Backache? Run Down? Tired? Clean the Kidneys With Hot Water and "Anuric"

When run-down after a hard winter tressing conditions. An antidate for - when life indoors has brought about this uris acid poison is to take hot strong as are its convictions in refer a stagmant condition in the circulation water before meals and "Anuric." ense to right and wrong. It little mat

a stagnant condition in the circulation water before meals and "Anuric." ence to right and wrong. It little mathematic especially is this so of people past middle age. This uric acid in the blood orien causes ricumatism, lumbating, swelling of lands and feet, or a faultilo, N. Y., a dollar bill for a full go, swelling of lands and feet, or a fact that it can be covery by Dr. Pierce. "Anuric" and achievements cannot be regard as a stiffness of the joints are covery by Dr. Pierce. "Anuric" and also often noticed. Dr. Pierce says that acreament of the uric acid aut of your body everyone should have a good swent it is a uric acid solvent so effective every day—should drink plenty of pure that it eliminates these posions, cleans water and exercise in the opin air as es the system, allows your over-worked amuch as possibl. This helps to throw kidneys to resume their normal funcout the poisonous uric acid thru the tions, and just a few days' treatment powers and their allies. out the poisonous uric acid thru the times, and just a few days' treatment skin and the "water". But for such with "Anuric" will convince you be persons as are past middle age it's cause it brings lasting relief to your aised by taxations on all our citizens. often impossible to do this and lime painful, aching rheumatic joints—no salts are deposited in the arteries, veins more backache or dizzy spells. Try it and joints, causing all kinds of dis now and be convinced!

(Capital Journal Special Service) (Capital Journal Special Service)
Chemawa, Or., May 19.—Everything at Chemawa is in readiness for the big event of the year—commencement—which takes place during the five days between Sanday, May 28 and Saturday, June 3, or more correctly Friday June 3, or more correctly Friday five days, June 1st, when the week's festivities will be brought to a close by an alumni banquet. School, however, will continue in session until June 23.

The program for the day is us follows:

All Hazel ufect United fashion of influencing this nation to its country from which they originally came, sooner or later it is absolutely errain that the citizens of some other national origin will repeat the experiment and this country will be left degrated and helpless among the nations. If such an event befull us, the bitter basket dinner.

The program for the day is us follows: grounds are especially beautiful lows:

Wednesday, parade and military drill-in the afternoon; dumbells, Indian clubs, and wand drills in the evening 2:15-Significance and Value of the Endeavor Work Rey, F. M. Jasov

ates in the evening Friday, alumni day with a hanquet in the evening.

A SALEM INTERVIEW

Mr. Brown Tells His Experience. The following brief account of an interview with a Salem man over ten years ago, and its sequel, will be read with keen inferest by every citizen.

P. W. Brown, retired farmer, 1499. State street, Salem, says: "Hard work weakened my kidneys and I often felt the effect in lameness and soreness across the small of my heak. Fixelly unsold in farmers' and Salem Sales there were 75 cars of potatoes there merely to vote in the interests of Germany.

across the small of my back. Finally, my attention was called to Donn's Kidney Pills and I got some from Pr. Stone's drug store. The backliche and soreness entirely left me.' (Statement given January 31, 1906.) On April 11, 1916, Mr. Brown smil:

"I am ready to confirm any time what I said in my former statement regard-ing my experience with Donn's Kidney I still consider them a medicine of merit and they always do good work whenever I take them."

Price 50c, at all dealers. Don't sim ply ask for a kidney remedy—ge Doan's Kidney Pills—the same tha Mr. Brown has twice publicly recommended. Foster Milburn Co., Props.

Wedding Announcements, Invitations, and Calling Cards printed to your order at Capital Journal job office.

SAYS BODY IS A POISON FACTORY

Urges Everyone to Drink Glass of Hot Water Before Breakfast

Just as coal, when it burns leaves behind a certain amount of incom-bustible material in the form of ashes, so the food and drink taken day after day leaves in the alimentary canal a ecrtain amount of indigestible material, which if not completely eliminated from the system each day, becomes food for the millions of bacteria which infest the bowels. From this Miss Gree Shields, of Parkersville, mass of left-over waste, toxins and who will graduate from the Normal at ptomnin-like poisons are formed and Montocoth in June, has been elected to sucked into the blood.

sucked into the blood.

