

**THAT ANNOYING, PERSISTENT COUGH** may lead to chronic lung trouble, or mean that the chronic disease already is reached. In either case try **ECKMAN'S ALTERATIVE**. This tonic and tissue-repairer supplies the acknowledged benefits of Calcium treatment without disturbing the stomach. Contains no Alcohol, Narcotics or Habit-Forming Drugs. **\$2 size, now \$1.50. \$1 size, now 80c.** Price includes war tax. All druggists. Eckman Laboratory, Philadelphia.

**Notes From The House Of Representatives**

Committees were appointed yesterday in the house by Speaker Seymour Jones on two important committees, that of reconstruction and that of consolidation of state commissions, both of which have important work laid out for this session.

On the reconstruction committee the speaker appointed Sheldon of Medford as chairman; Burick of Redmond, A. A. Smith of Baker, Dedman of Canby and Hare of Hillsboro.

For the important work of taking up the big problem of consolidation of the state commissions, Speaker Jones appointed Richardson of Portland chairman; L. M. Graham of Forest Grove and Cross of Oregon City.

The joint consolidation committee held a temporary organization meeting last evening and appointed Ivy Stipp of Oregon City as secretary. The permanent organization will be Monday when it is understood Richardson of Portland will be made permanent chairman.

No language but the English will be taught in the public schools of Oregon should the bill presented in the house yesterday by Dodd of Hermiston finally pass.

The bill reads: "It shall be unlawful for any board of directors or regents or trustees or for any teacher or other person teaching in the public schools in the state of Oregon to cause to be taught or to teach any subject or subjects other than foreign languages in the public or private schools in the state of Oregon in any language except the English."

Should the bill pass both the house and senate and be signed by the governor, any person teaching a foreign language would be subject to a penalty of a fine not less than \$100 and not more than \$500 or in lieu thereof, 30 days in jail.

The physical condition of the penitentiary will be investigated. Sam A. Hughes, representative from Marion county yesterday arose in the house and moved that a committee of seven be appointed to investigate the physical conditions of the buildings only. He made it plain that the buildings were to be investigated and not the management or inmates. It was also suggested that the chairman of the ways and means committee of the house should meet with the committee. The motion was carried unanimously. There seems to be a general opinion that the buildings of the state penitentiary and the general sanitary conditions are about 25 years behind the times, although the voters of the state not so long ago turned down the proposal to appropriate money for rebuilding the pen.

A resolution passed the house yesterday providing that a memorial be presented to congress from the legislature of Oregon asking that the war department muster out men now being held in the service who already have positions offered them.

A joint meeting of the house and senate will be held in the house of representatives on the evening of Thursday, January 23, for the purpose of hearing from the state highway commission and the roads and highways committees of both houses. It is naturally expected that road boosters from all parts of the state will be on hand.

In house bill 45 presented yesterday by Gordon of Portland, it is proposed that real estate dealers be not only licensed but bonded also.

House bill 46 provides for the teaching only of the English language in Oregon. Dodd of Enterprise introduced the bill.

Free licenses for hunting and fishing



**A New Explanation Of Influenza Epidemic**

The chief of a hospital in Kansas City agrees with the Chicago doctor who thinks the plague is not influenza or a form of pneumonia, but is a nerve disease caused by poison. The Chicago statement the other day went on to say that the disease does not net like a germ disease; and the Kansas City doctor remarks that it is something new "I believe it is an epidemic of poisoning, resulting in the breaking down of the central nerve station. The Chicago statement attributes the plague to the release into the air of several years without intermission of poisoned gas in France, the result being a corruption of the atmosphere near the earth. The "flu" is at any rate the most terrible scourge this county has suffered in a generation. It is reported that the mortality of the larger insurance companies is from 300 to 400 per cent above normal, and if the rate continues many of the weaker companies, will be forced to the wall."

**JURY LISTS ARE DRAWN.** The clerk's office has recently issued the complete list of names of Marion county citizens who are to serve on jury, during the coming session of circuit court. There are 350 names available for jury service. A separate list



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Makes Whitest Sweetest Healthiest Bread

Makes Health Happiness and Success

Made from carefully selected Northwestern Wheat, thoroughly cleaned and scoured by the most modern methods known. All the nutritious qualities of the Wheat are retained and it reaches you clean, pure and wholesome.

**The Portland Flouring Mills Co.**



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Call your nearest dealer for information AT ONCE. Then take the earliest opportunity of conveying to said dealer the idea that you wish to acquire one of these

**LABOR SAVERS**  
A Gasoline Motor Driven Drag Saw Machine that saws up to 25 cords of wood per day.

NOTE: We also suggest that for good results you should specify a VAUGHAN Drag Saw.

**VAUGHAN MOTOR WORKS, Inc.,**  
Main Street, Portland, Oregon.

for soldiers and sailors is provided in the bill introduced by Graham of Washington county.

In house bill No. 48 introduced by Scheubel of Oregon City, a bounty is provided for rodents.

House bill No. 50 introduced by Scheubel of Oregon City relates to stock raising at large.

House bill No. 50 introduced by Cross of Oregon City provides for a residence of six months in a county before divorce proceedings may be filed.

