Overworked Women

must learn not to neglect their health

How Women are Restored to Health

Spartanburg, S.C.—"For nine years I suffered from backache, weakness, and irregularities so I could hardly do my work. I tried many remedies but found no permanent relief. After taking Lydia E. Pinkham's Vegetable Compound I felt a great change for the better and am now well and strong so I have no trouble in doing my work. I hope every user of Lydia E. Pinkham's Vegetable Compound will get as great relief as I did from its use."—Mrs. S. D. McAbee, 122 Dewey Ave., Spartanburg, S. C.

Chicago, Ill.—"For about two years I suffered from a female trouble so I was unable to walk or do any of my own work. I read about Lydia E. Pinkham's Vegetable Compound in the newspapers and determined to try it. It brought almost immediate relief. My weakness has entirely disappeared and I never had better health. I weigh 168 pounds and am as strong as a man. I think money is well spent which purchases Lydia E. Pinkham's Vegetable Compound."—Mrs. Jos. O'Bryan, 1753 Newport Ave., Chicago, Ill.

YOU CAN RELY UPON

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

The American consul general at Mexico City reports that the Mexican government has ordered 50 benzine tractors from the United States. If that means power plowing it is the quickest and longest jump from the crooked stick that history has so far revealed.

When Itching Stops

There is one safe, dependable treatment that relieves itching torture and skin irritation almost instantly and that cleanses and soothes the skin.

Ask any druggist for a 35c or $1 bottle of zemo and apply it as directed. Soon you will find that irritations, pimples, blackheads, eczema, blotches, ringworm and similar skin troubles will disappear.

A little zemo, the penetrating, satisfying liquid, is all that is needed, for it banishes most skin eruptions and makes the skin soft, smooth and healthy.

The E. W. Rose Co., Cleveland, O.

LAST TIME TONIGHT

PAULINE FREDERICK

in

"DOUBLE CROSSED"

Other Attractions

TOMORROW

JACK PICKFORD

and

LOUISE HUFF

in

"THE GHOST HOUSE"

War Tax Extra

1c on 5 and 10c tickets.

2c on 15c tickets.

THE OREGON

Coming Sunday

Margarerite Clark

Salem Heights Notes

Friends of Donald Wilson will be sorry to learn that he has been in the hospital since his return from his furlough. Donald is a musician in the navy He is at Mare Island, but expects to leave soon for the eastern coast.

Deo McClain and family of Albany spent Sunday with his parents Mr. and Mrs. J. A. McClain.

Ben Sawyer was a Portland visitor last week.

Mrs. G. Hemsley is visiting her daughter, Mrs. Will Smith at the Wallace Farm in Polk county.

Miss Laura Wagner a student at O. A. C, was a week end visitor at her home.

Mr. and Mrs. Barnard of Gresham were visitors at the J. A. McClain home over the week end.

Carl Fisher attended the High school football game at Eugene last Saturday.

Athos Miller was home for Sunday from Independence.

Mr. Sarff was a Portland visitor for some time but returned home on account of sickness about a week ago.

Arthur McClain spent Sunday at home. He is a student at O. A. C.

A. L. Henkle and family of Portland motored to Salem Saturday and were the guests of Mr. Henkle's sister, the W. A. McCollum's over the week end.

The Red Cross meet at the hall tomorrow, Wednesday, afternoon. They expect to have yarn at the next meeting.

You Get Better Cough Syrup by Making it at Home

What's more, you save about $2 by it. Easily made and costs little.

You'll never really know what a fine cough syrup you can make until you prepare this famous home-made remedy. You not only save $2 as compared with the ready-made kind, but you will also have a more effective and dependable remedy in every way. It overcomes the usual coughs, throat and chest colds in 24 hours—relieves even whooping cough quickly.

Get 2½ ounces of Pinex (60 cents worth) from any good drug store, pour it into a pint bottle and fill the bottle with plain granulated sugar syrup. Here you have a full pint—a family supply—of the most effective cough syrup that money can buy—at a cost of only 65 cents or less. It never spoils.

