# QUIT MEAT IF YOUR KIDNEYS ACT BADLY

## Take Tablespoonful of Salts If Back Hurts or Bladder Bothers-Drink Lots of Water

well-known authority, who warns us to be constantly on gaard against kidney

tism in bad weather, get from your pharmacist about four ownees of Jad sity reinstated Maxwell Ball yesterday and the faculty of Willamette Universalts; take a tablespoonful in a glass of afternoon at their called meeting. Mr. water before breakfast each morning and in a few days your kidneys will act answered questions pertaining to him the acid of grapes and lemon julee, compose a meeting, and this resulted in his branches with lithin, and has been used to be a support of the acid of grapes and lemon julee, composed. The answers to the acid of grapes and lemon julee, composed. The answers to the acid of grapes and lemon julee, composed. The answers to the acid of grapes and lemon julee, composed. The answers to the acid of grapes and lemon julee, composed to the faculty and any pour youthful appearance within a few days.

This is the age of youth, Gray hatred, unattractive folks aren't wanted around, so get busy with Wyeth's Sage and Sulphur Compound tonight and you'll be delighted with your dark, and so get busy with Wyeth's Sage and Sulphur Compound tonight and answered questions pertaining to him.

This is the age of youth, Gray hatred, unattractive folks aren't wanted around, so get busy with Wyeth's Sage and Sulphur Compound tonight and answered questions pertaining to him.

Corn.

Corn.

Cracked corn...

Cracked corn...

Cracked corn...

Cracked corn...

Cracked corn...

Cracked corn... the acid of grapes and lemon julee, com-bined with lithin, and has been used for generations to flush and stimulate

Jad Salts is inexpensive and cannot injure; makes a delightful effervescent litria-water drink, and nobody can make a mistake by taking a little organionally to keep the hidneys clean and parties.

UST a word Mr. Trav. eler - Mr. Home Lover-UST enter Hotel Nor-UST select a large, cheer-UST stop . a long, long ime -- or a short, short time UST try a service that anticipates everything an atmosphere that delights-

IST make a start toward better health -- enjoy the morning -- noon -- evening meel-UST meet and hobnob with friends in the airy lobby— UST rest your weary bones' on a truly hixurious bed and surrender to pleasent dreams-UST the thing that appeals -- moderate prices. Rooms with privilege of bath \$1 or more the day. Rooms with private bath \$1.50 or more the day



# Fruitland News

ial damage in the neighborhood, as they were light and not many blossoms or vegetables to be effected.

Next Sunday evening the indies club from Salem will give a program in the

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A quotation from the Portland Occgoniah is not omise in this connection;
goniah is not omise in this connection;
Instice Hughes has been stick
ing to the sopreme bench in Washing on nolities. What Justice
Hughes' views are with respect to preparedness, foreign policy, and other highestical is shown by a reparedness, foreign policy, and other highest four-year leigh schools by the State
Board of Education is shown by a reparedness, foreign policy, and other highest four-year leigh schools by the State

Board of Education is shown by a reparedness, foreign policy, and other highest four-year leigh schools by the State

Board of Education is shown by a reparedness, foreign policy, and other highest fourparedness, foreign policy, and other highest and public education is

Board of Education is shown by a reparedness, foreign policy, and other highest policy.

### Wool Prices Believed Rising, Amount Sold **Today Brings 36 Cents**

Wool buyers in Roseburg Saturday ffered 36 cents a pound. Owing to the continued tendency of the price to llinb, however, the sellers are apparent ently holding their stock for later rises. Little wool has been sold, and it is be lieved most of the spring clip will be held with the hope of securing as much as 40 cents a pound. Should their hopes be realized, the wool men of Douglas county will probably receive the greatest returns in their experience.

ous meeting, and this resulted in his preparation is a toilet for generations to flush and stimulate clegged kidneys, to neutralize the acids in urine so it is no longer a source of irritation, thus ending urinary and bladder disorders.

Jan Salts is inexpensive and cannot littin-water strink, and mobody can make a mistake by taking a little occasion.

Meekly Report of Union Stock makes a delightful efferyescent by taking a little occasion.

# FACT

Local Evidence Evidence that can be verified Fact is what we want

had a dull misery neross my kidneys which prompted me to take a kidney nedicine. Knowing of different people who spoke highly of Donn's Kidney wills, I decided to give them a trial. That misery in my back let up and my

hidneys became normal after I had taken a couple of baxes."

