



WAS CAPTIVE IN HUN SUBMAINE 15 DAYS

Captain Of Merchant Vessel bood explosions abend quite sear e Telle Story Of His Fy. hough to enuse the submarine first to Tells Story Of His Experiences

leased from German prison camps and or which, according to the Commander, who have reached this country via had sunk in 30 seconds. The next Switzerland is a captain of a merchant day we seemed to have got out of the commander of a submarine after his vessel had been torpedoed, and who spent 15 days in the U-boat. This was the 2d ship in which the British gulls or at empty bottles. captain had been torpedoed. British Sub Near.

The e enptain's story follows: the boats.

¹⁰ As we were in British waters, and it was broad daylight I did not fear that we would not soon reach land, but hardly had we pulled clear of the sinking ship than the U emerged The commander summoned us to his vessel, and ordered me to go on board. After asking for details of my ship and cargo, he told me to consider my and cargo, he told me to consider my the news arrived of the American the news arrived of we. It was easerly self a prisoner, and sent the boats nway. I was at once taken below and the vessel dived."

"From what some English apeaking allowed to go on submarine service in members of the crew told me the submembers of the crew told me the sub-marine had been away from hor base for some days. She was a fairly large craft, of recent numbering, having 3 it Heligoland and I was taken ashore torpedo tubes, 3 in the bows and 1 mift, and earrying 10 torpedoes. She was also armed with a 4-inch gun just forward of the coming tower, I had arrived just in time for the midday meal, stow with stringy meat which was probably horseflesh, small portions of sausage, and black bread. portions of sausage, and black bread. to Brandenburg, a workingmen's camp. This bread as the voyage progressed in which I remained until October 3, became mildewed, and then some bread. It was at this camp that I got news of lighter color which had been kept of the murder of prisoners who were in an hermstically scaled receptable was sirved out, but was even more unialatable than the black bread. The denburg I was put in a large but quite there multi-scale break b other meals were breakfast and sup alone per at which coffee, made of burnt barley and acoras, wha served.

tremble and then roll about as though in a heavy sea. "Late the following night there was

London, July L-(By Mail.)-A considerable rejoicing in the submar-mong those who recently have been re-

"My ship was torpedeed without had reached the extreme outward point warning. The force of the explosion of her vayage, and on our return trip was so great that the bridge was three Notwegian ships were stopped wreeked, and when I recovered from for fresh food. Just after this there the shock I found the ship was sink-ing. None of the erew was injured, and we were all able to get away in the boats. e boats. her, and they seemed in great fear "As we were in British waters, and lest she should attack. Again we re-

Elliott, Elgin, Okta "By this time the vessel evidently Haston, Joliet, Ill. B. Dunn, Paris, Tenn.

Newberry, New York Privates-Beam, Hazleton, Pa. Kade, Parsons, Pa. M. McFarland, Marietta, Pa. O. McGilloway, Plains, Pa. Marks, Armor. W. Va. Miller, Canastota, N. Y. M. Nelson, Chicago P. Settles, Stumptown, W. Va. W. G. Shaver, Cedatville, W. Va. S. Siewienick, South Bend, Ild. P. Smith, Midland, Mich. Tamulevich, Worcester, Mass. Trieberg, Astoria, N. Y. Usner, New Holland, Pa. Vassar, University City, Mo. Vodraska, Black Wolf, Kan. M. Walker, Campello, Mass. Weinstein, Fall River, aMss. B. Williams, Wentzville, Mo. A. Williams, Statesville, N. C., H. Wingert, Chambersburg, Pa. H. Wright, Watertown, N. Y. Yannuzzi, Philadelphia Yasuleyich, Lycns, Pa. Dunn, Amity, Ark.

American casualties

fallows:

0.00.00

Lieutenants-

rgeants-

Zewark, Rumford Falls, Me. A. Kurl, Brooklyn, N. Y. R. Moore, Brooklyn, N. Y. Skibinski, Zeigler, III. Walton, Gilmore county, W. V H. Warner, Tiffin, Ohio' Washington, Charleston, S. C. W. Va.

