

Brainy Bowers Finds a Fertile Field for His Gray Matter



International Cartoon Co., N. Y. 365

REASONABLE Care of the Stomach

and Bowels is one of Nature's requirements for the maintenance of health. As soon as any weakness is shown, try

HOSTETTER'S STOMACH BITTERS



BIN SIN Best Chinese Dishes

- Noodles10c
- Chop Suey25c
- Rice and Pork10c

410 FERRY STREET

Fruitland Items

(Capital Journal Special Service)

Fruitland, June 15.—Farmers have begun haying. The crop promises to be a satisfactory yield.

Walter Ransom, Averill Brinson and Joe Elieget, Jr., are working at Mill City for the mill company.

Misses Josie and Esther Bowers returned Tuesday evening from Portland where they attended the yearly camp meeting of the S. D. Adventists. They report a good meeting and a large attendance of campers. They also visited relatives in Portland. A large delegation of the Salem church attended the meeting. There were 51 baptisms.

The annual school meeting for District 113 will be held at the Fruitland school house Monday, June 19th at 1 p. m.

We, who are republicans are satisfied with the work of the late convention at Chicago. Justice Hughes will it is hoped make a satisfactory president. As for the democrats they will probably have a chance to again vote for Mr. Wilson.

Harry Lundeen is cutting wood for Henry Leander.

Try Capital Journal Want Ads

HOUSEHOLD HINTS

Novel Ways for Home Hostesses

For an Evening Party.—For the evening dish party, sweetbreads served in terrapin style are irresistible. For six guests parboil sweetbreads, extract tubes and cut into half-inch pieces. To a pint of cream, a walnut of butter, a little salt and black pepper, add the sweetbreads and cook briskly at least ten minutes. Add a thickening of flour and cream and stir. Throw in a wine glass of sherry and serve on buttered toast. It would be improved by adding white stock to the cream or consommé, in equal quantities, and flavor with bay leaf. By substituting lobster for sweetbreads you have lobster à la Newberg.

Decorations.—For a luncheon or tea in the centerpieces use large flowers, put in small crystal vases one blossom each. Place these at regular intervals on the plate rail. A room with a floral frieze in gay. It is especially pretty for an engagement party.

Birthday Cake.—Use a large, round granite pan with a buttered tumbler in the center. The cake cooks perfectly. The glass is easily removed and leaves a hole in the center. Sometimes children want the glass left in and filled with flowers, candy or some other surprise. Sometimes it is removed and the hole piled high with whipped cream.

The Table

Beef Tongue; six ways of serving

Scrub a fresh beef tongue until thoroughly clean and boil until outer skin peels readily (generally two and one-half to three hours). To the water add salt generously, a few sprigs of parsley, a bay leaf and several well-washed carrots. When done the carrots may be sliced or mashed and served as an accompaniment. Save the water for use in making sauce. Peel the tongue.

No. 1.—Serve sliced hot or cold with mashed potatoes and very sour pickles, sour beans or sour beets.

No. 2.—Serve cold, sliced on bed of lettuce with garnish of sour onions, pickles and mayonnaise. Sandwiches of bread and butter with lemon mayonnaise.

No. 3.—Serve cold with hot baked potatoes and the following sauce, hot: Into a double boiler put two tablespoons cornstarch or flour, butter-size of walnut, one-eighth teaspoon sugar, mix well. Add one pint boiling water in which tongue was boiled. Stir until smooth. Cook one-half hour, stirring frequently. Add salt and pepper to taste and juice of one-half lemon. One teaspoon ground mustard gives a good variation. One tablespoon Worcestershire sauce instead of the lemon is sometimes preferable.

No. 4.—Marinate the cold sliced tongue in weak vinegar in which raw

England's "War Widows" Are "Pooling" Their Homes and Families

London, June 17.—"Pooling" homes is being resorted to by many women whose husbands have gone to the war front, as a means of living with some degree of comfort despite the general heavy reduction in incomes.

