

THIN, NERVOUS PEOPLE NEED BITRO-PHOSPHATE

Guaranteed to Put on Firm, Healthy
Flesh and to Increase Strength,
Vigor and Nerve Force

Weak, thin people—men or women—are nearly always nervous wrecks; thus conclusively proving that thinness, weakness, debility and nervousness are almost invariably due to nerve starvation. Feed your nerve, and all these symptoms due to nerve starvation will disappear.

Eminent specialists state that the best nerve food is an organic phosphate known among druggists as Bitro-Phosphate, a five grain tablet of which should be taken with each meal. Being a genuine nerve builder and not a stimulant or habit forming drug, Bitro-Phosphate can be safely taken by the weakest and most delicate sufferer, and the results following its use are often simply astonishing.

Weak, tired people regain strength and vigor; thinness and angularity give way to plumpness and curves; sleep returns to the sleepless; confidence and cheerfulness replace debility and gloom; dull eyes become bright, and pale, sunken cheeks regain the pink glow of health. Bitro-Phosphate, the use of which is inexpensive, also wonderfully promotes the assimilation of food, so much so that many people report marked gains of weight in a few weeks.

CAUTION—Although bitro phosphate is unsurpassed for relieving nervousness, sleeplessness and general weakness, it should not, owing to its remarkable flesh growing properties, be used by anyone who does not desire to put on flesh.

SOCIETY

By CAROL S. DIERKE

The Christmas program given at the First Methodist church last night, culminated in a delightful fashion for the members of the Salem Symphony orchestra, who assisted when, at the conclusion of the concert, they were bidden by Professor and Mrs. John R. Sites for an hour or two of additional music at the Sites residence on Center street.

The Salem Symphony orchestra has been organized but a short time under the able direction of Professor Sites, and is already giving brilliant promise of filling a long and much desired musical need in the art life of the Capital city. They were afforded keen pleasure last evening in hearing the two songs, "Barber of Seville" and the "Fugue Song from Carmen" which were sung by Professor Sites, Mrs. Alfred Schram accompanied most sympathetically, giving in addition several pleasing piano solos.

The rooms were brilliantly decorated with Yuletide greens, a handsome bowl of glowing poinsettias caught with crimson ribbon being noted in one corner of the living room. An array of small red and green lights illumined the arch between the dining and drawing rooms, which was further elaborated with a festive arrangement of the Christmas holly. A buffet supper was served later, a centerpiece of choice blooms gracing the table in the dining room.

Professor and Mrs. Sites possess a rare collection of oil paintings, which

it was the privilege of the guests last night to view in detail. Though newcomers in Salem, the hosts are proving a welcome addition to the musical and social circles of the city.

The members of the Symphony orchestra who participated in the enjoyment of the evening were: Mr. and Mrs. Miller Boyer, Mr. and Mrs. C. C. Ross, Mr. and Mrs. Henry Lee, Mr. and Mrs. Ludwig Nickelson, Prof. and Mrs. Thos. E. Roberts, Mr. and Mrs. H. S. Swart, Mrs. Alfred Schram, George Brown, Avery Hicks, Richard Byley, Miss Marion Emmons, Miss Margaret Wible, Miss Viola Ash, Miss Martha Swart, Miss Renska Swart.

Mrs. C. H. Castner, president of the State Federation of Women's clubs, has issued a Christmas message to all club women of the state, urging a fitting observance of the holiday season and asking that the women observe the old custom of placing a lighted candle in their windows on Christmas eve as a token of good cheer. The letter received by Mrs. John H. Albert, president of the Salem Woman's club, which was read before the club members at the meeting Saturday, follows:

My Dear Club Workers, Greetings: The Thanksgiving period has passed, and club women, together with every other American, have had great cause for giving thanks. The Christmas time is at hand; may we all make this season one of gladness and good cheer. Let the club women of this state follow the time honored custom of the past and each place in the window of her home on Christmas eve the lighted candle as a token of good cheer to all who shall pass by. My greetings to each individual club member, and a wish for the best that the Christmas season can bring to each one.

(Mrs. C. H.) Theresa M. Castner, President.

Mrs. Constance Wheldon Callahan of Portland is being entertained in Salem as the guest of Mrs. T. S. Roberts at the Roberts residence, 270 South Fourteenth street. Mrs. Callahan has recently given up her work at the Portland Y. W. C. A., where she and charge of the employment department. She was succeeded by Miss Helen Pearce of Salem.