Roll of Hovor" "From Over There" General Pershing's Official Report Washington, Aug 9 .-- Six Hets of H. C. Hoyle, Philadelphia from the west Murphy, Potisville, Pafront fighting today totaled 520 names of which 468 were from the army and R. F. Shortati, Philadellapia Mechanics R. Shawis, Somerset, Pa. 52 from the marines. The army cascalties were divided as P. E. Sta annan, Sumerset, Pa. Cook H. L. Stevanas, Meyersdale, Pa Corporali-L. N. Bailey, Newbury, Pa. Robert Barr, Philadelphia Killed in action 90; died of wounds by died of disease 2; died of accident 1; wounded severely 20; wounded slightly 2; wounded degree andetermin P. R. Disbig. Philadelphia H. Lewis, Philadelphia W. Linker, Philadelhpia missing in action 303. (This is the biggest record of miss-ng thus far reported.) The marine list was divided as fol-McAffrey, Philadelphia Miller, Honesdale, Pa. Mohn, Lancester, Pa. Walker, Philadelphia Killed in action 4; died of wounds is wounded severely 13; wounded, de-tree undetermined 30. Waterman, Seranton, Pa. C. Voigtsberger, Philadelphia R. Leekemby, Meyersdale, Pa. Melntrye, Linden Heights, Ohio The army list follows: Kill:d in Action Bagler Andrew Susanek, Lamott, Pa. Mechanic J. S. Draat, Somerset, Pa. Captain R. M. Graham, Mineola, Mo. Cooks Frank Layding, Berlin, Pa. C. Lingardo, O.d. Forge, Pa. J. B. White, Hutchinson, Kan. G. J. Winstead, Roxboro, N. C. E. E. Raynor, Battle Creek, Mich. J. J. Manley, Scranton, Pa. Joseph Markinovich, Shenaudoah, Pa R Stort, Oakland, Maine Privates_ M. J. Adams, Somewet, Pa F. F. Bentty, Fair Chance, Pa. George Bellar, Philadeljhia Z. Svanik, Youngstown, Ohio McNamara, Chicopee Falls, aMss. Smith, Fairbanks, Texas W. C. Adams, Earlsboro, Okla, T. H. Allen, Philadelphia A. Strover, Reading, Pa. B. Tucker, Charlottesville, Va. H. Albern, Finadespina Harry Alpern, Pittsburg, Pa,
W. W. Beard, Favetteaville, Pa,
H. C. Brody, Philadelphia She by Wesly Ely, Poss, Okla,
H. E. Acuft, Philadelphia L. White, Bluefield, W. Va. M. P. Scott, Burnett, Texas G. Myer, Alton, Ind. F. Schanning, Monongabeln, Pa. P. Smith. Chattanooga, Tean. L. Stauffer, Hepler, Kan. J. Wilson, Buffer, Pa. Nadel, New York Control Str. Manager, W. Va. R. H. Albright, Philadelphia E. G. Ande son, Philadelphia Edward F. Bassett, Philadelphia A. B.aver, Harrisburg, Pa. R. Biekhart, Paxtonville, Pa. M. Brahl, West Philadelphia, Pa. Maner, New Lora G. Stater, St. Albans, W. Va. R. Tardy, Murat, Va. J. Therkelson, Kirkwood, N. Y. J. Wagner, Utica, N. Y. Zanovitz, Nauticoke, Pa. V. L. Carman, Madison, Ind. S. Crawford, Wilkesbarre, Pa. E. Cropicknilsky, Dichson City, Pa. A. De Stefano, Philadelphia C. J. Foster, Kildare, Okla. B. Costlow, Springfield, Mo. B. Gibson, Philadelphia T. Grimes, Philadelphia A. T. Hamilton, Grantsville, W. Va. Harris, Philadelphia Henry, Paoli, Pa. E. Uorroeks, Scranton, Pa-C. E. Hanley, Brooklyn, N. Y. Bagler H. Nichols, Elmira, N. Y. Rusted, Philadelphia Mechanie V. M. Ellig, Fort Smith Kimmell, Bat le Creek, Mich. R. D. M. Lukawitz Mikadoo, Pa. L. M. M. J. Cooks R. A. Hassewer, Chicago McCarthy, Pittsburg, Pa. McCool, South Bethlehem, Pa. J. F. A. McKeowa, Philadelphia Privates Fadala, Milwankee, Wis-Manuing, East St. Louis, Ill. H. L. Mattaews, Darby, Pa. A. Mattia, Philadelphia G. Miller, Satasqua, Pa. J. Morris. Philadelphia Neiss, Philadelphia Nelson, Sernuton, Pa. L. Northeimer, Reading, Pa. H. L. Northeimer, Reading, Pa. J. Novak, Philadelphia
