

Backache? Run Down? Tired? Clean the Kidneys With Hot Water and "Anuric"

When run-down after a hard winter—when life indoors has brought about a stagnant condition in the circulation—most everyone is filled with uric acid—especially in this so of the people past middle age. This uric acid in the blood often causes rheumatism, lumbago, swelling of hands and feet, or a bag-like condition under the eyes.

When you are afflicted with backache, frequent urination or the pains and stiffness of the joints are also often noticed. Dr. Pierce says that everyone should have a good sweat every day—should drink plenty of pure water and exercise in the open air as much as possible. This helps to throw out the poisonous uric acid thru the skin and the "water".

Chemawa Commencement

(Capital Journal Special Service) Chemawa, Or., May 19.—Everything at Chemawa is in readiness for the big event of the year—commencement—which takes place during the five days between Sunday, May 28 and Saturday, June 3, or more correctly Friday evening, June 1st, when the week's festivities will be brought to a close by an alumni banquet.

Young People's Rally at Hazel Green Church

The Hayesville district of the Christian Endeavor League of the United Brethren in Christ church will hold a young people's rally at the Hazel Green church, Sunday, May 28. The forenoon exercises will begin at 10 o'clock with an hour and a half recess at noon for a basket dinner.

A SALEM INTERVIEW

Mr. Brown Tells His Experience. The following brief account of an interview with a Salem man over 20 years ago, and its sequel, will be read with keen interest by every citizen.

SCRAMBLE FOR POTATOES AIDS TO BOOST PRICES

Portland, Ore., May 19.—The scramble for old potatoes is aiding the price all through the Pacific northwest. Both country and city prices have recently shown an advance, owing to the general scarcity of offerings by producers.

ROOSEVELT GIVES FORD SUPPORTERS

(Continued from Page One.)

strong as are its convictions in reference to right and wrong. It little matters what our ideals may be and what achievements we may hope for, if these ideals and achievements cannot be reduced to action.

Roosevelt declared that "the extreme naval party in Germany recently advocated war with the United States on the ground that, in the end, as the result of such a war, we would have to pay all the war expenses of the Germanic powers and their allies."

A Foreign Poe, Poe to All.

"A foreign foe is the foe of all of us alike. If in this land the citizens of one national origin successfully set the fashion of influencing this nation to its own detriment in the interest of the country from which they originally came, sooner or later it is absolutely certain that the citizens of some other national origin will repeat the experiment and this country will be left degraded and helpless among the nations."

Picnic Closes School

(Capital Journal Special Service) Quincy, Or., May 19.—The Perkins school closed Wednesday, the event being observed by a picnic in the William Mumper woodland. Games, under the direction of the teacher, Miss Velva Utterback and her sister Miss Ellamar Utterback entertained the children while lunch, under the spreading maples was an enjoyable part of the affair.

Blames the Germans

Roosevelt read a letter which, he said, was written by Professor Paul Rohrbach of Berlin, to Professor Appleman of the University of Vermont, a German. This letter declared that the writer could not see how German political aims would be favored by German-American voting in favor of more American preparedness, because in the event of a war between Japan and the United States, Germany, said Rohrbach, would probably adopt an attitude of benevolent neutrality toward Japan.

15-Year-Old Youngster Grabs "Dad's" Auto and Takes French Leave

Myron Lee, the 15-year-old son of M. E. Lee, Portland, took his father's auto yesterday and left for parts unknown with great speed and suddenness according to the information received by the Salem police who are on the lookout for the youngster.

MOUNT LASSEN IS ERUPTING AGAIN

Redding, Cal., May 19.—Mount Lassen, the California volcano, is becoming more active. After being quiet for several months, it came back on the firing line with another eruption lasting several hours yesterday morning, ranchers reported today. This eruption was the largest since November. It was visible only near the mountain, owing to a thick haze. The smoke came from the Hat creek side.

Veal Market Again Down

Country killed calf market remains very weak with sales along the street now no higher than 10 cents a pound and some very good stuff selling from 8 to 9 cents. Country hogs are firm at 1 1/2 cents for tops.

Peas Are Quoted Higher

Prices of green peas is firmer and higher, with export stock selling up to 7 1/2 cents and steamer stuff at 6 1/2 cents a pound. Market in the south firmer. Local stock coming in very slow.

North Howell Notes

(Capital Journal Special Service.) North Howell, Ore., May 18.—Mrs. E. Beeve will make her son, Melvin, a visit at the Miller's next week.

GRANDMA USED SAGE TEA TO DARKEN HAIR

Common garden sage brewed into a heavy tea with sulphur added, will turn gray, streaked and faded hair beautifully dark and luxuriant. Just a few applications will prove a revelation if your hair is fading, streaked or gray.

