

A Woman's Problem

How to Feel Well During Middle Life Told by Three Women Who Learned from Experience.

The Change of Life is a most critical period of a woman's existence, and neglect of health at this time invites disease and pain. Women everywhere should remember that there is no other remedy known to medicine that will so successfully carry women through this trying period as Lydia E. Pinkham's Vegetable Compound, made from native roots and herbs. Read these letters:—



Philadelphia, Pa.—"I started the Change of Life five years ago. I always had a headache and backache with bearing down pains and I would have heat flashes very bad at times with dizzy spells and nervous feelings. After taking Lydia E. Pinkham's Vegetable Compound I feel like a new person and am in better health and no more troubled with the aches and pains I had before I took your wonderful remedy. I recommend it to my friends for I cannot praise it enough."—Mrs. MARGARET GRASSMAN, 750 N. Ringgold St., Philadelphia, Pa.

Beverly, Mass.—"I took Lydia E. Pinkham's Vegetable Compound, for nervousness and dyspepsia, when I was going through the Change of Life. I found it very helpful and I have always spoken of it to other women who suffer as I did and have had them try it and they also have received good results from it."—Mrs. GEORGE A. DUNBAR, 17 Roundy St., Beverly, Mass.



Erie, Pa.—"I was in poor health when the Change of Life started with me and I took Lydia E. Pinkham's Vegetable Compound, or I think I should not have got over it as easy as I did. Even now if I do not feel good I take the Compound and it restores me in a short time. I will praise your remedies to every woman for it may help them as it has me."—Mrs. E. KRISTINA, 901 East 24th St., Erie, Pa.

No other medicine has been so successful in relieving woman's suffering as has Lydia E. Pinkham's Vegetable Compound. Women may receive free and helpful advice by writing the Lydia E. Pinkham Medicine Co., Lynn, Mass. Such letters are received and answered by women only and held in strict confidence.

Pacific Coast Seamen May Go On Strike Soon

Portland, Ore., April 14.—Ninety-five per cent of the seamen employed on the Pacific coast, from Alaska to South America, will strike May 1 unless their demands for more pay and betterment of working conditions are met by the shipowners.

ors, firemen, cooks and engineers on this coast are organized. These men, however, Rosen said, are hopeful that the shipowners will meet their demands because of the increased demand for ships.

SILVERTON MAY PURCHASE MOTOR TRUCK APPARATUS (Capital Journal Special Service.) Silvertown, Ore., April 14.—J. H. Haines, of the Northwest Fire Apparatus company, of Portland, and salesman K. L. Marbes are in Silvertown demonstrating the Hallock chemical motor truck. The machine is complete in every way, having hook and ladder attachment and all modern equipment for practical use.

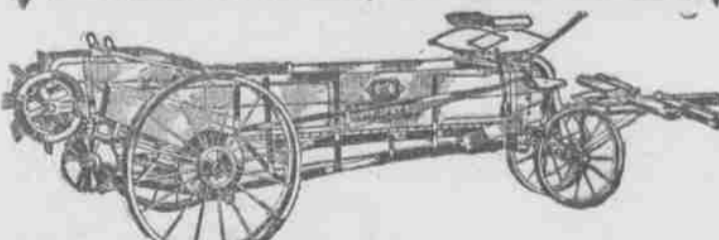
When Itching Stops

There is one safe, dependable treatment that relieves itching torments instantly and that cleanses and soothes the skin. Ask any druggist for a 25c bottle of Zemo and apply it as directed. Soon you will find that pimples, black heads, eczema, flurworn and similar skin troubles will disappear.

Much interest was taken in its demonstration. The city adds believe in preparedness and that preparedness should begin at home. They realize how inadequate the present fire equipment is in case of emergency, and with the large mills and new industries which are opening up in Silvertown feel that better fire protection is a most essential thing.

Try Capital Journal Want Ads.

