"THE THRIFT SPREAD"

Oleomargarine

Makes economy a double pleasure; a table treat; delicious on toast and

read and on steaks and vegetables.

daily with pasteurized milk.

The most noticeable differ-

ce between Columbia Brand Oleomargarine and

fancy creamery butter is the

price - and it's in favor of

Packed in waxed, odor-

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isers of Oleonargarine.

ernment inspected.

You'll like it right from the start.

Composed of pure, carefully selected ingredients and churned fresh

UNION MEAT CO.

North Portland, Oregon

These

- savory hotcakes, full of

goodness, are for your break-

fast. A delightful treat, so in-

expensive and simple to pre-

pare you can enjoy them every

day in the year.

"flapjacks"



CONGRESS TO HALT MUCH IMMIGRATION TO UNITED STATES

Chairman Burnett Proposes Bill To Stop Intlux Of Foreigners For Four Years.

Washington, Jan. 9 .- An effort to tighten immigration restrictions will be made at this session of congress de-

Chairman Burnett of the house immigration committee today called his com-mittee together to try to get an agreement on some measures that will call a halt on the rush to American shores expected as soon as there is shipping

There are two measures before Burnett's committee.

One by Burnett himself would halt for four years from the date of pass-

age.
The other by Representative Lufkin would stop immigration for two years.

The exception made in the two bills are government officials, skilled laborers, refugees from religious persecution and returning soldiers who are aliens. All these would be allowed admission on proof of status ..

There is a demand for some check on immigration and it is coming from quarters which have favored the very light restrictions. Burnett said today.

"Oue thing is sure, we cannot allow an arrive of a million untrained worke-s a year dt ing our adjustment period We storid allow the people we have now to not settled back into normal life before taking in more. "The shortness of man power abroad may affect the situation some but not

greatly. Foreign governments may make things very attractive for the peo-ple they want to keep and let us have the dregs. If congress will recognize the true situation, a bill can be passed before the end of this session."

Burnett also pointed out that immi-gration laws passed now would not in-terfere with any provisions that might be made in the peace treaty, because the treaty would override previous leg-islation.

Two powerful forces are working for immigration legislation. Labor wants it to safeguard wages during the period of high prices. The second force is one that wants to take preventative stops against and remote chance of a spread of bolshevism here.

The immigration bureau has already appealed to congress for more funds for the coming year, declaring that thousands of prepaid tickets have been purchased in this country for relatives in

Ralph Southwick Felt Rich With His Seven Months' Pay

With seven months pay due, private Ralph W. Southwick, son of Mr. and Mrs. F. B. Southwick writes that he will feel like J. P. Morgan when he draws it all. In a letter dated Dec. 18, 1918, addressed to his mother he writes

"We still hear many rumors as to our going straight home. However, I doubt very much reaching the U. S. before the beginning of spring at the earliest. We are fairly comfortably billeted here and have no kick coming on our

SYRUP OF FIGS FOR CROSS, SICK FEVERISH CHILD

If Little Stomach Is Sour, Liver Horpid Or Bowels Clogged.

Mothers can rest easy after giving "California Syrup of Figs," because in a few hours all the elogged up waste sour bile and fermenting food gently worr bile and fermenting food gently moves out of the howels, and you have a well, playful child aga'n. Children simply will not take the time from ply to empty their bowels, and they hecome tightly packed, liver gets sluggish and stomach disordered.

When cross, feverish, restless, see if

tongue is coated, then give this deli-cious "fruit laxative." Children love it, and it can not cause injury. No dif-ference what alls your little one—if full of cold, or sore throat, diarrhoes, stomachache, bad breath, remember, a gentle "inside cleansing" should algentle "inside cleansing" should always be the first treatment given.

Full directions for babies, children of all ages and grown ups are printed on each bottle.

Raware of counterfeit fig syn-s.

Boware of counterfeit fig syn-s.

Counterfeit fig syn-s.

School has reopened again after a brief illness of the teacher. Miss Minnie brief illness of the teacher.

Boware of counterfeit fig syn. School has reopened again after a brief illness of the teacher. Miss Minnie Schaller.

School has reopened again after a brief illness of the teacher. Miss Minnie Schaller.