More and more of it is likely as fresh groups of married men are called to the colors.

A sample instance the details of which have been published illustrates the system.

The combination was affected by three sisters, all Londoners.

Of the trio, two had two children each, the third, three.

Their husbands' incomes had amounted to about 450 weekly, each.

Their war allowances were about 410 weekly to each of the mothers with two children; a trifle more to the one with three.

On 410 weekly each, it was obvious that these three households, maintained separately, would have to give up everything but the barest necessities of life.

Instead of doing this, they "pooled" resources, moved into the country, where living is considerably cheaper than in London and are living comfortably, though economically, the combined family being rather large on their 450 weekly.

Advocates of the "pooling" system suggest that, as in this case, combinations be formed by groups of relatives or old friends, for the purpose of reducing the possibilities of internal friction.

It is agreed that the exercise of a good deal of tact and self-control are called for, in any event, but these have been developed to a remarkable extent in England by the war.

In some groups, of which most consist of two or three families, the work has been systematically divided, one woman acting as nurse, another caring for the housekeeping and a third, in a number of cases, swelling the joint income by outside work.

A good many women with large houses, which they could not keep up alone in the breadwinner's absence, are taking in the wives and children of other soldiers.

The "pooling" affected in this way preserves at least one establishment and saves several other families from the dreariness of cheap hotels or boarding houses.

The experiment is proving so great an economy that some authorities on domestic science believe it will continue to a considerable extent, in a more or less modified form, even after the war.

Henry Condit home.

Guy Griffin spent last week in Benton, Lincoln and Park counties.

Mrs. Chas. Loose and Miss Leona Forette went to Salem Tuesday.

Mrs. Lew Walker was a visitor in Portland during the Rose Show last week.—Stayton Standard.

REAL ESTATE TRANSFERS

Nina Amy Gleason to Chas. C. Boyle, pt. 8, Deuschat et al 10-51W.

C. A. and Grace D. Parvin to Bertha Collinge, state 10-41W.

J. C. McFarlane et ux to Ollie Massey, Stanley Ruggles et al 10-6-2W.

Alto Simmons to O. D. Miles, N.E. 1-4 22-8-1E.

Josephine M. Gilbert et vir to D. P. Sheridan, lots 11 and 12, S. S. E. P. No. 8 in sec. 22-8-3W.

D. P. Sheridan et ux to Josephine M. and L. M. Gilbert, lot 4, blk. 11, Geo. H. Jones' add, Salem.

Arthur J. Cook to G. H. Grabenhorst, pt. blk. 40, North Salem.

Lola E. Stone to Everett Pollock, lot 5, blk. 20, North Salem.

N. L. Coffey et ux to Lillian S. Smith, pt. Hubbard et al 70-41W.

Geo. and Mary M. May to Nicholas Schmalz, lots 1, 2 and 6, blk. 4, May add to M. Angel.

Frank H. Ewing to Ida M. Hoyt, lot 18, Homestead add.

H. H. Vandervoort et ux to Helen V. Knappenberg, lot 31, A. F. Walker's add, Salem.

W. C. Winslow et ux to Helen V. Knappenberg, lot 30, blk. 1, Williamette add, Salem.

Geo. F. Roberts et ux to Marion Realty company, lots 1 and 2, blk. 2, Oak Lodge add, Salem.

Hazel Green News

(Capital Journal Special Service)

Hazel Green, Or., June 16.—Mark Aspinwall, who has been convalescing from a recent illness, took a sudden relapse Sunday necessitating his return to the hospital for an indefinite length of time.

The many friends of Miles Russell, who recently underwent an operation at the hospital, will be pleased to hear that he is rapidly recovering.

A children's day program will be given at the Hall of Green church Sunday morning the 19th.

We are more than glad to welcome home Adah Latham and Carl Peebles who have been attending Philomath college.

