country worthy of the "heroism of the men who have fought for her since 1914." The housing problem will be one of the first things to be considered.

Parliament will be asked to authorize the building of thousands of cottages within easy access to the industrial regions. These cottages would be sold to workers on easy payments.

A ministry of health is to be created to keep tab on sanitary conditions in industrial quarters and see the workers' environment is made more pleasant.

The wage scale, it is hoped, will not be allowed to drop back to its ante bellum level. While there will be some difficulty in fixing a minimum wage it seems practically certain that some figures will be agreed on which will enable all workers to maintain a much higher standard of living than hitherto has been possible.

Working Hours Debated. Regulation of working hours will be debated and a maximum working day fixed.

The labor ministry is helping demobilized soldiers to find jobs. Whether such assistance will develop into a regular free labor agency with branches throughout the country or whether the bulk of this work will be done by the trade unions, is still uncertain. Both schemes have their advocates.

Quick formation and passage of the industrial part of the reconstruction program will, it is believed, tend to

ward amicable adjustment of the labor crisis now threatening the country.

There was some conjecture as to whether the Sinn Feiners elected to parliament would attend in its formative stages. It seemed to be a foregone conclusion that if they did, they would withdraw before formal convening of the body next week compelled them to swear allegiance to the king. The few Irish nationalists elected will be represented by T. P. O'Connor, their leader.

One of the notable features of the new parliament will be the appearance of the party as "his majesty's opposition." The laborites won this position in the last elections by polling a plurality over the other non-coalition parties with the exception of the Sinn Feiners. The latter, however, are expected to relinquish their chance to lead the opposition by refusing to sit.

Among the noted statesmen who were defeated for re-election are Herbert Asquith, former premier and Arthur Henderson, labor leader.

CITY COUNCIL

(Continued from page one)

ordinance. He argued that the cigarette question was one of ethics and not a political or judicial matter. He was sustained by McClelland. Several amendments were offered to the ordinance but all were rejected.

The ordinance was adopted by a vote of 10 to 4. The mayor congratulated the council for its action and expressed his confidence that the ordinance would be a benefit to the city.

The ordinance was put on its final passage and went through on a roll call vote of 8 to 5.

There was more fire-works over Varney's liquor ordinance, which was designed to throw the prosecution of liquor violations onto the police department on the ground of nuisance.

One alderman questioned the statement of Chief Varney as to there being an emergency in existence because of there being large quantities of liquor coming in to Salem. Another committed defamation by insinuation when he declared his belief that the condition was no longer serious since the legislature was more than half through!

The ordinance went to its third reading and passed by a vote of 12 to 1.

A belated petition for graveling of a section of 21st street was brought in by a delegation of residents from that boggy, bottomless thoroughfare and was urged by Busiek and Van Patten. They claimed that the petition had been under way before the resolution of the last meeting had been sprung, and that they should be given the same privilege as other sections of the city, which had had thousands of tons of gravel hauled on the streets, the residents paying for the gravel and the city doing the hauling.

The matter was ping-ponged across the council chamber for some minutes, and finally resulted in the rescinding of the resolution of the last meeting so that the old order will remain until it gets a more strenuous job of opposition.

To Remodel Headquarters. The committee on police and health brought in a report recommending extensive and much needed remodeling of the police headquarters so as to give the chief a private office with all the equipment thereto pertaining. It also called for the repainting of the walls and woodwork in the offices and the purchase of 30 blankets and several pillows so the occasional hobo or derelict could be made comfortable.

It also called for a shower-bath in the station, but to this McClelland objected as a brutal form of punishment for a hobo. The report was adopted.

In the line of new business there was a petition from the firm of Steudloff & Cross asking for the extension of a 14-inch sewer on Spruce street to give service to the big packing plant soon to be erected. Referred to sewer committee.

The Oregon Gravel company requested the vacating of several useless alleys in the vicinity of their grounds on Hood street. Referred to street committee and city attorney.

A. B. Goodin, who had been named as a member of the new park board, sent in a communication declining the office on the ground that he was technically a non-resident. Left over till next meeting.

The contract with John Graber for a series of band concerts in Willson park during the coming summer was renewed on the same terms as last year.

SILK WORKERS PICKET Patterson, N. J., Feb. 4.—Picketing started here today in the strike of 27,000 silk workers.

A number of I. W. W. agents were on the ground seeking to organize the strikers. However, most of the operatives showed no inclination to participate in I. W. W. meetings.

JOURNAL WANT ADS PAY

HEARTBURN

or heaviness after meals are most annoying manifestations of acid-dyspepsia.

KI-MOIDS

pleasant to take, neutralize acidity and help restore normal digestion.

MADE BY SCOTT & BOWNE MAKERS OF SCOTT'S EMULSION

WORKED HUGE HOAX ON GERMAN SPIES IN WAR

Britain Protected Channel Even Though No Mines Were Planted.

London, Jan. 18.—(By mail.)—True spy yarns which make works of fiction insignificant are gradually being unfolded by the British secret service. One of these shows how Great Britain put over a huge hoax on German spies and their government.