After a short period of rest at her home in Portland, Mrs. Callahan will complete definite plans for further work of a different nature and will join her husband, Corporal C. C. Callahan, who is stationed at Camp Pike, Arkansas, as soon as he is released from service. Mrs. Callahan has been actively associated in the affairs of the Portland Y. W. C. A. for the past six years. She is well known in Salem, having been instructor in the city schools at one time.

Miss Florence Elgin is convalescing after a severe case of influenza at the home of her parents, Mr. and Mrs. Charles Elgin, 674 South Capitol street.

Mrs. Richard Cartwright left yesterday for San Francisco, where she will be the guest of her sister, Mrs. Tillson, through the holiday season. She was accompanied by another sister, Mrs. H. L. Keller, of Portland. Mrs. Cartwright plans to spend a month or more in California.

Dr. and Mrs. E. E. Fisher and Miss Mina Cook were hosts for a most enjoyable evening of music Friday night at the Fisher residence in North Salem. Each guest through some novel device of attire represented a well known song. Miss Cook delighted the company with a pleasing repertoire of songs, which she gave throughout the evening. She was accompanied by Miss Eleanor Hucklestein. Another feature of the musical program, which was especially enjoyed by the assemblage of guests was an instrumental selection played with unusual ability by Arthur Fisher, the young son of Dr. and Mrs. Fisher.

Holiday decorations in the gala Christmas home contributed to the festive atmosphere. The living room was illumined with a glittering Christmas tree, laden with remembrances for the guests in the shape of dolls for the men and tiny rakes and hoes for the feminine contingent. The toys were located by the winding of a ribbon secured to the tree, a diversion affording much merriment. A clay modelling contest furnished considerable amusement for the masculine portion of the party.

A charmingly appointed supper was served later, the guests dining small tables in the dining room which was prettily adorned with smilax. A dainty blue bird motif was carried out in the table decorations. Miss Eleanor Hucklestein assisted in serving.

Those bidden numbered: Dr. and Mrs. Carl Gregg Doney, Dean and Mrs. George H. Alden Professor and Mrs. Florian Von Eschen, Mrs. Julius Garbajet, Mrs. Julia Evans, Mr. and Mrs. Fred O. Cook, Mrs. W. W. Fisher, Mrs. C. A. H. Fisher, Dr. and Mrs. D. X. Beecher, Dr. and Mrs. C. H. Epley.

MRS. J. W. WILLIAMS GAINS 25 POUNDS

Health So Bad Before Taking
Tanalac Don't See Now How
She Lived.

"A little less than two months ago I began taking Tanalac and since that time I have actually gained twenty five pounds," was the remarkable statement made by Mrs. J. W. Williams of 659 Oregon St., Seattle, Wash., recently.

"My health has been very poor for many years," she continued, "but my condition has been so bad during the past two or three years that I really don't see how I lived. I suffered most all the time with fearful headaches and awful pains in my back and, in fact, I was racked with pain all over. I lost my appetite, and my nerves became so shattered that I hardly knew what sleep was. When my husband lost his sight my duties, of course, became doubly hard, and my health being bad already, I kept going down under the strain. I did everything I could to keep out of bed but finally got to where I was just up and down—would sit up one day and be in bed the next—and I even had to give up my housework because I was so weak. Every day was just another day of suffering and misery for me."

"I went down from one hundred and forty pounds to less than a hundred, and was just a frame with scarcely strength to move around. I finally made up my mind from what I read about Tanalac to try it and I have certainly found it wonderful. I now weigh one hundred and twenty five pounds, and if anyone could feel like a new person I do. My appetite is splendid and I am just building up every day. My nerves are in good condition, I have gotten rid of all my pain and now sleep like a child every night. I have gained so much in strength already that I can do all my housework without any trouble and I have been benefited so much that I am glad to recommend Tanalac to everybody."

Tanalac is sold in Stubbard by Stubbard Drug Co., in Mt. Angel by Stubbard, in Gervais by John Kelly, in Turner by H. P. Cornelius, in Woodburn by Lyman H. Shorey, in Salem by Dr. E. C. Stone, in Silverton by Geo. A. Steinhilber, in Gates by Mrs. J. P. McCurdy and in Stayton by C. A. Beauchamp, in Aurora by Aurora Drug Store.

Mr. and Mrs. A. A. Underhill, Mr. and Mrs. J. B. Little, Mrs. Carrie Chapell, Mrs. F. A. Colony, Mrs. F. W. Cook, Mrs. Catherine Upmeyer, Mrs. Carrie Fisher and Miss Willa Hucklestein.

