

PUBLISHED EVERY EVENING EXCEPT SUNDAY, SALEM, OREGON, BY
Capital Journal Ptg. Co., Inc.

L. S. BARNES, President CHAS. H. FISHER, Vice-President DORA C. ANDRESEN, Sec. and Treas.

SUBSCRIPTION RATES
Daily by carrier, per year \$5.00 Per month .45c
Daily by mail, per year 3.00 Per month .25c

FULL LEASED WIRE TELEGRAPH REPORT
EASTERN REPRESENTATIVES
New York, Ward-Lewis-Williams Special Agency, Tribune Building

The Capital Journal carrier boys are instructed to put the papers on the porch. If the carrier does not do this, misses you, or neglects getting the paper to you on time, kindly phone the circulation manager, as this is the only way we can determine whether or not the carriers are following instructions. Phone Main 81.

LIVES OF OFFICIALS NOT SHORTENED

That "figures won't lie" is conceded, but that they can be made to juggle with the truth and use that verity with "prodigal frugality" cannot be denied. Dr. W. A. Evans, of Chicago, who edits the "How to Keep Well" column in the Oregonian, a few days ago had a story as to the lives of the presidents having been shortened by their service in that capacity, which the doctor says is due to worry, late hours, high living and the use of stimulants and tobacco.

He gives a tabulated statement showing the age at which the presidents assumed office, their expectancy of life and the time lived after retiring.

He shows by figures from this table that the presidents, not counting those assassinated, lived but 93 per cent of what their life expectancies entitled them to.

The amusing part of the doctor's "proof" is that he made a mistake in the figures and robbed the poor presidents out of two per cent of their lives. Taking his figures for it they lived not 93, but 95 per cent, of what the table of life expectancies gives them.

Among those counted is President William Henry Harrison, who died at the end of his first month in office, and so he could not properly be counted with those who had their lives "shortened by worry, stimulants" and the other evils the doctor ascribes their shortened lives to.

With President Harrison left out of the count the remainder make a pretty fair showing having lived 99 1/2 per cent, so their lives if shortened at all as the doctor claims, were only abbreviated in the sum of one half of one per cent. So the doctor's elaborate figures to show that wear of office on high public servants proves only that they live as long as other folks. Having made a mistake in his premises his long argument results in false conclusions.

On top of this it might be pointed out that Uncle Joe Cannon has just celebrated his eightieth birthday, is still active and in congress where he has been for more forty years and is apparently good for twenty years more, though he only quits smoking long enough to eat, drink, and it is presumed—sleep.

TOO INTELLECTUAL FOR MOTHERHOOD

"Motherhood should be restricted to women of the lower classes, who can bear children with less sacrifice" was the statement of Mrs. Robert Liggett, of St. Paul, made in a lecture at Seattle Saturday. She made many other statements along this same line, showing she considered the "intellectual woman" of a much higher sphere than the every day common woman who makes a home, raises children and gladdens and makes better this old world by radiating love and sunshine and happiness around her.

If the teachings of Mrs. Liggett are the result of education and "intellectuality," then the quicker humanity reverts to savagery and ignorance the better.

The right of motherhood is divine, and belongs to every woman. It is her heritage and her glory. That she goes down into the shadow, and suffers is true; yet what mother, as she cuddles her new born up to her bosom and gives it sustenance; who sees its intelligence awaken and feels its young life fasten its roots in her heart, until that heart fairly aches with the love that only a mother can ever feel, regrets her suffering and her pain?

It might be better for the world if Mrs. Liggett's ideas were carried out for a generation, for that would eliminate the super-woman, the intellectual, cultured class too good to bear children, and start the world all on a level; all being born of the "common people."

It would do away with such as Mrs. Liggett, and that would be for the betterment of humanity.

Little Holland says she has half a million soldiers ready to keep the Germans or allies out of her territory, and will fight either or both if they attempt to force her hand. She also has another half a million who will be ready in a short time to help the first half on the job. Holland will not be bothered.

