

DO YOU KNOW WHY --- Some People Just Enjoy Taking Medicine for Every Little Thing?

Drawn for this paper By Fisher



Camp Lewis Wants \$200,000 Worth of Candy

Camp Lewis, Tacoma, Wash., July 27.—That the government realizes the usefulness of candy in the diet of our soldiers is shown by the immense order for \$200,000 worth of candy, which has just been placed for the men at Camp Lewis.

It is estimated that it will take three months to fill the order and that the supply will be sufficient to last the five exchanges at Camp Lewis for a period of three to four months.

This war has done more than anything else to demonstrate that candy is of tremendous food value. A soldier after a hard day's work needs candy; his system craves it.

The candy which is being made today is manufactured with the sugar authorized for this purpose by the Food Administration. You can practically eat the candy which you now see on sale.

Whole Milk 315 Calories
Cream 881 Calories
Whole Eggs 695 Calories

Many people used to wonder what would be the substitute for drinking to supply heat for the system. People have found that sugar is the real source of bodily fuel, supply carbohydrates—sugar is most enjoyed by many people when made up into a food product, mixed with fruit, nuts, etc.—all high in food value.

We recognized sugar as a food product—and milk as a food product—and nuts and fruits and raisins as food products. These are the chief ingredients of candy—them, logically, is not the combination of all these products bound to be a wholesome, nutritious food?

CAPITAL JOURNAL CLASSIFIED DEPT.

QUICK REFERENCE TO FIRMS THAT GIVE SERVICE ON SHORT NOTICE WHERE BUYER AND SELLER MEET—WE RECOMMEND OUR ADVERTISERS

EVERYTHING ELECTRICAL Telephone Salem Electric Co., Masonic Temple, 127 North High Main 1200

DENTIST DR. P. L. UTTER, DENTIST, ROOMS 413-414 Bank of Commerce Bldg. Phone 606.

DR. CARL MILLER, Dentist, Room 414 Bank of Commerce Bldg. Phone 606.

FINANCIAL MONEY TO LOAN. On Good Real Estate Security THOS. K. FORD

Over Ladd & Bush bank, Salem, Oregon

REAL ESTATE IF ITS REALTY or a business, you will sell quicker, buy better, trade easier thru our system of buying and selling without commission.

IMPROVED 10 acres, 5 1/2 miles from Salem, for rooming house not over \$4000 Equity in 17 acres, for Salem residence, not over \$3000, price \$4500, 640 acres millions of feet of saw timber, plenty of water, 3 miles from saw mill on the railroad; good stock proposition will take \$5000 in trade balance cash. Easy terms, \$15 per acre. Socolefsky, 341 State street 8-17

RETIRED FROM BUSINESS L. P. Swan, who was in town last week, has leased the Champey Flouring Mills to Swan & Anderson, and has retired from the milling business, after many years in that line, having been in that business since 1858 when he entered the employ of his brother in the old country. Upon his arrival in this country he adopted the same calling, and for many years has been in business at Champey where by rugged honesty and fair dealing he won the respect of the community. Many will regret his retirement. Work on the dam at the mill is now going on and the mill will soon be open for business under the new management.—Aurora Observer.

GOODBYE PARTY-WENIE ROAST. A very pleasant evening was spent down by the Old Mill Sunday, the nature of the event being a wienie roast given in honor of Henry Ahrens who leaves Thursday for Camp Lewis.

After an invigorating swim the young folks gathered around a huge bon-fire where much art was displayed in the roasting of weniens.

Patriotic songs were sung, closing with "Keep The Home Fires Burning." The many friends left for their homes at a late hour after wishing Henry good luck and God speed.

Those hidden were: Messrs and Mrs. James Ahrens, Galt, Pearson, Chavez, Mrs. Eva Palmerton, R. D. Gray, The Misses Katie, Rosa, and Clara Ahrens, Jeannette Gray, Doll Robertson, Lucille Riches, Emma Hehl, Helen, Sibyl and Hazel Peetz, Thelma Hansett, Olga Galt, Mizpah Palmerton, and Henry and Eddie Ahrens, Joe Kroegman, Fred Moore, Donald Riches, George, Genevieve, Theodore and Hanna Naderman, Wilbur Cornelius, Loyd Wilson, Justus Robertson, John Chavez, Arthur and Ed. Ward Galt, Willie and Mervin Pearson, Eugene and Ralph Hansett, Sam Palmerton.—Turner Tribune.