At the outbreak of war the English Channel was unprotected by mines and submarine batteries. Neither was it possible to take the necessary precautions in time and the admiralty feared that if once the enemy was aware of this lack of defense they would seek to make immediate use of their U-boats.

So a keen-eyed admiralty official detailed a plan, showing how effectively the channel could be mined. The plan was given to a pretended British traitor, who took it to a German agent, known to the government.

With much secrecy the "traitor" told the German that the admiralty had succeeded in mining the channel. The agent asked for proof and the "traitor" let him have a glimpse of the detailed plan. Finally the German offered \$3500 for the plan. The offer was accepted.

Every facility was then secretly given the German agent to get the plan to Berlin where the government was so impressed with the "effective system" that it didn't attempt for a long time to invade the channel. By that time the British admiralty perfected its defense.

MORE SALARY BOOSTS

(Continued from page 1.)

work. Mr. Bean claimed that Oregon with its wonderful lumber interests was doing nothing in the way of encouraging the building of wood block roads.

Just as the bill had fine prospects of passing and was not opposed by Dennis, Mr. Horn and Mr. Hughes proposed that the plans include the laying of a few miles of vitrified brick. This opened up the big question of whether wood block roads were the cheapest in the long run. Lewis said wood block roads were the finest and most economic that could be built although at first costing more than cement or bitulithic.

Physicians at the Oregon state hospital will hereafter have their salaries fixed by the board of control rather than by law if the bill introduced this morning becomes a law. The bill was proposed by the joint ways and means committee. In a conference with Dr. H. E. Lee Steiner, it developed that the best interests of the institutions demanded that the salaries of the first, second, third and fourth physicians be made more flexible and left to the decisions of the board of control.

Crops In West Affected By Weather Conditions

San Francisco, Feb. 3.—Western crops have been unfavorably affected by weather conditions, according to information which was received today from Federal Reserve Agent John Perrin.

There has been a marked deficiency in the seasonal rainfall in Oregon, California and Idaho, and cold weather has prevented plowing and seeding, except in California and southern Idaho.

The estimated loss has been placed at from 5 to 15 per cent. Grain crops, however, have not suffered materially, and have been greatly benefited by the recent rains along the Pacific coast.

CEASE EFFORTS TO SETTLE SEATTLE STRIKE

Seattle, Wash., Feb. 4.—The industrial relations committee here has issued a statement today declaring that they have ceased their efforts to settle the shipyard strike and avert the sympathetic walkout of 40,000 union men planned for Thursday morning at 10 o'clock.

The publicity division of the strike plans committee asserts that Seattle's proposed general strike will be an orderly one. The labor leaders will form a division of law and order which will cooperate with the police department. Thirty thousand shipyard workers are already on strike in Seattle.

Grains for health! Grape-Nuts combines the best of them Delicious and Nourishing.

An Open Letter to the Public of Salem, Ore.

Mr. and Mrs. Consumer:

In last Saturday's morning paper the Meat Trust of Salem came out with an ad quoting prices on meats some as low as those in our ad and some a trifle higher. At any rate they quote prices that were from 30 to 50 per cent lower than the trust prices were before we opened in Salem. Why?

Because they are out to get our hide, and hang it on their back fence. Every kind of a trick has been tried to hinder us in our fight for a fair and decent price for meats to the consumer.

What will happen if they do get us? Meat will take a jump back to the old Trust prices with profits of 40 to 50 per cent, and in some places more.

We don't want sympathy. We don't need it. What we want is a square deal—the same kind of a deal as we are giving the people of Salem. We set a scale of prices that reduced meats from 30 to 50 per cent, and we'll keep it there. But we need your help. Because the trust for a short time reduces its prices to meet ours is no excuse for the people to trade there for should they get rid of us—up goes the prices higher than ever. So stand by us in this fight NOW, as you have up to this time and we will give you good quality meats at a reasonable price so that you can afford to eat it as you used to.

Remember, every dollar you spend with us means a saving to you of 35c and a slam at the trust and high prices.

We positively will not raise our prices and if possible will further reduce them.

Yours for a fair deal and low prices on meats,

Independent Market Co.

P. O. ROGOWAY, Mgr. 157 S. Commercial.

A RAW, SORE THROAT

Eases Quickly When You Apply a Little Musterole.

And Musterole won't blister like the old-fashioned mustard plaster. Just spread it on with your fingers. It penetrates to the sore spot with a gentle tingle, loosens the congestion and draws out the soreness and pain.

Musterole is a clean, white ointment made with oil of mustard. It is fine for quick relief from sore throat, bronchitis, tonsillitis, croup, stiff neck, asthma, neuritis, headache, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frosted feet, colds on the chest (it often prevents pneumonia). Nothing like Musterole for croupy children. Keep it handy for instant use. 30c and 60c jars; hospital size \$2.50.



JEWELRY AUCTION

Beginning tomorrow, balance of Pomeroy & Wallace stock. Everything goes at your own price. 125 N. Commercial St., Salem.