T. L. O'Neill, Philadelphia
Valen ine Pfleager, Pottsville, Pa. J. D. Price, Dickson City, Pa.
M. Pritehard, Fowler, Kan,
A. Rappa, Old Forge, Pa.
C. Safrensky, Philadelphia
G. Smith, Factoryville, Pa.
D. Stein, Philadelphia Stein, Philaderphia H. A. Stenger, Pitisburg, Pa. F. Ushler, Pailadelphia C. Valietky, Simpson, Pa. H. Van Osterloo, Independence, Mo. P. C. Wadle, Philadelphia Privates Walsh, Scranton, Pa. A. D. Watson, Newark, Ohio C. W. West, Bloomsburg, Pa. I. 7. Westerberg, West Chicago, III. E. T. White, Datby, Pa. E. Yocum, Berwindale, Pa. Zyska, Lee, Pa, J. Faby, Philadelphia F. Geyer, New Hartford, In. Gruba, Saltese, Mont. McCormick, Brooklyn, S. Y. Ferris, Elmore, Ohio Pankawski. Hartford, Conn. W. Jones, Mahoney City, Pa. Perretta, Hillsville, Pa. T. Peterson, Brooklyn, N. Y. Piwowarsky, Syracuse, N. Y. G. Pottie, Haverbill, Mass. F. P. O'Neill, Philadelphia L. Palmer, Jackson, Ohio Pellatero, Hoversville, Pa. L. Perkovski, Detroit, Mich. Sutherland, Inavale, Neb. E. Pickering, Alva. Okla. J. A. A. Pizzuti, Scranton, Pa. Louis Puricelli, St. Louis, Mo. Braswell, Loyd, Fla. L. Burnett, Springville, Tenn.
 L. Burnett, Springville, Tenn.
 Carletta, Pittston, Pa.
 J. Catherwood, Marrison, Ia.
 Cole, Bneyrus, Ohio S. Radeliffe, Chicago D. Rechelli, Philadelphia R. Rich, Pottsville, Pa. opolocol, Warrenton, W. Va. A. Roberts, Greensburg, Pa. D. D. Ross, Hop Bottom, Pa. W. Henry, Newburyport, aMss. E. T. Rossas, Seranton, Pa. V. Rozieka, Columbus, O. Milbwniki, Detroit, Mich. Scharmuck, Pittsburg, Pa. P. Schaffer, Crescent, Okia. Pinckney, Yemnssee, S. C. A. Shaffer, Garrett, Pa. E. Sauthward, Syria, Va. H. O'Conner, Lafayotte, Ind. S. Woodward, Laporte, Ind. J. Shaw, Connellsville, Pa. W. Q. Shaw, Shaware, Okla. E. Sinclair, Detroit, Mich.
 H. Suith, Ridgely, W. Va.
 L. Streng, Meyeradale, Pa. Died from Accident and Other Causes C. Gifford, Verington, Neb. Died from Wounds D. Virden, Bald Knob, Ark. Sergeant N. Willette, Rumford, Me. K. Wi'son, Somerset, Pa. W. Zimmerman, Philadelphia W. S. Bixler, Connellsville, Pa X. Bosler, Philadelphia Brenner, Philadelphia S. Caramanna. Philadelphia P. Dunkerly, Scranton, Pa. Evans, Warren, Ohio J. Gaus, Johnstown, Pa. Geddes, Philadelphia Gilmer, Erwinna, Pa L. J. Gormley, Philadelphia D. W. Hamaker, Columbia, Pa. C. H. Harbidge, Philadelphia G. S. Harless, Earlsboro, Okla,
 J. Harrison, Philadelphia
 Oscar Hartwick, Mercer, Pa.
 D. W. Hazen, Williamsport, Pa.
 L. W. Heinz, Rosston, Okla,
 M. Heinz, Rosston, Okla, Heleniak, Philadelphia F. Hemphill, Philadelphia Henderson, Chestnut Hill, Pa., II. Hendricks, Copley, Pa. W. Johnston. Westview, Pa. W. Jones, Seranton, Pa. Juliano, Philadelphia Koch, Shafter, Pa. L. Lester, Danville, Ky. McColligan, Philadelphia McKane, Philadelphia Matz, Philadelphia J. H. Nixon, Empiry, Ohio J. Pierre, Jr. Appleton. Wis, D. Thucelo, Chicago A. Pytel, Grays Landing, Pa-E. L. Quinn, Philadelphia R. B. Reed, Willard, Colo. M. H. Rowe, Mansfield, Ohio Lynn Sheets, Simbary, Ohio H. Sayder, Philadelphia F. Tangle, Bethlehem. Pa. L. J. Under, Boswell, Pa. H. V. Van Meter, Mand, Okla.

