An Editor Recommends "5-DROPS" Rheumatic To Sufferers

Mr. L. P. Hill, editor Enterprise, Ensley, Ala., writes:

"I want to tell you that I have been living in this district for the past 27 years and there is no man that is better known than I am. I tell you this because I want you to know that I am no stranger to the people. About twenty days ago I was down on my back with the worst case of rheumatism and I began to use your medicine and in about a week I was on my feet again. People all over Birmingham and Ensley were astonished to see me get well so quick and wanted to know what medicine I took. I told them "5-DROPS" and every man who has the rheumatism knows of your medicine and say they will use it. I am telling every one of the virtue of your remedy and I am sure it will increase the sale of same."

Such evidence as this should be sufficient to prove to any person the value of "5-DROPS" in rheumatic troubles.

"5-DROPS" is sold by the leading druggists in every part of the United States and Canada.

FREE A sample bottle will be mailed free, if you will write to The Swanson Company, Newark, Ohio.

Spinal Meningitis Attacks Two Recruits

Camp Lewis, Tacoma, Wash., Nov. 8.—Despite the efforts of the medical officers and the prompt quarantine of companies where the disease has been discovered, one more case of spinal meningitis has developed in the 26th infantry at Camp Lewis.

Eugene Bagdon, of Santa Maria, Cal., the ailing man, is in the base hospital and hopes are held out for his recovery.

The companies, L and M, of which the stricken men were members, were isolated yesterday and a guard now patrols the premises to prevent the exit of occupants or the entrance of visitors.

There now are more than 1,750 men quarantined in Camp Lewis, on account of three cases of spinal meningitis. There have been no deaths reported and the medical officers declare that there is no cause whatever for alarm. The isolated men have all been innoculated against the disease.

Conspiracy Case Goes to Jury Today

Portland, Or., Nov. 8.—After a three week's trial, the so-called "Canadian Conspiracy case," will go to the jury in the federal court late this afternoon.

W. F. Hallowell, W. J. Earle, Gottlieb Miller, and W. F. Lick, the defendants, are alleged to have defrauded 100 persons out of approximately $160,000 by selling "locations" on government land not open for settlement. Fifty witnesses from British Columbia, Washington, Maine, California, Nevada and other states testified for the government.

Saves Hair!

Pompeian HAIR Massage will stop your Dandruff and keep your hair beautiful.

Daily, letters of thanks are received from men and women all over the country. One day it is a Connecticut man who writes us, then an Oregon woman, then a Michigan man—almost youthfully enthusiastic about Pompeian HAIR Massage removing their unsightly and dangerous Dandruff.

Pompeian HAIR Massage is a liquid (not a cream). Not oily. Not sticky. Not overperfumed, but just as delightful to use as it is effective.

LADIES—Your druggist can supply you with Pompeian HAIR Massage. Start today and beautify your hair.

MEN—Get bottle today at your druggist's or have your barber give you a Pompeian HAIR Massage treatment and learn how refreshed your scalp will feel after one application.

Bottles with economical shaker tops 50¢ & $1.10

Pompeian HAIR Massage is made by the makers of the reliable Pompeian MASSAGE Cream and Pompeian NIGHT Cream.

The Pompeian Mfg. Co. Cleveland, Ohio

CIGARETTE SAID TO BE WAR NECESSITY

"Give Us Cigarettes" Is Cry That Comes Daily From Boys In Trenches

There's never been a time in the history of man when the world has not divided into pros and cons on some question of conduct.

We are now settling one of these questions in the fiercest, bloodiest, most terrible wars that the world has known and in contemplating the settling of the great problems at issue we are apt to pay small attention to the innumerable smaller disputes that are in no way a part of the great issues between nations but which nevertheless are being finally settled through the developments of this great struggle.

We are having the answers to such questions as "Is France Decadent? Has her manhood flooded away on seas of pleasure?" "Can the United States raise a real army of fighting men on short notice?" "Will the new features of subsea and air fighting make war more fearful and more brief than heretofore?" And all of these answers are as we would have them for the good of the greatest number.

One of the comparatively less important questions which is now being settled once and for all is the question of the cigarette. There has been two distinct and positive attitudes towards cigarette smoking; these sides have been taken by individuals, by communities, by states; the opposition to cigarette smoking has been vigorously pushed, and yet year by year the consumption and sales of cigarettes has increased; and more significant than mere increase in consumption has been the change in the class to which cigarette smokers belong.

Today cigarette smoking is the habit of some of the greatest men among our lawyers, our doctors, our teachers and our preachers.

