

The United States Government Food Administrator Says:

"Baking Powder Breads of corn and other coarse flours are recommended"

ROYAL BAKING POWDER

ABSOLUTELY PURE

Makes delicious muffins, cakes and coarse flour breads

CORN MEAL MUFFINS

1/2 cup corn meal
1/2 cup flour
1/2 teaspoon salt
4 level teaspoons Royal Baking Powder
2 tablespoons sugar
1 cup milk
2 tablespoons shortening

Mix thoroughly dry ingredients; add milk and melted shortening and beat well. Bake in greased muffin tins in hot oven about 20 minutes.

NUT BREAD

8 cups Graham Flour
1 level teaspoon Royal Baking Powder
1/2 cup milk and water
1/2 cup sugar or corn syrup
1 cup chopped nuts (not too fine) or 1 cup raisins, washed and floured

Mix together flour, baking powder and salt; add milk and water, sugar or corn syrup and nuts or raisins. Put into greased loaf pan, allow to stand 30 minutes in warm place. Bake in moderate oven 40 to 45 minutes.

Our red, white and blue booklet, "Best War Time Recipes" containing additional similar recipes, sent free on request. Address Royal Baking Powder Company, Dept. H, 135 William Street, New York

SOCIETY

By ALINE THOMPSON

SOCIETY'S interest now centers around the new Illinois Country club, which will be formally opened Saturday night October the twenty-seventh, with a brilliant dance.

The invitations will be issued in a day or so and the affair not only will be the first formal function of the season, but will probably be the largest thing of its kind ever given in Salem.

A group of prominent society matrons who are noted for their genius in giving big things in a handsome way are working out the details of the dance, which will be something extremely smart.

Dr. and Mrs. Prince W. Byrd returned last night from Portland, where they have been the guests of Judge and Mrs. Charles E. Wolverson for a few days.

Mr. and Mrs. John Randolph Latourette (Sallie Clay) of Portland are being showered with congratulatory messages upon the arrival Sunday of a daughter, who has been named Lucile Clay Latourette in honor of her maternal aunt.

Good byes were said yesterday to Miss Ida Simmons who left for Portland, where she will make her home after her marriage, which is to take place in the very near future.

Since coming to Salem a few years ago Miss Simmons has made many friends, all of whom regret her departure.

Mr. and Mrs. Walter L. McDougal who have been spending a few days in Portland, came home Saturday.

Mrs. Squire Farrar has returned to her home in Portland after passing a week or more in Salem as the guest of Mrs. Edward Weller. She was accompanied by Mrs. Weller's mother, Mrs. S. E. Hewlett, who will be her guest for several weeks.

Later in the winter Mrs. Hewlett expects to go to Berkeley, Cal., to visit her daughter, Mrs. William H. Morris (Mina Hewlett).

Friday, Mrs. Weller entertained very informally in honor of Mrs. Farrar, asking a few of her old friends.

Mr. and Mrs. A. J. Mills were hosts last night for an informal dinner, in celebration of their wedding anniversary and Mr. Mills' birthday.

Their guests included only the immediate family.

Mr. and Mrs. Charles K. Spaulding came home Friday night from Portland where they were the guests of the latter's mother, Mrs. S. Seese, for a few days.

A group of little playmates of Dorothy Tweedale revelled in the gayeties of a birthday party given her several days ago, at the home of her parents, Mr. and Mrs. Lowell Tweedale.

The early part of the afternoon games were played and later the youngsters gathered about a prettily appointed table for refreshments.

The decorations were all carried out in pink with pink roses and streamers adorning the table.

The little folk asked to participate in the frolic were Maxine and Deryl Myers, Rosalie Baren, Josephine Albert, Maxine Glover, Helen Darby, Pauline Johnson, Wilma Coursey, Mar-Curtis Dimeiler.

The Woman's Alliance of the First Unitarian church will meet on Friday afternoon at the residence of Mrs. Milton L. Meyers on Court street.

