

Thirty years ago there were practically no electrical home comforts. Now they are nearly unlimited---from the Electric Iron that nearly everyone has to the Electric Range or Washing Machine that everyone wants

## Are You Living in 1916

Do you realize that you can do your washing with an Electric Washer for you don't know, A WEEK for power, and do it without any drudgery? If

THE ELECTRICAL RANGE IS PRACTICAL-


Just ask some of the people in Salem who would not cook any other way,
The Vacuum Cleaner


## Willamette Valley News

## Monmouth News

JONES sometimes wakes up feeling cross and in consequence the family know it without his telling them in so many words. Mrs. Jones attributes it to biliousness and if it docsn't wear off during the day she gives him a dose of liver medicine at night. The next morning he feels better and she gives him coffee for breakfast,-and the next morning,-and the next morning. And in a few days Jones has another spell.

Dear Mrs. Jones means all right, but she docsn't seem to realize that if she didn't give Jones his morning coffee she wouldn't have to give him the liver medicine and Jones would feel all right without both.

Housewives everywhere have found out that Instant Postum takes the place of breakfast coffee perfectly. And that is only one of the reasons why Instant Postum has wholly supplanted the use of coffee on thousands upon thousands of American breakfast tables.