Miss Margaret Bartruff, Wm. Kappinger, Bud and Harry DeSart, were visitors Sunday at the Dunigan home.

C. C. Russell is a business visitor in Portland this week.

The Williamson family with Miss Hilda as chauffeur, took a long trip Sunday afternoon in their new Ford.

We are expecting things to move in the Otterbein Guild when our president Miss Mary Dunigan returns home which will about the 1st of July.

Mr. Otto and Ward Russell spent Saturday and Sunday at their future home in Waconda.

Wm. Dunigan attended the children's day exercises at the Congregational church in Salem Sunday evening.

Rev. Shepard and wife and daughter Deana have returned home after having attended the U. B. conference at Portland, followed by a short visit at their old home in Sherwood. A reception of welcome for the coming year will be held at the parsonage Friday evening in honor of their return.

Wm. and Mary Dunigan report an enjoyable time as a result of their motor trip to Silver Creek Sunday.

Catarrh Cannot Be Cured with LOCAL APPLICATIONS

As they cannot reach the seat of the disease, Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly upon the blood and mucous surface. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best blood purifiers, acting directly on the mucous surface. The perfect combination of the two ingredients is what produces such wonderful results in curing catarrh. Send for testimonials, free.

F. J. CHENEY & CO., Props., Toledo, O. Sold by Druggists, price 75c.

Take Hall's Family Pills for constipation.

STENOGRAPHERS

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Notice of Improvement of South Church Street

Notice is hereby given that the common council deem it expedient so to do, and hereby declare its purpose and intention to improve South Church street from the south line of State street to the north line of Mission street, except that portion there occupied by what is commonly known as the Bush or Church street bridge extending from the north line of Oak street to the north line of the westerly extension of Bellevue street, at the expense of the abutting and adjacent property by bringing said portion of South Church street to the official grade, constructing cement concrete curbs and paving said portion of said street with a six-inch, two-course Bituminous Concrete pavement, consisting of a one and one-half inch Bituminous Concrete wearing surface laid on a four and one-half inch Bituminous Concrete base in accordance with the plans, specifications and estimates for the improvement of said portion of the Church street, adopted by the common council on the 5th day of June, 1916, now on file in the office of the city recorder which for a more detailed description thereof are hereby referred to and made a part of this notice; being that character or kind of improvement known and designated in said plans, specifications and estimates as "Bituminous Concrete Pavement No. 5."

The common council hereby declares its purpose and intention to make said above described improvement by and through the Street Improvement Department of the city.

By order of the common council, Chas. F. Elgin, City Recorder.

Dated this 6th day of June, 1916, 1917

A clean character never needs white wash.

Resolve to Succeed

Throw off the handicap of petty ills that make you grouchy, listless and depressed. Get at the root of your ailments—clear your digestive system of impurities, put it in good working order—keep it healthy with

BEECHAM'S PILLS

They act promptly on the stomach, liver and bowels, removing waste matters and purifying the blood. Not habit forming, never gripe, but leave the organs strengthened. To succeed in life, or work, first have a healthy body. This famous remedy will do much to

Help You

Largest Sale of Any Medicine in the World. Sold everywhere in boxes, 10c, 25c.

ABRAMS IS CHOSEN

A. W. McLaughlin, the Eugene candidate for commander of the department of Oregon, United Spanish War Veterans, was defeated this afternoon after brisk balloting at the business session. His opponent, Carl Abrams, of Salem, received 35 votes to McLaughlin's 26.

There was no contest for the office of senior vice-commander and Harvey Wels, of Portland, was elected, and Clyde B. Nickelsen was elected junior vice-commander likewise without opposition.

Dr. Hyde was elected department surgeon; Ben Wade, marshal, and Robert Green, of Albany, department inspector. William S. Elkins was nominated this morning for chaplain, but the nomination was withdrawn, and Mead, of McMinnville, was elected.

At the morning session the report of the department historian was read, and were also the reports of the department surgeon and department inspector.—Eugene Guard.