Men and women who can't get feeling right must begin to take inside boths. Before enting brankfast each morning drink a glass of real hot morning drink a glass of real hot disserted burn called to celebrate Miss Freda's twelfth birthday Tuesday of this week.

Jankey Dong has begun the building stone paosphate in it to wash out of the thirty feet of bowels the previous day's accumulation of poisons and toxins and to keep the entire alimentary cauni clean, pure and fresh,

Those who are subject to sick head-ache, colds, biliousness, constipution, others who wake up with bad taste foul breath, buckache, rheumatic stiff-ness, or have a sour, gassy stomach

Chemawa Commencement Young People's Rally

1:45-Business session.

elubs, and wand drills in the evening at the gramasium.

Thursday, graduating exercises in the afternoon and reception to graduates in the evening.

Endeavor Work . Hev. F. M. Jasper 2:35—Christian Endeavor and Missions Rev. Bertha M. Peoples 2:5—Quiet Hour . Miss Gertrude Eakin

SCRAMBLE FOR POTATOES

Portland, Ore., May 19-The scramble writer could not see how German politifor old pointoes is aiding the price all through the Pacific northwest. Both country and city prices have recently American preparedness, because in the

to be out with an offer of 22 1-4 cents.

Chicken Market is Quiet.

Market for chickens is quiet along the of from German or from any other treet with supplies somewhat increased during the last 24 hours. Sales are gen-erally reported for heas at 16 1.26 17 MOUNT LASSEN IS cents a pound. Small springs continue

1.2 cents for tops.

Peas Are Quoted Higher. Price of green peas is firmer and sigher, with express stock selling up to 1-2 cents and steamer stuff at 6-1-2 muts a pound. Market in the south cents and steamer stuff at 6 1-2 GRANDMA USED SAGE filmer. Local stock coming in very GRANDMA USED SAGE slow.

North Howell Notes

(Capital Journal Special Service.) North Howell, Ore., May 18.—Mrs. F. Beer will make her son Melvin a visit

ence to right and wrong. It little mat

A Foreign Foe, Foe to All. "A foreign foe is the foe of all of us alike. If in this land the citizens of at Hazel Green Church one mational origin successfully set the

matter what their creed, no matter what their national origin. It will be eaten by your children and grandchildren and great grandchildren just as much as by

With regard to international affairs, Roosevelt said: "There is not a na-tion in the world which believes that our course of conduct has been dictated by anything save timidity, unworthy shrinking from effort and responsibil-ity, and cold and selfish love of money making and soft case."

With reference to universal military service, his words were: "I believe that the dog tent would prove a most effective agent for demo-eratizing and nationalizing our life, quite as much as the public school or the

Blames the Germans,

Roosevelt rend a letter which, he said, was written by Professor Paul AIDS TO BOOST PRICES man of the University of Vermont, a

An advice from Yakima states that invitation to German-Americans not there were 75 cars of potatoes there merely to vote in the interests of German-Monte of the interests of Germany, but to vote so that another power and amount in warehouses. The Interest of the Interest of Germany, but to vote so that another power many but to vote so that another power. Japan, may be enabled to bent the United States in, as the letters state it, the quiet conceivable event' that Germany letters in the Yakima section were many interest is to see a war between Japan and the United States in which Japan shall be victorious,' cried Rossevelt.

country helpless to defend itself agains

ERUPTING AGAIN

Wanted

Veal Market Again Down.

Country killed calf market remains overy weak with sales along the street now no higher than 10 cents a pound and some very good stuff selling from the firing line with another eruption lasting several hours vesterday mornant some very good stuff selling from the firing line with another eruption lasting several hours vesterday mornant line. The second was the largest since November 1: 2 cents for tops. ber. It was visible only near the mountain, owing to a thick haze. The smake came from the Hat creek side.

TEA TO DARKEN HAIR

She Made Up a Mixture of Sage Tea and Sulphur to Bring Back Color, Gloss and Youthfulness

Mathias Dunn has begun the building of a new dwelling loose. Thems Bross of Mt. Angel, are the curpenters.

Robert Beer has his new hara about finished. We expect the next move will be a bungalow and them—?

The hanging of May baskets by mysterious persons and then a chase for the culprits, has furnished consider able annuamenent for our young folk this mouth.