In an effort to demonstrate that Shakespeare wrote the plays accredited to him, Mr. Edgar M. Mumford in several verses that are much better poetry than argument, in Monday's Oregonian, calls attention to the fact that birds sing without being taught, and gives several other examples of that kind. He overlooks the fact that whoever wrote Shakespeare's plays had a world-wide knowledge, and a wonderful vocabulary. He had a fund of history and an understanding of almost all trades and occupations, and none of these things are "instinctive." His knowledge of languages, ancient history and mythology had to be learned by study and reading. These are the things on which the doubters of Shakespeare's authorship hang their opinions and they surely have considerable weight. The discussion of the matter is however useless as it can never be settled. Let us be thankful the plays were written and enjoy them regardless of their authorship.

The Oregonian paragrapher says of a certain candidate for a state office: He is a pedigreed republican, and that is enough." Is it? The democratic candidates for office this year are a minus quantity so we cannot be accused of preaching non-partisanship for the purpose of aiding the democrats, hence the question. Does it make any difference what a state or county officer believes politically in the way of making him a capable and efficient officer? Should not the real and only test be the fitness for the office to which the candidate aspires? Should not the voters select the officers, the public servants, just as they would one to handle their own personal business? Does being a pedigreed republican or a full-blooded democrat or a life-long prohibitionist qualify one for any office?

Since writing a paragraph concerning the politics in state and county offices the following came to hand in reading the statement of Fred G. Buchtel, candidate for the republican nomination for Public Service Commissioner, in the official pamphlet issued by the secretary of state: "If nominated and elected I will divorce the office from politics and conduct it for the best interest of the people; I will put the clerical force on a merit and efficiency basis and operate the office as economically as is consistent with good business." If such offices are to be "divorced from politics" why not make the divorce reach the highest as well as the lowest in the office? Why not begin with the head?

England expects to remain the financial center of the world after the war is ended. It may well be doubted if she can do this. Indeed it is thought by many close students of world politics that instead of building up from her colonies, that most of these will soon cut loose from her, and that Canada and Australia are certain to do so before very long. It is stated that the arrogance of the British officers shown in their association with the troops from the colonies has done much to weaken the loyalty of the latter, and that a break is certain to come soon after the close of the war. Exchange is made now adays on the basis of the dollar rather than the pound and it will remain that way.

It is stated that matches once used are gathered and redipped in Japan. This is pointed to as a bit of economy. Is it? Some things are more cheaply made than saved. As a matter of fact a carpenter dropping a ten-penny nail while at his work cannot afford to stoop to pick it up for the nails can be made and delivered to him for less than he can earn picking them up from the floor one at a time. The fact that a Jap could not pick up a cent's worth of match wood in a day makes that little story economical only as to the truth in it.

It is claimed that great new armies have been placed in the fields by Great Britain, Russia and Italy. As to Russia and Italy this may be correct, but if Great Britain has placed any new armies in the field no one knows where they are.

The Russians are not maintaining a press bureau, but they are pressing the Turks just the same. First thing the world knows they will be knocking at the back gates of Constantinople.

Rippling Rhymes

by Walt Mason



TIN CANS

In olden days, the which I praise, as warmly as I'm able, we raised our beans and other greens out back ferninst the stable. A garden plot behind his cot each man inaugurated, and there he'd raise the peas and maize, and vines with pumpkins weighted. There dad would toil, and slug the soil, his busy boys around him, and he'd have beets and kindred eats when wintry tempests found him. This good old plan by modern man, no more, alas, is followed; but at the store he blows his ore for everything that's swallowed. He used to pluck the garden truck, and eat it fresh and juicy, and there was lots for all the tots, for Jake and Bill and Lucy. His grocer's bill then didn't kill, it was no grief to meet it; his bill of fare was rich and rare, and no hotel could beat it. In those old days the poorest jays set up the best of tables; but now man eats his greens and beets from cans with gaudy labels.