THE DAILY CAPITAL JOURNAL, SALEM, OREGON FRIDAY, AUGUST 9, 1918.

Absolutely Removes Indigestion. Druggists refund money if it fails. 25c F. A. Zhoreila, Philndelphin
 E. J. Elliott, East Akron, O.
 H. V. Fsust, Sumerset, Pa. H. V. Foust, Senierset, Pa.
F. E. Freeman, Connellsville, Pa.
H. A. Freer, Northampton, Pa.
H. Frucht, Emporin, Neb.
Eugene Gibson, Columbia, Ja.
Patrick Gillgallon, Scranton, Pa.
Webb Green, Plainview, Ark.
C. J. Graming Baylay, Other C. J. Gramling, Boxley, Okla. T. M. Gush, McAdoo, Pn. Emerson Hopkins, Oliphant, Pa. C. M. Hostetter, Meyersdale, Pa. W. H. Houck. Philadelphia Edward Huber, Philadelphia H. F. Kirkham, Clebourne, Pa. Frank Ligoeki, Seranton, Pa. W. S. Lyndonmuth, Shenandoah, Pa William Ranke, Grove City, O. Kesse Amore, Plainsfield, O.
 Edward A. Muer, Bethlehem, Fa.
 F. L. Baker, Detroit. Mich.
 H. L. Bartol, Chetopa, Kan. Elisha Burns, Buckhorn, Ky. Archie B. Clark, Coshorton, O. Arthur Faddeu, Scranton, Pa. C. A. Farrell, Philadelphia E. B. Fisher, Berlin, Pa. Fisher, Berlin, Pa. H. A. Fisher, Berlin, Pa. C. M. Fleeger. Somerset, Pa. Frank C. Gantz, Philadelphia W. F. Gearhart, Chambersburg, J. W. Helwig, Columbia, Pa. Charles Hendricksen, Earsboro, 6 O. F. Henry, Meyersdale, Pa. W. B. Hosler Newkirk, Tamaqua, N. E. Watts, Bone Gap. Ill, N. E. Wett, Columbus. O. H. Weider, Columbus, O. R. Weimer, Somerset, Pa. S. Weston, Altoona, Pa. 1. Whittley, Tecumseh, Okla. C. Barrett, Bristol, Pa. Carlson, Oklahoma City, Okla O. G. O. Carison, Ostinavia englishi
 S. C. Coud. Collindale, Pa.
 T. J. Copley, New Sheffield, Pa.
 M. M. Corson, Mahanoy City, Pa.
 J. A. Davis, Philadelphia Wounded Severely Wounded, Degree Undetermined Corporals: F. W. Radke, Chicago; A.