W. H. Stevens attended the county grange committee meeting at Salem Wedneaday.

Notices of the annual school meeting are marked and salehur Compound, no one can tell, because it does it so naturally.

after meals, are briged to get a quarter pound of limestence phosphate from the drag store, and begin practicing internal smill fation. This will cost very little, but is sufficient to make anyone an enthusiast on the subject. Remember inside bathing is more important than outside bathing, because the shin pores do not absorb important than outside bathing because the shin pores do not absorb importanties into the blood, causing poor health, while the bowel powers do. Just as song and freshens the sain, so hot water cleaness, sweetens and freshens the sain, so hot water cleanes, how and provements of the subject. W. J. Jefferson, road supervisor, is along extensive important in the storm of the school importates into the blood, causing poor health, while the bowel powers do. Just as song and hot water cleaness, sweetens and freshens the sain, so hot water cleaness, sweetens and freshens the sain, so hot water and limestone phosphate act o athe stormach, liver, kninevs and bowels.

IF BACK HURTS USE SALTS FOR KIDNEYS

Eat Less Meat If Kidneys Feel Like Lead or Bladder Bothers You--- Meat Forms Uric Acid

Most folks forget that the kidneys. ground that, in the end, as the result like the bowels, get sluggish and clog of such a war, we would have to pay ged and need a flushing occasionally else we have backache and dull misery in the kidney region, severe headaches, rheumatic twinges, torpid liver, acid stomach, sleeplessness and all sorts of bladder disorders.

kidneys and stimulate them to normal have tried it. activity. It also neutralizes the acids

neys clean, thus avoiding serious com- Corn plications.

believe in overcoming kidney trouble Alfalfo, ton while it is only trouble.

Picnic Closes School

Mamie Fukada. Lemard Banick, Hen-ry Girod, Lawton Girod, Wendel Bar- Wethers Gired, Lawton Gired, Wendel Baruett, Harland Perkins, Marvin Per-kins, Harold Jones, Kenneta Buraett.

15-Year-Old Youngster Grabs "Dad's" Auto and Takes French Leave Beets .

Does Your Stomach Trouble You?



And One Dose Has Often Dispelled Years of Suffering,

Mayr's Wonderful Remedy can real ly be termed WONDERFUL. No matter where you live — you will find people who have suffered with Stometc., and have been restored to health and are loud in their praise of this remedy. It acts on the source and foundation of these allments, removing the poisonous entarth and bile scoretions, taking out the inflamme-Common garden sage brewed into a assists in rendering the same antibeavy tea with sulphur added, will turn soptic. Sufferers are urged to try one KALE PLANTS-For sale, 1283 Gains gray, streaked and faded hair beautiful dose-which alone should relieve your Ave., cor 5th St. may 20

Classified Advertising

THE MARKETS

The following prices for fruits and vegetables are those asked by the wholesaler of the retailer, and not what is paid to the producer. All other prices are those paid the producer. Corrections are made producer. daily.

Everything is quiet among commission men this morning and the market sion men this morning and the market bolds steady in every line. Eggs contactive and clean, and the moment you feel an ache or pain in the kidney region, get about four ounces of Jad 8 Salts from any good drug store here, takes a tablespoonful in a glass of water before breakfust for a few days and your kidneys will then act fine. This famous salts is made from the acid of grapes and lemon juice, combined with the Portland commission men. At least this, and is harmless to flesh clogged kidneys and stimulate them to normal have tried it.

in the urine so it no longer irritates, thus ending bladder disorders.

Jad Salts is harmless; inexpensive;

makes a delightful effervescent lithiawater drink which everybody should take now and then to keep their kidden and the state of t Cracked corn . Butter. Butterfat Creamery butter, per pound .. 200@22e Country butter ..

(Capital Journal Special Service)
Quinaby, Or., May 19.—The Perkins school closed Wednesday, the event being observed by a pleuic in the William Mumper woodland. Games, under the direction of the teneser, Miss Velva Utterback and her sister Miss Ellamay Utterback entertained the children while lameh, under the spreading manifes was an enjoyable just of Veal, dressed.

Country butter 200@22c

children while lunch, under the spreading maples was an enjoyable part of the affair. The following pupils and a few visitors enjoyed the event:

Ethel Jones, Ella flahu, Mabel Cady, Buth Cady, Helen Jones, Sophie Girad, Steers 6007c

Bella Girod, Thelms Barnett, Esther Hahn, Betha Cannoy, Bernive Allen, Hulls 3 1-204c String garlic ...