Hopes Women Will Adopt This Habit As Well As Men

Glass of hot water each morning helps us look and feel clean, sweet, fresh.

Happy, bright, alert—vigorous and vivacious—a good clear skin; a natural, rosy complexion and freedom from illness are assured only by clean, healthy blood. If only every woman and likewise every man could realize the wonders of the morning inside bath, what a gratifying change would take place.

Instead of the thousands of sickly, anemic-looking men, women and girls with pasty or muddy complexions; instead of the multitudes of "nervous wrecks"; "melancholics"; "brain fag"; and pessimists we should see a virile, optimistic throng of rosy-cheeked people everywhere.

An inside bath is had by drinking, each morning before breakfast, a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and ten yards of bowels the precious days' indigestible waste, sour fermentations and poisons, thus cleansing, sweetening and refreshing the entire alimentary canal before putting more food into the stomach.

Those subject to sick headache, biliousness, nervous breath, rheumatism, colds; and particularly those who have a pallid, sallow complexion and who are constipated very often, are urged to obtain a quarter pound of limestone phosphate at the drug store which will cost but a trifle but is sufficient to demonstrate the quick and remarkable change in both health and appearance awaiting those who practice internal sanitation. We must remember that inside cleanliness is more important than outside, because the skin does not absorb impurities to contaminate the blood, while the pores in the thirty feet of bowels do.

News from Jefferson Way

Mr. Elwood Bulgin and Mr. and Mrs. Geo. Rose were visitors of Mr. T. G. Bulgin during the week.

F. R. Stark was a visitor in Portland this week.

Monroe Nye was in Salem on business Monday.

William Greenwood of Dallas visited Mr. and Mrs. A. T. Wain last week.

T. G. Bulgin was in Portland last week on business.

G. H. Taylor was in Salem Saturday.

William Wilkening made a trip to Salem Friday.

French Remedy for Stomach Troubles

The leading doctors of France have for years used a prescription of vegetable oils for chronic stomach trouble and constipation that acts like a charm. One dose will convince. Severe cases of year's standing, are often greatly benefited within 24 hours. So many people are getting surprising results that we feel all persons suffering from constipation, lower bowel, liver and stomach troubles should try Mayr's Wonderful Remedy. It is sold by leading druggists everywhere with the positive understanding that your money will be refunded without question of quibble if ONE bottle fails to give you absolute satisfaction.

SIR ROGER CASEMENT

London, May 9.—Sir Roger Casement will be arraigned this week before a magistrate on a charge of treason in connection with the Irish riots, and will then be remanded for trial.

A NEW HARMLESS WAY TO BANISH HAIRY GROWTHS

By following this suggestion any woman can, in the privacy of her own home, remove every trace of hair or fuzz from her face. With powdered delatone and water mix enough paste to cover the not wanted hair; apply and in 2 or 3 minutes rub off and wash the skin. This method is unfeeling, harmless and quick in results, but care should be employed to get the genuine delatone.

Willamette Notes

Mr. Carl J. Hollingsworth, student secretary for the Y. M. C. A. in Washington, arrived in Salem last night in the interest of securing delegates to the Northwest Student Conference which is held annually at Seaside, Washington. Hollingsworth is a graduate of Willamette, graduating with the class of '13. While in school "Holly" was president of the Y. M. C. A. at the college and during his term of office the local organization was at the height of its power and influence. His

GEO. G. BINGHAM

Republican Candidate for Circuit Judge

LINN AND MARION COUNTIES

At Republican Primaries, May 19, 1916

The Picture Tells The Story

Copyright 1915 by The Picture Advertiser, Box 17, Oregon City, Ore.