The prompt and positive results given by this pleasant tasting cough syrup have caused it to be used in more homes than any other remedy. It quickly loosens a dry, hoarse or tight cough, heals the inflamed membranes that line the throat and bronchial tubes, and relief comes almost immediately. Splendid for throat tickle, hoarseness, bronchitis, croup and bronchial asthma.

Pinex is a highly concentrated compound of genuine Norway pine extract, and has been used for generations for throat and chest ailments.

Avoid disappointment by asking your druggist for "2½ ounces of Pinex" with full directions, and don't accept anything else. A guarantee of absolute satisfaction or money promptly refunded, goes with this preparation. The Pinex Co., Ft. Wayne, Ind.

Flag-Raising Exercises at Eldridge School

Flag raising and patriotic program at the Eldridge school, Saturday Nov. 3, a patriotic program and flag raising was held at the Eldridge school, and the flag pole, which Mr. Kirkwood presented to the school, was dedicated and raised. It is 60 feet high, painted white and with old glory floating is an honor and attraction to the school grounds. An excellent luncheon with hot coffee, which the women of the neighborhood had provided, salads, chicken, cream cake, etc., was enjoyed by all. The food conservation card they had signed was almost forgotten. Under the direction of Miss Emma Brock, our school teacher, a splendid patriotic program by the school children was carried out and is worthy of commendation. We can well be proud of our Salem postmaster, August Huckestein, who was the speaker present and delivered the most patriotic, heart to heart speech, dating back into history that will go with us in the years to come. He urged patriotism and love of flag and country, then Rex Howard, high school student and special messenger boy, with Mr. Huckestein, recited "I am an American," loyal and very patriotic.

Mr. Hoppes our county school supervisor, gave us a brief talk, and encouraged the parents to visit the schools and public meetings, it helped and encouraged the children and teachers.

State school field worker, L. P. Harrington, made an interesting talk, bringing in some humorous stories, one entitled "Kaiser Bill;" when he was at the fair judging the pigs at the boys and girls pig club one boy named his pig Kaiser Bill, because he was such a big, all hog; the pig Kaiser Bill won the prize. He closed his speech by reciting the beautiful poem, "Barbara Futchu."

The school program follows:

Song by the school, Canning the Kaiser; address of welcome, Ruby Strong; song by Daisy Collins; flag recitation by primary pupils; sng by Mrs. Zldrff; violin solo by Trnette Collins; all joining in singing the first verse of America; recitation, Many Flags, Lilo Tompkins; song by Gertrude Strong; Star Spangled Banner by all.

WHY NOT BUY A FARM

in Sunny Alberta. Where the tenant farmer or farmer's son in moderate circumstances, or the city man with limited capital can obtain a farm in a land abounding in prosperity and attractive homes.

THE C. P. R. GIVES YOU TWENTY YEARS TO PAY

for land from $10 to $30 an acre in the most fertile country in the world

AND WILL LOAN YOU $3000

to build your house and barns and buy cattle. For an enterprising and ambitious man the opportunity is one which he should not neglect if he aspires to an independency and financial success. Ask for free literaure. C. W. Niemeyer, C. P. R. lands agent 544 State street, Salem. Phone 1000.

NOTICE:

We wish to announce that we will furnish music for all occasions, with lots of pep, which is especially adapted to the modern style of dancing.

Mr. and Mrs. Warren Hunt,

Piano, Xylophone and Drums.

Phone 1296

Steel Prices Fixed and Approved by President

Washington, Nov. 6. — New maximum steel prices fixed by the war industries board on six steel articles have been approved by President Wilson. The new prices supplement those named for semi-manufactured steel articles some months ago.

The classes of steel for which prices were fixed are:

Sheet, pipe, cold rolled steel, traps, wire and tin plate.