Mr. and Mrs. Velva Lewis of Lyons are spending a few days with the formake no smaller size. Hand back with contempt any other fig syrup.

Mr. and Mrs. Wan. Peyree of Independence were guests at the A. Parson



It Pays to Buy the Best

Olympic Flour

Makes Whitest Sweetest Healthiest Bread



Makes Health Happiness and Success

Made from carefully selected Northwestern Wheat, thoroughly cleaned and scoured by the most modern methods known. All the nutritious qualities of the Wheat are retained and it reaches you clean, pure and wholesome.

The Portland Flouring Mills Co.



Call your nearest dealer for information AT ONCE. Then take the earliest opportunity of conveying to said dealer the idea that you wish to acquire one of these

This Man Talks Like It Was

Hood River, Or., Route, Mar. 4. anghan Motor Works, Portland, Oregon.

Dear Sirs:-Am having fine success with the little old bug. Average ten ricks to gallon of gas; also cut 300 ricks at 4 1-8c cost per rick. Going some for an old rig. Respectfully yours, J. J. SHUNEMACHER

LABOR SAVERS

A Gasoline Motor Driven Drag Saw Machine that saws up to 25 cords of wood per day.

NOTE: We also suggest that for good results you should specify a VAUGHAN Drag Saw.

For further details address

VAUGHAN MOTOR WORKS, Inc.,

* Main Street.

Portland, Oregon.

government that I received since leav- home Wednesday.

"My regiment together with the 38th and 5ch and 6th marine corps have been cited to wear the French Cross of War (croix de guerre) which is quite an honor.

"I am beginning to pick up weight and feel more like myself due to the rest we are getting. My foot bothers we hat I think it will be all right again.

The Red Cross auxiliary was to have

Yesterday I found a place where Amer-jean waffles could be bought and just influenza epidemic, was indefinitely to prove to myself that my stomach

was O. K. I ate five large ones.
"No letters have reached me from ome since I left the U.S. It is probably all waiting me at my company, although I have written for it. Things would have been much easier if a letter had drooped in at times, but I know it. was not your fault."

RICKEY NEWS.

(Capital Journal Special Service)
Rickey, Jan. 10.—Mr. and Mrs. E. A.
Lewis and son, Robert, motored to
Crooked Finger Sunday.
Mr. and Mrs. J. H. Gray and family
and Lue Magee all of Scotts Mills were
guests of Mr. and Mrs. Magee Sunday.

Miss Hazel Harris and Mrs. Harry Martin spent Sunday afternoon with Mrs. John Tekenburg. Mr. and Mrs. W. D. Hamer were din

pendence were guests at the A. Parson

ing New York and while it only! The D. A. Harris home was the seene "I drew the first money from the amounts to about \$7 in our money, it of a dinner party Tuesday evening. looked like a million to me. I still have Covers were laid for six. Beside host seven months pay due me and will feel and hostess, Mr. Harris and Miss Hazel like a J. P. Morgan when I draw it all. those present were Mr. and Mrs. John "My regiment together with the 38th Tekenburg and Mr. and Mrs. Harry

me but I think it will be all right again

The Red Cross auxiliary was to have meet at the home of Mrs. Tony De

Killian were school visitors Tuesday. The small son of Mr. and Mrs. Joe.

FEEL MISERABLE FROM THAT COLD?

Colds and coughs are quickly relieved by Dr. King's New Discovery

'Nobody should feel "perfectly mis-erable" from a cold, cough or bronchia! attack for very long. For it takes only a little while to relieve 't and get back on the road to recovery when Dr.
King's New Discovery is faithfully
used. It soon loosens the palegm, relieves irritation, soothes the parched,
sore throat, brings comfort.

Half a century old and more popular
today than ever. 60c and \$1.20.

Make Your Bowels Behave Make them function with gratifying precision. If regulation of the diet does not relieve their torpidity Dr. King's New Life Pills will. They are perfect bowel trainers, cleanse the system surely, comfortably, 25c.



Before the War Crown Flour

Was established as a product of the highest quality and recognized by every housewife as the best flour obtainable.

During the War **CrownFlour**

Helped the Housewife to Make better Victory brend.

