Overworked Women

must learn not to neglect their health

How Women are Restored to Health

Spartanburg, S.C.—"For nine years I suffered from backache, weakness, and irregularities so I could hardly do my work. I tried many remedies but found no permanent relief. After taking Lydia E. Pinkham's Vegetable Compound I felt a great change for the better and am now well and strong so I have no trouble in doing my work. I hope every user of Lydia E. Pinkham's Vegetable Compound will get as great relief as I did from its use."—Mrs. S. D. McAbee, 123 Dewey Ave., Spartanburg, S. C.

Chicago, Ill.—"For about two years I suffered from a female trouble so I was unable to walk or do any of my own work. I read about Lydia E. Pinkham's Vegetable Compound in the newspapers and determined to try it. It brought almost immediate relief. My weakness has entirely disappeared and I never had better health. I weigh 165 pounds and am as strong as a man. I think money is well spent which purchases Lydia E. Pinkham's Vegetable Compound."—Mrs. Jos. O'Bryan, 1755 Newport Ave., Chicago, Ill.

YOU CAN RELY UPON

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Escape of Russian Fleet Victory for Distracted Russia

By J. W. T. Mason
(Written for the United Press)

New York, Oct. 22.—The first complete victory the Russian revolutionists have won has been accomplished by the escape of the entrapped Russian fleet from the Gulf of Riga archipelago into the safe haven in the Gulf of Finland.

The accomplishment of this feat of seamanship is as remarkable a performance as any naval encounter of the war. If given proper publicity throughout Russia, it should go far toward stimulating the confidence of the Russians in their own abilities, which is now the principal need of the new Slav democracy.

The Russian fleet comprised a score of second class ships. Opposing them were three times their number of German vessels, including a great squadron of superdreadnaughts. The Germans were so confident their prey had been caught behind Moon island that the kaiser's admiralty announced the available channels of exit had been blocked by German warships. There is no doubt but that all Germany believed a great naval disaster was about to overtake the Russians, for the same fear was felt by Russia's allies.

Yet, German "efficiency" failed to meet the most essential part of the problem. Only two possible explanations can account for the escape of the Slav fleet. Either the Russians strategically outguessed the German naval staff or the German sailors, still imbued with a spirit of mutiny, intentionally committed errors that gave the Russians a clear path into the Gulf of Finland.

Whatever the explanation, the victory of the Russian fleet must have a disintegrating effect upon German naval morale. The kaiser undoubtedly ordered the participation of his huge armada in the Gulf of Riga operations, hoping for a naval victory that might counteract the effect of the recent mutinies. It was the work of the army, however, far more than the navy, that resulted in the capture of the Gulf of Riga islands.

The navy failed in its primary objective of annihilating the inferior Russian fleet. That failure contains the seed for further dissatisfaction in Germany with the Hohenzollern rule and of further eruptions in the kaiser's navy.

CORN PAIN STOPPED QUICK

Corns Lift Right Off With "Gets-It"

Blessed relief from corn pains is simple as A B C with "Gets-It."

When you've been limping around for days trying to get away from a heart drilling corn or bumpy callus,

and everything you've tried has only made it worse, and then you put some "Gets-It" on and the pain eases right away, and the corn peels right off like a banana skin—"ain't it a grand and heavenly feeling?"

"Gets-It" has revolutionized the corn history of the world. Millions use it and it never fails. Ladies wear smaller shoes and have pain-free feet. We old fellows and young fellows forget our toes and feel frisky as colts. Everybody with a corn or callus needs "Gets-It". We will all walk about and enjoy ourselves as we did without corns. Get a bottle today from your druggist, or sent on receipt of price by E. Lawrence & Co., Chicago Ill., 25c is all you need to pay.

Sold in Salem and recommended as the world's best corn remedy by J. C. Perry, D. J. Fry.

LIBERTY BONDS

(Continued from Page One.)

campaign.

Members of the National Society for the Prevention of Useless Giving are enthusiastically supporting the new movement.

"This bond giving plan also solves all problems of Christmas shopping—from wondering when on earth where you will finish, to where there is another piece of wrapping paper. Buying a bond is as simple nowadays as buying a newspaper," said Price. "Finally you will not help your government much by showering necklaces, hobby horses and limousines on your friends."