INTERNATIONAL HARVESTER MACHINES



Add Wealth To Your Fields With a Low Spread Spreader

WHATEVER the condition of your fields or of the manure that is to go to fertilize them, the Low Spread spreader will cover them most economically with an even coat, thick or thin as you desire. There is a differential in each rear wheel, something like the ones in your mower. This means that, though you turn a corner either way, the beater will go on spreading evenly on the corners.

Chas. R. Archerd Imp. Co. Salem, Ore.

THE MARKETS

The following prices for fruits and vegetables are those asked by the wholesaler of the retailer, and not what is paid to the producer. All other prices are those paid the producer. Corrections are made daily.

Table listing prices for various grains like Hay, timothy, Oats, vetch, etc.

Table listing prices for Eggs and Poultry like Eggs, one count, Hens, young, etc.

Table listing prices for Pork, Veal and Mutton like Veal, dressed, Pork, dressed, etc.

Table listing prices for Vegetables like Cabbage, Tomatoes, String garlick, etc.

Table listing prices for Fruits like Oranges, lemons, Bananas, etc.

Table listing prices for Retail Prices like Eggs, per dozen, Sugar, cane, etc.

Table listing prices for PORTLAND MARKET like Portland, Ore., April 14.—Wheat, Club, 91@96, etc.

OREGON Today and Tomorrow

A DOUBLE SHOW

In connection with this big feature we will show

FRED MACE

Your Keystone Favorite in

"LOVE WILL CONQUER"

30 Minutes of Continuous Laugh



MARY MILES MINTER The "Flower of the Screen," in "Lovely Mary." SUNDAY AND MONDAY. Don't fail to get our handsome souvenir.

Today, Tomorrow --- Frederick Warde

"Silas Marner"

In Seven Reels. Based upon George Elliot's novel of the same name. An English Classic.

KEYSTONE COMEDY BLIGN THEATRE MUTUAL WEEKLY

Officers Elected at Masonic Council

George C. Brown was elected illustrious grand captain of the guard at the meeting held yesterday in Corvallis of the Grand Council of Royal and Select Masons. Other officers for the coming year are: W. R. Blyven, of Albany, past illustrious grand master; J. B. Patterson, of Eugene, right illu. lustrious deputy grand master; R. J. Patterson, of Portland, right illustrious grand principal conductor of works; H. H. Parker, of Portland, right illustrious grand treasurer; J. H. Richardson, of Portland, right illustrious grand secretary; A. L. Rumsby, of Portland, illustrious grand chaplain; Frank S. Dunn, of Eugene, illustrious grand conductor of council; J. P. Carson, of Hood River, illustrious grand steward; B. E. Boyden, of Portland, illustrious grand marshal.

Americans Hold Parral

El Paso, Texas, April 14.—American troops held Parral, according to unconfirmed advices to mining interests today. These messages stated that two troops entered the town Wednesday for messages which were expected at the telegraph office. Carranza's soldiers ignorant of the expedition shot and killed one and wounded the second, it was declared. The commander of the Americans then entered and a street fight followed. The Carranza garrison was reported dispersed.

Salazar Gets Busy

El Paso, Texas, April 14.—General Salazar was reported today to have raided the T. O. ranch south of Sierra Blanca, Texas, yesterday. Dispatches said he fled south after a skirmish, presumably with an American patrol. Some were reported killed in the fight. He stole a few horses, said the advices.



MAE MURRAY

Supported by WALLACE REID in "TO HAVE and TO HOLD"

Today, Tomorrow

Paramount Pictures YE LIBERTY

SALTS IF BACKACHE AND KIDNEYS HURT

Drink Lots of Water and Stop Eating Meat for a While If Your Bladder Troubles You.

When you wake up with backache and dull misery in the kidney region it generally means you have been eating too much meat, says a well-known authority. Meat forms uric acid which overworks the kidneys in their effort to filter it from the blood and they become sort of paralyzed and clog you must relieve them, like you relieve your bowels; removing all the body's urinous waste, else you have backache, sick headache, dizzy spells, your stomach sour, tongue is coated, and when the weather is bad you have rheumatic twinges. The urine is cloudy, full of sediment, channels often get sore, water scalds and you are obliged to seek relief two or three times during the night. Either consult a good, reliable physician at once or get from your pharmacist about four ounces of Jad Salts; take a tablespoonful in a glass of water before breakfast for a few days and your kidneys will then act fine. This famous salt is made from the acid of grapes and lemon juice, combined with lithia, and has been used for generations to clean and stimulate sluggish kidneys, also to neutralize acids in the urine so it is no longer irritating, thus ending bladder weakness.