Such a movement indicates that there is more involved in the question than mere partisan opinions, and that this more is in favor of cigarette smoking.

Now comes the testimony of the men in the trenches; the brave men who are fighting the greatest war of the world and then in no doubt, no hesitation—their cry is "Give us cigarettes; they are not luxuries; they are necessities, real necessities of every day and every hour." If the cigarette was only for the effeminate; if it was unmanly this cry from these real men of the world would not be made.

The cigarette is a necessity. Let us do all we can to see that the men of the United States Army are supplied, not for a week or a month, but for the entire period of this war, with all the cigarettes they want.

Send your subscription to the Capital Journal Tobacco Fund and the smokes will go forward quickly and directly without delay or expense.

Lose Your Fat, Keep Your Health

Superfluous flesh is not healthy, neither is it healthy to diet or exercise too much for its removal. The simplest method known for reducing the overfat body two, three or four pounds a week is the Marmola Method tried and endorsed by thousands. Marmola Prescription Tablets, containing exact doses of the famous prescription, are sold by druggists at 75 cents for a large case, or if you prefer you can obtain them by sending direct to the Marmola Company, 864 Woodward Ave., Detroit, Mich. They are harmless and leave no wrinkles or flabbiness. They are popular because effective and convenient.

Stock Prices Drop On News From Russia

New YoMrk, Nov. 8.—The New York Evening Sun financial review today said:

Extreme weakness developed in today's stock market on receipt of the shocking news from Russia. Prices dropped from 2 to 8 points with United States Steel leading in the downward movement, that issue selling at a new low record for the year, below 89.

That the broad decline was not more precipitate was due doubtless to the fact that Russia has been regarded for a long time as practically a negligible factor in the war; that all the allies must get along somehow without her active help. Nevertheless, it is not to be ignored that Russia was at least counted on to hold a large German army on her front.

"IF YOU FILL YOUR CARS, YOU'LL NOT NEED SO MANY"

Give us more freight cars! Give us faster freight trains!

This cry is going up from east to west and from north to south. The railroads are doing all in their power to appease this demand. Schedules are revised; passenger trains taken off; excursion trains eliminated; fast freights given right-of-way. Still there remains congestion and demand for freight cars. The railways say, "Shippers, fill your cars to capacity."

To give a clear idea of the situation a traffic chief of the Canadian Pacific—one of the men who is doing much to solve this problem, not only for Canada and his own road, but for the United States as well, answered the following questions:

How long a period do your Canadian Freight Statistics cover?

"Eight years, 1907 to 1915, inclusive."

What was the increase in number of freight cars in that period?

"21 1-10%"

What was the increase in carrying capacity?

"134 4-10%"

What was the increase in freight tonnage shipped?

"50 1-10%"

Then the increase in freight shipped was much less than the increase in carrying capacity provided by roads?

"Yes. Decidedly so! 80 3-10% less."

Why then do people complain that there is a shortage of cars, if the carrying capacity has increased so much more than the tonnage shipped?

"That is the Big Question—Its answer is the solution of the problem. The cars are not loaded as heavily as they should be. Therefore the increase in capacity does not take care of the increase in tonnage to be shipped. Most cars go forward loaded to less than half capacity. That means other freight must wait until the empty space in that car, as well as the loaded space is released. In 1907 the average car capacity was a bit more than 27 tons; the average load for that year was a little more than 15 tons. Waste space amounted to more than 44%. By 1915 the average capacity of freight cars had increased to over 33 tons. The load averaged something over 18 tons. Still a waste of more than 44%. In eight years the railroads had increased the capacity of the cars almost 6%, but the shippers used only 3% of the space provided, letting 48% of the increased space go to waste. If shippers would make it a rule not to send out a car loaded to less than maximum capacity, we could haul almost half again as much freight per train as we now do."

Then by loading cars to capacity, this clamor for more cars could be silenced.

"Not altogether. Cars must be released quickly. Railroads would rather have their cars earn money hauling freight than getting demurrage for standing idle and blocking tracks. If shippers will load to capacity, load and unload quickly; there will be no car shortage."

Moderate Trading Sends Corn Down

Chicago, Nov. 8.—Moderate pressure in the absence of buying support today sent corn down 1 to 2 1-8c under yesterday's closing prices. Trading was light.

December corn opened unchanged to $1.18 3-4, and later sold down to $1.17-3-4. January opened at $1.15, down 1-2c, later losing 1 3-8c. May opened up 1-8c, but later lost 1 3-4 to $1.12 1-4.