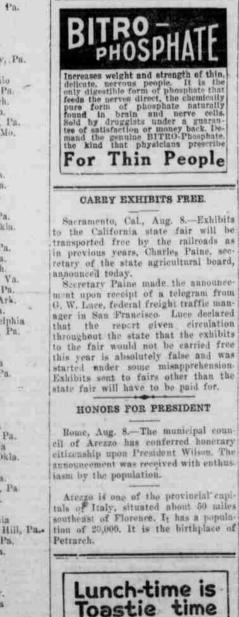
BELL-ANS

hirago; S. Miller, Chicago, Privates: R. S. Safranski, Chicago; oeft, Chicago. Previously reported died of wounds, now reported in hospital: Private W. M. Curtis, Seattle, aWsh. The marine lists includes: Killed in Action

Corporal H. St. George, Worcester,

Mass, Drummer S. di Noto, Palermo, Italy, Privates: J. S. Hodges, Silverton, Neb; H. A. O'Neil, Concord, Ga. Died of Wounds Received in Action Corporals-G. J. Hetzmer, Chicago; T. A. Lockhart, Windy, W. Va. 1. A. Lockhart, Windy, W. Va. Privates, W. N. Huff, Ponca City, Okla: J. K. Kipp, S^{*}. Paul, Mina; L. G. McCornack, Bone Gap, Ill. Wounded Severely Corporal J. A. Perrault, Everett, Weight Statement, Everett,

Wash. Privates—L. F. Carberry, Chicago; A R. Dahl, Butte. Mont; L. G. Fogle, Chicago; E. T. Kipp, Chicago. Wounded Degree Undetermined Corporals: J. Banner, Edgewood, In; W. O. Barrett, Poplar Bluff, Mo; C. Jones, Sa. Louis, Mo; Leo Kelly, Asage Ia; Mike Lindsey, Williams, Cal; O. H. Rankin, Lookout, Idaho Priva'es-J. R. Blanford, Walla Walla, Wash; J. H. Hale, Avena, Ill; Ed-ward McNiff, Chicago; A. M. Wunder-lich, Salt Lake City.





Fair Grounds. Auto Leaving Valley Motor Company to grounds and return.

VALLEY MOTOR CO. **Front and State Streets** Elbert Thompson, Mgr.

War Summary of United Press 1467th Day of the War; 23d Da yof Counter Offensive Tanan ana amin'ny fantana amin'ny fantana amin'ny fantana amin'ny fantana amin'ny fantana amin'ny fantana dia amin'ny fantana dia

Flanders front-The British suddenly imminent danger. It was also anoffi-advanced today on an eight mile front cially reported that Morlancourt, where on the southwestern portion of the the Germans held up the British left Privates- Andrew Jackson, San on the southwestern portion of the the Germans held up the British left Francisco; A. S. Vincelet, Portland, Or; Franders front, penetrating a maxi- wing yesterday, had fallen. The Britmum depth of two miles and captur- ish war office reported 14,000 prisoners.