GEO. C. WILL New Edison Disk Victrolas, Grafonolas Each in every style and all records for each. 432 State Street	GEO. C. WILL Plano's I sell, the Best and Cheapest ones. Plano's rented, 432 State Street Phone 150
AUTO-WORK and Driving Gloves F. E. SHAEFER 170 S. Commercial Phone 411	Capital Drug Store Z. J. Riggs, Ph. G. Proprietor. New location—State and Liberty upon completion of the McGilchrist building.
WOOD-COAL SALEM FUEL YARDS Phone 529	Auto and Carriage Painting Enamel, Tops and Cushions repaired and trimmed. F. W. BLISS, 304 S. Com'l.
Old Shoes Made New The quality of our work is as high as the price is low Ye Boot Shop 325 State St. Opp. Ladd & Bush	We make your linen wear longer and look better by our auto-dry room and press machine work. Salem Laundry Co. 136 S. Liberty St.
Glasses our Specialty. Lenses duplicated on short notice. Dr. Herman Barr, Optometrist Hartman Bros Co Jewelers	Up-to-the-Minute Jewelers and Optometrist Hartman Bros Co Jewelers State and Liberty
Larmer Transfer Phone, Office 930 or Residence 1898. Storage, Packing, Shipping, Moving, Coal and Wood. Quick, Reliable Service.	Ask your Grocer for Royal Bakery Bread Made clean, sold clean. Phone 387
Dr. Nelson removes corns, bunions, ingrowing nails, without pain; also warts and moles. Room 4, Breyman Bldg.	The Handy Man Around the House PORTLAND R.R. LIGHT & POWER CO.
THE ELK Restaurant for Refined Tastes also Flowers for All Occasions. Candy & Cigars Phone 412 323 State Street	Pure Milk and Cream Oak Park Dairy Auto Delivery. Phone 609 W. F. Louney Mgr.
Furniture Repairing and Refinishing. A. F. Tingstrom Upholsterer 1156 S. 13th St. Mattresses made over, carpet cleaning and laying. Phone 230	The Emporium Pool and Billiard Hall Weinhard's Nectar on draught, cigars, and soft drinks. E. M. Klinger, Prop.

IT'S EASY TO PEEL OFF ALL YOUR FRECKLES

The contrast between the freckles and the clear skin usually is so great that no bleach can be more than partially successful in obliterating the disfigurements. Ordinary mercurized wax is far better; it literally peels off the freckles. Get an ounce of it at the nearest drug store and tonight spread on enough to completely cover your face; remove in the morning with warm water. Repeat daily until every freckle has disappeared.

Rough, blotchy, pimply skin, also common at this season, may be entirely gotten rid of by this same method, without discomfort or inconvenience. The effort is decidedly worth while, the new complexion obtained being so clear, smooth and youthful.

If bothered with wrinkles, bathe the face in a lotion made by dissolving an ounce of powdered sazonite in a half pint of witch hazel. This is the most effective and quickest-acting wrinkle treatment known.

Environment will shape our lives if we let it, but we have the power to alter it.

Character is not formed by degrees, laws and commands, but by quiet influence, unconscious suggestions, and personal guidance.

Psalm 46:10—"Be still and know that I am God."

That Distress After Eating

is certainly very annoying. It indicates some weakness of the Stomach and Liver which may be corrected by careful diet and the aid of

HOSTETTER'S Stomach Bitters

Always Watch This Ad—Changes Often

Strictly correct weight, square deal and highest prices for all kinds of junk, metal, rubber, hides and furs. I pay 2 1/2c per pound for old rags. Big stock of all sizes second hand incubators. All kinds corrugated iron for both roofs and buildings. Roofing paper and second hand linoleum.

H. Steinback Junk Co.

The House of Half a Million Bargains.

302 North Commercial St. Phone 888

LADD & BUSH, Bankers

Established 1868
CAPITAL \$500,000.00

Transact a General Banking Business
Safety Deposit Boxes
SAVINGS DEPARTMENT