

Afraid To Tell Mother!

The child won't play or smile. He is real sick. His tongue is white, breath feverish, stomach sour. He fears he is in for a dose of awful castor oil, calomel or pills. How he hates them. He would rather remain sick.

If his mother would only learn the value of candy "Cascarets." How children love this candy cathartic—how surely it acts on liver and bowels.



TO MOTHERS! Each 10 cent box of Cascarets contains full directions for dose for children aged one year old and upwards. Nothing else "works" the nasty bile, sour fermentations and constipation poison from the tender little bowels so gently, yet so thoroughly. Even cross, feverish, bilious children gladly take Cascarets without being coaxed. Cascarets taste just like candy. Cascarets never gripe, never sicken, never injure, but above all, they never disappoint the worried mother.

WORLD'S CITY WOULD

(Continued from page one)

Itself if only we continue to develop these international organizations and interests.

Moreover, such an administrative centre would bring together all international organizations which, though vivified by similar intentions, cannot, because they lack a central meeting place, accomplish their task with the desired amplitude.

There can be no doubt but that in the past international associations, extensive travel and expeditions where national and private activities, resources and gains have been freely displayed have tended to promote a better understanding and thus have promoted friendship and peace. International exhibitions have come to be recognized by all the civilized nations of the world. Thus narrow suspicions and secret aggressive diplomacy may gradually give place to public confidence and public discussion.

The establishment of a World Administrative Centre for the League of Nations will be the natural culmination of such a movement and will lead to the more complete development of internationalism.

When some international force is established which will prove to the world that order and security for all the rights of all nations can be maintained without armed strife, people will be no longer willing to bear the heavy burdens for the support of vast military establishments, and reduced armaments will follow as a natural result.

For generations men have been accustomed to think in terms of national sovereignty. They have found in national life the ultimate end of human endeavor. Before the eighteenth century world unity was a poetic dream to be indulged in by a few unpractical and somewhat unpopular philosophers. Cosmopolitanism, as the creed of a man without a country, was despised. The old cosmopolitan, noble minded as they were, lacked true constructive force because they were not tolerant of conditions as they found them.

President Wilson has made world unity real and a League of Nations must work together in the future. There is a growing consciousness of this fact in the minds of public spirited men. Our economic structure is being centralized. World's markets for money and produce have been established. The press and the theatre are producing psychological unity. The great inventions in the field of transport and communication actually have girdled us into a physical unity.

With part of the field covered by

private, unofficial associations, other parts by sporadic, official congresses, the need for a permanent world administrative centre, officially recognized is plain. The creation of such a central institution will enable these numerous associations and congresses to aid each other to support and coordinate their efforts and to gain better fulfillment of their tasks than is possible today when their headquarters are scattered throughout the world.

In the world administrative centre for the League of Nations a universal library can be established larger and better than any now in existence. Copies of all official and private publications can be deposited there and made available for all students. A single building would house and a single staff selected from among the world's best librarians, would man a single library.

A world administrative centre for a League of Nations with its constantly changing and ever up to date international exhibitions, its vast libraries, museums, galleries, universities, reception halls, auditoriums and places of amusement will afford an ideal meeting place for these organizations and will secure better and more interested attendance.

The world administrative center, once located and erected, will become the natural destination of tourists and the common meeting ground for all the peoples of the world. The world administrative center thus would make it easier for one to acquire knowledge of international conditions and affairs so essential to the development of broader sympathies and a wider outlook.

Thus, through bringing together the headquarters of the societies and organizations now established or later to be established, the world administrative center will come to be the recognized source for all statistical information lying within the scope of the activities of such societies.

How to cope with the ravages of farm insects as well as in meeting other agricultural problems, the most through cooperation between the different countries is needed and a world administrative center would surely take the question up in detail and be of unlimited benefit to all.

Among its many features the world administrative center is to contain a series of governmental buildings which will extend along the Avenue of the Nations, and each one of which will be erected and maintained by one of the leading nations of the world. These buildings will consist of exhibition halls in which each nation and its citizens can make known to the world at large the latest developments in art, science, agriculture, mining, manufacturing, transport, trade and commerce. It is

SOCIETY

By CAROL S. DIBBLE

Mrs. J. H. Schulderman and children left for Portland today, where they will join Mr. Schulderman, who, for the past week, has been at the bedside of his father, P. H. Schulderman, who passed away yesterday after an illness of three weeks.

Mr. Schulderman was a well known pioneer of Oregon, and prominently connected with many activities in the development of Portland and Oregon. The funeral will be held tomorrow.