Oats was lower on the decline in corn. December opened at 59 1-4c, down 1-8c, and subsequently lost the same fraction. May opened 1-8c off at 60 1-2c, later losing 3-8c.

Provisions were lower, despite an active and higher hog market.

Will Secure Spruce

Portland, Or., Nov. 7.—The government has perfected a plan whereby it can secure all spruce required for the construction of airplanes, John P. Keating, of the aircraft production board, said here today. While he declined to outline the nature of the plan, he said it would be in use in ninety days.

Keating attended the conference of the lumbermen and officials here yesterday afternoon at which plans for increasing the output of airplane stock was discussed. The adjutant general's office submitted a plan of riving spruce timber in the woods, a plan which speakers said would insure straight grained stock.

Governor Withycombe declared the government should commandeer all spruce timber. The governor will investigate the riving plan.

JOURNAL WANT ADS PAY

APPEARING AT THE OREGON STARTING SUNDAY IN HER LATEST "BAB'S DIARY"

IT'S YOUR LIVER! YOU'RE BILIOUS, HEADACHY, SICK!

Don't Stay Constipated with Breath Bad, Stomach Sour or a Cold

Enjoy Life! Liven Your Liver and Bowels Tonight and Feel Fine

Tonight sure! Remove the liver and bowel poison which is keeping your head dizzy, your tongue coated, breath offensive and stomach sour. Don't stay bilious, sick, headachy, constipated and full of cold. Why donôt you get a box of Cascarets from the drug store now? Eat one or two tonight and enjoy the nicest, gentlest liver and bowel cleansing you ever experienced. You will wake up feeling fit and fine. Cascarets never gripe or bother you all the next day like calomel, salts and pills. They act gently but thoroughly. Mothers should give cross, sick, bilious or feverish children a whole Cascaret any time. They are harmless and children love them.

New Automobiles In Marion and Polk Counties

Wilkins' Automobile Record reports the following sales in Marion and Polk counties the past week:

Marion County.

47866—Beckley, J. W., R2, Salem, Ford.

47865—Breitenstein, J. B., Sublimity, Chevrolet.

47874—Costello, J. F. Silverton, Mitchell.

48242—Donaldson, J. H., Salem, R5, Ford.

48128—Emery, W. P., Macleay, Studebaker.

48219—Emmett, E. G., Woodburn, Overland.

47875—Gideon, Stoltz Co., Salem, Summer street, Ford.

48175—Hodge, D. A., 159 N. 12th St. Salem, Ford.

48084—Johnson, Mrs. Al, 1155 Summer, Salem, Maxwell.

48240—Kapphahn, Ed., Hubbard bldg Salem, Ford.

48116—Kirkwood, Henry, Gervais, Ford.

48176—Kunesi, Herman, Silverton, Ford.

48225—Kurtz, F. A. Salem, Ford.

48174—Leifheit, Lizzie, Salem, R 8, Ford.

48126—McKennon, D. J. 1364 Court, Dodge.

48264—McRay, Arthur W., Donald, Ford.

48173—Mizl, A. W., Salem, R 3, Ford.

48083—Nusom, R. W., Gervais, Maxwell.

48130—Purvine, L. M., R 1, Salem, Ford.

48241—Shepherd, R. C., Salem, R 1, Ford.

48082—Simmons, A. W., Silverton, Ford.

48171—Teter, R. D., Salem, R 4 Dodge

Polk County.

47873—Krigel, K. B., Dallas, Oakland.

48266—Rossman, C. C., Independence, Ford.

48129—Sears, T. B. Rickreall, Ford.

48123—Staaveren, S. Van., Perrydale, Ford.

48236—Stapleton, Jack, Independence, Ford.

47840—Starbuck, A. B. Dallas, Chalmers.

48127—Yocum, Mrs. W. A. Ballston, Oakland.

MUSTEROLE—QUICK RELIEF! NO BLISTER!

It Soothes and Relieves Like a Mustard Plaster Without the Burn or Sting

Musterole is a clean, white ointment, made with the oil of mustard. It does all the work of the old-fashioned mustard plaster—does it better and does not blister. You do not have to bother with a cloth. You simply rub it on—and usually the pain is gone!

Many doctors and nurses use Musterole and recommend it to their patients.

They will gladly tell you what relief it gives from sore throat, bronchitis, croup, stiff neck, asthma, neuralgia, congestion, pleurisy, rheumatism, lumbago, pains and aches of the back or joints, sprains, sore muscles, bruises, chilblains, frosted feet, colds of the chest (it often prevents pneumonia).