Y. M. C. A. CASUALTIES New York, July 27.—The following casualty list has been issued by the headquarters of the Y. M. C. A. overseas forces.

Slightly wounded: Bartlett Murray, Rochester, N. Y.; Droese, Edward W., clergyman, Grinnell, Iowa.

Pest, V. T., Newark, N. J. These men were wounded while carrying stretchers during the fierce fighting in France.

AUSTRIANS DRIVEN BACK. Rome, July 26.—Austrian forces in Albania twice stormed Ardenica, north of the lower Semeri river, Wednesday but both attacks were repulsed with heavy losses, the Italian war office reported today.

East of Kovi, another enemy column crossing the Semeri on Wednesday forced the Italian advanced posts to retire but a counter attack drove the Austrians to the river.

OSTEOPATH DR. B. E. WHITE AND E. W. WALTON — Osteopathic physicians and nerve specialists. Graduate of American school of Osteopathy, Kirksville, Mo Post graduate and specialized in nervous diseases at Los Angeles College. Offices 505-508 U. S. Nat. Bank Bldg. Phone 839. Residence, 1820 Court. Phone 2215. Dr. White Res. Phone 469.

SECOND-HAND GOODS BUY, SELL and EXCHANGE— Men's clothes, shoes, hats, jewelry, watches, tools, musical instruments, bicycles, guns, rifles, revolvers, suit cases, trunks, cameras, typewriters and furniture. Capital Exchange, 337 Court street. Phone 493.

SCAVENGER SALEM SCAVENGER—Charles Scott proprietor. Garbage and refuse of all kinds removed on monthly contracts at reasonable rates. Yard and cesspools cleaned. Office phone Main 2247. Residence Main 2272.

LODGE DIRECTORY KNIGHTS OF PYTHIAS MEET AT McCormack hall on every Tuesday at 8 P. Androsen, C. C. W. B. Gibson, K. R. & S.

MODERN WOODMEN OF AMERICA —Oregon Cedar Camp No. 5246 meets every Thursday evening at 8 o'clock in Derby building, corner Court and High streets. R. F. Day, V. C.; J. A. Wright, clerk.

SALEM HUMANE SOCIETY—D. D. Keeler, president; Mrs. Lou Tibson, secretary. All cases of cruelty or neglect of dumb animals should be reported to the secretary for investigation.

ROYAL NEIGHBORS OF AMERICA —"Oregon Grape Camp" No. 1350, meets every Thursday evening in Derby building, Court and High St. Mrs. Pearl Coursey, 214 Court Street; Mrs. Melissa Persons, recorder, 1415 N. 4th St. Phone 1436M.

UNITED ARTISANS—Capital Assembly No. 84, meets first Thursday of each month, at 8 p. m. in I. O. O. F. hall. Norma L. Terwilliger, M. A.; G. A. Tibbert, secretary, 340 Owens street.

SECOND HAND GOODS

BUY, SELL and EXCHANGE

Men's clothes, shoes, hats, jewelry, watches, tools, musical instruments, bicycles, guns, rifles, revolvers, suit cases, trunks, cameras, typewriters and furniture. Capital Exchange, 337 Court street. Phone 493.

THE FIXIT SHOP—Let us repair and sharpen your lawn mowers. 201 Court. Phone 1022.

WATER COMPANY

SALEM WATER COMPANY—Office corner Commercial and Trade streets. Bills payable monthly in advance.

FOR RENT

FOR RENT—Business location at 163 north Commercial, will remodel to suit tenant. See E. M. Klinger, 463 State street, Salem.

BILLIARD PARLOR for rent, with or without fixtures; will remodel to suit tenant; best location in city. E. M. Klinger, 463 State street, Salem.

STOVE REPAIRING

STOVES REBUILT and REPAIRED 50 years experience. Depot, National and American fence. Sizes 26 to 58 in. high. Paints, oil and varnish, etc. Loganberry and hop hogs. Salem Fence and Stove Works, 250 Court street. Phone 124.

RAILROAD

TIME TABLES

(In effect June second)

SALEM-GEER LINE

No. 73 Arrive at Salem.....9:10 a.m.
No. 74 Leave Salem.....3:00 p.m.