Mr. and Mrs. P. C. Patterson (Georgia Gilmer) of Spokane are being entertained in Salem for a few days as the guests of Mr. Patterson's brother and wife, Mr. and Mrs. Isaac Lee Patterson, at their country home, near Eola. The visitors are enroute home from San Francisco, after a visit in the California metropolis.

Mr. and Mrs. T. A. Livesley returned from Portland today, having gone down yesterday.

Mr. and Mrs. W. L. McDougal are enjoying a short stay in Portland.

Mr. and Mrs. J. L. Van Doren have returned from an enjoyable two months sojourn in the east, having visited for the greater part of the time with Mrs. Van Doren's parents in Minneapolis. Until the completion of their attractive new residence in South Salem, the Van Dorens will make their home at the Marion hotel.

Colonel and Mrs. John Leader of Eugene, well known to a number of Salem friends, have been passing the holiday season in Portland as the guests of Mr. and Mrs. George L. Gerlinger. Among several delightful social courtesies in their honor was a charming luncheon given at the Waverly club, for which Mrs. Louis Gerlinger, Jr., was hostess, covers being laid for 12 close friends of the visitors.

Not all persons, of course, can visit the world administrative center, any more than all can attend a world's fair. It is proposed however, that as a part of its general educational work, the world center will serve as a distributing agency for traveling exhibits of art, industry and education.

The traveling exhibits of agricultural colleges, of the forestry and fisheries service, of the leading American railroads, all of which are designed to improve conditions in the extractive industries of the United States, have met with general enthusiasm among the public and have done much to improve conditions in the industries thus represented. But the perfection of the world enterprise is a world problem, and should be undertaken on an international basis, under the auspices of such a permanent international organization as the world administrative center.

Ensign Laurence Hofer, who recently arrived in New York from overseas service, has been assigned to duty on a receiving ship at New York, according to late word received by his parents, Mr. and Mrs. E. Hofer. Ensign Hofer got his commission just before the division he was with sailed for Cuba. His promotion into another branch of service naturally precluded his going.

Mrs. Melvin Plimpton is passing a few days in Portland.

Mrs. John J. Roberts has gone to Portland to spend a few days.

Mrs. F. A. Legg and daughter, Miss Margaret Legg, have returned from a holiday visit spent in Portland.

F. W. Bell of Rickreall was a Salem visitor yesterday, being the guest of his sister, Mrs. B. E. Carrier.

Little Cynthia Delano, the small daughter of Mr. and Mrs. Fred Delano, is quite ill with influenza at the home of her parents, Mr. and Mrs. G. Delano, 1530 State street.

Miss Marie Steeves and Miss Faye Perringer went to Portland yesterday for a short stay. Miss Perringer will visit friends in Vancouver, Wash., while Miss Steeves will be entertained as the guest of Miss Grace Young at the Rosalyn apartments.

Mrs. Francis Hubbard went to Portland yesterday to spend a few days.

Mrs. F. L. Brown has returned from Brownsville where she went to attend the funeral of a niece.

Mrs. Charles H. Castner of Hood River, president of the State Federation of Women's clubs, arrived in Portland yesterday afternoon to confer with the club women of Oregon and the state committees. The meeting of the state executive board will be held next Wednesday, January 15, in Portland. Mrs. Castner will be in Portland several weeks, making her headquarters at the Cornelia hotel.

Yesterday afternoon she was the principal speaker at a meeting of the Portland Grade Teachers association, when she spoke on the different bills of interest to women voters of the state, which will be presented at the 1919 legislature which meets in Salem next week. She said in part:

"We women voters are now fortified

What is needed is some central agency where the experience of all the nations of the world can be brought together, compared and tested with a view to the introduction of the adaptable features in other countries.

A practical country like the United States has well nigh paid its debt to Europe with the labor saving devices which its citizens have invented. Europe has sent to the United States 25, 000,000 emigrants in the last 75 years, but there were in 1907 enough American harvesters in the fields of Europe to do the work of 11,000,000 men.

World exhibitions give the good article its due and make the best and cheapest prevail throughout the world. Our axes, spades, scythes, locomotives, steamships are better today than they were years ago in large part because of competition and comparison at exhibitions. Without exhibitions, old prejudices could not so quickly be conquered by new goods.

Among the many features of the scheme proposed is the creation and maintenance of an international bureau of trade and transport which would be equipped with the facilities for studying conditions of trade and commerce over the entire world and for furnishing the information thus gathered to all persons interested.