Mexico and Cuba have resumed diplomatic relations.

NEW TODAY

Lois Weber

Special Super Feature

"EVEN AS YOU AND I"

Other Features, Too

BLIGH THEATRE

Can Have Mess Of Real Possum And Sweet Taters

W. S. Fitts is to entertain at his fish market an unusual guest from the Sunny South—a real live 'possum—the critter that grows by the tail on the big gum trees after dark. Mr. Fitts has no idea of catering to the colored contingent in Salem. The animal is to be a pet and will be put on exhibition in the window of the market. It was sent to him recently by his daughter, Inez, who has been visiting at Sandy, Alabama, during the past year. Along with the nimbly-tailed pet came a big barrel of fine sweet potatoes and 20 gallons of the finest cane molasses that ever happened outside of Louisiana. It cost, laid down in Salem, about \$2.50 a gallon, and needless to say it is not for sale. It would be about equal to maple syrup as an adjunct of the morning pancake.

From a recent letter it appears that the daughter is having the time of her life in Alabama. She says in part: "I had three nice 'possums, and one of them was sure a big one, but someone let them out last night and before they left they helped themselves to grandma's fat chickens. Edward and I caught another one and I am going to send him on alone. Last night Edward and I and several boys started out on a 'possum hunt, but it wound up with a coon hunt. Some fight those dogs had, but they got two big ones. One of them was in a creek, and he sure did duck dogs for awhile. There was only five dogs on him. I got so excited that I came near falling into the creek."

This morning the same crowd went rabbit hunting, and we got seven rabbits in no time. I had a gun myself and got two out of the bunch. I'm getting to be some hunter."

The young lady is boosting for Oregon during her visit and requests her father to send a collection of Oregon views that will substantiate her statements about the scenery and the products.

Spartacans To Attempt To Seize Government

Zurich, Feb. 4.—The Spartacans will make another attempt Thursday to seize the German government, according to the Vorwaerts.

Their leaders, the newspaper said, have gone to Wilhelmshaven, Brunswick and other communist centers to bring back partisans to reinforce the Spartacans in Berlin. The government organization of the plan, has greatly increased the guard about the reichstag building and other public edifices.

The new revolt, it was alleged, will be headed by Deputy Hoffmann, aided by Karl Radek, the Russian bolshevik agitator.

The proposed coup is timed with the opening of the national assembly in Weimar. Reports have been received for several days past that Spartacans will also attempt to prevent the assembly convening. The government is taking every precaution to guard the assembly. Several batteries of artillery were added to the garrison there today.

Spread of the Spartacan movement in other parts of Germany was indicated.

PORTLAND GRAIN MAN DIES

Portland, Or., Feb. 4.—Holger H. Rasmussen, who was well known among the grain men of the northwest, died at his home here Monday afternoon. He was vice-president and general manager of Kerr, Gifford and company.

EAT LESS AND TAKE SALTS FOR KIDNEYS

Take A Glass Of Salts Before Breakfast If Your Back Hurts Or Bladder Bothers You.

The American men and women must guard constantly against kidney trouble, because we eat too much and all our food is rich. Our blood is filled with uric acid which the kidneys strive to filter out, they weaken from overwork, become sluggish; the eliminative tissues clog and the result is kidney trouble, bladder weakness and a general decline in health.

When your kidneys feel like lumps of lead; your back hurts or the urine is cloudy, full of sediment or you are obliged to seek relief two or three times during the night; if you suffer with sick headache or dizzy, nervous spells, acid stomach, or you have rheumatism when the weather is bad, get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to flush and stimulate clogged kidneys; to neutralize the acids in the urine so it no longer is a source of irritation, thus ending bladder disorders.

Jad Salts is inexpensive; cannot injure, makes a delightful effervescent lithia-water beverage and belongs in every home, because nobody can make a mistake by having a good kidney flushing any time.

GIRLS! GIRLS! TRY IT! STOP DANDRUFF AND BEAUTIFY YOUR HAIR

Hair Stops Falling Out And Gets Thick, Wavy, Strong And Beautiful

Your hair becomes light, wavy, fluffy, abundant and appears as soft, lustrous and beautiful as a young girl's after a "Danderine hair cleanse." Just try this—moisten a cloth with a little Danderine and carefully draw it through your hair, taking one small strand at a time. This will cleanse the hair of dust, dirt and excessive oil and in just a few moments you have doubled the beauty of your hair.

Besides beautifying the hair at once Danderine dissolves every particle of dandruff; cleanses, purifies and invigorates the scalp, forever stopping itching and falling hair.

But what will please you most will be after a few weeks' use when you will be actually see new hair—fine and downy at first—yet—but really new hair growing all over the scalp. If you care for pretty, soft hair and lots of it, surely get a small bottle of Knowlton's Danderine from any druggist or toilet counter for a few cents.

TOMORROW The OREGON



ETHEL CLAYTON in "THE MYSTERY GIRL"

You'll have to See it to solve the mystery.