30c and 60c jars; hospital size $2.50.

MUSTEROLE WILL NOT BLISTER

Automobile Industry Will Be Regulated

Washington, Nov. 7.—The automobile industry will soon choose three men to direct curtailment of pleasure car manufacturing and place the industry on a strict war basis.

Director Gifford of the council of national defense made this announcement. The committee of three working with the war, industries board also will apportion orders for aeroplane motors, heavy duty transport trucks, motor ambulances and other government contracts.

In a few weeks," said Gifford, "the change in automobile manufacturing will be introduced and gradually more and more plants will be converted into parts of the national war machine. This will not disrupt labor conditions and the employers will have time to adapt themselves to the new situation."

Some Pointers About Postage Rates Under the New Regulations

The following is copied from the instructions of the third assistant postmaster at Washington issued to all postmasters, to assist them in figuring out the postage on post cards and private mailing cards. The layman in post office affairs may wonder where he gets off after reading the following but the man in the post office is supposed to figure it out without trouble. Here are the instructions wodd for word:

"Private cards or private mailing cards, which include all cards not exceeding in size approximately 3 9-16 by 5 9-16 inches nor less than approximately 2 3-4 by 4 inches, will also be subject to two cents postage each, whether they bear written or printed matter. All cards bearing the words "post card" or "private mailing card" which are not within the size set forth shall be charged two cents postage each if in print, or three cents if wholly or partly in writing, but the rate of postage or printed advertising cards or card containing printed circular matter which do not bear the words "post card" or "private mailing card" and do not come within the size prescribed for post cards is not affected, such printed cards being subject to postage at the third class rate."

There you have it. It is now up to the layman to figure out just what to do about post cards, postal cards and mailing cards with or without some printing or writing on them. It's easy.

THE MEANEST MAN.

Portland, Or., Nov. 8.—Here's the meanest man:

A thief broke into the home of W. H. Galligan and stole 15 cents from a two-year-old child who is critically ill.

THE BOSS WITH A GROUCH

By K. C. B.

In the first place.
The Boss.
Is a short man.
With an awful grouch.
And in the second place.
Harold Burns.
Who was our office boy.
Was a tall boy.
Anr he always smiled.
And just a week.
From the very day.
That he got the job.
His voice.
Started to change.
And the boss would call him.
And he'd say.
"Yes, sir."
In a high soprano.
And "I'm coming."
In a deep contralto.
And "Right away, sir."
In a tenor.
And "Here it is, sir."
In a bass.
And the firt time he did it.
The boss.
Had an idea.
He was being kidded.
And said
"!*!—&"&—*!!*&*"!"
And Harold said.
"Nor, sir.
"I can't help it.
"My voice is changing."
And anyway.
Always after that.
The boss hated him.
And then one day.
A band went by.
With "Over There".
In a blare of brass.
And we all looked out.
And marching troops.
On the street below.
Filled all our hearts.
With whatever it is.
That "Over There."
And our marching troops.
Put into our hearts.
And filled our eyes.
And we all went back.
To our work-a-day desks.

* * *

And the next day came.
And Harold came.
And whispered to me.
He was going to quit.
And called the boss.
"A great big stiff."
And I went in.
And told the boss.
That we'd have to find.
Another boy.
And told him way.
And all he said.
Was: "Go get one.
"And get one.
"With a voice that's set."

* * *

In less than a week.
Our Harold Burns.
Came back again.
With a uniform.
And a permanent voice.
And a light in his eyes.
Anr his shoulders squared.
And he'd just come in.
To say good-bye.
And was saying it.
When the boss came in.

* * *

And a little while later.
The boss' buzzer.
Buzzed its buzz.
And I went in.
And he wanted to know.
If the boy outside.
Was our old office boy.
And I said he was.
And he asked me then.
To send him in.

* * *

And that day noon.
One Harold Burns.
An office boy.
One week before.
And his erstwhile boss.
A short, stout man.
With an awful grouch.
Ate lunch together.
And then shook hands.
And said good-bye.

* * *

And here in the office.
The boss and his grouch.
Live on.
And thrive.
And make life *!!"@—&—!!
For the new office boy.

—From the New Puck.

Bruises and Sprains

Have Sloan's Liniment handy for bruises and sprains and all pains and aches. Quick relief follows its prompt application. No need to rub. It quickly penetrates to the trouble and drives out the pain. Cleaner than mussy plasters or ointments. Sloan's Liniment does not stain the skin nor clog the pores. For rheumatic aches, neuralgia, stiff muscles, lame back, lumbago, gout, strains and sprains, it gives quick relief.