The new schedule, which is subject to reevision January 1, 1918, follows:

Sheets, both Bessemer and open hearth grades: No. 28 light sheet, $5 per 100 pounds, f. o. b., Pittsburg; No. 10 blue annealed sheet, $4.20 per 100 pounds f. o. b., Pittsburg; No. 2 galvanized sheet, $6.25 per 100 pounds f. o. b., Pittsburg.

Pipe: One three quarters inches to three inch black steel pipe, discount 52 and five and 2½ per cent f. o. b. Pittsburg.

Cold rolled steel: Seventeen per cent discount from March 15, 1915, list f. o. b. Pittsburg.

Scraps, f. o. b. consuming plant: No. 1 heavy melting, $30 per gross ton.

Cast iron oreing and machine shop turnings, $20 per gross ton.

No. 1 railroad wrought $35 per gross ton.

Wire: Plain wire $3.25 per 100 pounds f. o. b. Pittsburg.

Tin plate: Coke, base, Bessemer and open hearth, $7.70 per 100 pounds f. o. b. Pittsburg.

In connection with the above, the iron and steel manufacturers have agreed promptly to adjust the maximum prices of all iron and steel products other than those upon which prices have been agreed, to the same general standard as those which have been announced. It is expected that this will be done promptly and consistently, in line with the basic, intermediate and finished products, for which definite maximum prices have been established.

SOCIETY

By ALINE THOMPSON

THE first dance of a series to be given again this winter by the Elks club will take place at their club house tonight. It will be informal, as were all of these delightful parties last season, and will be attended by the members and their friends.

* * *

Miss Grace Bean has asked the members of ehe Junior auxiliary to her home for an informal knitting bee tomorrow night.

* * *

Sergeant Major D. G. Kenning, who came to Salem Saturday to speak at the "Carnival of Nations" returned to Portland Sunday night.

While here Kenning was a guest at the John H. Carson residence.

* * *

A group of young girls gathered as the guests of the Misses Zita and Vera Rosenquest on Wednesday night to participate in a jolly Hallowe'en party, for which they were hostesses at their home on North Commercial street.

The usual Hallowe'en diversions were enjoyed during the early part of the evening and later the gayeties were closed with refreshments.

Those sharing in the evening were Miss Ruth Schultz, Miss Olga Gray, Miss Marie Chittenden, Miss Marybelle Reinhart, Miss Bessie Gill, Miss Ruth Fisher, Miss Clara Breitenstein, Miss Reatha Hughes and Miss Grace Holt.

* * *

Announcement has been made of the engagement of Miss Marguerite F. Mers to Dr. Harvey Slater, who formerly resided in Salem, but is now in St. Paul, Minn.

Dr. Slater is a son of Judge and Mrs. W. T. Slater and a brother of the Misses Lela and Lillian Slater of Portland. His family formerly lived in Salem, Judge Slater having at one time been a member of the supreme bench.

Miss Mers is secretary of the state watr board and like her fiance has a wide circle of friends in Salem.

The wedding will take place in the near future.

* * *

Oregon City, Or., Nov 5.—One of the prettiest luncheons of the season was given in this city on Thursday afternoon from 2 to 6 o'clock by Miss Sadye Evelyn Ford and her sister, Mrs. Harold Swafford, at their home at Twelfth and Washington street. The affair was given in honor of Mrs. Charles Leonard of Seattle, Wash., formerly Miss Ruth Brightbill, of this city, who is here visiting her parents, Mr. and Mrs. H. P. Brightbill. The many friends of Miss Ford were taken by surprise, As they entered the reception hall they were met by little Margaret Swafford attired in a red, white and blue frock, who presented them with a tiny silk flag to which was attached cards announcing the engagement of Miss Sadye Evelyn Ford to Garland E. Hollowell of Gladstone. He is stationed at Camp Lewis, American Lake, with battery D, field artillery. The date of the wedding has not been set.