Now After the War

When wheat restrictions are removed and you can again enjoy fresh, nourishing, home made bread you dont' need to be told that you get better results from

Crown Flour

You've learned from experience how much its use improves the quality of your bread, giving increased volume, and preserving that ideal texture and imparting that delicious flavor and odor. @

The Sign Of Good Quality



WHY I SHOULD USE GOLDEN ROD CERIALS

Because they are excellent in quality-of reasonable priceand the product of a home in-

Olson died Saturday after a month's war three years ago he left a deed e his farm to his wife-with the provise

Orven Fryslie was host to a group of friends at a skating party Wednes day evening.
Mrs. A. Parson has been having den-

tai work done this week.

Fred Rickman was a Salem visitor.

Word received from Irvine Caplingostponed.

The Misses Amelia Lanke and Irene illian were school visitors Tuesday.

The small control of the foundation of the position of husband in the bousehold. Also she had registed they are having both skating and tered the transfer of the foundation of the f

seighing.

Mrs. G. Edwards visited with Mrs.

T. DeSantis Wednesday.

The Lauritson family who are reeovering from the influenza are very
grateful to their many friends for their

kindness. Among those coming to their assistance were Mr. and Mrs. J. Capinger and Mr. and Mrs. E. Whitney. Dr. and Mrs. Morefield claim as their mests the former's brother and family, Mr. and Mrs. Thomas Morefield, of St. Anthony, Idaho, who are on their way to California.

A letter received by Mrs. Whitney from Mrs. Harry Payne, formerly of this community but now of Idaho Falls, Idaho, states that it is 13 below zero

there.

Mr. Tulajah received word of the marriage Dec. 5 of his son, who is with the American army in France, to a ptite French lassic. They expect to sail for the states shortly.

Mrs. J. Caplinger received the sad news of the death from the flu of a cousin, from Montana.

Man Didn't Care To Be Second Enoch Arden

Vancouver, B. C., Jan. 10.-When Frederick J. Billington went away to

GOLDEN ROD MILL-ING CO.

Cereal Millers and Poultry Food Manufacturers.
PORTLAND, — — OREGON *****************

that the deed was to be executed only

in the event of his being killed in bat-

tle. A few weeks ago Billington, bad-

or, president of the retailers' associ-

Horlick's

A Nutritious Diet for All Ages. Quick Lunch; Home or Office, OTHERS are IMITATIONS

Milk

For Infants & Invalids

Malter Milk

Portland Organizes Forces To Fight Against Influenza of combatting the disease.

and school district officials are organ- nurses. izing their forces today for a joint ly scarred by Hun bullets, returned. He found that his wife had promoted the fight against the alarming spread of

Compared to Wednesday's 327 new cases, a decrease was noted yesterday, self and she is now the owner. Bil- when 218 sufferers were reported, but lington entered suit for divorce. But the deaths jumped from 11 to 17. The when he tried to recapture his farm he total of deaths since October 13 is 918. glement in the shape of an English decision which holds that a husband cannot sue his wife in a case and a can not sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case and a cannot sue his wife in a case a cannot sue his wife in a cannot sue his wife in a case a cannot sue his wife in a cannot sue his wife in a case a cannot sue his wife in a ca The court reluctantly confirmed the eral of the fight which will be waged wife in the ownership of the farm. against the epidemic. against the epidemic.

The city will be divided into districts

with school principals as deputy health Because of the big demand for shoes, the price is not likely to drop tor a ong while, according to John F. O'Con-

lical associations will meet in joint session this afternoon to consider means

An appeal was sent today to the Unit Portland, Or., Jan. 10 .- County, city ed States surgeon general for fifty

There are 269 cases of influenza at

THAT ANNOYING, PERSISTENT COUGH ECKMAN'S ALTERATIVE This toole and times-repairer supplies the acknowledged benefits of Calcium treatment without disturbing the stomach. Contains so Alcohol, Narcotio or Habit-Ferming Drug. \$2 size, new \$1.50. \$1 size, new \$60.
Price includes war tax, All druggista
Eckman Laboratory, Philadelphia

Carter's Little Liver Pills

You Cannot be Constipated and Happy

A Remedy That Makes Life Worth Living

CARTER'S IRON PILLS