Potatoes, cwt. Inited States in, as the letters state it, and letter state it, and lett

Rotail Prices. Eggs, per dozen, fresh ranch
 Sugar, beet
 \$8.55

 Cycamery butter
 35c

 Rlour, hard wheat
 \$1.90@1.70

Flour, valley \$1.30@1.25 PORTLAND MARKET

Portland, Ore., May 49,-Wheat: Club, 926/94c. Bluestem, \$1.62 1 26/1.03 4 2, Fortyfold, 946/98c. Red Russian, 92@95c; Onts: No. 1 white feed, \$26.50@

Barley: Feed, \$27,00@29.00. Hogs: Best live, \$8,90(6,9,0). Prime ateers, \$1,00. Faucy caws, \$7,50. Calves, \$8,00. Spring lambs, \$0,50@10,00 Butter: City creamery, 29e, Country butter, 27c. Eggs: Selected local ex., 23@24c. Hens, 16 1-2@17c. Broilers, 30@35c. Geese, 10@11c.

Commercial street

FOR SALE

FOR SALE-Household and office fur

DR SALE—Household and office and nighter, also house and garage for rent. Call 148 Union street, may 20 DE MOLAX COMMANDERY, No. 5, K.T.—FOR SALE—50 or 100 acres river better tom land, high finiting ground, on the land, high finiting ground, and high finiting ground, on the land, high finiting ground, on the land, high finiting ground, and high finiting ground, high finiting ground, and high finiting ground, high fini FOR SALE-50 or 100 acres river but-tom land, high building ground, on Oregon Electric, 9 miles north of Al-bany, near school and store. Terms will take some property in trade, E. Anderson, Unibot, O. may28

FOR SALE—Five acres with buildings for the price of the land, without buildings. We also have a 20 zero Hobson Council. No. 1, R. & S. M.—Hobson art pay in Salem city properson. Three Hustrians Master; Glenn C. Niles, recorder.

POUR VALLEY FARMS For sale by owner on county road and railroad. 50 to 200 acres each, good buildings, good soil, all under cultivation, close to serool, prices reasonable, half mash, balance time at 6 per cent or modern income hearing city property.

P. O. Box 246, Salem.

P. O. Box 246, Salem.

THE DAILY CAPITAL JOURNAL

Classified Business Telephone Directory

A Quick, handy reference for busy people

EVERYTHING ELECTRICAL Salem Electric Co., Masonic Temple, 127 North High Main 1209 PLUMBING, STRAM FITTING AND TINNING TRANSPER AND DRAYAGE Salem Truck & Dray Co., corner State and Front streets Main 75

Try This on Your Eczema

If you are afflicted with Salt Rheum, Tetter, dry Eczema, Acne or Pimples, buy a jar of Dry Zensal. For that watery eruption, or Weeping Skin, use Moist Zensal, 50c the jar.

CENTRAL PHARMACY, formerly Poole's Drug Store

DENTISTS.

DR. O. A. OLSON, Dentist-Administers nitrous oxid and oxygen gas. Room 314, Masonic Temple. Phone Room 214, Masonic Temple. 440, Saiem, Oregon,

MISCELLANEOUS

BEDUCED FREIGHT RATES-To and

WATER COMPANY

corner Commercial and Wrade streets. For water service apply at office. Bills payable monthly in advance. SCOTTS RESTAURANT MEALS life—and up. Hotcakes or mush and milk free with all break-

LODGE DIRECTORY Meets every Monday evening at 8 in the McCornack half, corner Court and Liberty streets, B. O. Donaldson, M. W.; S. A. McFadden, recorder; A. L. Brown, financier.

SALEM LODGE No. 4, A. F. & A. M.— Stated communications first Friday in each month at 7:30 p. m. in the Massaid Temple. Chas. McCurrer, W. M.; S. Z. Univer, secretary.

SALEM HI MANE SOCIETY—D. D. Keeler, president; Mrs. Lou Tillson, accretary, All cases of cruelty or neglect of dumb ani-mals should be reported to the secretary for investigation.

ZENTIEMI, LODGE, No. 18. K. of P.—Mc Cornack building. Tuesday evening of each week at 7:30. J. O. Helisel, C. C. W. R. Gilson, K. of R. and S.

