


**Did You Have to Crank your Car During the Easter Parade?**



Shiny paint, new tires, tanks filled with oil and gas are no use unless your battery is in shape to put the spark of life into your motor. If you have not already had your battery tuned up for the season, better see us right away.

**Auto Electric Shop, inc.**  
Moose Building, Court and High Sts.  
Telephone 203

**We Are Glad to Test Your Battery Any Time**

**SOME HOUSEHOLD HINTS**

**Calories and Corn Bread.**  
Recent experiments conducted in New York and elsewhere to prove that 25 cents a day can feed one individual have given us a speaking acquaintance with calories. Among other things, we have learned that corn bread contains twice the number of heat units of calories as does wheat bread. Even this knowledge might not induce eating the corn bread one ordinarily sees.

Best corn bread is far too dry and crumbly to be appetizing. This is partly from the way it is mixed, but much more from the manner of baking. Corn bread must be cooked steadily, but very slowly. The southern "hoe-cake" was baked on either a "hoe" or on hardwood boards placed in front of the open fire. Cooked in this way the corn meal retains its flavor and moisture. By using enameled ware baking pans or frying pans, we get the best substitute for this old method available. Such ware enables one to keep the contents at an even temperature as long as required. Seal the corn meal with boiling water, add salt and a little milk. Bake the cakes slowly in an uncovered enameled ware frying pan over a steady fire and the calories it contains will not be despised.

**Making Preserves at Small Cost.**  
Not the least useful hint in these menus for reducing the cost of living is the insistence on the value of dried fruit as an article of diet. Properly cooked these dried fruits are delicious and, quite apart from the difference in

expense, are much more wholesome for a steady diet than rich preserves or even canned fruits. Apricots, peaches, plums and pears are all prepared by the evaporated process. Use only enameled ware in cooking; that can not be affected by the acid of the fruit. Put the fruit in an enameled ware saucepan and cover well with cold water. Put on the back of the stove and let it heat slowly and simmer for a couple of hours. When the fruit is thoroughly soft, mash with a spoon and let it cook until the water is cooked away enough to make a smooth, rich jam. Add one tablespoonful of sugar to a quart of the jam. The peeled fruits although they cost a trifle more than the others are as cheap in the end as they require less sugar in cooking.

**A Sweet Economy in Desserts**  
The high cost of living makes the housewife use her wits. With meat and vegetables so expensive she can no longer afford to order ices and cakes from a caterer for her parties.

It was recently the turn of one woman to entertain a card club. The usual dessert was ice cream, but when the chicken had been bought for the salad and the oysters for the stew the hostess realized that she must cut down somewhere. She must evoke a dessert which should take the least possible quantity of expensive milk and eggs. This is the way she met the problem. She made a lemon jelly with gelatine. Instead of using large moulds, she took the little enameled ware pans

which come for baking small fancy cakes. Into each of these she poured a spoonful of jelly. As soon as the jelly began to stiffen she added to each mould a bit of fruit; a malaga grape skinned and seeded in one, a slice of banana in another and so on. When the jelly was perfectly stiff it was taken out of the moulds and put on platters ready to be served and the same cakes pans were used for the fancy cakes. This was the old, economical "one, two, three" cake, but which was made most attractive by fancy fillings. This whole dessert for sixteen people cost less than one quart of ice cream, even when made at home.

**The Cranberry in a New Role**  
Cranberries to most people mean only a jam or jelly to be eaten with poultry. They are differently regarded in Europe. One of the ways in which they are there utilized might well be copied here. Cranberry juice which may be "put up" and kept for any length of time makes an especially delicious water iced and a delightful addition to summer drinks. To prepare this juice place the cranberries in an enameled ware preserving kettle, add sugar in the proportion of one half pound to one quart of the berries. Pour on just enough water to keep the berries from scorching. Cook until the berries are perfectly soft and easily crushed. Strain through an ordinary jelly bag and bottle very hot.

The cranberry has a strong acid and it is important that it should be cooked in enameled ware. In that way there is no danger of any metallic action nor of the juice being darkened in color.

**OPEN FORUM**

**"BEANS"—AND MORE BEANS.**

Salem, Ore., Friday, April 6.—Capital Journal: "A Patriotic Duty" in last night's Journal "Bean" the right idea, don't drop it—don't let it die—pass it for action to the Patriotic League secure and list vacant lots close in. Plow with city teams—or contract after list is completed—so that eight hours team work accomplish more moving. Block to block in rotation—allot these plowed city lots to the various city schools within whose limits they lie. Have the kids plant beans for a "City of Salem Bean Bag"—for the fall of 1917 to be used to feed the Belgians, or in case of need, at close of war, the Germans. The Commercial club furnish the seed, kids to be paid stipulated price for beans produced as incentive for cultivation and care. The to-be-built bean factory will clean and grade them. Sure a lot cleanly cultivated and in crop tends to make a "City Beautiful" as compared with grass, weeds and bushes. My business the past 30 days has brought me in personal contact with the people at their homes, on the best residence streets of Salem, and every time I have mentioned the ill-kept vacant lot alongside I've touched a sore spot, and often offered its free use. Bean for bean can be returned to the Commercial club thus providing for the next year seed, or the return to club of money used—also "beans" for money to plow the lots, if required.

And Salem Boy Scouts and Honor Girls could ship a "bean bag" east next fall that would make Salem, Mass., and all the other Salems mere string beans, green with envy. A "bean bag" that would require a bale of sack to take a Barium & Bailey gondola to transport. Properly planned and advanced advertised every town en route would be out en masse to see it pass through, and Boston, Mass., people would come here in crowds, where the baking is good. A prize worth while to the first, second, third and fourth bean producer aside from the money value. The Japanese shipped 60,000 bags of soy beans east in one shipment the other day—some bean bags—but Salem's kids with the Honor Girls to fan them and bring the cold drinking water and ship a bean bag that will make all the world take notice. His picture on every movie screen, via Pathe's Weekly. Come to bat or you don't know beans, you Commercial club publicity committee. The food value—protein content of three bushels of beans is equal to a 1,000-pound live beef steer. Ship the bean bag to Company M, wherever they may be located. The fighting contents of beans is immense.

