

16 Ounces Make a Pound

PRICES ON MEAT MUST COME DOWN

100 Cents Make a Dollar

The INDEPENDENT MARKET

IS MAKING ITS FIGHT FOR LOWER PRICES IN MEATS IN THE INTEREST OF EVERYBODY IN SALEM. WE HAVE RECEIVED THE SUPPORT OF THE PEOPLE IN OUR FIGHT FOR REASONABLE PRICES AND REASONABLE PROFITS. THAT SUPPORT HAS ENABLED US TO PUT IN A FAR BETTER GRADE OF MEAT THAN WE COULD WITHOUT THE WHOLE-HEARTED SUPPORT GIVEN US. WE HERE EXTEND TO EVERYBODY IN SALEM OUR INVITATION TO VISIT OUR MARKET AND SEE FOR THEMSELVES THE QUALITY OF MEATS HANDLED HERE. WE WILL HAVE EIGHT OR TEN BEEF AND FIFTEEN HOGS BESIDES VEAL AND MUTTON ON DISPLAY SATURDAY. COME AND SEE THEM. NONE FINER IN SALEM OR ANYWHERE ELSE. WE WILL FORCE THE PRICE OF MEAT DOWN TO WHERE IT BELONGS. ALREADY SOME OF THE MARKETS HAVE BEGUN TO REDUCE THEIR PRICES.

Stand by us and will stand by you. We will not raise our prices now or later. Cut Rate---Not Cut Throat.

No 40 to 50 Per Cent Profit Here

Shoulder Steak pound.....	15c	Shoulder Veal Roast, pound.....	15c
Round Steak, pound.....	18c	Veal Stew, pound.....	15c
Loin steak, pound.....	20c	Leg Veal, pound.....	20c
T Bone Steak, pound.....	20c	Leg Mutton, pound.....	20c
Boiling Beef, pound.....	12 1-2c	Leg Pork, pound.....	25c
Pot Roast, pound.....	15c	Pigs Heads, pounds.....	8c
Liberty Steak, pound.....	16c	Bacon Butts, pound.....	25c
Sausage, pound.....	20c	Fresh Side Pork, pound.....	25c
Beef Liver, pound.....	8c	Shoulder Pork, pound.....	24c
Beef Tongues, pound.....	12 1-2c	Shoulder Mutton, pound.....	17 1-2c
Veal Chops, pound.....	20c	Salt Side Pork, pound.....	25c
Mutton Chops, pound.....	20c	No. 5 Lard.....	\$1.35
Pork Chops, pound.....	25c	No. 10 Lard.....	\$2.60

Take advantage of these prices and help us fight the high price sharks. Its both our fight where Quality And Price Meet.—Not Connected With any Other Market In Salem.

16 ounces Make a Pound

INDEPENDENT MARKET CO.

P. O. Fogoway, Mgr.
157 S. Commercial St. Phone 104

100 Cents Make a Dollar

NO NEED TO BE THIN, SCRAWNY OR SALLOW

If you are thin and want to be plump; if you have wrinkles in your face that you are not proud of; if the skin is sallow or subject to pimples or blackheads, take Mi-na stomach tablets for two weeks and notice the change.

The majority of the thin people are thin because the stomach does not perform its duties properly. It is not secreting sufficient of the natural digestive juices and in consequence does not extract from the food enough nutritive matter to nourish every part of the body.

Mi-na stomach tablets are intended to build up the stomach so that it will act properly and extract from the food the elements necessary to form flesh.

If you are thin try two weeks treatment of Mi-na stomach tablets—they are small, easily swallowed and are sold on the guarantee of money back if they do not overcome chronic indigestion, acute or chronic, stop stomach disturbance, belching, heartburn, sour stomach, and any after dinner distress.

For sale by D. J. Fry and all leading druggists.

Oregon Branch Of U. S. Food Administration Is Through

Portland, Or., Jan. 31.—The Oregon branch of the United States food administration, which has been in operation since August, 1917, will be closed this afternoon, for it has not enough business to do to warrant the continued office expense.