CHIROPRACTIC-SPINOLOGIST

DR. O. L. SCOTT—Graduate of Chiropractic's Fountain Head, Davenport, Iowa. If you have tried everything and got no relief, try Chiropractic spinal adjustments and get well.

CLEANERS AND DYERS

APPAREL SERVICE COMPANY—128 South High street. We clean, press, repair, remodel and re-line clothing and furs. Factory attention given all work. We call and deliver. Phone 728.

IF BACK HURTS USE SALTS FOR KIDNEYS

Eat Less Meat If Kidneys Feel Like Lead or Bladder Bothers You—Meat Forms Uric Acid

Most folks forget that the kidneys, like the bowels, get sluggish and clogged and need a flushing occasionally, else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

You simply must keep your kidneys active and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad Salts from any good drug store here, take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine.

Jad Salts is harmless; inexpensive; makes a delightful effervescent lithia-water drink which everybody should take now and then to keep their kidneys clean, thus avoiding serious complications.

A well-known local druggist says he sells lots of Jad Salts to folks who believe in overcoming kidney trouble while it is only trouble.

Does Your Stomach Trouble You?

MAYR'S Wonderful Stomach Remedy will change that Long Face!

And One Dose Has Often Dissipated Years of Suffering.

Mayr's Wonderful Remedy can really be termed WONDERFUL. No matter where you live—you will find people who have suffered with Stomach, Liver and Intestinal Ailments, etc., and have been restored to health and are loud in their praise of this remedy.

FOE RENT

FOR RENT—Nicely furnished housekeeping rooms reasonable. 855 North Commercial street. If

FOE SALE

KALE PLANTS—For sale, 1283 Gains Ave., 4th St. may 20

FOUR VALLEY FARMS

FOR SALE—Five acres with buildings for the price of the land, without buildings. We also have a 20 acre tract with buildings to sell.

Classified Advertising Page

THE MARKETS

The following prices for fruits and vegetables are those asked by the wholesaler of the retailer, and not what is paid to the producer. All other prices are those paid the producer. Corrections are made daily.

Table listing market prices for various commodities including Oats, Wheat, Corn, Beans, Alfalfa, Butter, Eggs and Poultry, Pork, Veal and Mutton, and Vegetables.

PORTLAND MARKET

Portland, Ore., May 19.—Wheat: Club, 92¢/94¢. Bluestem, 1.02 1/2 @ 1.03 1/2. Fortyfold, 94¢/98¢.

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THE DAILY CAPITAL JOURNAL

Classified Business Telephone Directory

A Quick, handy reference for busy people

- EVERYTHING ELECTRICAL. Salem Electric Co., Masonic Temple, 127 North High. Main 1209. PLUMBING, STEAM FITTING AND TINNING. T. M. Barr, 164 South Commercial street. Main 198.

Try This on Your Eczema

If you are afflicted with Salt Rheum, Tetter, dry Eczema, Acne or Pimples, buy a jar of Dry Zensal. For that watery eruption, or Weeping Skin, use Moist Zensal, 50c the jar.

Notice of Improvement of Fairgrounds Road

Notice is hereby given that the common council deems it expedient so to do, and hereby declares its purpose and intention to improve Fairgrounds Road between the west line of Summer street and the west line of the Oregon & California Railway company's right-of-way at the expense of the abutting and adjacent property, by grading, curbing, and paving said portion of said street with a five-inch two-course Bituminous Concrete pavement, consisting of a one and one-half inch Bituminous Concrete wearing surface laid on a three and one-half inch Bituminous Concrete base in accordance with the plans, specifications and estimates for the improvement of Fairgrounds Road between the west line of Summer street and the west line of the Oregon & California Railway company's right-of-way, adopted by the common council on the 1st day of May, 1916, and now on file in the office of the city recorder, which for greater certainty and convenience are hereby referred to and made a part of this notice; being that character or kind of improvement known and designated in said plans, specifications and estimates as "Bituminous Concrete Pavement No. 4."

REduced FREIGHT RATES—To and from all points east, on all household goods, pianos, etc. Consolidated carload service. Capital City Transfer Company, agents for Pacific Coast Forwarding company, 161 South Commercial street. Phone Main 933.

SALEM WATER COMPANY—Office corner Commercial and Trade streets. For water service apply at office. Bills payable monthly in advance.

SCOTT'S RESTAURANT

MEALS 15c—and up. Hotcakes or mush and milk free with all breakfast orders. Soup, bread and butter 3 vegetables and pie, tea, coffee or milk and 1 kind of meat for 15c; 2 kinds of meat for 25c. Short orders any time of day. Scotts 179 S. Commercial St.