One international panic prevented or one period of general depression shortened world trade connections. It is the total cost of erecting the world administrative center for the League of Nations. The opportunity offered to perform this possible service should lead all business men, all producers and all consumers to favor the establishment of the world administrative center and to contribute their taxes liberally for its support.

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PARENTS, READ THIS

How a Father Has Learned to Save Shoe Bills.

"My son is very hard on shoes, so keeping him properly shod has been quite an expense to me," writes Mr. J. Allison Allen, of Amity, Arkansas.

"But since I started to buy Neolin-soled shoes for him I have found that it costs only about a third as much to keep him in shoes."

This is because Neolin Soles are so tough and durable that they wear a very long time. Shoe bills are kept down because you don't need so many pairs.

You can get Neolin-soled shoes at almost any good shoe store. They come in all styles and for all members of the family. Neolin Soles are also available everywhere for re-soles. They are produced by a scientific process to be what soles ought to be: comfortable, waterproof and long-wearing. They are made by The Goodyear Tire & Rubber Company, Akron, Ohio, who also make Wingfoot Heels, guaranteed to outwear any other heels.

Neolin Soles

by the legislative council, which represents the Women's Christian Temperance Union, the Consumers' League the Mother's Congress and the State Federation of Women's clubs. To this body all bills presented by the women to the legislature are first received and indorsed and thus we are able to back up our measures in a manner that practically insures their success."

Tells How to Stop a Bad Cough

Surprising results from this famous old home-made syrup. Easily prepared and costs little.

If you have a severe cough or chest cold accompanied with soreness, throat ticks, hoarseness, or difficult breathing, or if your child wakes up during the night with croup and you want quick help, try this reliable old home-made cough remedy. Any druggist can supply you with 2 1/2 ounces of Pinex. Pour this into a pint bottle and fill the bottle with plain granulated sugar syrup. Or you can use clarified molasses, honey, or corn syrup, instead of sugar syrup, if desired. This recipe makes a pint of really remarkable cough remedy. It tastes good, and in spite of its low cost, it can be depended upon to give quick and lasting relief.

You can feel this take hold of a cough in a way that means business. It loosens and raises the phlegm, stops throat ticks and soothes and heals the irritated membranes that line the throat and bronchial tubes with such promptness, ease and certainty that it is really astonishing.

Pinex is a special and highly concentrated compound of genuine Norway pine extract, and is probably the best known means of overcoming severe coughs, throat and chest colds.

There are many worthless imitations of this mixture. To avoid disappointment, ask for "2 1/2 ounces of Pinex" with full directions and don't accept anything else. Guaranteed to give absolute satisfaction or money promptly refunded. The Pinex Co., St. Wayne, Ind.

Colds Cause Grip and Influenza
LAXATIVE BROMO QUININE TABLETS remove the cause. There is only one "Bromo Quinine." E. W. GROVES Signature on the box. 30c.

ARE YOU AT HOME WITH THE "FLU"



REMEMBER We deliver orders for Groceries in amounts of \$1 and upwards, C. O. D. Just phone us what you need and we will give prompt service and first quality goods at the following prices:

Hard wheat flour, best quality	\$2.90
Valley flour	\$2.75
10 pounds sugar	\$1.00
10 pounds rolled oats	65c
10 pounds pan cake flour	65c
Puritan salad oil, one gallon	\$1.98
Karo Syrup, one gallon	95c
Crisco, 6 pounds	\$1.90
Compound, 5 pound can	\$1.20
Raisins, 16-ounce package	14c
50-ounce K. C. Baking powder	45c
2 pounds Cocoa, in bulk	45c
Best Almonds, per pound	25c

Best quality coffee far below the present wholesale price.

Big sacrifice in yard goods both wool and cotton

VEGETABLES.

Best selected onions, pound 2c; sack	\$1.75
Best Irish potatoes, pound 2c; sack	\$1.75
Sweet Potatoes, per pound	5 1-2c

Farmers' Cash Store

151 High Street Phone 453
All orders of \$1.00 and over delivered free of charge

FAIRFIELD NEWS NOTES

(Capital Journal Special Service.)
Fairfield, Or., Jan. 9.—Mr. and Mrs. Howard Biven entertained last week Mrs. Biven's mother, Mrs. Smith, of Homeville, Miss Bivens of Salem and a cousin, Frank Marshall, of McMinnville.

