R. Caldwell's Syrup Pepsin has proved more satisfactory than any other laxative I have ever used. The other members of my family also use it and we recommend it highly."

From a letter to Dr. Caldwell written by Mr. Charles Fennke, 5005 N.5th Street, Philadelphia, Pa.

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### **AMERICANS**

(Continued from page one)

been greatly lessened by the American

gical value. The affair of the fifth offensive, in fact increasingly seems to have been planned in desperation.

Starting the first offensives toward victory in the Jaulgome bend. It is the west, the German beast has been se here that the principal railway from the south runs into the allied front, By driving the Germans back in this area, the Americans have saved the line of Epernay, where the champagne comes the control of the south runs into the allied front, By driving the Germans back in this area, the Americans have saved the line of Epernay, where the champagne comes the interest in some last. the Americans have saved the line of Epernay, where the champagne comes recommunications on which they and the French are now depending for their munitions. This is a fact which must rank as a major accomplishment.

Von Hindenburg is now apparently concentrating his forces at the south wast corner of the Atsne-Marne wedge. His purpose is to try to move eastward.

How France Has

Been Fed

"Before the war, a distinguished

French Officer, General Maitrot, wrote

a series of articles in the Echo de Paris'

to warn France, that in case of war, the

French meat industry would be unable

to supply the French army in the field with fresh meat,-owing especially to the lack of modern refrigerating plants and of refrigerating transportation,-and

too, owing to the deficiency in the

"Since the war began, the French

army has never been short of fresh meat,

thanks mainly to the prosperous condi-

tion of the American meat industry,

and too, to the American live stock

national herd."

breeders."

### \* The Woman Who Changed \$

By JANE PHELPS

CHAPTER CXXX. We had a delightful dinner together George and I. Then he proposed we go to a play. I was charmed, and said so being careful however not to "gush" over it. George hated too much fusi made over anything. That was another thing in which I should not again of

The play was most interesting, a mu-sical comedy. It took my thoughts from the contretemps of the acon hour, and I thoroughly enjoyed myself. I knew I was tooking well, and that always gave me a sense of security when with

After the play, he proposed that we go to the hotel and have a bite of sup-

per in the grill: "Unles you would prefer to go else where?" he said with as much polite ness as he would have shown a strang er. These little polite attentions of my husband's always had rather amused me. Now I was glad he was a bit old-school in his manners, It would help me

to carry out my plan.
"No thank you! I should prefer the grill at the hotel."

We were scarcely sested in the grill before the same party George had been with the night before came in, Julia Cellins with them. George immediately

got up, and with a hasty:
"Excuse me, Helen." joined them.
I could not hear what was said, but alnost immediately George returned and

told me. "We will have supper with them





Nineteen Painless Parker offices in the United States repair the teeth of over 100,000 people annually.

> Salem Office State and Commercial

"Mrs. Babeock, my wife and Mr.
Babeock," George said, then presented an uninteresting looking young man, and a fluffy ruffles sort of a girl—a niece of Mrs. Babeock, "Mrs. Collins, you and Mrs. Howard are too well acquainted to stand on formality," he "I am young; I can study. I can added, then, to the rest: "I was disappointed that Mrs. Howard was not learn to express myself as charmingly. sive! That seems to to make the formulations as a major acomplishment.

Von Hindenburg is now apparently for which the German people are being concentrating his forces at the south east corner of the Atsne-Marne wedge.

His purpose is to try to move eastward along the Marne to Epernay. It is a reckless adventure, without high strate

JOURNAL WANT ADS SELL

SELL

Sive! That seems to to be had apoken so to me capable of doing anything deemed me capable of doing anything to help him in a business way. It raised my spirits in a way that made me feel that I should be obvious of anything that my spirits in a way that made me feel that I should be obvious of anything that my spirits in a way that made me feel that I should be obvious of anything that my spirits in a way that made me feel that I should be obvious of anything that my spirits in a way that made me feel that I should be obvious of anything that my spirits in a way that made me feel that I should be obvious of anything the long journey. Had I known she was reading, I should have insisted that she come in and have supper with us."

I trembled, for a moment, for fear Julin Collins might say something about my being down stairs and that she had seen me. But, although she looked volumes, she said nothing. "She is probably afraid of offending George," I morrow—George Is Pleased With Helea.

To man young, I can way that made me capable of doing anything to help him in a business way. It raised my spirits in a way that made me capable of doing anything to help him in a business way. It raised my spirits in a way that made me capable of the me capable of the

Mr. and Mrs. Babcock were charming people. She was a real motherly sort, and he a plain business man. They were middle aged, almost as old as father and mother, so I didn't feel they would criticise me. I talked freely with Mr. Babcock, and George devoted himself almost entirely to his wife, although occasionally Julia Collins would draw his attention to herself, and also that of Mr. Babcock. of Mr. Babcock. Mrs. Collins A Brilliant Conversation-

In a way, no one could blame them. Mrs. Collins fairly shone, At all timeswhen she chose to exert herself—a bril-liant conversationalist, she fairly out-did herself. She tossed her scintillating remarks back and forth, as easily a most women talked of the common af fairs of their own lives. She talked business, politics, war; and she talked deverly. That she interested the men of the party, was a proof of that.

of the attraction Julia Collins and for

my husband, than I ever before had

might be eatty and unpleasantly sarastic with women, but she certainly ould also charm when she chose. I recalled something George had once said: "It is the poise, the charm, of these pecially a young woman, prouder than to feel that her husband consults her upon his business affairs.