Financial experts explained today that it is perfectly feasible for a person to buy a bond as a gift. If it is registered it should be made out in the receiver's name. The coupon bond can be delivered like so much cash.

SPLENDID IDEA, SAYS GOMPERS.
(By Samuel Gompers)
(President of the American Federation of Labor)
(Written for the United Press)

Liberty bonds for Christmas presents is a splendid idea. It combines the spirit of Christmas and the spirit of American patriotism as nothing else could.

"In my estimation there could be no more fitting gift between friends and families this year.

It is not only a present from the giver to the recipient, but it is also an urgently needed loan to the government, and an earnest of one's faith and interest in the fighting success of every American boy in this war.

Nor do its advantages end there.

A liberty bond given this Christmas is many Christmas presents in one, for it will multiply itself into other cash Christmas presents for many Christmases to come.

This plan will also keep many, many of our badly needed American dollars from disappearing in the form of useless fripperies. It is as genuinely conservation of our national wealth as kitchen economy is conservation of our food supply.

I cannot too strongly endorse liberty bonds for Christmas presents.

Buy at least one NOW.

STEEL CORPORATION HEAD
(By Charles M. Schwab)
(President of the Bethlehem Steel Corporation)
(Written for the United Press)

New York, Oct. 23.—I heartily approve of the plan of making liberty loan bonds the national Christmas present, as suggested by Secretary McAdoo.

By giving liberty bonds for Christmas, a two-fold purpose is accomplished. There probably never was a time before when Uncle Sam needed a place in our Christmas.

I believe that the appeal issued today by the secretary of the treasury and by Samuel Gompers, president of the American Federation of Labor, will meet with eager response from all patriotic citizens. Probably no more fitting appeal has ever been made.

The 1917 Christmas may, by this plan, be made a day that will be remembered by the coming generations. It will be a unique day and a day of accomplishment.

Now is the time for the people to act on this suggestion. We cannot delay. Only a few more days remain for us to respond.

Financiers Endorse The Idea.

New York, Oct. 23.—New York financiers swung in line today with the liberty bond Christmas, suggested by Secretary of the Treasury McAdoo, thru the United Press, today.

Employes of many large banking and brokerage houses on Wall street will receive liberty bonds instead of cash bonuses for Christmas. The old custom of giving gold coins will be discarded for the new plan.

Henry Clews, head of one of the oldest brokerage houses on the street, said:

"Who could want a better Christmas gift? I would not employ a man who would object to such a bonus.

"The plan is an excellent one. Bonds given now to children will be selling above par before they appreciate the value of the gift."

Guy Emerson, vice president of the National Bank of Commerce said:

"Do your Christmas shopping this week.

"With the seriousness of the business of war facing us, the American people must make some sacrifices. This is one of the least they can make. To give up some of the pleasures of a Christmas and lend their money to the government.

"Buy your boy a bond instead of a sled."

"Every citizen should give Uncle Sam a Christmas present this year," said Benjamin Strong, governor of the second district of the federal reserve bank. "Uncle Sam seldom asks for a share in the giving at Christmas, but he has made the appeal now and it is our duty to respond."

San Francisco Likes It.

San Francisco, Oct. 23.—Secretary McAdoo's suggestion that Americans give liberty bonds purchased NOW as Christmas presents received enthusiastic support in San Francisco today.

"No Christmas gift could be more fitting than a liberty bond," said James K. Lynch, governor of the twelfth federal reserve district.

"It will serve the two-fold purpose of expressing the Christmas spirit of the given and of holding up the hands of the government in this crisis. In such wise, America's Christmas of 1917 will be given a patriotic flavor that nothing else can give it.

"The men in charge of the liberty bond campaign in this district are enthusiastically behind Secretary McAdoo's suggestion and we believe that it will make a strong appeal to our people everywhere."

Mrs. A. S. Baldwin, chairman of women's liberty loan activities in this district, announced today that arrangements had been completed with many of the largest business establishments in San Francisco, whereby liberty bonds will be accepted as cash in the purchase of Christmas gifts. They are sending to patrons cards decorated with the Christmas colors urging that all purchase liberty bonds and adding that should any desire to purchase other Christmas gifts later, the bonds will be received at their full cash value in exchange.

But the first appeal is to buy the bonds NOW!

Does His Shopping Early.

