

How Do You Wash Clothes in Summer?

Combine ordinary soap with boiling water, and you'll get your clothes clean. But it's pretty exhausting work on a hot summer's day.

Combine soap with naphtha, as in Fels-Naphtha—and by using cool or lukewarm water, you'll get clothes clean with little effort and no boiling or hard rubbing. There's not the slightest wear on the clothes and you keep cool and comfortable.

At your own grocer's

Red Cross Has Ample Supplies of Knitting Yarn To Keep Workers Busy

That the millions of Red Cross knitters may know the plans of the Red Cross for future knitting, George E. Scott, acting manager of the American Red Cross, today issued the following statement:

"When the War Industries board some time ago advised the Red Cross that future production of knitting yarn would be greatly reduced we immediately commenced to purchase all yarns suitable for our knitting. As a result we have today in stock or on order one million four hundred thousand pounds of yarn for distribution to our chapters.

It is hoped that we may obtain some additional yarn from wool unsuitable for government uses. The expected total however, will be considerably below the ten million pounds used last year. While the total of yarn we can secure is being determined we are studying how to use our supply to produce only garments which are most essential. When a conclusion is reached we will announce our full program of knitting.

"In addition to this stock of yarn the Red Cross has already for distribution 1,000,000 sweaters, 134,000 mufflers, 384,000 wristlets, 228,000 helmets and 1,328,000 pairs of socks. A total of 3,672,000 articles. We are hopeful therefore that these and such additional garments as we shall be able to make will enable us to meet the more urgent requirements of our men during the coming winter. In this connection it will be of interest to the women who have been knitting to know that from September 1st, 1917, to June 30th, 1918, the Red Cross distributed 5,875,000 knitted garments to the army and navy of the United States. During the same period 870,000 knitted articles were sent to the Red Cross commissioners in France and Italy for distribution to soldiers, sailors and civilians.

SOCIETY

By MABEL GARRETT

The Belgian Pete which was postponed from the original date of last Friday, will be given tomorrow afternoon and evening in Willson park by the Belgian Relief commission of Salem. It will open at one o'clock when the children of Salem will gather opposite the city library in their fancy Indian, soldier and other costumes for the children's parade. Some of the tiny girls will be cunningly dressed in little Red Cross uniforms.

Many attractive booths have been arranged where one may buy cooked food, ice cream, bananas, postcards, paper shopping bags and various other articles. And then there will be a chance for everyone to "Swat the Kaiser" in a new and emphatic way. And of course there will be a grab bag and fortune tellers as well as real ponies for the children to ride on. Children are entering into this Belgian Pete in so many ways because all of the money raised is to be sent to help Belgian children.

Mrs. Carl H. Elliott expects to leave the first of September to make her home in Oberlin, Ohio, which is about thirty miles south of Cleveland. She is going there in order that her son may enter Oberlin college, which is located there. They will live there until Rev. Elliott, who is now in France doing Y. M. C. A. work, returns to the United States.

Friday afternoon at the home of Mrs. George Pearce on 267 North Winter street, a reception will be given in honor of Mrs. Elliott by the members of the Presbyterian church.

Mrs. Charles Elgin, 674 South Capitol street, was delightfully surprised recently with a visit from her cousin, Mrs. Everett Liggett, whom she had not seen for nineteen years. Mrs. Liggett, who was accompanied by her daughter, Edna, spent Saturday with Mrs. Elgin. For the last four years Mrs. Liggett has been living in Alanya, but she is now moving to Oregon which was her former home. She went to Portland where she is planning to live.

Mr. and Mrs. Henry Lee motored to Netarts last week for an outing. They will probably remain about two weeks.

Anticipating an outing at the seashore for several weeks, Mr. and Mrs. Carey Martin, 697 South Liberty street motored over to Newport yesterday morning. They will take the cottage which Mr. and Mrs. R. A. Glover and little daughter, Maxine, occupied. The Glovers returned Wednesday after

Men Welcome Mother's Friend

A Duty that Every Man Owe to Those who Perpetrate the Crime.