However, all laws affecting food profiteering will remain in effect and will be rigidly enforced, according to W. K. Nowell, federal food administrator for Oregon—until the formal declaration of peace, when the administration loses its present power.

The office furniture will be sold to the highest bidder at a public sale next Tuesday morning. The Oregon food administration workers numbered 24, exclusive of volunteers, at the height of its existence, occupying 10 offices. One of the most conspicuous accomplishments of the Oregon branch was the "wheatless campaign" of last June when the state adopted voluntarily a wheatless program for 30 days, saving 18,000 barrels of wheat flour.

Horlick's
The ORIGINAL Malted Milk
Safe Milk For Infants & Invalids
No Cooking
A Nutritious Diet for All Ages.
Quick Lunch; Home or Office.
OTHERS are IMITATIONS

DIFFICULTIES PILING UP TO BE UNTANGLED BY PEACE SESSION

With Bolshevik and Czech-Slav Troubles, Conclave Is Kept Busy.

By William Philip Simms
(United Press Staff Correspondent.)

Paris, Jan. 31.—Difficulties were piling up as the peace bureau continued its sessions today. With national interests clashing on all sides, only level heads and steady hands were preventing a spark from cropping into the powder keg on which the world is sitting. At least, this seemed to be the general opinion here as reports were received of new elements cropping out in the disturbances, social or political, which are growing throughout the world.

The Serbians were still bitterly wrangling with the Italians regarding control of the eastern Adriatic ports.

The Montenegrins continued to oppose forcible invasion in the new Jugoslavic nation.

Czecho-Slavs and Poles were still fighting over Silesia, although adjustment of this affair appeared imminent. Austria and Rumania were at swords points concerning possession of Transylvania.

Germany and Poland were mobilizing against each other.

The bolsheviks were at war against the rest of Russia.

Ukraine was fighting the bolsheviks. China and Japan both wanted the former German colony of Kiau Chau.

Cling to Hope.
Despite the fact the majority of the delegates were proceeding on the promise that acceptance of President Wilson's 14 points had nullified the secret treaties formulated by the allied before America's intervention, some of the interested parties to these agreements apparently were still clinging to the hope that at least part of their provisions would be carried out.

One of these treaties concedes Dalmatia to the new Hedjaz nation; another—the most serious—awards Italy the eastern coast of the Adriatic in opposition to Jugoslavic aspirations. Italy further demands certain concessions in Africa to balance British and Belgian possessions there.

Acceptance of the American program for referring these territorial disputes of the league of nations apparently should end all this bickering, but the bitterness engendered still persisted. Some idea of the acuteness of Italian feeling on the subject can be gained from the poet, Captain Gabriele D'Annunzio, until recently the allies' strongest advocate in Italy. He declared: "That the French are drunk on vic-

OVER-ACIDITY

of the stomach has upset many a night's rest. If your stomach is acid-disturbed, dissolve two or three

KI-MOIDS

on the tongue before retiring and enjoy refreshing sleep. The purity and goodness of Ki-moids guaranteed by

SCOTT & BOWNE
MAKERS OF SCOTT'S EMULSION

tory and trying to get ahead of everybody."

That "the Americans are trying to hide under a cloak of idealism the fact they have just concluded the biggest piece of business in history."

That the British "barely finished the bloody war when they opened the jaws to swallow everything they could while Italy is drawing in her belt notch tighter."

Will Have Victorious Peace

"What sort of peace will be final forced upon us—a Gallie peace; a British peace; a star spangled peace?" I asked.

"Not Never! Victorious Italy—Italy will be more victorious than any other nation—will have on the Alps and on her sea (the Adriatic) a Roman peace worthy of her. If necessary we will free the new conspiracy in ardent fashion, with grenade in each hand and a knife between our teeth."

D'Annunzio's dazzling oratory was credited largely with forcing Italy into the war on the side of the allies.