SALEM, FALLS CITY & WESTERN

161 Lv Salem, motor.....7:50 a.m.
163 Lv Salem, motor.....9:35 a.m.
165 Lv Salem, motor.....1:40 p.m.
Through car to Monmouth and Arlie

167 Lv Salem, motor.....4:15 p.m.
169 Lv Salem, motor.....5:58 p.m.
230 Wy frt. Lv Salem.....5:00 a.m.
162 Ar at Salem.....9:10 a.m.
164 Ar at Salem.....11:00 a.m.
166 Ar at Salem.....3:00 p.m.
168 Ar at Salem.....5:35 p.m.
170 Ar at Salem.....7:20 p.m.
240 Wy frt Ar Salem.....2:30 p.m.

OREGON ELECTRIC

Southbound

Train No. Leave Salem Arrive Eugene
1..... 8:30 am 8:35 am 10:50 am
6 Ltd..... 8:30 am 10:11 am 12:25 pm
7..... 10:45 am 12:55 pm
9..... 2:05 pm 4:15 pm 6:35 pm
13 Ltd..... 4:45 pm 6:40 pm 8:50 pm
17..... 6:05 pm 8:07 pm Salem only
19..... 9:20 pm 11:20 pm Salem only
21..... 11:45 pm 1:55 am 6:50 am
*North Bank Station (leave Jefferson Street 15 and 20 minutes later)

Northbound

Train No. Leave Eugene Arrive Portland
2..... 12:05 am 4:35 am 6:50 am
6..... 7:15 am 9:35 am
10 Ltd..... 7:35 am 9:45 am 11:30 am
12..... 11:20 am 1:50 pm 3:55 pm
14..... 11:20 am 1:50 pm 3:55 pm
16 Ltd..... 1:55 pm 4:00 pm 5:45 pm
20..... *4:10 pm 5:30 pm 7:40 pm
22..... 5:25 pm 7:35 pm 10:00 pm
*North Bank Station (Arrive Jefferson Street 15 minutes earlier). *Leave Corvallis.

CORVALLIS CONNECTIONS

Leave Corvallis Arrive Salem
8:25 am Northbound 9:45 am
12:12 pm Northbound 1:50 am
2:41 pm Northbound 4:00 pm
4:10 pm Northbound 5:30 pm
6:18 pm Northbound 7:35 pm

8:35 am Southbound 9:57 am
10:15 am Southbound 11:33 am
12:50 pm Southbound 1:30 pm
4:15 pm Southbound 5:40 pm
6:40 pm Southbound 8:00 pm



LATEST STYLES IN MILLINERY—AT RIGHT, CURLED OSTRICH CREATION. THIS BLACK MILAN IS TURNED OFF THE FACE and trimmed with rose ribbon and loosely curled ostrich. At left, tete de nigre velvet turban crowned with soft loosely ostrich feathers in the same tone. In center medium sized sailor of flesh colored georgette crepe, simply trimmed with a wreath of orea leaves and a rosette of roses directly in the front.

THE YERGEN CLAN MEETS

The second annual meeting of the Yergen Clan was held at Newberg Park, Newberg, recently. A bounteous luncheon was served at noon. Immediately after luncheon, the business meeting was held. The officers elected for the following year were: A. D. Yergen, re-elected president; W. R. Scheurer, vice president; and Mabel Yergen, re-elected secretary and treasurer. It was decided to meet at Wolfer's Springs, Hubbard, next year, the last Sunday in June, those present were Mr. and Mrs. A. D. Yergen, Dell Yergen, Mr. and Mrs. Glenn Yergen and family, Mr. and Mrs. Fred Yergen and family, Mr. and Mrs. F. E. Yergen, Mr. and Mrs. George Yergen, Miss Norma Yergen, Mr. and Mrs. G. Yergen and family, Mr. and Mrs. E. G. Yergen and family, Mr. and Mrs. J. F. Yergen and family, Mr. and Mrs. T. H. Yergen, Miss Ruth Yergen, C. A. Yergen and family, Mr. and Mrs. W. A. Yergen and family, Mr. and Mrs. W. R. Scheurer, Mr. and Mrs. John Swan and Mr. and Mrs. C. S. Hoskins and family.—Aurora Observer.