Miss Ford was assisted in receiving by her sister, Mrs. Harold A. Swafford, Mrs. Charles Leonard and Miss Nina Hollowell, sister of Mr. Hollowell. Assisting in the reception room were Mrs. Nieta Barlow Lawrence and Miss Mollie Rose.

Miss Ford was attired in a pale pink crape meteor and Georgette crepe with touches of apple green. Mrs. Harold Swafford wore an attractive gown of red satin; Mrs. Charles Leonard, pale blue silk embellished with gold; Miss Rose, brown silk and chiffon; Mrs. Lawrence, white lace. Corsage bouquets of heliotrope, Cecil Brunner roses and maidenhair ferns were worn by those receiving.

Assisting in serving during the afternoon were Mrs. E. E. Brodie, Mrs. George Swafford, who presided at the table, and by Mrs. Viola Gordon Wright of Portland; Mrs. T. W. Johnson of Portland; Mrs. B. F. Ford of Stayton, Or.; Mrs. Owen O. Ford of Portland; Miss Louise Walker, Miss Evelyn Harding.

Miss Ford is one of the well known pianists of this city. She was born in the south, and comes from a prominent suthern family. She has resided in Oregon most of her life. At Eugene Miss Ford was assistant piano instructor of the University of Oregon. Since taking up her residence in this city she has been organist of the Methodist church of which her father, Rev. T. B. Ford, was pastor for some time.

It was while organist in the church in this city that Miss Ford and Mr. Hollowell's romance commenced. He was tenor soloist of their chir until enlisting at Camp Lewis. Miss Ford has appeared on many occasions in this city in concert, and has a host of friends here, as has also Mr. Hollowell.

Ir. Hollowell is the son of J. M. Hollowell of Gladstone. He attended the O. A. C. and while a student of that institution was a soloist of the glee club, and was also a member of the Apollo club of Portland during his residence there. He also spent some time in Hood River before taking up his home in the former city. He is a native of Indiana.—Oregonian.

* * *

The Woman's Social Circle of the —Central Congregational church will meet tomorrow afternoon with Mrs. E. E. Cooper in the Hubbard building, for its regular monthly meeting.

* * *

Several days ago, Mr. and Mrs. Gerald Volk entertained with an informal stag dinner at their home on North Capitol street.

Later in the evening the men were joined by their wives, all of whom were members of the P. E. O. Sisterhood and had assembled earlier in the evening at the home of Mrs. George Wood.

They came garbed in Hallowe'en attire, arriving just in time for the refreshments and closing gayeties.

Their guests were Mr. and Mrs. Gordon McGilchrist, Mr. and Mrs. Henry E. Bolinger, Dr. and Mrs. C. H. Epley, Mr. and Mrs. G. W. Latlar, Dr. and Mrs. R. W. Walton, Mr. and Mrs. George Wood, the Misses Laura Grant, Alyce Hollister, Anna Welsh and B. J. Miles.

* * *

A patriotic dance will be given on Friday night at Cotillion hall, under the auspices of the ladies auxiliary No. 4 of the United Spanish War Veterans.

* * *

The aid society of the Englewood United Brethren church will meet on Wednesday morning with Mrs. F. H. Neff at the parsonage, for an all day sewing.

A good attendance is requested as there is work (sewing) of all kinds to be completed.

"A SHINE IN EVERY DROP"

Black Silk Stove Polish is *different*. It does not dry out; can be used to the last drop; liquid and paste one quality; absolutely no waste; no dust or dirt. You get your money's worth.

Black Silk Stove Polish

is not only most economical, but it gives a brilliant, silky lustre that cannot be obtained with any other polish. Black Silk Stove Polish does not rub off—it lasts four times as long as ordinary polish—so it saves you time, work and money.

Don't forget—when you want stove polish, be sure to ask for Black Silk. If it isn't the best stove polish you ever used—your dealer will refund your money.

Black Silk Stove Polish Works, Sterling, Illinois.