Mrs. H. E. Herron of Seaside is the guest of Mrs. Elva Estes for a few days.

SHIPLEY'S

THE STORE FEATURING PRACTICAL GIFTS

8 Days

UNTIL CHRISTMAS

8 Days

Do your shopping mornings when you possibly can. The afternoons are so rushed that it is impossible to handle all trade—Saturday is always a big day for out-of-town people. We ask our city trade to please do their shopping other days if they can conveniently do so.

This store will keep usual hours during Christmas week. Open Saturday Evening until 8 o'clock; all other evenings the usual hour, 5:45.

YEAR-END CLEAN-UP

Coats

Suits

Dresses

\$16.48 TO \$45.00

\$19.75 TO \$34.75

\$14.75 TO \$44.75

Every garment offered this season's stock. The greatest buying opportunity of the year.

SEE OUR LINE OF CREPE DE CHINE LINGERIE GARMENTS

Pre-Holiday Selling on Novelty Jewelry

GIFT SUGGESTIONS

SILK WAISTS
LINGERIE WAISTS
SILK PETTICOATS

LINGERIE UNDERWEAR
SILK KIMONOS
BATH ROBES

CARTERS UNDERWEAR
SILK HOSIERY
CHILDREN'S HOSIERY

KID GLOVES
WOMEN'S H'DR'TS
HAIR BOW RIBBONS

FABRIC GLOVES
NOVELTY RIBBON
NOVELTY NECKWEAR

DENNISON'S HOLIDAY BOXES
DENNISON'S PAPER NOVELTIES
DENNISON'S XMAS SEALS

TOWELS
LINENS
BEDDING

HOLIDAY STATIONERY
NOVELTY JEWELRY
PARISIAN IVORY

LEATHER PURSES
COLGATE'S PERFUMES
HOWARD'S BRUSHES

TOILET ARTICLES
LEATHER BAGS
SCHOOL SUPPLIES

DOLLS

GREETING CARDS

XMAS BOOKLETS

Feminine Articles Exclusively

If You are in Doubt Buy A Merchandise Order

Quality
Merchandise

U. G. SHIPLEY CO.

Popular
Prices

145-147 N. LIBERTY STREET

DON'T FORGET THE RED CROSS CRISTMAS ROLL CALL. JOIN NOW!



Come! Come! Come!

Join the Merry Christmas
Shoppers at the store of
popular choice



8:30 TO 11:30 A. M. IS THE
VERY BEST TIME

Barnes Cash Store
E. T. BARNES, PROPRIETOR

Here Are Neckwear, Ribbons, Handkerchiefs—Beautiful Tokens of Good-Will and Kind Regards. Attractive Bargains that will make Splendid Gifts May be Found in all Parts of this Great Store.

Silks Woolens Velvets REDUCED

—Entire line of Silk Jersey, 36 inches wide, and Tuscan Silks, 40 inches wide. Excellent quality—nothing better for petticoats—10 shades, reduced from \$2.25 yard to \$1.65.

—Khaki wool serge with the allied colors in stripes and plaids, 58 inches wide; reduced from \$4.75 yd. to \$3.75.

—Our finest Chiffon Velvets, all reduced from \$7.65 yard to \$6.45.

—About 75 pieces of Chiffon Cloth, all colors, plain or figured, former prices ranged from \$1.13 to \$2.50 yard, your choice \$1.00.



MEN'S
NECK-
TIES

There is a quality to suit most people—the richness of colorings and patterns will please most men 25c to \$2.50

BARGAINS Worth Your While

—Broken lines Women's Underwear, union and two-piece, wool and cotton, Less 20 per cent.

—Men's all-wool, O. D. Sweaters, large sizes, reduced from \$7.85 to \$5.95.

—Entire line Men's Knitted Scarfs reduced 20 per cent.

—Children's regular 50c Black Silk Hose, sizes 6 to 8 only—35c.

—Wool Blankets, striped border and plaids.