 N. OF A.—"Oregon Grape Camp." No 1369, meets every Thursday evening in McCornaek belidting. Court and Liberty streets: elevator. Mrs. Sylvia Scharpp, 1791 Market, oracle; Mrs. Meliasa Per sons, recorder, 1296 North Commercial Phone 1436-M. MODERN WOODMEN OF AMERICA—Ore gon Ucdar Camp, No. 5246; meets every Thursday evening at 8 o'clock in Mc Cornack ball, corner Court and Liberty streets. Elevator service. Geo. Reinohi V. C.; J. A. Wright, Elerk.

CHADWICK CHAPTER, No. 87, O. E. S.—
Regular meeting every first and third
Tuesday at S p. m. in the Massole Temple. Minnie Meetler, W. M.; Ida M.
Babcock, secretary.

WOGDMEN OF THE WORLD Most over, Friday night at 8 octoes in McCornact block, B. W. Maesy, C. C. L. S. Geer clerk, 507 Court street. Phone 503.

UNITED ARTISANS—Capital Assumbly, No. 84, users every Weshicsday at 8 p. in. in Monor hull. Cr. O. Marlock, M. A. C. Z. Bandall, secretary, Salem Bank of

SALEM COUNCIL NO 2622-Knights gas Ladies of Security Meets every 2nd aud its Wednesday each month at Hussi fiall Visiting members are invited to attend E. F. Walton, fluancier, 480 S. 14th St

Notice of Improvement of Fairgrounds

Road

Notice is hereby given that the common council deems it expedient so to do, and hereby declares its purpose and intention to improve Fairgrounds Road between the west line of Sum-MISCELLANEOUS

Road between the west line of Sumer street and the west line of the Oregon & California Railway company's right-of way at the expense of from all points east, on all household the abutting and adjacent property, by grading, curbing, and paving said load service. Capital City Transfer portion of said street with a five-inch Company, agents for Pacific Coast two course Bituminous Concrete pare-Forwarding company, 161 South Com-ment, consisting of a one and one half inch Bituminous Concrete wearing sur-face laid on a three and one half inch Bituminous Concrete base in accordance with the plans, specifications and SALEM WATER COMPANY - Office estimates for the improvement of Pair-corner Commercial and Wrade streets, grounds Road between the west line of Summer street and the west line of the Oregon & California Bailway company's right-of-way, adopted by the common council on the 1st day of May, 1918, and now on file in the office of certainty and convenience are mush and milk free with all breakfast orders. Soup, bread and butter
2 vegatables and pie, tea, coffee or
milk and I kind of meat for 15c; 2
kinds of meat for 25c. Short orders
any time of day. Scotts 179 S. Commercial St.

referred to and made a part of this noties; being that character or kind of
maprovement known and designated in
stid plans, specifications and estimates
as "Bituminous Concrete Pavement
No. 4."

The common cauncil hereby declares its purpose and intention to make the said above described improvement by said above described improvement by

and through the street caperiment of the city.

By order of the common council, CHAS, F. ELGIN, City Recorder, Dated this 17th day of May, 1916.

May 29.

WANTED

WANTED-A good stock farm. We have to offer in payment first mort-gage of \$4550 on well improved farm and a good city property worth \$1,-800, Square Deal Resity Co., 202 U. S. Bank Bldg, Phone 470.



Small Livery Stable, C. W. TRAIN 254 Ferry. Phone 288

MONEY TO LOAN ON Good Real Estate Security. THOS. K. FORD Over Ladd & Bush Bank, Salem, Oregon

MONEY TO LOAN 7% ON GOOD REAL ESTATE SECURITY HOMER H. SMITH MCCORNACK BUILDING

SALEM FENCE and STOVE WORKS

R. B. FLEMING, Prop. Depot American Fence

Gates, Piain and Barbed Wire. Paints, Oils and Varuinkes. Boofing. Posts, Hop Hooks

40 Years Making Stoves

Stoves rebuilt and repaired. Stoves bought and soid. 250 Court Street. Phone 124 Back of Chicago Store

Care of YICK SO TONG Chinese Medicine and Tea Company

Has medicine which will cure any known disease. 153 South High Street, Salem, Ore. Phone 283

L. M. HUM