**Farmers' Fire Relief Of Butteville Holds Meeting**

(Capital Journal Special Service.)  
Donald, Or., Jan. 17.—An enthusiastic all day meeting of the Farmers' Fire Relief association was held in Butteville January 15. A large number was in attendance. The following

**INSTANT POSTUM** is a wholesome and delicious drink for those with whom coffee disagrees

**GRAHAM CRACKERS**  
**Tru-Blu Grahams**

**PORTLAND**

**The King of Crackers**  
Tru Blu Grahams have the rare combination of rich food value and crisp deliciousness that make them ever welcome. At meals or between meals they are always popular. Made for you in the daylight food factory. Sold everywhere.

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**OREGON MADE FOR OREGON TRADE**

**Before the War Crown Flour**

Was established as a product of the highest quality and recognized by every housewife as the best flour obtainable.

**During the War Crown Flour**

Helped the Housewife to Make better Victory bread.

**Now After the War Crown Flour**

When wheat restrictions are removed and you can again enjoy fresh, nourishing, home made bread you don't need to be told that you get better results from

**Crown Flour**

You've learned from experience how much its use improves the quality of your bread, giving increased volume, and preserving that ideal texture and imparting that delicious flavor and odor.

**The Sign Of Good Quality**

**I SHOULD BUY GOLDEN ROD CEREALS**

Because  
The Quality is Excellent.  
Their Cost is Reasonable.  
They are a Home Industry product.

**GOLDEN ROD MILLING CO.**  
Cereal Millers and Poultry Food Manufacturers.  
PORTLAND, OREGON

**Columbia Brand**

**Oleomargarine**

Makes economy a double pleasure; a table treat; delicious on toast and bread and on steaks and vegetables. You'll like it right from the start. Composed of pure, carefully selected ingredients and churned fresh daily with pasteurized milk.

The most noticeable difference between Columbia Brand Oleomargarine and fancy creamery butter is the price — and it's in favor of users of Oleomargarine.

Packed in waxed, odor-proof cartons. U. S. Government inspected.

**UNION MEAT CO.**  
North Portland, Oregon

**These "flapjacks"**

—savory hotcakes, full of goodness, are for your breakfast. A delightful treat, so inexpensive and simple to prepare you can enjoy them every day in the year.

**Albers**  
Cinnamon Flour

officers were elected: J. P. Feller, president; John Murray, vice president; L. S. Sloper of Salem, secretary; E. J. Espey of Donald, Treasurer; directors, J. P. Feller for three years, W. F. Young, W. R. McKay for two years.

The association's work is satisfactory. Fire losses adjusted last year over \$10,000; new insurance issued, \$112,000; insurance in force over seven and one-fourth millions. Cash in treasury over \$23,000.

The ladies of the Red Cross served a bountiful dinner and judging from the cheerfulness of the members they all felt the time well spent in being present.

Roy Garret, one of our councilmen, made a trip to Salem on Monday. He said he steered clear of any place he thought there might be a flu bug about.

A. K. Anderson the Champeog miller, made a business trip to Portland Tuesday.

Mrs. A. K. Anderson of Champeog spent Tuesday visiting her parents, Mr. and Mrs. L. P. Swan of Donald.

William F. Smith and Earl J. Jackson of the 21st infantry of Vancouver hiked to Donald Sunday but found the road too far to hike both ways, so took the 6:17 p. m. train back.

F. Feller of Woodburn and Mr. Seely of West Woodburn attended the Farmers' F. R. association at Butteville Wednesday.

neighborhood Monday helping load a car of potatoes for California. Mr. Burnett belonged to the artillery.

Glen D. Hart, cigar salesman for Allen and Lewis and W. A. Indrham of the same house were interviewing the Donald merchants on Monday.

Mrs. Seasmith and little June went to Portland last Friday to see a doctor who pronounced June's trouble bronchitis, but we are glad to state she

is reported as getting along nicely.

O. D. Freeman, the lumberman, made a trip to Portland on Thursday to order a car of lumber.

Mrs. Gertrude Page returned to Salem Tuesday after an extended visit with friends in Donald.

A deal in real estate near Donald has just been closed in which Mrs. Orville Cone takes over the Henry Marry place.

Messrs. Kennedy and F. O. Sibley of Portland were in Donald on another land deal on Thursday. It is hoped it will go through. Land is cheaper in and around Donald than it will be for some time again. A good time to buy.

A. J. Van Wassenhus of Portland was a Donald visitor Thursday. Mr. Van Wassenhus owns a farm out from Donald about two miles and comes down occasionally to his old home as he was born near here.

**NOT TO HINDER ELECTIONS.**

American Headquarters, in Germany, Jan. 14.—(By Courier to Nancy).—American army officials were preparing a proclamation today ordering that neither Germans nor Americans hinder the forthcoming national elections. It was explained that the elections must be free expression of the people's will.

**QUICK RELIEF FROM CONSTIPATION**

**Get Dr. Edwards' Olive Tablets**

That is the joyful cry of thousands since Dr. Edwards produced Olive Tablets, the substitute for calomel.

Dr. Edwards, a practicing physician for 17 years and calomel's old-time enemy, discovered the formula for Olive Tablets while treating patients for chronic constipation and torpid livers.

Dr. Edwards' Olive Tablets do not contain calomel, but a healing, soothing vegetable laxative.

No griping is the "keynote" of these little sugar-coated, olive-colored tablets. They cause the bowels and liver to act normally. They never force them to unnatural action.

If you have a "dark brown mouth" now and then—a bad breath—a dull, tired feeling—sick headache—torpid liver and are constipated, you'll find quick, sure and only pleasant results from one or two little Dr. Edwards' Olive Tablets at bedtime. Thousands take one or two every night just to keep right & try them. 60c and 25c per box. All druggists.