Chicago, Oct. 23.—James B. Forgan head of the First National bank, and dean of Chicago financiers, believes in the United Press idea of "liberty bonds for Christmas presents"—he's already done his Christmas shopping early along that line.

"I laid away enough of the three and a half per cent bonds for my children and grandchildren," he said today, "and now I'm going to get some four per cent ones for all of them as Christmas presents.

"This is no time to be wasting money on 'jimcrasks' for Christmas. We should be doing good with our money. Bonds are something that can be kept."

Above Par In Berlin.

New York, Oct. 23.—Liberty bonds will sell above par in Berlin after the war, Henry Clews, Wall street financier, predicted today.

"The German bankers know a good investment and they will be glad to trade with us," he declared.

Clews also asserted German war bonds will sell in the American market, provided "the German people no dot repudiate their loans."

Keeps Your Stove Shining Bright

Gives a brilliant glossy shine that does not rub off or dust off—that anneals to the iron—that lasts four times as long as any other.

Black Silk Stove Polish

is in a class by itself. It's more *carefully* made and made from *better materials.*

Try it on your parlor stove, your cook stove or your gas range. If you don't find it the best polish you ever used, your hardware or grocery dealer is authorized to refund your money.

There's "A Shine in Every Drop"

Get a Can TODAY

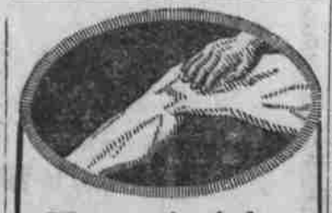
Hotel St. Francis San Francisco

Finest Location: Facing Union Square

1000 Rooms from $2.00 per Day

Appreciated by Discriminating Travelers the World over.

Management James Woods



Rheumatic Aches

Drive them out with Sloan's Liniment, the quick-acting, soothing liniment that penetrates without rubbing and relieves the pain. So much cleaner than musty plasters or ointments; it does not stain the skin or clog the pores. Always have a bottle in the house for the aches and pains of rheumatism, gout, lumbago, strains, sprains, stiff joints and all muscle soreness.

Generous size bottles at all druggists, 25c., 50c. $1.00.

Sloan's Liniment KILLS PAIN

SOCIETY

By ALINE THOMPSON

MRS. WILLIAM P. LORD and daughter, Miss Elizabeth Lord, who have been away for several days on a delightful motor trip to Tacoma and other places of interest on the Sound, with Mr. and Mrs. William P. Lord, Jr., of Portland, came home Sunday night.

* * *

At the residence of Mrs. Russell Catlin, 1207 Chemeketa street, an informal tea will be given on Wednesday afternoon in honor of Miss Effie L. Jackson, a member of the staff of Bishop Rowe of Alaska, who is representing the Episcopal Board of Missions in New York.

The calling hours will be from three until five o'clock and all women of the church and others are invited to meet the visitor.

While in Salem Miss Jackson will be a guest of St. Paul's parish.

* * *

Dr. and Mrs. R. W. Hurlburt of Toronto, Canada, have arrived in Salem and are visiting their son-in-law and daughter, Mr. and Mrs. Rollin K. Page.

Although their visit here is indefinite the Hurlburts expect to spend the greater part of the winter in Salem.

* * *

About a dozen young folk made merry Wednesday night at an informal dancing party given for Miss Pauline Remington at the home of her parents, Mr. and Mrs. J. A. Remington, on North Winter street.

The affair was planned as a farewell to the honor guest who left the first of the week with her aunt, Mrs. Percy Willis for Boston, Mass., to join Colonel Willis, who is stationed at Fort Strong.

After the dancing the merry making was closed with refreshments.

Those participating in the gayeties were Miss Grace Townsend, Miss Mildred Kaylor, Miss Helen Lovell, Miss Jessie Taylor, Miss Eula Kaylor and Clark Craig, William O'Neil, James McFarland, Roscoe Clark, George Beck and William Harris

* * *

Miss Mae Hopkins, fwho formerly was a teacher in the Salem high school writes friends from Japan that she is having a very interesting time and is teaching in a mission school, and learning the Japanese language.

Later she expects to teach her students the English language.

* * *

From now on until the first of November everyone in Salem will be busy preparing "Xmas packets" for the soldiers

As there are 550 of these Xmas parcels to be gathered together for home distribution alone, the task cannot be rushed in the usual spirit of Xmas shopping. All parcels must be shipped at least one month prior to Christmas, for the distribution.