Generous sized bottles at all druggists, 25c., 50c., $1.00.

Sloan's Liniment KILLS PAIN

CHURCH NOTICES

(Continued from Page One.)

Jennie Williams. Christian Endeavor at 6:30 p. m. At 7:30 there will be given a special lecture by Mrs. Letta A. Jones illustrated by stereoptican. On "Livingstone by Canoe and Caravan Among Central African Tribes." Special solo by Miss Alice Baker. All invited.

Rural Congregational Church.

H. C. Stover, minister. Sunday school at 10 a. m. Morning worship at 11 a. m. Christian Endeavor at 7:30 p. m.

Central Congregational Church.

Corner south 19th and Ferry streets. H. C. Stover, minister. Sunday school at 10 a. m. No morning service. Christian Endeavor at 6:30 p. m. Rev. J. H. Matthews of Seattle will preach at 7:30 p. m. Prayer meeting at 7:30. Thursday evening.

Highland Friends.

Corner of Highland and Elm avenue Preaching in the morning at 11 o'clock and in the evening at 7:30 by the Rev. Mary Presnall an able speaker. Come and hear a lady minister. Sunday school at 10 a. m. Christian Endeavor at 6:15 p. m. Bible study class Tuesday evening. Prayer meeting every Thursday evening at 7:30. Our pastor, Josephine Hockett is expected to be here for Nov. 18.

Penticostal Church of Nazarenne.

An old-fashioned gospel meeting will be held at the Penticostal Nazarenne church, 19th and Marion sts. Thursday Nov. 15. Meeting every night. Preaching at 8 o'clock by the pastor whom the board has called as the evangelist. Stirring song service beginning at 7:30 Don't miss the song service. A welcome to all, especially to the stranger. Elizabeth Baxter, secretary church board.

Swedish Tabernacle M. E. Church.

Corner south 15th and Mill streets. John Ovall, minister. Sunday school at 2 p. m. Gust Anderson, superintendent. Preaching at 3 p. m. by the paster. All are most cordially invited to attend.

South Salem Friends.

Corner of South Commercial and Washington streets. H. E. Pemberton, minister, 1746 South Liberty street. Bible school at 10 a. m. classes for all. B. C. Miles, superintendent. Meeting for worship and preaching at 11 a. m. Evening service at 7:30 in charge of the Christian Endeavor. Prayer meeting Thursday 7:30 p. m.

German ethodist Church.

Corner 13th and Center streets. G. S. Roeder, minister. Sunday school 10 a. m. Preacing service 11 a .m. and 7:30 p. m. Epworthh League service 7 p. m. Weekly prayer meeting Thursday 7:30

Evangelical Association.

Seventeenth and Chemeketa street. Jacob Stocker, pastor. 10 a. m. Sunday school, M. P. Dennis, superintendent. 11 a. m. Divine service and sermon: "We Faint Not." 6:30 p. m. Y. P. A. leader, Anna Strausbaugh, topic, "Seeking Worth While Things." 7:30 Sermon by the pastor.

W. C. T. U.

201 South Commercial street. Preaching at 4 p. m. Nov. 11th. By Rev. F. E. Jones.

State Institutions.

Services will be held Sunday at the following State Institutions. 2:30 p. m. Chemawa Indian school, E. T. Porter. 3 p. m. Girl's Training School, H. N. Aldrich. 3:15 p. m. Tuberculosis Hospital. H. E. Pemberton.

Salem Ministerial Union.

The regular meeting will be held in the Y. M. C. A. Monday morning at ten o'clock. The address will be delivered by H. E. Pemberton. Subject, "The Church and Its Finances. The Business Side of the Church work." All ministers in Salem and nearby towns are cordially invited to attend, also to become members of the union.

For Itching Torture

There is one remedy that seldom fails to stop itching torture and relieve skin irritation and that makes the skin soft, clear and healthy.

Any druggist can supply you with zemo, which generally overcomes all skin diseases. Acne, eczema, itch, pimples, rashes, blackheads, in most cases give way to zemo. Frequently, minor blemishes disappear overnight. Itching usually stops instantly. Zemo is a safe, antiseptic liquid, clean, easy to use and dependable. It costs only 35c; an extra large bottle, $1.00. It will not stain, is not greasy or sticky and is positively safe for tender, sensitive skins.

The E. W. Rose Co., Cleveland, O