CHARGED WITH KIDNAPING

Juneau, Alaska, April 14.—Found guilty of impersonating a federal officer at the time he took William Christie from his work at Treadwell on a fake subpoena, Edward Krause is awaiting trial here today on a charge of kidnaping Christie.

Christie has never been seen since he was with Krause. A federal court jury found Krause guilty of the first charge Thursday.

Weak, Weary Women

Learn the Cause of Daily Woes and End Them. When the back aches and throbs, when housework is torture, when night brings no rest nor sleep, when urinary disorders set in, Women's lot is a weary one. Doan's Kidney Pills are for weak kidneys. Have proved their worth in Salem. This is one Salem woman's testimony. Mrs. Geo. Stotlar, 1796 Mission St., Salem, says: "I am subject to spells of kidney complaint and the kidney action becomes weak and disordered. My back gets lame and sore, too. Doan's Kidney Pills always help me and rid me of these attacks in short order." Price 50c, at all dealers. Don't simply ask for a kidney remedy—get Doan's Kidney Pills—the same that Mrs. Stotlar had. Foster-Milburn Co., Props., Buffalo, N. Y.

FOR SALE

STOCK HOGS FOR SALE—Also sow and pigs, cow and calf, and registered mare, 7 years old. Phone 842E. April 14.

FOR SALE—Choice acclimated seed corn

grown by H. D. Landon, Salem Fence Works, back of Chicago store. May 4.

FOR SALE—A modern 5 room house

large chicken house and run and 4 lots. Call and see how cheap, at 495 S. 17th. April 14.

TWENTY-FIVE ACRES—All in cultivation

except 3 acres, running water, 1 acre log-slabbery, good house, barn and sheds, 1 1/2 miles out. Price \$3000, \$700 cash and balance on payments at 6 per cent interest. J. A. Mills, 384 State, April 14.

FOUR VALLEY FARMS—For sale by owner

on county road and railroad. 50 to 200 acres each, good buildings, good soil, all under cultivation, close to school, prices reasonable, half cash, balance time at 6 per cent or modern income bearing city property. P. O. Box 246 Salem. April 14.

213 ACRES—River bottom land

65 acres in cultivation, some timber, a lot of the land has been slashed and graded for a number of years, good house and barn, 2 1/2 miles from station on the Oregon Electric. Price \$65 per acre. See J. A. Mills, 384 State street. April 14.

120 ACRES—In Benton county, 1 mile

from station on R. R., 1 mile to school, partly valley land and partly hill land, stock, household goods, and everything goes, at \$2000, \$5000 cash and balance at 5 per cent, 4 head milk cows, 13 head young cattle, 14 head of sheep, 3 hogs, 1 team mares. For further particulars see J. A. Mills, 384 State street. April 14.

FOR SALE—Desiring to quit the farm

and other heavy labor, we offer our property as follows: Beautiful home, 20 acres, 3 miles east of Garden; 12 acres orchard and garden land, half mile north of city; quarter block corner Union and Cottage; also several tracts of city property; 100 acre wheat farm in Big Bend country. Terms, one-third cash, balance long time on any of this property. R. R. Ryan. April 14.

WE HAVE SEVERAL SNAPS—For

barge hunters: 110 acres of bottom land near town on good road, 70 acres in cultivation. Balance cut off and seeded. Price \$2500, part trade. For rent, 70 acres, near Salem, 25 acres hops, good condition, 20 acres hay, 20 acres pasture, balance in orchard buildings good. Two acres improved, good buildings, 1 1/2 acres log-slabbery timber. Balance garden land with orchard. Houses to rent. Money to loan. Insurance to write. Square Deal Realty Co., 202 U. S. Bank Bldg.