**HARRY JAMES.**

Meyers as president, J. O. Price as secretary and B. P. Lucas, Otis Wait, E. A. Etison and J. O. Price as directors. The promoters believe there are ample dairy herds in that neighborhood to keep the factory running, and several dairymen have given promise of supplying a large quantity of milk to the factory.—Observer.

**Wheat Opened High But Tumbled Again**

Chicago, April 9.—Wheat prices advanced sharply again today under the stimulus of bullish crop reports. Opening prices for May delivery, at \$2.12 to \$2.10 1-2, were pushed up to \$2.15, a new record. From that point they dropped later to below the opening. May wheat opened down 1-4 and after the bull activity was over, declined an additional half to \$2.11 1-2. July opened down 5-8, later declining 1-8 to \$1.68 5-8. September wheat opened up 1, but later lost 3-4, going to \$1.72 3-4. There was little trading in corn, operators being cautious over rumored reports that the government would take charge of food supplies. May corn opened up 1-2, subsequently declining 1-8 to \$1.31 7-8. July corn opened up 1-8 and later advanced 1-4 to \$1.31 1-2. September opened up 1, but declined 1-2 to \$1.29 1-2.

Oats, opening uniformly unchanged, lost slightly as the market progressed. May lost 1-8 to 65. July lost 1-3 to 64 1-4, while September lost 3-8 to 57 3-4.

Provisions took on new life at the 25 cent rise in hogs. May pork, opening at \$37.90 per barrel, went to \$38.40, a gain of \$1.25 over Saturday's close. July gained the same amount. The advances in lard and ribs were moderate.

**NEW BOOKS AT LIBRARY**

- New books added to the book shelves at the public library this week:
- Library of Home Economics.
- Barrows—Principles of cookery.
- Bevier—The house.
- Cotton—Care of children.
- Dodd—Chemistry of the household.
- Elliott—Household bacteriology.
- Elliott—Household hygiene.
- Le Bosquet—Personal hygiene.
- Norton—Food and dietetics.
- Pope—Home care of the sick.
- Terrill—Household management.
- Washburne—Study of child life.
- Watson—Textiles and clothing.
- Miscellaneous.
- Blackford—Analyzing character.
- Byrce—Treatment of armenians.
- Curtis—Heardly simplified.
- MacDonald—Annals of a quiet neighborhood.
- Nexo—Pelle the conqueror; daybreak.
- Children's.
- Shakespeare—Comedy of the temper.
- Shakespeare—A "midsummer night's dream."

**WE TALK OF THE FLAG.**

"Tell me about the flag," he said, as I was putting him to bed. "And why men wave their hats and cheer whenever it is drawing near?" And so we stepped undressing then to talk about the time when men were facing cannon shot and shell to serve the flag we love so well.

I told him of the men who died in frozen wind and snow on the long years ago in battles grim. To keep a flag like that for him, I told him all about the stars. The spotless white and crimson bars, and what they dreamed of and they sought. As bitterly they died and fought.

"Let me one tell you as you grow that nothing to the flag can owe. Let me one whisper that it means. But pleasant days and peaceful scenes, and surely calls to mind a land where wealth abounds on every hand, because no more that flag will fly when men for it refuse to die."

"And it may be," said I, "that you must some day serve that banner too, and then if such a day should come that sounds again the stirring drum and blows once more the martial life be not a slave to peaceful life. As they were men, you be a man. And give that flag the best you can." —Detroit Free Press.

**CHEESE PLANT FOR RICKREALL**

Partners of the Rickreall section have organized a company for the purpose of establishing and operating a cheese factory in Rickreall. Stock to the amount of \$2000 will be issued and most of this has been subscribed, so that the factory now looks like a sure go. It has not yet been decided whether to secure a site and erect a new building or to establish it in an empty building in that town. The committee in charge is working out the plans now and it is fully expected to have it in operation this spring. An experienced cheese maker will be employed. The company has elected J. W.

**Smart Motor Togs For the Spring Girl**



**THIS** commanding looking coat with the military collar comes in cadet blue veigons set off with attractive buttons and worn with a sunbonnet in matching tone. Draped across the forehead and falling in long ends in front is a wide blue crape veil.

New half hose for women are of silk in gay stripes and effective drop stitch pattern. These new hose are finished at the top with a cufflike lap, under which is concealed the garter, to hold the hose neatly in place when worn.

Many new French hats show slashed brims. In some instances a piece is taken out of the brim, and the edges are bound with ribbon.

Black satin is considered very smart for sports wear. It is usually combined with just the right amount of color to make it chic. ANNA MAY.



How New York would look if attacked by an aeroplane. The photo shows the downtown financial district, probably the wealthiest area in the world.


**SHOES of QUALITY**

We are showing no shoes that we cannot stand behind with an absolute guarantee. In these war times it is hard to get the best materials, so we are trading only with the most reliable factories, ones that have made the best shoes for a number of years.

- We are showing hundreds of pairs of good shoes in all leathers at . . . . . \$3.50 to \$5.00
- The famous Hanan Shoes in black kid and two-tones, button and lace, at 8.00 to 12.00
- Men's Army Shoes, tan, in all widths, the very best leather, at . . . . . 5.50
- New Pumps just arrived, in plain, patent and kid at . . . . . 3.50 to 6.00

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