Price 50c, at all dealers. Don't simply ask for a kidney remedy—get boan's Kidney Pills—the same that Mr. Oswalt had. Foster-Milbarn Co., Props., Buffalo. N. Y.

### Library Patronage Falls Off Slightly

Now that the spring days are with

to the library last mouth, bringing the con-total up to 11,807. Of this number, 9190 are books for adults.

The busiest day at the library dur-ng April was worn 329 books were registered out, and the slowest day, with only 127. The average daily cir-

the things the people must know before they can vote intelligently.

Justice Hughes is a big man. It is not fair to belittle him. But where does Justice Hughes stand? Where is no the big questions of roday? On which side of the fence? Who knows for eight years he has been on the borneh of the supreme contri of the United States. During this time he has had no ordaion, publicly expressed, on the bic issues of today. Quite right. He shouldened anxe given voice to his views, considering his position. But, as a presidential mosalidity, are not the needle entitled to know what he thinks?

Sweet Home In Linn County Has Large and

# County Has Large and Active High School

Each Sheet.

instes of revent origin no man knows.

In the is, in more ways then one, the figure of the control of the control

# SAGE ILA BEAUTHES AND DARKENS HAIR

# Don't Stay Gray! Sage Tea and Sulphur Darkens Hair So Naturally that Nobody

# Union Stock Yards

North Portland, Or., May 17.—Catlegian.

North Portland, Or., May 17.—Catlegian, When it was reported on the campus
life. Receipts show a very nice inlife. Receipts show a very nice inlegian, when it was reported on the campus
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life. Receipts show a very nice inlegian, when it was reported on the campus
life. Receipts show a very nice inlife. Receipts show a very

Here's a Salem fact.

You can test it.

Mrs. H. J. Oswalt, 465 S. Winter St., salem, says: "I had occasion to take four's Kidney Pills about a year ago., had a dull misery across my kidneys.

Representative arrong.

The receipts are increasing steadily approximately 2500 head arriving no Cucumbers. Tomatoes, Florida String garlie spring lambs are still bringing \$10 to String garlie.

Potatoes, cwi

10.	50. Buyers still want	sheep
	Representative Sa	
00	steera	THE
64	steers	1020
60	steers	1002
28	steers	1004
12	cows	1080
10	cows	1120
13	EOW's	1200
IS.	cows	982
1	buff	1910
4	stags	1105
1	heifer	810
9	enives	270
0.1	hogs	2200
86	hogs	198
45	hogs	176
18	100gs	172
79	lambs	68
94	vearlings	98
06	vearlings	78
43	yearlings	1.16

(Capital Journal Special Service)

Fruitland, Or., May 17.—Mr. and Mrs. Bellamy were visiting last Sonday with their daughter and son-in-law Mr. and Mrs. Dain Parvine.

W. O. Within has turated bis Ford into a truck and its now handing milk for the new cheese factory.

A pleasant evening was enjoyed last Friday at the home of Mr. and Mrs. Paris by a large number of friends and members of the X. P. A.

Next Friday the last day of school will be a pic-nic. Some of the boys and birls are getting ap a vaniseville stant as one of the features of the div.

Bols McHwain has returned home after traveling around in several states and even was for a short time in Capada.

The frosts of last week did no material damage in the neighborhood, as they were light and not many blossons.

Fighty five new books were added in several state of the lands of the members of the features of Eighty five new books were added actual count, who sat down to the lunch

### To Overcome Eczema

Strictly Modern Free and Private Baths

RATES: 75c, \$1.00, \$1.50 PER DAY The only hotel in the business district. Nearest to all Depots, Theatres and Capitol Buildings.

A Home Away From Home, T. G. BLIGH, Prop. Both Phones, Free Auto Bus.

# **STENOGRAPHERS**

Why Not Use Columbia QUALITY Carbons? Made in Oregon 100 Copies Guaranteed from Each Sheet.

# THE MARKETS

The following prices for fruits and vegetables are those asked by the wholesaler of the retailer, and not what is paid to the producer. All other prices are those paid the producer. Corrections are made daily

Butterfat Creamery butter, per pound . Country butter .....