Corporals: F. W. Radke, Chieago; A. Benedict, Calistoga, Cal; F. Braiske, hieago; S. Miller, Chieago. Privates: R. S. Safranski, Chieago; ft, Chieago. Previously reported died of wounds, Previously reported died of wounds, Quentin is two miles north and west of The Germans are reported so heavily Le Cornet Malo. Le Peti: Pacaut is entrenched on the heights between the a mile and a quarter north of Quentin and a mile south of Merville. Le Sart is a mile west of Merville. Franco-American advance can be re-

Picardy front-British troops contin-ued their advance today over the grent-er portion of the new twenty-mile of fensive front astride the Somme. Unsumed

fensive front astride the Somme. Un-official dispatches reported British eavalry at Chaulnes Junction—an ad-vance of four miles since yesterday and a total penetration of twelve miles

while of four mines since yestering and a total penetration of twelve miles beyond the original lines. Rosieres lalla Finneer, has been accepted as a Y. upparently has been captured, while M. C. A. secretary for service over-the important center of Chaulnes is in seas. He expects the call to duty soan.

The Itching and Sting

There is a harrassing disconfort massed by Eczema that almost be-iomes a torture. The itching is al-most unbearable, and the skin seems in fire with the burning irritation. A cure from local applications of falves and ointments is impossible, because such treatment can only al-lay the pain temporarily. The disease to only be reached by going deep more the source. The source of Eczema is in the

commander and officers of the I had no covering. I was over-run by U-boat fared the same as the lower ratings, but were able to supplement th is alowance with tinned hum. Life on board the submarine was by no means pleasant. Forred as we were an old mattress stuffed with paper to keep below the surface to avoid and cardboard, on which to sleep. to keep below the surface to 40001 and cardboard, on which to sleep, the British war vessels the boat sweat of and all space cluthing because sature in connect with 300 vic-tims of the Moewe, and subsequently urated with moisture, while the at-messphere often because very foul, and k_{\pm} athing difficult. While we were below surface the erew would switch on the falling meaning. That was the the talking machine. That was the out possible character. From Branden band which played triumphantly when barg I wont to Holzminden, an officers the U-heat got a victim. Sinking of mmp for all British, where the food an innocent merchantnian caused that erew as much joy as if they had sunk to pay considerable sums towards our a war vos

Seven "Victories."

"While I was on board we had one of the party produced a tin of "victory music" on 7 occasions, for butter which we shared with the Ger-6 steamers were torpedeed, and one man officer in charge. The tin had sailing vessel sum by gunfire, 39 shells been emptied, and was about to be

saiting vessel such by gunfire, 30 shelt being necessary to do this. The U boat also attacked by gunfire several other steamers during the voyage; but had to submerge, owing to intervention of British was vessels. "On the 3d day I gathered that the Uboat was about to carry out an at-tack on a convoy which had been sighted. The boat approached under water for some distance, and torpadod a large steamer. Our whereabouts were evidently dotected for we dived a large steamer. Our whereabouts where a stransferred to Switzerland the boat got on an even keel when when caused the submarine to vibrate from

active to storm. It was a depth charge The effect on the erew was evident. All stood trembling, with faces blanch

Children Cry

FOR FLETCHER'S

CASTORIA

All stood trembling, with faces blanch ed with fear, not attempting to say a word, expecting a second charge For some moments we waited. Engines were stapped and all means were taken to prevent giving away our position. Minutes seem like henrs in such a situation. I must admit that I was turning over in my minid whether i should ever see my family again. No further explosions however, took place, and after lying some 18 fathoms deep for a long period we continued on our vorge. Dreaded "Wasser Bomben." coke or coal with which to cook our

Dreaded "Wasser Bomben." "We had another experience with depth charges, or "washer homoen" as the German sailors called them! Whas the German sailors called them! The sailing ship referred to above had just been sunk by shell fire when two mast are shock absorbers. destroyers were sighted on the hori-mu, and down we went. By the mi crophones the propellors could be heard, and as the vessels came nearer we in the submarine could hear the the destroyers went, searching very enrefully for as Apparently they

A. Miller, Sanger, Cal. Mineei, Providence, R. I. "While an our woy to Holzaninden State, Boston, Mass. Private Bair, Goldfield, Nev.