In view of all this belligerent spirit that is now rampant, it was pointed out in certain official quarters today that the league of nations is now indispensable as an armor plated incubator for the new born babe over whose head the new nations and some of the old ones are endlessly juggling battle axes.

STRENGTHENS KIDNEYS—PURIFIES BLOOD

You can't expect weak kidneys to filter the acids and poisons out of your system unless they are given a little help. Don't allow them to become diseased when a little attention now will prevent it. Don't try to cheat nature.

As soon as you commence to have backaches, feel nervous and tired, GET BUSY. These are usually warnings that your kidneys are not working properly. Do not delay a minute. Go after the cause of your ailments or you may find yourself in the grip of an incurable disease. GOLD MEDAL Hamlet Oil capsules will give almost immediate relief from kidney troubles. GOLD MEDAL Hamlet Oil Capsules will do the work. They are the pure original Hamlet Oil Capsules imported direct from the laboratories in Hamlet, Norway. Ask your druggist for GOLD MEDAL and accept no substitutes. Look for the name GOLD MEDAL on every box. Three sizes, sealed packages. Money refunded if they do not quickly help you.

Open Forum.

Corvallis, Jan. 27, 1919.

To the Editor:

It took us, as a people, a good while to realize the gravity of our situation before and after entering the war; I wonder if we are alive to the seriousness of conditions today. The world is loaded for trouble, and only a hair-trigger is between safety and a terrible explosion. It is for our legislature to do what it can to avert a calamity so far as Oregon is concerned.

The legislature did the right thing in remembering the soldiers, but is that being done in the best way? In one case the soldier might feel that he is being offered charity, when what he wants is a square deal. In the other bill the obligation is simply passed on to the employer. The body of men on which so much depends must do better than that if it wishes to pass into history as a patriotic grateful legislature.

In order to do the best for soldier and civilian alike, these men at the capitol must bear in mind some things: When the war broke out in Europe, there were more idle men in the U. S. than were in our army when hostilities ceased.

That many of these found employment in making war materials, and will now be idle again.

That thousands of women took the places of men, and many are inclined to keep such places.

That thousands of our soldiers went away boys who will return men looking for men's work.

That hundreds of men in Portland faced starvation three years ago when Mr. Solling's soup kitchen was opened as a partial relief; that sort of time can easily come again.

Also, remember that we were 40 years getting the postal savings bank, and it is still crude.

It took as long a time to give us the parcel post.

The federal credit law was a long time in coming, and is in a very complicated, unsatisfactory form still.

That Oregon's road bonds found a ready sale, while the state rural credit bonds were a drug on the market.

That the last legislature allowed \$45,000 to advertise Oregon's scenery and only \$20,000 for a lime plant which under right conditions would have made many farms sections better worth advertising.

That Canada, Australia, New Zealand are years ahead of us in direct help to their people; why should this be so?

That we have a serious situation to face in the probable future immigration, judging by the large number of tickets already sold to foreigners for America.

That a great hindrance to prosperity is a condition that permits but 2 per cent of the people to own 60 per cent of the wealth.

That the natural sequence of this state of affairs is the fact that 90 per cent of the population that is over 55 years of age is dependent on others for support.

Oregon is big enough and rich enough to have a happy, contented people and we must look to the legislature to make this prosperous condition possible; but do not forget that in legislating a single man into a job that you may be pushing out another with several depending on him for support. In the endeavor to recognize the debt we owe our soldier boys, a grave injustice may be done those who "carried by the staff." When the need was before us a great deal was said from platform, press and pulpit about the importance of the various lines of activity that were so necessary to the success of our army; age even to 70 years or more was no barrier then—ate those to be ignored?

Tax, according to their capitalization undeveloped holdings that ought to be public utilities.

Allow one part of the state to tax itself for local improvements that conditions make imperative.

A graduate tax system similar to that of New Zealand.

Self-assessment by means of printed blanks, the state having the right of purchase at 10 per cent over assessed value if assessed too low, as in New Zealand.

The state to operate life and fire insurance, and make such insurance compulsory.