SCAVANGER

SALEM SCAVANGER—Charles Soos, proprietor. Garbage and refuse of all kinds removed on monthly contracts at reasonable rates. Yard and cesspools cleaned. Office phone Main 3247. Residence Main 2272.

UNDERTAKERS

WEBB & CLOUGH CO.—C. B. Webb, A. M., Clough morticians and funeral directors. Latest modern methods known to the profession employed. 499 Court St. Main 120, Main 9858.

LODGE DIRECTORY

A. O. U. W.—Protection Lodge, No. 2. Meets every Monday evening at 8 in the McCornack hall, corner Court and Liberty streets. Elevator service. Geo. Helms, M. W. S. A. McFadden, recorder; A. L. Brown, financier.

SALEM LODGE No. 4, A. F. & A. M.—

Stated communications first Friday in each month at 7:30 p. m. in the Masonic Temple. Chas. McCarter, W. M.; S. Z. Ulmer, secretary.

SALEM HUMANITY SOCIETY—D. D. Keeler, president; Mrs. Lee Tillam, secretary. All cases of cruelty or neglect of dumb animals should be reported to the secretary for investigation.

CENTRAL LODGE No. 18, K. of P.—McCornack building. Tuesday evening of each week at 7:30. J. G. Helms, C. C.; W. B. Gilson, K. of R. and S.

R. N. OF A.—"Oregon Grape Camp," No. 1360, meets every Thursday evening in McCornack building, Court and Liberty streets; elevator. Mrs. Kylin Schupp, 1201 Market, organizer; Mrs. Melliss, Fair sons, recorder, 1296 North Commercial. Phone 1436-M.

MODERN WOODMEN OF AMERICA—Oregon Cedar Camp, No. 5246, meets every Thursday evening at 8 o'clock in McCornack hall, corner Court and Liberty streets. Elevator service. Geo. Helms, V. C.; J. A. Wright, clerk.

REGULAR MEETING every first and third Tuesday at 8 p. m. in the Masonic Temple. Minnie Medler, W. M.; Ida M. Babcock, secretary.

WOODMEN OF THE WORLD—Meet every Friday night at 8 o'clock in McCornack block, E. W. Macy, C. C.; L. S. Geer, clerk, 597 Court street. Phone 593.

DE MOLAY CEMETERY No. 5, K. T. C.—Regular convocations fourth Friday in each month at 9 o'clock p. m. in Masonic Temple. Adjourning 8th Fridays are temporarily invited to meet with us. Lee J. Pearce, E. C. Frank Turner, recorder.

UNITED ARTISANS—Capital Assembly, No. 84, meets every Wednesday at 8 p. m. in Moose Hall. C. O. Matlock, M. A.; C. Z. Randall, secretary, Salem Bank of Commerce.

HOBSON COUNCIL No. 1, B. & S. M.—Stated assembly first Monday in each month, Masonic Temple. N. P. Baumgarten, Third Illustrations Master; Glenn C. Siles, recorder.

SALEM COUNCIL No. 2022—Knights and Ladies of Security—Meets every 2nd and 4th Wednesday each month at Hurst Hall. Visiting members are invited to attend. E. F. Walton, financier, 480 S. 14th St.

PACIFIC LODGE No. 50, A. F. & A. M.—Stated communications third Friday in each month at 7:30 p. m. in the Masonic Temple. Hal V. Bolam, W. M.; Ernest H. Christie, secretary.

WANTED—A good stock farm. We have to offer in payment first mortgage of \$4500 on well improved farm and a good city property worth \$1,800. Square Deal Realty Co., 202 U. S. Bank Bldg. Phone 470. if

General Feed and Small Livery Stable.

C. W. TRAIN 254 Ferry. Phone 338

MONEY TO LOAN ON Good Real Estate Security. THOS. K. FORD Over Ladd & Bush Bank, Salem, Oregon

MONEY TO LOAN 7% ON GOOD REAL ESTATE SECURITY HOMER H. SMITH MCCORNACK BUILDING

SALEM FENCE and STOVE WORKS E. B. FLEMING, Prop.

Depot American Fence Gates, Plain and Barbed Wire. Paints, Oils and Varnishes. Roofing, Posts, Hop Hooks

40 Years Making Stoves Stoves rebuilt and repaired. Stoves bought and sold. 250 Court Street. Phone 124 Back of Chicago Store

L. M. HUM Care of YICK SO TONG Chinese Medicine and Tea Company Has medicine which will cure any known disease. 153 South High Street, Salem, Ore. Phone 283