The work of sending these packages is now being organized by the Willamette chapter of the Red Cross and anyone desiring to contribute Christmas parcels may secure information as to the size of the packages and how they should be wrapped, etc., at the local headquarters. All packages must be wrapped in a khaki colored handkerchief and must be the size of a letter pad, both of which may be secured at the local headquarters at cost.

It is the intention of the Red Cross to send packages of a uniform size, each to contain gifts of the value of not more than $1.50

A long and splendid list of articles for this purpose is suggested by the Red Cross and may also be obtained at headquarters, along with any other information.

* * *

Mr. and Mrs. W. Everett Anderson left today for a few days outing at Foley Springs, accompanying Dr. W. B. Morse.

* * *

A meeting of the North Salem Woman's club will be held Wednesday (tomorrow) afternoon at the home of Mrs. Delbert C. Burton, 965 North Church street.

An interesting feature of the meeting will be a talk on food conservation by Miss Lorena Parker, a former instructor at the Oregon Agricultural College.

* * *

In clubdom interest centers around the annual meeting of the State Federation of Oregon Woman's clubs which is being held in Prineville this week. Saturday a group of Salem women went to Prineville as delegates to attend the meeting. They included Mrs. Alice H. Dodd, president of the Salem Woman's club; Mrs. William H. Hamilton, Mrs. Anna Rogers Fish, Mrs. Edmund F. Carleton, Mrs. R. B. Goodin, Mrs. F. A. Elliott, a member of the state food conservation committee; and Miss Mattie Beatty, first vice president of the state.

* * *

Thursday afternoon, the aid society of the Woman's Relief Corps will meet at the home of Mrs. Mollie Dennison, 1475 North Commercial street, to sew for the Red Cross and make arrangements for the "Carnival of Nations" to be held at the armory on Saturday November the third.

Mrs. Dennison will be assisted by Mesdames W. G. Ackerman, Frank A. Thompson, Alice Caldwell, A. Bennett, K. Schott and D. Clearwater.

* * *

Mrs. O. L. Scott and small son, Russell, left Sunday for Redfield, Iowa, where they will visit relatives for a month or so.

They were accompanied as far as Portland by Dr. Scott and Mr. and Mrs. W. B. Miner, who motored down for the day.

Will Take Off All Excess Fat

Do you know that there is a simple, harmless effective remedy for overfatness that may be used safely and secretly by any man or woman who is losing the slimness of youth?

There is; and it is none other than the tablet form of the now famous Marmola Prescription, known as Marmola Prescription Tablets. You can well expect a reduction of from two to four pounds a week without dieting or exercising. Marmola Prescription Tablets are sold by all druggists at 75c for a large case, or if you prefer you can order direct from the Marmola Co. 864 Woodward Ave., Detroit Mich.

RED CROSS BULLETINS

Willamette Chapter, American Red Cross
Business Office and Supply Department, Room 418 U. S. National Bank Building

Now that the Christmas package problem is before the auxiliaries and chapters of the Red Cross, efforts are being made whereby every soldier at home and in France will be remembered.

It is the intention of the Red Cross to send packages of about uniform size, each not to contain present of the value of more than $1.50. These packages will be of uniform size, 7 by 10 inches, the size of a writing pad and each will be wrapped in a khaki colored handkerchief 27 by 27 inches. These may be obtained at headquarters.

The quota for this division is 30,000 and for Willamette chapter 550. In order that these may be ready for shipment in time to reach France by December 25, or sooner, efforts will be made to have without fail at least one third of the packages ready for shipment to Seattle by November 1.

A special committee will soon be appointed to care for these packages and to assign to each auxiliary its quota of the 550. And while these arrangements are being made, women who are interested in the troops in France are asked to make fruit cakes of a size that can be included in the 7 by 10 inch package.

GOLDEN WEST COFFEE "JUST RIGHT"

TODAY

The Vacuum Can brings your favorite coffee to you in perfect condition.

Your Grocer Sells Golden West Products

"JUST RIGHT"

Included in these packages may be the following: Pocket knives, steel mirrors, mouth organs, playing cards, mechanical puzzles, tobacco, pipes and pipe cleaners, cigarette papers, water tight match boxes, chewing gum, fruit cake, candy and plenty of it, salted nuts, preserved ginger, figs, prunes, dates, raisins, licorice.