It is just as important that men should know of proper methods in advance of moth-erhood. Suffering, pain and distress incident to childbirth can be avoided by having at hand a bottle of the time-honored preparation, Mother's Friend. This is a penetrating external application that relieves the tension upon the muscles and enables them to expand without painful strain upon the ligaments and nerves.

Thousands of women for ever half a century who have used Mother's Friend tell how they entirely avoided nervous spells and nausea and preserved a bright, happy disposition that reflects wonderfully upon the character and disposition of the little one soon to open his eyes in bewilderment at the joy of his arrival.

By regular use of Mother's Friend during the period the muscles are made and kept pliable and elastic. They expand easier when baby arrives, and pain and danger at the crisis is naturally less.

You can obtain Mother's Friend at any drug store. It is for external use only, absolutely safe and wonderfully effective. Write to the Bradfield Regulator Co., Lamar Bldg., Atlanta, Ga., for their valuable and instructive "Motherhood Book" of guidance for expectant mothers, and remember to get a bottle of Mother's Friend at the druggist's window. It is the greatest kind of help to nature in the glorious work to be performed.

spending about ten days at the coast. A party of people who have been spending two weeks at the coast are expected to return this afternoon. The group includes Miss Euzane Craig, Mrs. E. E. Meaghen, Mrs. Thomas A. Roberts of Salem and Mrs. Eddie Dillon of New York. Mrs. Dillon will be remembered as Franc Newman before she was married several years ago. She has been living in New York where her husband is a motion picture director. They are expecting to move to Los Angeles. Mrs. Dillon has been visiting friends in Woodburn and Salem. She expects to leave soon for California where she will meet her husband.

Mrs. J. A. Carson, 923 South High street, entertained for the week end, Mrs. J. H. McCollum of Portland. Mrs. McCollum left last night.

Among those who returned from the coast last week were Mr. and Mrs. S. M. Endicott and daughter, Genevieve, of 675 North Church. They spent about ten days at Newport. The young peoples class of Rosedale Sunday school gave a "kids party" Friday evening at the home of Mr. and Mrs. J. D. Alexander. A business meeting was held, and a jolly time was enjoyed. Punch was served and toasts were given.

Those present were Mr. and Mrs. J. D. Alexander, Mrs. Geo. Heckert, the Misses Marjorie Alexander, Beryl Neidham, Dorothy Taylor, Flora Trunbull, Stella Binston, Helen Cammock, Dorothy Cole, Gladys Hildebrand, Grace Chandler, Doris Baker, Ruth Baker, Messrs. Norman Alexander, Vern Chandler, Paul Taylor, Sol Taylor, Lawrence Daily, Cecil Pearson, Ray Hildebrand, William Baker.

LIVES 200 YEARS!

For more than 200 years Haarlem Oil, the famous national remedy of Holland, has been recognized as an infallible relief from all forms of kidney and bladder disorders. Its very age is proof that it must have unusual merit. If you are troubled with pains or aches in the back, feel tired in the morning, headache, indigestion, insomnia, painful or too frequent passage of urine, irritation or stone in the bladder, you will almost certainly find quick relief if GOLD MEDAL Haarlem Oil Capsules. This is the good old remedy that has stood the test for hundred years, prepared in the proper quantity and convenient form to take. It is imported direct from Holland laboratories, and you can get it at any drug store. Your money promptly refunded if it does not relieve you. But be sure to get the genuine GOLD MEDAL brand. In boxes, three sizes.

Margaret Bahnsen Writes From Corvallis

Margaret Bahnsen was one of girls of Marion county who won a prize at the state fair last fall and was given the two weeks summer school training at the Oregon Agricultural college. She writes to J. W. L. Smith, the following letter regarding her experiences. Mr. Smith is one of the rural supervisors for Marion county.

"I met Alice Jaquet at the O. E. depot Monday morning just a little while before 8:35 when we left for O. A. C. It was the first time we ever met but it certainly didn't take us long to get acquainted and we were always together until we came home again.