Use Black Silk Air Drying Iron Enamel on grates, registers, stove-pipes, and automobile tire rims. Prevents rusting. Try it.

Use Black Silk Metal Polish for silverware, nickel, tinware or brass. It works quickly, easily and leaves a brilliant surface. It has no equal for use on automobiles.

Get a Can TODAY

Hotel St. Francis San Francisco

Finest Location: Facing Union Square

1000 Rooms from $2.00 per Day

Appreciated by Discriminating Travelers the World over.

Management James Woods

SHIPLEY'S

Values Extraordinary

WOMEN'S AND MISSES' SUITS

All our Suits are assorted into Three Big Lots

ONE LOT $19.75
ONE LOT $24.75
ONE LOT $34.75

Colors---Navy, Brown, Black, Burgundy, Taupe and Plum.

Materials---Broadcloths, Serges, Poplins and Whip Cords.

Do Not Fail to See These Values

Quality Merchandise **Popular Prices**

U. G. Shipley Company

LIBERTY STREET

Mr. Chapman Appreciates Work Done by Journal

Mr. Charles H .Fisher,
Salem Capital Journal,
Salem, Oregon,
My Dear Mr. Fisher:

The campaign is over and there but remains the very inadequate thanks of those of us at Portland, who are so indebted to newspapers like the Journal for the fight they put up. I am convinced that in a very great measure the success of the fight in Salem was due to the campaign carried on by the newspapers, and in that campaign you had no small part.

Straightforward, convincing editorials such as your "Buy a Bond, and Jar the Kaiser," and "Will You Lend or Pay," were so completely to the point that they impressed on your readers everywhere the urgent necessity of Oregon doing her share. And there is no question but that she did her share.

The campaigns will occur from time to time, and whenever they do occur, whether I have anything to do with the campaign or not, I am certain that you will use every effort to make it a success.

Yours truly,
C. C. CHAPMAN,
Vice-Chairman, Publicity Com.

EXTRACT FROM REPORT OF PUBLICITY COMMITTEE

Publicity for the second Liberty loan campaign in Oregon seems to have been the maximum conceivable, especially considering the delay in getting it started. The press of Oregon, both city and county, almost without exception, devoted columns and pages of space to the Liberty loan. Several newspapers devoted as high as four pages in one issue to Liberty loan matter prepared by Mr. Orton Goodwin, publicity manager.

To the Oregon press is due more than to any other one factor the success obtained by the Liberty loan campaign in Oregon. The volume of press clippings is beyond anything the writer ever beheld.

So far as headquarters is concerned the credit for actual publicity work is due to Mr. Orton E. Goodwin. This committee was fortunate in being able to secure his services. Your Vice Charman has had a country wide experience in handling publicity work but never in all his experience has he seen anyone with the burning genius for conceiving and executing resultful newspaper publicity as displayed by Mr. Goodwin in this campaign. He wore himself to the point of exhaustion by night work—sometimes being at his typewriter until three o'clock in the morning and again at eight ready for another arduous day and night. He was burdened with many details which should and could have been executed by clerical help, were such available. During the last two weeks of the campaign Mr. Goodwin had sole charge of the publicity, as the Vice Charman of your committee found it necessary to abandon practically all publicity activities and devote his entire time to the statistical compilation of country returns and telegraphic hammering of the different counties and communities. This your Vice Chairman did in the name of the Publicity Committee, although it was properly the work of the Distribution Committee. The field was being entirely neglected so without authority or permission your Vice Charman concentrated his energies along these lines. The result of this work done in the name of the Publicity Committee can be estimated at from three to seven and a half millions in excess returns from country districts where campaign efforts either had not been undertaken as recently as last Wednesday or had been suspended as early as Thursday.

"I Should Worry Now About Corns!"

Pain Eases at Once, Corn Just Dies!