S. F. Parker is quite ill with a cold. The skating is not quite such a novelty this week as last, the cold weather hangs on too long for Oregonians.

W. M. Michotay made a business trip to Portland this week.

Albert Dickenson, Arthur Brook and Mrs. Harry Brook were over Sunday visitors at Tom Dittman's.

Fairfield school reopened Monday will all enrolled present, this school has not been closed at all on account of illness.

had been critically ill for some time. The funeral was held Sunday afternoon. Prof. and Mrs. Hoag left for Dallas Friday morning and returned on Monday evening, thus necessitating the close of school for those two days. They were accompanied on their return by the elder Mrs. Hoag who will make her home with them for a while. The community unites in sympathy with them in their bereavement.

Elizabeth Enaley and brotner, Efford, spent the week end in Salem.

Chester Russell is having his house reshingled.

S. H. Russell is hauling gravel on the prairie road this week. He spent Saturday hauling hay from Jefferson.

The Harry Colgan family are suffering from severe colds, but the doctor says it is the "flu."

Mr. and Mrs. Everett Glover, and little daughter have returned to their home in Dallas.

Miss Nellie Lee of Portland has returned to Merion and expects to make her home with her mother here.

Mrs. H. E. Russell and son, Wilbur, were Salem visitors last week.

Mr. and Mrs. L. C. Russell were in Portland Monday and Tuesday of this week.

Mr. and Mrs. A. Bronner, and family moved here from Butteville last week, occupying the Kephart house. Mr. Bronner is employed at the Fast saw-mill.

E. E. Bengs sold five head of cattle to the Turner met market last week.

The people of Marion and vicinity are enjoying a change of scenery the past few days. Very seldom indeed does mother nature adorn herself in so beautiful a robe. Everything, even every pine and fir needle, is covered with hoar frost, some places the spines of frost extend almost an inch, thus making telephone wires, etc., look like magnificent white ropes. The only objection to all this is the temperature.

Kenneth Zell of Salem is visiting at the E. E. Bengs home.

Mr. and Mrs. B. G. Bronner enjoyed a short visit last week with Miss Adelaide Abel of Bakersfield, Cal. Miss Abel was en route to Tucoma, Wash., and stopped off here for 24 hours.

Mrs. Audrey Parker of Springfield, Ore., spent the week end with her parents, Mr. and Mrs. L. Castelman.

Miss Hazel Colgan is very ill. The doctor pronounced it liver and kidney trouble.

CONSIDER THE WOMAN'S CASE

Mrs. A. L. DeVine of Los Angeles, Cal., says: "After I had suffered from a female trouble for years, not being able to do my housework, or get any relief from doctors, Lydia E. Pinkham's Vegetable Compound made me a well woman, and I want to tell the world the good this medicine does." This woman is perfectly justified, and should be commended for telling others how she regained her health.

LUDEIDORFF ENROUTE

(Continued from page one)

where bolsheviks have seized the newspaper Tasepost.

In Brunswick a general strike has been proclaimed. Ten thousand persons paraded the streets, pillaging shops and occupying newspaper offices.

Sailors Rush to Berlin.
London, Jan. 9.—Sailors from Kiel are rushing to Berlin to aid the government, it is reported in an Agency dispatch from Amsterdam today.

The dispatch said the republican cabinet in Darmstadt had resolved to support Chancellor Ebert.

MARION NEWS.

(Capital Journal Special Service.)
Marion, Or., Jan. 9.—Prof. D. A. Hoag received a message last Thursday evening telling of the death of his father at Dallas that day. The sad news was not wholly unexpected as the father

had been critically ill for some time. The funeral was held Sunday afternoon. Prof. and Mrs. Hoag left for Dallas Friday morning and returned on Monday evening, thus necessitating the close of school for those two days. They were accompanied on their return by the elder Mrs. Hoag who will make her home with them for a while. The community unites in sympathy with them in their bereavement.

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JOURNAL WANT ADS PAY

The Mathematics of Health

includes the addition of a few spoonfuls of Grape-Nuts to the menu daily.

The sum total is an abundance of the vital phosphates and the goodness of our most rugged grains.

Grape-Nuts

is a delicious, economical and healthful food.

Requires no Sugar
No Waste

SNOW FLAKES

Fresh-Crisp-Satisfying

This is exactly what you'll say when you taste your first Snow Flake Soda.

That's what everybody says about them and that's why they are continuing to be so immensely popular. Don't ask for crackers—say Snow Flakes.

Your grocer can supply you.



Pacific Coast Biscuit Co.