The state to regulate and control medical and surgical aid.

The state to have the right to make the school books, this right to be held to put and keep down prices if needed.

To adopt the Torrens system of titles as practiced in some of our states and western Canada.

A good companion for the state lime plant would be a cement plant. At a meeting of the state highway commissioners and senate and house committees the feasibility of a state cement plant was considered, and rather favored because of the unreasonable price of cement. It is a pity that there were not enough men with the vision four years ago. My road plan calling for state made cement was embodied in bills introduced at that time, but the S. O. S. call went out to the cement trust, as some may remember, and its henchmen rallied to the death of the bill, and the cement trust still has its clutches on us.

Men sentenced to the county jail could be sent to the cement rock quarries as well as the state prisoners. The life and long term men could work in mill, and short term ones outside. Cheap cement would mean work for thousands of men. A large number of men would be housed at the cement mills and lime plants and this would do away with the need for an expensive prison at the present site.

To go back for a moment to the labor situation—a part of the female labor problem will solve itself if the young men are enabled to make a good living for a family. The part involving the employment of women who have means, or whose husbands are w/o's able to provide for them calls for special regulation.

As a parting shot let our lawmakers give the people a chance to say whether they want the business of the state conducted on business principles by business men who could pass a rigid examination for business qualifications.

In other words, have a commission of say nine men to take the place of the legislature, all commissions and state officials; these men to hold continuous session; at a salary that would enable them to give their time to the study of important questions. As it is, few men can afford to spend the time in legislative session for what pay they get, and there is too much to be done in a short time. And the consolidation of the various commissions would eliminate the present friction and make for efficiency.

Limit land holdings.

BANFF'S WINTER CARNIVAL ON "THE TOP OF THE WORLD"



No royal lady and her fete gowns ever aroused more interest than that now bestowed on Banff, Alberta, Queen of the Canadian Rockies, and her new carnival dress. This is her third social season, and she means to outdo all previous showings. Visitors to the Top of the World during the carnival season from February 7th to the 15th will find it a lively spot. The Government has stepped in this year to crown with success the efforts of the few broad-shouldered men of Banff who have been working for years to make Banff as celebrated as a winter playground as it is a summer one.

The Ice Palace will be the center of attraction, its charm can be imagined when one pictures myriads of lights shining through the blue green of the ice blocks of which it is built, and the whole set against a background of blue sky, dark pines and snow-covered mountains.

Visitors arriving after nightfall will experience the sensation of stepping into fairyland. The streets will be strung with colored lights, so also will be outlined the splendid toboggan slide, while all about will be the merry, gaily dressed crowds.

There is no need—and besides the Government won't let you—to go to Norway, Sweden, or Switzerland today to enjoy the winter sports that have made those countries famous winter-resorts. It includes hockey and curling matches, toboggan races, snowshoe and ski races. The ski jumping this year promises to be a premier event for a new jump costing five hundred dollars is being built and some of the best jumpers in Canada are scheduled to take part in the competition. Pony ski races are, of course, on the program and will add great excitement as usual. Snow shoe tramps, equally as interesting as those of last year are planned with luncheon to be served

at a game warden's cabin; out of door bathing in hot air, hot pools is a unique feature. Bal on Maque will be the crowning wind-up feature of eight days of revelry and there is every indication that this event will equal in beauty and interest the Mardi Gras Ball of New Orleans or that of the Rose Tournament at Pasadena.

Those who imagine that the mountain world is dead in winter, will experience a pleasant surprise. Rivers, brooks and cataracts, except in occasional spots, pursue their merry course, singing as gaily as in summer. The animals, except bear, will be found enjoying the exhilarating winter weather instead of being curled up in their burrows. No, Banff is not dead in winter and the citizens of Banff are going to demonstrate that fact to the world at large by inviting all to come to the Carnival party on the Top of the World.

Mr. Business Man

As a matter of economy you should consult the Journal's Job Department before placing your printing--we are satisfying Salem's leading firms---put us on your calling list. Phone 81



3