"At ten o'clock we arrived at Corvallis when Mr. O'Keilly met us at the depot with a Ford and took us to the Delta Alpha sorority house. Then Mrs. Joyce, (our mother for two weeks) showed us our room and said we would all go to assembly as soon as we were ready.

"Two assemblies were held a day in the large agricultural building, one from 10-11, and the other from 1-3 p. m. They were conducted by H. C. Seymour, the state club leader. At these assemblies we heard many noted men and women; some of them being, President K. O. A. C., Captain Tom and Miss Milam, a food demonstrator. Other speakers were the country club leaders of Oregon, who spent one week of the time there with us. They told us about their experience and the new thing, which they learned during their work. Mr. Newbill

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Every Desirable New Worth-While Model is given Representation in This Gathering, which is Unquestionably the Best for Quality, Workmanship and Price, to be found this Season.

MATERIALS ARE—
Broadcloths, Serges, Velours, Cut Velours, Panne Velours, Kerseys, and Mixed Meltons. Priced \$14.75 to \$85.00

YOU WILL APPRECIATE—
These Coats Because they so fully Meet Your Ideals. The Price Scale is Broad and There is a coat here for Any Sum you had in Mind to pay. REMEMBER, TOO, that each coat is an excellent value at its price.

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145-147 N. LIBERTY STREET SALEM, OREGON.

QUALITY Merchandise

POPULAR PRICES

Do Not Get Careless With Your Blood Supply

Impurities Invite Disease.
You should pay particular heed to any indication that your blood supply is becoming sluggish, or that there is a lessening in its strong and vital force. By keeping your blood purified, your system more easily wards off disease that is ever present, waiting to attack wherever there is an open-

ing. A few bottles of S. S. S., the great vegetable blood medicine, will revitalize your blood and give you new strength and a healthy, vigorous vitality. Everyone needs it just now to keep the system in perfect condition. Go to your drug store and get a bottle to-day, and if you need any medical advice, you can obtain it without cost by writing to Medical Director, Swift Specific Co., 25 Swift Laboratory, Atlanta, Ga.

Carter's Little Liver Pills

You Cannot be Constipated and Happy

A Remedy That Makes Life Worth Living

GENUINE BIRD SIGNATURE

ABSENCE of Iron in the Blood is the reason for many colorless faces but CARTER'S IRON PILLS will greatly help most pale-faced people

Just A Glimpse of Autumn--What Madam's Coat Will Be Made Of

First of all, Coats will be made of Real WARMTH GIVING FABRICS—Coatings of increased weight--and those of a pile of velour finish are especially favored.

Women of fashion and those who speak with authority on subjects of this kind are using VELVETS and PLUSHES as their first choice. Can you imagine the beauty of coats made of such material?

COSTUME VELVETS MAKE PRETTY SUITS AND COATEES

As stated before, this fabric has been chosen as the favorite for the lighter weight street wear garments this fall and winter. We have received new numbers of excellent quality in Copenhagen Blue, Myrtle, Brown, Prune and Navy. These are 32 and 36 inches wide, priced yard \$2.75

OUR PLUSHES ARE NOW ON DISPLAY

Rolls and rolls of beautiful Plushes! Plushes that will be a joy to the wearer that makes her choice here.

There is a good assortment of colors, several weights and a good range of prices. All 50 inches wide.

An excellent and most popular quality comes in colors of Brown, Chartreuse Russian Green, Purple, Taupe and Black at, per yard \$4.75

Three exceedingly rich numbers in Black, at per yard \$6.65, \$7.85, \$8.50

Crushed plushes in Black--a very good Coat Fabric that doesn't show wear per yard \$6.00 and \$7.00

Crushed Beaver and Mole--the finest quality Silk Plush, used chiefly for trimmings such as Collars, Cuffs, Belts and Pocket Tabs--full 50 inches wide, priced 50c an inch, per yard \$17.00

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Present Conditions demand the use of corn instead of wheat. And the most delicious form in which corn ever was served is

POST TOASTIES

—crisp, tender, full-bodied corn flakes.

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