CHIROPRACTIC-SPINOLOGIST

O. L. SCOTT—Graduate of Chiropractic's Fountain Head, Davenport, Iowa. If you have tried everything and have got no relief, try Chiropractic spinal adjustments and get well. Office 406-7-8 U. S. National Bank Building. Phone Main 87. Residence Main 828-R.

CLEANERS AND DYERS

APPAREL SERVICE COMPANY—188 South High street. We clean, press, repair, remodel and re-line clothing and furs. Careful attention given all work. We call and deliver. Phone 728.

DENTISTS

O. C. ALSON, Dentist—Administer nitrous and oxygen gas. Room 214, Masonic Temple. Phone 440. Salem, Oregon.

FOR RENT

MODERN 5-ROOM HOUSE—Furnished, for rent, \$15. Phone 1737-W 12

FOR RENT—5 room cottage, strictly modern, close in, \$18.00. Phone 1422. April 15

FOR RENT—Nicely furnished house, keeping rooms reasonable. 855 North Commercial street. 12

FOR RENT—Eight room house, electric light and bath, 832 North Liberty street. Phone 1169. April 15

SCAVANGER

SALEM SCAVANGER—Charles Soos, proprietor. Garbage and refuse of all kinds removed on monthly contracts at reasonable rates. Yard and cess-pools cleaned. Office phone Main 2247. Residence Main 2272.

Try Capital Journal Want Ads.

MISCELLANEOUS

MONEY TO LOAN—Seven per cent, any amount on improved farm property. Address Box 441, Salem, Or. 12

REDUCED FREIGHT RATES—To and from all points east, on all household goods, pianos, etc. Consolidated railroad service. Capital City Transfer company, agents for Pacific Coast Forwarding company, 161 South Commercial street. Phone Main 933.

OSTEOPATH

DRS. B. H. WHITE and B. W. WALTON—Osteopathic physicians and nerve specialists. Graduates of American School of Osteopathy, Kirksville, Mo. Post graduate and specialized in nerve diseases at Los Angeles college. Treat acute and chronic diseases. Consultation free. Lady attendants. Office 505-506 U. S. National Bank Building. Phone 529. Residence 248 North Capital street. Phone 369.

WANTED

GOOD BROOM MAKER WANTED—At Salem Electric Broom Works, Salem, Oregon. April 15

A FEW MORE shringers or fresh cows wanted. E. F. Long, 100 South 25th street, Salem, Ore. Phone 1332-R. April 15

WATER COMPANY

SALEM WATER COMPANY—Office corner Commercial and Trade streets. For water service apply at office. Bills payable monthly in advance.

UNDEBTAKERS

WEBB & CLOUGH CO.—C. B. Webb, A. M. Clough morticians and funeral directors. Latest modern methods known to the profession employed. 499 Court street. Main 120, Main 988.

RIGDON RICHARDSON CO.—Funeral directors and undertakers, 252 North High street. Day and night phone 153.

General Feed and Small Livery Stable. C. W. TRAIN. 254 Ferry. Phone 238

MONEY TO LOAN

ON GOOD REAL ESTATE SECURITY. THOS. K. FORD. Over Ladd & Bush Bank, Salem, Oregon

MONEY TO LOAN 7%

ON GOOD REAL ESTATE SECURITY. HOMER H. SMITH. McCORMACK BUILDING

SALEM FENCE and STOVE WORKS

E. B. FLEMING, Prop. Depot American Fence

Gates, Plain and Barbed Wire. Paints, Oils and Varnishes. Roofing, Posts, Hop Hooks.

40 Years Making Stoves

Stoves rebuilt and repaired. Stoves bought and sold. 850 Court Street. Phone 124. Back of Chicago Store.

L. M. HUM

Care of YICK SO TONG Chinese Medicine and Tea Company

Has medicine which will cure any known disease. 153 South High Street, Salem, Ore. Phone 283.