Mrs. Theodore Roth opened her home on Friday afternoon to the members of the Woman's society of the First Baptist church. The assistant hostesses were Mrs. Charles Siegmund, Miss Ermine Bushnell and Miss Mina Gile.

The study hour was in charge of Mrs. Harry Marshall, Mrs. L. C. Elwell, Mrs. George Holt and Mrs. A. Heglyn. An interesting paper on the "Life of a missionary in Africa" by Mrs. O. B. neptune. About 40 members assembled for the afternoon which was closed with dainty refreshments.

The Misses Freda and Esther Spitzbart and their brother, Leo Spitzbart, have gone to Corvallis to attend the Oregon Agricultural college.

The golden wedding anniversary of Mr. and Mrs. J. M. Greshong was celebrated last Wednesday at their home near Salem.

Those participating in the celebration were Mr. and Mrs. J. N. Greshong, Mr. and Mrs. J. B. Barnes, Dr. and Mrs. A. D. Hickman, Mr. and Mrs. Jasper Trullinger, Mr. and Mrs. H. L. Keister, Mr. and Mrs. Chas. Wampole.

Mr. and Mrs. R. Avin, Mr. and Mrs. H. Kirkwood, Mr. and Mrs. Galbraith, Mr. and Mrs. Marshall, Mr. and Mrs. Goffin, Mr. and Mrs. B. J. Miller, Mr. Rigdon, Joe Greshong, Mrs. Wm. Bennett, Mrs. Louis Eppers, Mrs. Atcheson, Mrs. Hansen, Mr. Christensen, Mrs. M. J. Whoberg, Myrtle Point, Mrs. Basel, Glendale, Wash., Miss Opal Whoberg, Mrs. Joe Martin, Mrs. Nellie Eppers, Mrs. Briggs, Hazel and Edith Vam, Leslie and Helen Eppers, Carl and Louis Kirkwood, Rodney and Claude Martin, Catherine Marshall, Annie Basel, Genevieve Briggs, Lorain Atcheson, Constance Goffin.

Foremost among the week's musical attractions was the concert given last night at the First Methodist church by Laurence Woodfin, Oregon's noted young pianist. Assisting Mr. Woodfin were Mrs. Marguerite Flower Olinger of Oregon City and Mrs. Anna Rogers Fish.

A large number of music lovers attended the affair and the artists were generous with their efforts, the audience insisting upon other numbers than were on the delightful programme. Mrs. Fish and Mrs. Olinger both were showered with flowers, and altogether the affair was a big success.

Besides being a splendid pianist Mr. Woodfin also is a vocalist and composer, and his wide repertoire includes several numbers with both words and music of his own composition.

Victor Point Items
(Capital Journal Special Service)
Victor Point, Oct. 17.—The dance given at the W. O. W. hall the 13th was well attended, some 50 numbers were sold, in spite of a dance given at Dayton, Macleay and Silverton, this sure proved what good music and a good floor will do.

James Darby, Mrs. Darby and Mrs. Ben Hofstetter visited relatives in northern Oregon last Saturday and Sunday.

Mr. and Mrs. Martin Doerfler are visiting relatives at Uniontown, Wash. Iris Miller, now in the army, was home on a week's visit, several days later he drove to the coast, returning with a lady thought to be his wife, so was charivariated by a large force of men led by Chas. Morley, H. E. King assistant, after pinning a racket for several hours it was thought Mr. Miller had escaped so several large dynamite charges were set off that fairly shook the house and broke a number of windows and immediately after the last charge Mr. Miller came out, asking what was up, he swore up and down that he was not married, so after several hours of joking, the crowd

and went home.

"The enemy, as usual, counterattacked in force. His efforts to make the positions captured by the allies eventually failed."

Germans Attack French.
"The Germans, fearing just the allied advance in Flanders would be followed by a similar effort along other sectors of the front, particularly north of Verdun, endeavored to thwart plans by launching a powerful attack preceded by the usual intensive artillery preparation in this sector."