Two corns are no worse than one, and one is nothing at all—when you use "Gets-It", the one real corn shrinker, Corn loosener, peel-it-right-off corn remover. That's because two

One Corn Plus "Gets-It" Equals One Foot, Corn Free.

drops of "Gets-It" eases your corn pains at once, and you know that that old corn has been "nipped in the bud" "Gets-It" makes cutting and digging at a corn and fussing with bandages, salves or anything else entirely unnecessary. Remember "Gets-It" is safe.

You'll not have to take off your shoe or pumps under the table at the cafe to ease your squirming soul. See that you get "Gets-It". Don't be insulted by imitations. 25c is all you need pay at any drug store for "Gets-It," or it will be sent direct by E. Lawrence & Co., Chicago, Ill.

Sold in Salem and recommended as the world's best corn remedy by J. C. Perry and D. J. Fry.

Livesley Chicken Supper Proved Splendid Success

(Capital Journal Special Service)

Livesley, Ore. Nov. 6.—The chicken pie supper held in the church under the auspices of the Red Cross auxiliary was a decided success.

There was a large turn out and all thoroughly enjoyed the good things amply provided for them. During the evening a splendid program was given by the following ladies and gentlemen from Salem: Mrs. Rahn, Miss Pearce, Messrs Langenburg, McDonald, Wilkie, and Harris.

As a result of the entertainment $33.40, will be given to the Red Cross; $25 to the Willamette chapter and 8.40 to the soldiers Christmas fund.

The G. T. club will meet at the home of Mrs. J. Watson on Thursday, Nov. 8.

Retail butter price fixed in Illinois, 50½ cents. Say, but that is slicing it pretty thin; isn't it?

This war winning life is just one signature after another. Pledge card week. Please sign right on this line—here. Thank you.

There used to be a people called Laplanders. They should be paged. Everybody's got to be either for or against the kaiser.

Keeping the Quality Up

LAXATIVE BROMO QUININE, the World-Famous Cure for Colds and Grip, is now 30c per box. On account of the advance in the price of the six different Medicinal, Concentrated Extracts and Chemicals contained in LAXATIVE BROMO QUININE, it was necessary to increase the price to the druggist. It has stood the test for a quarter of a century. It is used by every civilized nation.

Six Prisoners Escape From "Honor Gang"

Six prisoners escaped from the state prison gang employed in cutting wood on the Smith ranch near the city, sometime last night. They were in the "honor gang," and where they evidently did not belong. They are Earl Higley sent up from Umatilla county for burglary; Joe Wilson from Douglas county for larceny, both white. There were three negroes: John L. Magors from Polk sent up for rape; Farley Hunt from Multnomah county for burglary; and Jesse Taylor from Union county for robbery. An Indian, Frank Johnson sent from Umatilla county for larceny, completed the slippery half dozen. An auto, a five passenger Ford, was stolen from the garage of Ray Farmer during the night and is supposed it was taken by the gang to speed up their get away, and be as far from Salem by the time their escape was discovered, as possible.

Hunt and Magors are considered exceptionally dangerous men.

Attempt Is Made To Wreck N. P. Train

Hoquiam, Wash., Nov. 6.—An attempt to wreck a Northern Pacific train with dynamite was made last night, it became known today.

A stick of dynamite was tied to the rail and six other sticks were attached in such a manner that all would explode when a train passed. A light gas car struck the dynamite, which did not explode, evidently because the car was not heavy enough.

Authorities who are conducting a thorough investigation believe the explosive was placed on the track to wreck the heavy beach train.

DEO FOR SORE, SWOLLEN, TIRED FEET

Dennis Eucalyptus Ointment

AT ALL DRUG STORES

TUBES 25c JARS 50c

HEAD STUFFED FROM CATARRH OR A COLD

Says Cream Applied in Nostrils Opens Air Passages Right Up.

Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more hawking, snuffing, blowing, headache, dryness. No struggling for breath at night; your cold or catarrh disappears.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed up with a cold or nasty catarrh.