Hogs
Dealers were well pleased with the run of hogs, approximately 5000 head coming in. The market opened a little weak but gained strength later. Top price was 89.15, built of sales at \$8.8569.905 i few sales at \$9.10 and \$91.15. Market closed strong.

The receipts are increasing as a superscient of the sales at \$1.20 de Ewes Wethers 66.

 
 Cabbage
 \$3.50

 Cucumbers
 90e

 Tomatoes, Florida
 \$1.50

 15e
 15e
 8,90 Asparagus 8.50 Radishes 8.40 Green onions 7 05 Green peppers ... 0.50 Egg plant 640 Carrots, sack .... \$1.00 Carrots, dozen Onions \$2.00
Onions \$2.00
SALEM SCAVENGER—Clarles Soos,
Rhabarb 40c preprietor. Garbage and refuse of all
kinds removed on monthly contracts
at reasonable rates. Yard and cesspools cleaned. Office phone Main
2347, Residence Main 2272, Lemous, per box ....... \$4.00@4.50 Bananas, pound ...... 5e 10,00 Apples, Hood River 8.50 California grape fruit Florida grape fruit ..... Pineapples .. 7 1-2e

Retail Prices. 

Portland, Ore., May 17,-Whent: Club, 936296e Binestem, \$1.04gr 1.06, Fortyfold, 91gr 99c, Red Russian, 93gr 96c, Oats: No. 1 white feed, \$20,500 Barley: Feed, \$28,006,29,00.

Hogs: Best live, \$6,95@7,00, Prime steers, \$9.00, Fancy cows, \$7.50; Calves, \$8.00. Spring lambs, \$10,00, Butter: City creamery, 29c. County batter, 27c.; Eggs: Selected local ex., 22@23c. Hens, 10 1-2@17c. Brollers, 30@35c. Gesse, 10@11c.

#### **Every Cold Should** Be Considered Serious

So may the best medical authorities. Unless promptly checked, often they lead to chronic bronchial and pul-monary troubles which may prove

If your cough or cold has not responded to treatment—and remember, medicine should not be solely relied on—timely use of Eckman's Alterative may give you relief.

For more than twenty years it has been benefiting sufferers from those disorders. It is especially indicated where the system demands lime, for it contains calcium chlorid so combined as to be easily assimilated by the average person.

Sufe to try—because it contains no harmful or habit-forming drugs of any nort whatsoever.

At your druggist's.

Chadwick Chapple, No. 3, U. E. S. Regular meeting every first and third heads in the Message every first and third heads in the Message every first and third heads in the Message every first and third heads on—the Message every first and third heads in the Message every first and third heads and the Message every first and third heads in the Message every first and third heads and the Message every first and third heads and the Message every first and the Message every first

At your druggist's. Eckman Inhoratory, Philadelphia. CLEANERS AND DYERS

APPAREL SERVICE COMPANY-138 South High street. We clean press, repair, remodel and re-line clotaing and turn ('areful attention given all work. We call and deliver. Phone 728.

### FOR RENT

FOR RENT-Nicely furnished home keeping rooms tensomble, 855 North Commercial street. If

\* FINE-6 room that for rent, modern Furnished of unfurnished, 685 Liberty St. Phone 1331.

# Classified Advertising Page

Notice is hereby given that the com mon council deems it expedient so to do, and hereby declares its purpose and intention to improve Fairgrounds from between the west line of Sumof Water

Can Tell

So wents a pound. Should their hopes be realized, the wool men of Douglas county will probably receive the greatest returns in their experience.

The buyers say that the shearing has not progressed as rapidly as usual this constantly on goard against kidney of the elip will doubtless hold for development in the next week or two. The kidneys do their utnost to free hold of this irrititing acid, but some weak from the overwork; they mer street and the west line of the Oregon & California Railway from well-known authority, who warns us to be constantly or guard against kidney trouble.

The kidneys do their utmost to free the blood of this irritating acid, but the became weak from the overwork; they became weak from the overwork; they can be and the reduced at get sluggish; the eliminative rissues along and thus the waste is retained in the blood to poine the entire system. When your kidneys ache and feel liminative fishers will romain high. Some woo soll in Roseburg Saturday for 35 cents, while 36 cents was the price offered the lumps of lend, and you have savered like lumps of lend, and you have savered the lumps of lend, and you have severed the lumps of lend, and you have savered the lumps of lend, and you have severed like lumps of lend, and you have savered the lumps of lend, and you have savered like lumps of lend, and love a lump of lumps of lend, and love and lump of lumps of lumps

820.00 department of the city.