WOULD EXTEND TRAIL

George Oglesby was here this week. He is trying to get permission from the forest service to extend the trail into the "Huckleberry" patch on the Hoaning river, some four miles further in—to make it fit for automobile use. Mr. Oglesby, Jim Smith, Russell Seramfin and 15 other Mackburg people are interested in this plan to make the "Huckleberry" patch more accessible. Now it is necessary to pack in about 6 miles.—Aurora Observer.

JOURNAL WANT ADS PAY

The Aurora Auxiliary Re-Elect Old Officers

The Aurora auxiliary of the Red Cross held its annual election of officers last Thursday at the Red Cross rooms in the Will building. All the old officers were re-elected for the coming year. They are: Dr. B. F. Giesy, president; Miss Lizzie Will, vice-president; Mrs. Diana Snyder, secretary; and Guy N. Hickik, treasurer.

The report of the treasurer for the past year show the receipts from all sources to have been \$584.04; disbursements \$422.45; balance on hand \$161.59. A draft for \$20 sent east for yarn has been returned, making the true balance on hand \$141.59. A large quantity of fabricated articles sent Willamette chapter makes a list too long for publication, but represents a vast amount of work by the devoted women who have labored so earnestly the past year. The following committees active during the year are: Cutting committee, Mesdames E. G. Carpenter, Otis Morris, Clara J. Wurster; Entertainment, W. H. Ehlen; Mrs. Ivan Dimick, Mrs. Louis Weibert; Purchasing committee, Mesdames E. G. Carpenter, N. C. Wescott, B. F. Giesy; Membership Mrs. Jas Ogie, Mrs. W. L. White and Miss Emma E. Snyder.—Observer.

PEARL GIVEN IN AUTO ACCIDENT

A card was received today by Mrs. Pearl Givens, stating that her husband, in company with Albert Savage went over a 20-foot embankment near Spokane, Washington, in their Ford automobile. They were not seriously hurt as reported. The wind shield and top of car was wrecked. The party were on their way to Canada via auto. Mr. Savage is a brother of Mrs. Givens.—Turner Tribune.

American Prisoners Destitute in Germany

Washington, July 26.—American seamen held prisoners in Germany are destitute, according to information obtained by the United States shipping board. Shipping officials, it was learned here today, are planning to act immediately to relieve the imprisoned men. Germany is threatening to remove the captives—more than 200 in number—to the seamen's prison camp, where, according to data gathered through neutral sources, conditions were worse than in the various places where the soldiers are held. Many of the prisoners have been in Germany since before Christmas 1917. Some were taken from French and British merchantmen in 1916.

Italian Aviators Cause Damage At Durazzo

Rome, July 26.—Italian aviators raided Durazzo and caused considerable damage Monday and Tuesday nights, the admiralty announced today. On Monday, the aviators dropped a ton of bombs, damaging a steamer and setting fire to several depots. The next night bombs were dropped on steamers and sheds. All Italian planes returned safely.

LONSWAY-KRAMER WEDDING

Mrs. Katherine Lonsway and C. E. Kramer were united in the holy bonds of matrimony Wednesday afternoon in the Episcopal church in Salem, the Rev. Robert S. Gill officiating. The bride has resided in Stayton for a number of years and endeared herself to a large circle of friends, she has the happy faculty of both making and holding friends.

Mr. Kramer is our well known baker, he was formerly located here for about two and one half years, but left here a little more than a year ago, he recently bought out the bakery and returned, being engaged in business at his old stand.

REGISTRANTS CLASSIFIED

Among those who registered recently for military service, the following have been classified: Class 1—Earl One of Donald, Louis D. Martin of Donald, James W. O'Connor of Donald, Jesse C. Emmert and Charles A. Hamilton of Hubbard. Class 2—Herbert J. Miller of Hubbard. The claims of the following for deferred classification were sent to the district board at Portland: A. J. McKay of Donald, Boyd M. Yergen of Hubbard, Gerald P. Osborn of St. Paul, James T. Moore of Aurora. Alvin T. Earl of Hubbard was not classified, while Verne L. Sandberg and Lee D. Bloom of Aurora are listed as delinquent. Verne Sandberg, however has already joined the navy.—Aurora Observer.



"KID WILLIAMS" GIVES AN EXHIBITION FOR THE SOLDIERS—"KID" Williams, the ex-champion bantam weight boxer, recently gave an exhibition on the manly art of self-defense at Camp Holabird, Md., for the benefit of soldiers encamped there. Copyright Underwood & Underwood.