\*'Mrs. Babeack my wife and Young and Young

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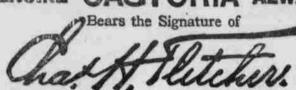
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## Rippling Rhymes

by Walt Mason

WARTIME DEBT.

In times like these keep out of debt; your solvency's your one best bet. So long as you don't owe a cent to any swaybacked human gent, you have the right to look ahead without a bit of fear or dread. The times are weird, uncertain, tense; no man has such prophetic sense that he can say what greif's in stock tomorrow morn at 10 o'clock. We only know that prices rise until they scratch along the skies; we only know they won't go down while Mars still wears his bughouse frown. Today's you're husky, sound and hale, and fit to gather in kale. Tomorrow you may have disease, or break your legs off at the knees. Today you have a jeb that's good, you whistle as you saw your wood; tomorrow you may be informed you've lost the place you long have warmed. If hard luck hands you, thus, a poke, what will you do if you are broke? YYou cannot borrow fifty cents from any easy going gents, for in these times of grief and groans each guy requires his stock of bones. Be prudent now and put away some guilders for the rainy day! And size up debt for what it is--a monster with a genial phiz, a thing that hides deceit and guile behind a bland, alluring

Apoplexy No. 1.

Apoplexy, or cerebral hemorrhage, is commonly known as paralysis, or stroke, and is one of the

most serious of the acute diseases. It may come to the new-born baby in his efforts to get into the world, it may come occasionally to children, but rather more frequently to those in middle life and very often to the aged.

Babies often recover, if the hemorrhage has not been extensive, but they may carry a palsied arm or leg through life; children also seldom recover completely from it.

Those who are attacked in middle

life are most likely to get entirely over it, while the aged almost never recover and death very frequently results quickly.

The hemorrhage is upon, or into, some portion of that most complex organ, the brain, which is made up of nerve fibers and cells, is very soft and yielding and is abundantly

supplied with blood-vessels.

The quantity of blood lost in an apoplexy, depends upon the size of the vessel which breaks, and the amount of resistance it meets. if the hemorrhage is upon the surface of the brain, it will usual-ly be copious and cause death in a

few hours by its pressure upon, and destruction of, vital parts. If the vessel is within the brain, the blood escapes more slowly, compresses and destroys the tissues which gets in its way, and may continue to flow for days, un-til death results, or until it is

stopped from some other cause.

The loss of blood may be so slight that it causes no trouble-some symptoms; the patient may not even know that anything seri-

our aits him.

A loss of four or five tablespoonfuls may be serious, and the great-

or the outflow, the more serious the condition and the more quickly fa-

the approach of such an accident, or it may be preceded by high blood pressure, headache, nose-bleed, dizziness, flushing or pallor of the face, or a feeling of fulness in the

In some instances, there are floating bodies before the eyes, ringing in the ears, restless sleep. thickness of speech, dulnuss of the intellect, slow or intermittent pulse, and constipation.

As the hemorrhage continues, headache becomes more severe, there is yawning and sighing, and when certain nerve centers have been compressed by the escaping blood, there will be profuse vomiting, profuse perspiration and then unconsciousness accompanied with loud snoring.

This unconsciousness may last a few hours, or several days, may gradually disappear, or end in

There may be twitching in one or more of the limbs, and there may be more or less extensive convul-

Questions and Answers

M. D.-Will you please direct, for me, a diet and exercise that will re-move some of my superfluous fat? Answer-I am sorry I cannot do as you request; that is not a portion of the work of this department and, furthermore, I do not know what the requirements are in your case. I might say, however, that hard work and avoidance, largely, of sugar and fat in your food will probably accomplish what you de-

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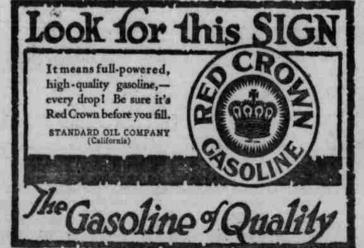


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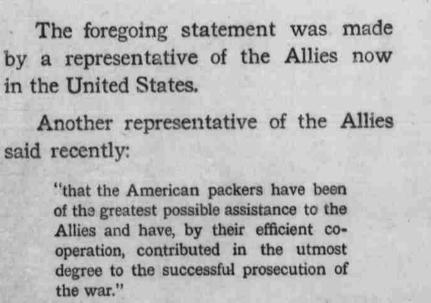
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