The presents will be for all. The American Red Cross women's Bureau pamphlet says: "By Christmas we shall have a large number of men in France, and 600,000 in the cantonments at home, besides the thousands in our regular army posts and in our navy, and every one will be eager to help in giving them Christmas cheer."

Dried fruits and food products should be packed in small tin or wooden boxes, one quarter to half pound sizes. Hard candy including chocolate would probably be safe in tin foil or heavy cardboard, but no soft chocolates or anything that could be crushed and ruin the contents of the package should be included. No liquids nor articles packed in glass should be placed in the package. Each package will have a base of 7 by ten inches in the tablet. The height should be five or six inches. Then each will be wrapped in the khaki handkerchief 24 by 24 inches in size.

Then each package should be wrapped and tied with a one inch ribbon with a Christmas card of the donor. After the handkerchief wrapping, each package should be wrapped again with a heavy light brown Manilla paper and again tied securely.

The local Red Cross headquarters has ordered 600 of the khaki handkerchiefs. The tablets 7 by 10 inches may be secured anywhere, as this is the regulation packet tablet size.

Within the past week several new auxiliaries have come into Willamette chapter. Broadmead comes in with 17 names, Waconda with 40, Livesley with 24 and state institution for the Feeble Minded, 13. A Fairfield auxiliary was also organized and another one at Silverton.

For the month of September, Willamette chapter Red Cross shipped the following:

Patients' clothing: 87 suits pajamas, 20 bed shirts, 164 pair bed socks, 229 nightingales.

Operating room: 24 operating gowns, 18 operating caps, 89 pairs operating leggins and 30 operating sheets

Hospital linens: 81 napkins, 41 tray cloths, 212 towels and 17 water bag covers.

Muslin bandages: 429 abdominal bandages, 576 triangle bandages, 42 T bandages, 375 4-tail bandages and 23 fracture pillows, 188 knitted wash cloths and 214 pairs knitted socks.

HAVE YOU BOUGHT YOUR LIBERTY BONDS?

SHIPLEY'S

THE NEWEST OF THE NEW in

Coats Suits Dresses

Coats That Are "Different"
Coats That Are "Distinctive"

Suits fresh from the Makers
Suits of Every Authentic Style

Dresses With Snap and Style
Dresses of Exceptional Beauty

EXTRAORDINARY OFFERINGS

Coats $7.45 to $65.00
Suits $19.75 to $34.75
Dresses $9.75 to $45.00

Waists, Gloves, Corsets, Hosiery, Underwear, Neckwear

Children's Dresses, Children's Coats, Infants' Wear

U. G. Shipley Co.

LIBERTY STREET

When Itching Stops

There is one safe, dependable treatment that relieves itching torture and skin irritation almost instantly and that cleanses and soothes the skin.

Ask any druggist for a 35c or $1 bottle of zemo and apply it as directed. Soon you will find that irritations, pimples, blackheads, eczema, blotches, ringworm and similar skin troubles will disappear.

A little zemo, the penetrating, satisfying liquid, is all that is needed, for it banishes most skin eruptions and makes the skin soft, smooth and healthy.

The E. W. Rose Co., Cleveland, O.

ARE WOMEN NATURALLY DESPONDENT?

While there are women who seem always despondent and depressed and expecting misfortune, that is not woman's natural condition. Such unfortunates suffer from ill health. An abnormal condition of the system expresses itself in nervousness, sleeplessness, backaches, headaches and despondency.

If all ailing women would make faithful use of that grand remedy for woman's ills, Lydia E. Pinkham's Vegetable Compound, there would be little occasion to ask if despondency is natural to woman.

COAST LEAGUE STANDING.

	W.	L.	P.C.
San Francisco	114	91	.556
L. Angeles	112	91	.551
Salt Lake	98	95	.508
Oakland	101	103	.495
Portland	95	98	.492
Vernon	82	124	.398

Yesterday's Results.

No games yesterday; teams traveling.

LAST TIME TONIGHT

BEAUTIFUL ELSIE FERGUSON in "BARBARY SHEEP"

Charlie Chaplin in The Champion

Pathe News

STARTING TOMORROW

LOUISE GLAUM in "IDOLATERS"

Watch for the Picture of Company M taken Saturday

THE OREGON