"The enemy was able to gain a temporary foothold in certain advanced French lines. Latest advances show that he was driven out after some hot fighting."

"It must be remembered that if a commander is willing to pay the price in lives of his men, as well as in an overwhelming expenditure of munitions, he is invariably able to score a local success. This the Germans gained in their assault on French positions along the right bank of the Meuse in the region north of hill 344."

French Hold Positions.
"The enemy's success was, however, more short-lived than was to be anticipated when its cost is taken into consideration, for not only did the French regain the positions, but they are now holding their positions against exceedingly heavy enemy pressure, at the same time successfully carrying on their offensive in Flanders, as well as raiding the enemy's lines at other points."

On Eastern Front.
"Along the northern sector of the eastern front, artillery duels are reported."

"In the vicinity of Riga the enemy, after an intensive bombardment of Russian lines south of Pskov road, succeeded in temporarily pressing back Russian advance detachments."

"The growing intensity of artillery fire in the neighborhood of Jacobstadt would seem to indicate that the Germans are contemplating an action of some magnitude across the Dvina."

"Along the Rumanian front the enemy attacked in force and gained a foothold in the allied line from which he was, however, dislodged."

"Relative quiet reigns along the Italian front."

"In the Val di Doane the Austrians launched an unsuccessful attack."

"Winter conditions now prevail, in the Alpine battle zone, rendering important operations impossible."

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Salem Couple Married 62 Years



Miss Rebecca Cary and John A. Carr were married October sixteenth, eighty-two hundred and fifty five, at Lebanon, Indiana, and lived in that state until four years ago, when they came to Oregon.

They have three sons in Indiana, the oldest one sixty years of age, and one daughter, Mrs. W. W. Cary, living on South Seventeenth street, Salem. Mr. Carr is a carpenter and has built additional rooms to his daughter's house, in which they are cozy situated. Mrs. Carr is handy with her needle, and does beautiful work, piecing and quilting quilts. She has captured the

blue ribbon on several occasions, with her quilts at the state fair.

This summer they went to a berry patch at Liberty and camped, and for three weeks they both picked loganberries every day from six thirty in the morning until quitting time in the evening, and came home none the worse, but better physically for the experience.

They come to Oregon for Mrs. Carr's health which has been much improved, as she has gained twenty-five pounds in weight.

Mr. and Mrs. Carr are faithful members of the Baptist church, and often walk to the services, the distance being about a mile from their home.

went away wondering whose treat it was.

George Slagel reports that some one entered his vineyard several days ago and stripped his entire yard.

Marion Lewis, Ed Krenz (Martin Doerfler, Peter Olson attended a card party at the Capital View farm last Sunday evening.

Don't forget the big Red Cross dance at the W. O. W. hall Oct. 27.

U. S. AT WAR COUNCIL
Washington, Oct. 17.—The United States will be represented at the coming allied war council in Paris, it was officially announced today. The conference will discuss military problems of broad and vital scope.

No announcement was made of the names of the representatives.

Keeping Yourself Well
Run Down, Aching people need a good tonic that will send the blood tingling through the body, enrich it by improving the digestion, and clean it by expelling the waste matter. Health is a matter of plenty of rich blood, free from impurities.

PERUNA
dispels inflammation of the blood making organs, —the digestion—gives tone and "pep" to the membranes that line the lungs and the digestive tract, and invigorates the entire system.

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"Uncle Sam"

Demands Economy

He has suggested to the makers of Men's Clothing that they produce conservative styles, thereby excluding the use of extra materials for belts, pleats, etc. In view of the scarcity of wool this is a wise suggestion and will undoubtedly be acted upon by the large clothing houses. The higher prices in suits will cause many men to wear their suits more than one season, and the wise man will select a suit of moderate style that will insure him an up-to-date appearance when the change comes.

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