820.00 By order of the common conneil.

CHAS. F. ELGIN, City Recorder. Dated this 17th day of May, 1916 May 29.

### CHIROPRACTIC-SPINOLOGIST

DR. O. L. SCOTT-Graduate of Chiro-practic's Fountain Head, Davenport Iowa. If you have tried everything and got no relief, try Chiroprac-tic spinal adjustments and get well. Office 406.7-8 U. S. National Bank Building, Phone Main 87. Residence

#### MISCELLANEOUS

8@816 SEE DILLMAN\_For awnings or awning covers for residence or store. Write for prices, 2011 Maple, may15 REDUCED FREIGHT RATES-To and from all points east, on all household goods, pianos, etc. Consolidated car-load service. Capital City Transfer Company, agents for Pacific Coast Porwarding company, 161 South Com-mercial street, Phone Main 933.

### SCOTTS RESTAURANT

MEALS 15c-and up. Hotcakes or Preight ... San Francisco F mush and milk free with all break- No. 225-Local way Freight fast orders. Soup, bread and butter 2 vegstables and pie, tea, coffee or No. milk and 1 kind of meat for 15c; 2 No. kinds of meat for 25c. Short orders No. any time of day. Scotts 179 S. Com-mercial St.

### UNDERTAKERS

\$5.00@\$6.00 WEBB & CLOUGH CO-C. B. Webb A. M., Clough morrielins and funeral directors. Latest modern methods known to the profession employed 499 Court St. Main 120, Main 2888.

RIGDON-RICHARDSON-CO.-Funeral directors and undertakers, 252 North High street. Day and night phone 183.

### LODGE DIRECTORY

SALEM LODGE No. 4, A. F. & A. M.—Stated communications first Friday I each mouth at 7,39 p. m. in the Masoni Temple. Chas. McCarter, W. M.; S. Z. Culver, secretary,

SALEM HUMANE SUCIETY—D. D. Kester president: Mrs., Los Tillson, secretary. Al cases of cracky or neglect of dumb ani mals should be reported to the secretar, for investigation.

CENTRAL LODGE, No. 18, K. of P.—Mc-Cornack building. Tuesday evening of each week at 7:30. J. G. Heltzel, C. C., W. B. Gilson, K. of R. and S.

R. N. OF A.—"Gregon Grape Camp," No. 1360, meets every Thursday evening in McCarnack building Court and Liberty streets; elevator, Mrs. Syvins Schapp, 1791 Market, oracle: Mrs. Mellesa Formons, recorder, 1296 North Commercial, Phone 1436 M.

MODERN WOODMEN OF AMERICA.—Ore gon Comr Camp, No. 2248, meets every Thursday evening at 8 o'clock in Mc Corneck half, corner Court and Liberty arrects. Elevitor service. Geo. Retuold V, C.; J. A. Wright, clerk.

If your cough or cold has not regranded to treatment-and remember,
medicine should not be solely relied
on—timely use of Eckman's Alteraive may give you relief.

CHADWICK CHAPTER, No. 27, O. E. S.—
Regular meeting every first and third
Torsking at 3 p. m. in the Massine Tenple. Minnie Meeller, W. M.; bia M.
Babcock, secretary.

UNITED ARTISANS—Capital Assembly No. 54, mosts every Wednesday at 8 p. m in Mosse hells. C. 48. Mattock, M. A. C. Z. Bandall, sectedary, Sulem Bunk o

Salkin Council, No. 2522—Knights and Ladles of Security—Meets over 2nd and 4th Weshesshar such month at Juria Hall Visiting members are laying to arrend. E. F. Walton, financier, 489 S. 14th St.

PACIFIC LODGE No. 50, A. F. & A. M. Stated communications third Friday in each month at T.20 p. m. in the Massain Temple. Hol V. Rolam, W. M. : Ernest H. Choate, secretary.