Bencher: Kainer, Ark-W. King, Iva, S. C. Sargent, Worcester, Mass. J. W. Scott, Cleveland, O. H. A. Smith, Hardwick, Vt. Lioutenant W. J. Sens, Watseka, Ill-Wagoner C. J. Powers, Buntyn, Tenn Died of Disease

*Sergeant E. R. Sykes, Allentown, Pa Private J. Sciortino, York, Pa. Missing in Action Captain Dana Schmahl, St. Paul.

Clyde C. Vaughn, Liberty Hill, Tex. G. H. Crowns, Nekcosa, Wis. Sergeants-F. E. Haag, South Sterling, Pa. Richard E. Mount, Philadelphia W. T. Thompson, Philadelphia Charles Reilly, Philadelphia Mitchell A. Barrett, Philadelphia L. S. Clair, Philadelphia F. Hess, Bartlesville, Okla, M. Coyle, Johnstown, Pa. A. Hill, Seranton, Pa. Beiters, Washington, D. C. F. Seatt. Lebanon, Pa. Mortimer English, Kane, Pa. V. J. Dwyer, Philadelphia Goldberg, Philadelphia M. Keefe, Columbus, Ohio Kern, Allentown, Pa. T. Lin-howitz, Mahanoy City, Pa. E. Gower, Scranton, Pa. Armstrong, Darby, Pa. N. H. Ewing, Springfield, Ohio B. A. Farley, Columbus, Ohio Samuel Auchs, Columbus, Ohio

Saeramento, Cal., Aug. 8 .- Exhibits to the California state fair will be transported free by the railroads as in previous years, Charles Paine, sec-

ment upon receipt of a telegram from G. W. Luce, federal freight traffic manager in San Francisco Luce declared that the report given circulation throughout the state that the exhibits to the fair would not be carried free this year is absolutely false and was started under some misapprehension. Exhibits sent to fairs other than the state fair will have to be paid for.

Rome, Aug. 8 .- The municipal council of Arezzo has conferred honerary citizenship upon President Wilson. The announcement was received with enthus

Arcezzo is one of the provincial enpi-tals of Italy, situated about 50 miles southeast of Florence. It has a population of 20,000. It is the birthplace of

for me

Choicest Of Corn Foods



in Food Value With **Other Well Known Foods?**

Food value is based on calories, which are the degrees of food value

Taking a pound of good standard quality chocolate creams, as you buy in all first class stores, we find that

Chocolate Creams Have 2092 Calories per Pound

As Against This We Find:

8

Whole	Milk	******		315	Calories
Cream				881	Calories
Whale	Eggs		4000	695	Calories
Beefste	ak	HARRING .	-	1090	Calories
					Culories
					Calories
					Calories
Corn I	bread	Sector Sector	-	1175	Calories

The one big event which has established candy as a food is this tremendous wat

This war has put everything to the acid test and only that which is fit survives.

For instance, there was a time when rum and whiskey wore thought to supply the ideal bodily fucl. But today the acid test" of war has proven beyond a doubt that alcohol is a thing of the past as a food product.

On the other hand, candy, which went into the war practically recognized, has come to the front as a food of tremendous value, and something which is very, very essential to the soldier-

The British army reports that its soldiers in France have required five times the amount of candy that was expected.

A constant stream of candy, aggregating many tons is going regularly to our own soldiers in France-while thousands of pounds are used weekly by the boys in training camps in this country.

That is because enady supplies a normal raving for something sweet to supply the bodily need for earbohydrates (fuel for the sys-tem). That's why candy is becoming recognized as a food instead of just a luxary. It happens to be the way in which most people like best to supply their system with the fuel it needs.

-In normal times the candy industry uses only per cent of the sugar used per capita in this country. Right now this amount has been cut square ly in two.

The Candy Manufacturers of Oregon