\$ 8.50 Blankets \$ 6.80
\$10.35 Blankets \$ 8.28
\$13.65 Blankets \$10.92
\$16.45 Blankets \$13.16
\$19.50 Blankets \$15.60

Buy War Savings Stamps

PURSES

A sparkling new line of Genuine Leather Strap Purses and Hand Bags.....\$1 to \$6.95

HANDKERCHIEFS

Splendid quality pure linen, hemstitched handkerchiefs at 25c to 35c

An unusually wide range of colored and fancy worked handkerchiefs 5c to 25c



WOMEN'S NECKWEAR

New arrivals in collars—so new they blink at the light! The lot consists of Roll Collars, "Jaws Collar", pleated and flat styles made of such materials as Pique, Organdy, Victory Faille, Georgette, Crepe, Crepe de Chine, Fillet, Net and Wash Satin. Some are beautifully finished with Venice, Val and Fillet trimmings. Then there are Cuff and Collar Sets and a very pretty line of Chemises, all at

POPULAR PRICES

Fancy Xmas Ribbons

Bolts and bolts of lovely Ribbons, all different in pattern but all with a decidedly Christmas flavor. Their colorings are as modest as their narrowness and as gorgeous as their breadth. For fancy work, hair-bows, sashes, bows and wreaths, bows and ly priced.



Mrs. W. C. Kantner spent yesterday in Salem with Dr. Kantner of the Congregational church.

Mr. and Mrs. J. M. McCune and son, Jimmy, Jr., and daughter, Sally, of Portland motored down to Salem yesterday to pass a few days in the city as the guests of Miss Alta Jones at her home on North Commercial street. Mrs. McCune resides at Willamette Heights.

Mrs. William Burghardt, Jr., is spending the day in Portland.

To Cure a Cold in One Day Take LAXATIVE BROMO QUININE (Tablets). It stops the Cough and Headache and works off the Cold. E. W. GROVE'S signature on each box, 30c.

Deficiencies Mount High In Extravagant Bills

The emergency board has created a deficiency appropriation for the next legislature to take care of deficiencies amounting to \$52,385, according to figures compiled by Secretary Oleott. The deficiencies allowed are as follows:

Executive department, in connection with state council of defense, \$5000.
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Executive department, in connection with state council of defense on recommendation of Oregon state social hygiene society, \$10,000.

Public service commission, for maintenance of train inspection department, \$5000.

Executive department in employment of special agents for apprehension and convictions of criminals, \$2500.

Maintenance of military department, (military police), \$250,000.

State board of health, \$15,000.

Maintenance of Oregon state penitentiary, \$35,000.

State line board, \$5000.

Maintenance of Oregon state hospital, \$100,000.

Maintenance of industrial school for girls, \$3000.

Maintenance state tuberculosis hospital, \$9000.

Maintenance state training school, \$14,000.

Maintenance pumping plant at penitentiary, \$750.

General maintenance penitentiary, (authorized on October 9, 1915), \$35,000.

Board of inspectors of child labor, \$1000.

Secretary of state as custodian of capital buildings and grounds, \$1700.

Agricultural college, for military operations in connection with students' army training corps, \$37,435.

State line board, \$5000.

Public service commission, for telephone investigation, \$3000.

STUDENT ARMY DISBANDED.

Saturday marked the disbandment of the local students' army training corps unit. The pay for December is expected early this week.

Colonel George S. Young, the present commandant, expects to resume his duties as inspector of Oregon state guard instructors.

Since the organization of the S. A. T. unit, nearly one hundred men have been inducted. Fifteen of these were selected for the officers' training camp.

The men were permitted to buy army blankets, shirts, socks, shoes and barrack bags and will use government cots and blankets until December 21. The university will continue to furnish the

board until the end of the quarter, after which time the men's co-operative boarding club will be inaugurated. Homer Tasker, a Portland man, is president of the newly formed organization, and Oscar Olson, of Woodburn the manager.

The war being over, the Sentinel reminds Couille people that "it's time to begin thinking about those street improvements, here which were deferred on account of the war."

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Rose Real Beauty

Toilet Preparations

supply the very help nature requires. They rectify morbid skin conditions—then from the source of skin health, springs loveliness of natural beauty. Don't confuse Marfello Preparation with ordinary cosmetics. They're different. They correct faults—and foster natural "Rose Real" Beauty.

MRS. IRENE SCOTT
125 N. High St.

**ASK FOR and GET
Horlick's**

The Original
Malted Milk

For Infants and Invalids
OTHERS are IMITATIONS

Carter's Little Liver Pills

You Cannot be
Constipated
and Happy

A Remedy That
Makes Life
Worth Living

Small Pill
Small Dose
Small Price

GENUINE BEARS SIGNATURE

CARTER'S IRON PILLS

A BLENCE of Iron in the
Blood is the reason for
many colorless faces but
will greatly help most pale-faced people