# THE DAILY CAPITAL JOURNAL

# Classified Business Telephone Directory

A Quick, handy reference for busy people

4			
Ī		EVERYTHING ELECTRICAL	Telephon
	Salem	Electric Co., Masonic Temple, 127 North High	Main 120
	T. M.	PLUMBING, STEAM FITTING AND TINNING Barr, 164 South Commercial street	. Main 19
	Salam	TRANSFER AND DRAYAGE	Main 1

# Try This on Your Eczema

If you are afflicted with Salt Rheum, Tetter, dry Eczema, Acne or Pimples, buy a jar of Dry Zensal. For that watery eruption, or Weeping Skin, use Moist Zensal, 50c the jar.

CENTRAL PHARMACY, formerly Poole's Drug Store

# TRAVELERS' GUIDE

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t	
SOUTHERN PACIFIC.   Non-Fir bound   No. 14   Oregon Express	10:40 a. m. 7
SALEM, FALLS CITT AND WESTHEN. No. 161 — I.v. Salem, motor, 7.00 a.m., No. 162 — I.v. Salem, motor 9.45 a.m. No. 163 — I.v. Salem, motor 140 p.m. No. 167 — I.v. Salem, motor 4.00 p.m. No. 160 — I.v. Salem, motor 6.115 p.m. No. 239 — Way Pr't Iv. Salem 5.00 a.m. No. 161 — Ar Salem 8.40 a.m. No. 162 — Ar Salem 11.25 a.m.	CORVALLIS CONNECTION  Lv. Corvailla  8:25 n. m. 10 9:43 a. m.  12:12 p. m. 14 1:45 p. m.  2:25 p. m. 16 4:00 p. m.  4:10 p. m. 20 5:37 p. m.  6:18 p. m. 22 7:55 p. m.

WILLAMETTE RIVER ROUTE Ar Portland

Gregon City Transportation Company
Leave Portland for Oregon City, Butteville,
Sewberg, Mission (8t. Paul), Whentland,
Sidem (daily except sunday), 5-45 a. m.
Leave Portland for Independence,
Alhany Corvaille, (Toes., Thurs., Sat.)

7:50 p.m.
Returning

Get the drift of the world's doings by reading The Capital Journal.

MONEY TO LOAN

ON Good Real Estate Security.

THOS. K. FORD

SALEM FENCE and STOVE WORKS

R. B. FLEMING, Prop.

Depot American Fence Gutes, Plain and Barbed Wire.

40 Years Making Stoves

Court Street. Phone 124 Back of Chicago Store

Paints, Oils and Varnishes. Roofing, Posts, Hop Hooks

Stoves rebuilt and repaired, Stoves bought and sold.

250 Court Street.

FOR SALE KALE PLANTS-For sale, luquire corner 5th and Gains Ave., North Salem. may 17

POOTEAND TO SALEM 6-40 a.m.

OREGON ELECTRIC BAILWAY CO.

RIDING PONY—And saddle, \$40 if taken at once, C. W. Smith, R. D. No. 7, Phone 86F14. may17 may 17 Over Ladd & Bush Bank, Salem, Oregon

FOR SALE—50 or 100 acros river bottom hand, high building ground, on Oregon Electric, 9 miles north of Albany, hear school and store. Terms will take some property in trade. E. Anderson, Talbot, O. may 28

FOR SALE—Five acres with buildings for the price of the land, without buildings. We also have a 20 acres tract with buildings to sell. Will take part pay in Salem city property. Square Deal Realty Co., 202 U. S. Bahk Bldg. Phone 470.

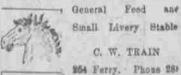
POUR VALLEY FARMS-For sale by owner on county road and callend, 50 to 200 acres each, good buildings, good soil, all under cultivation, close to scrool, prices reasonable, half to serool, prices reasonable, and cash, balance time at 0 per cent o modern income bearing city properly P. O. Box 246, Salem.

WATER COMPANY SALEM WATER COMPANY - Office corner Commercial and Trade streets. For water service apply at office. Bills-payable monthly in advance.

WANTED—A good stock farm. We have to offer in payment first mort-gage of \$4550 on well improved farm and a good sity property worth \$1, \$00, Sqdare Deal Realty Co., 202 U. S. Bank Blag. Phone 470.

DENTISTS.

DR. O. A. OLSON, Dentist-Adminis-ters nitrous oxid and oxygen gas, Room 214, Masonie Temple. Phone



General Feed and Small Livery Stable C. W. TRAIN

L. M. HUM Care of YICK SO TONG Chinese Medicine and

Tea Company Has medicine which will cure any known disease. 153 South High Street,

Salem, Ore. Phone 283