

HAVE WE COME TO "NEAR" PLUM PUDDING?



Colorado kiddies are facing a crisis. The old-fashioned luscious plum pudding and the satisfying mince pie have been banished from the state under the new prohibition law that went into effect on the first of the year.

per cent of alcohol and a trace of ethyl alcohol—as much alcohol as beer contains. But the kiddies, ignoring lawyers' opinions and chemists' analysis, are asking what Christmas will be like next year without the usual double portion of mince pie and plum pudding. They even doubt whether Santa Claus will visit Colorado at all because of the hateful decree.

If all of these plans fail, there is still a way out. Colorado offers all the wealth that is stored in her hills to the culinary genius who will invent an acceptable substitute for the good old-fashioned mince pie and plum pudding. Prohibition has produced many strange concoctions, intoxicating medicinal "tonics" various caffeine stimulants at soda fountains, and "near beer." Now enter "near mince pie" and "near plum pudding."

HELP CALIFORNIA TO OBSERVE ORANGE DAY

California's great festival, Orange day, will be held this year on March 18. The whole country is invited to help in its celebration. All that those living outside of California need to do to take part in the celebration is to buy oranges—California oranges—eat some of them, and give the rest to their families and friends.

California has done great service to this nation. She has contributed largely to its mineral and vegetable wealth, she has provided mild climate where those who cannot endure the rigors of an eastern winter can spend winter months in summer sunshine.

Orange growing is now a great California industry—one of the greatest and most important industries in the world. At the time when apples stored for the winter are becoming dried and worthless—when there are no berries, grapes, peaches or pears save those in the windows of the expensive fruiterer or the greenhouses of the wealthy, the oranges are in the golden piles on every fruit stand and within reach of everybody.

Not a Bite of Breakfast Until You Drink Water

Says a glass of hot water and phosphate prevents illness and keeps us fit.

Just as coal, when it burns, leaves behind a certain amount of combustible material in the form of ashes, so the food and drink taken after day leaves in the alimentary canal material, which if not completely eliminated from the system each day becomes food for the millions of bacteria which infect the bowels. From this mass of left over waste, toxins and poison-like poisons are formed and sucked into the blood.

Men and women who can't get feeling right must begin to take inside medicine. Before eating breakfast each morning drink a glass of hot water with a teaspoonful of limestone phosphate in it to wash out of the thirty feet of bowels the previous day's accumulation of poisons and toxins and to keep the entire alimentary canal clean, pure and fresh.

HUBBARD NEWS

Dr. A. F. DeLespinae and son Bert were in Portland Thursday, for the treatment of the latter's eyes. Rev. T. Acheson will conduct preaching services at the Hubbard M. E. church Sunday and at White school in the afternoon.

John Bushman and family moved last week to Scappoose, Oregon, where he is said to be devoting his time to farming.

E. A. Freeman who was doing carpenter work on the new school building and C. J. Saunders who did the painting, left Monday for Oregon City to work on the school building there.

Rae Noles and T. M. Brunner have finished decorating the new home of Mr. and Mrs. Geo. Wachtman, about four miles east of town. A nice home and a good job of finishing.

From indications a good deal of fence will be built this year and in addition to the large amount J. Schell & Son have on hand they have another 1,000 rods coming in with the next shipment.

Last Sunday Mr. and Mrs. G. W. Knight, and little John, Mr. and Mrs. Peter Whitney, and little son, Mr. and Mrs. James Platt spent the day with Mr. and Mrs. "Billy" Palmer at their home just south of town, and partook of a splendidly prepared roast chicken dinner.

Evelyn S. Worrell, aged one year, one month and 27 days, infant daughter of Mr. and Mrs. W. N. Worrell, died on Wednesday morning at 10 o'clock at Wisecore. Funeral services at the home Friday, March 10, at 10 a. m., interment in Hubbard cemetery, whooping cough and teething were the cause of death. K. W. Gable, Hubbard, had charge of the funeral.

There was no meeting of the city council last Friday evening on account of the absence of members. L. M. Mesker, G. W. Knight, the councilmen and W. S. Hurst were out of the city with Dr. De Lespinae, who was absent, and as Councilmen G. N. Beck and O. Miller with Mayor C. W. Mayger did not constitute a quorum, council will convene on call.

Geo. W. Knight has been appointed a member of the committee of fifteen who compose the general committee of arrangements for the supreme grand lodge of the Knights of Pythias which meets in Portland in October. Mr. Knight was also made chairman of the finance committee and assistant chairman of the music committee. Honor enough for any one member of Arion 57.

At the last meeting of the Esther Circle of the Rebekahs the ladies were delightfully entertained by Mrs. R. W. Gable and Miss Lin Standifer in the parlors of the Hubbard hotel, on Friday afternoon. The ladies enjoyed a very pleasant afternoon and discussed plans for an entertainment to be given at city hall about the first of April. Those present were: Mrs. Jos. Johnston, Mrs. Ella Coyne, Mrs. Geo. Beck, Mrs. Hiram Gallup, Mrs. F. A. Pook, Mrs. Peter Whitney, Mrs. Geo. Zeek, Mrs. R. G. Painter, Miss Frances West and Miss Mary Gandy. A dainty lunch of chocolate, cake and whipped cream was served.

Mr. and Mrs. John Zeek celebrated their 47th wedding anniversary on Wednesday with a chicken dinner. Mr. and Mrs. L. C. McShane, of the Enterprise were the invited guests not members of the family. The members of the family present were: Mr. and Mrs. Geo. Zeek and Mr. Elmer Zeek, Mr. and Mrs. Zeek are Oregon pioneers. Mrs. Zeek crossed the plains in 1852 when a very little girl. They have since children, several grandchildren and one great grandchild, Viola May York, 3 months old, whose picture arrived from Pullina, Oregon, on Monday and of which they are very proud. Mr. and Mrs. Zeek are in good health and enjoy life.—Enterprise

Los Angeles, Cal., Mar. 13.—Four hundred moving picture actors went on strike here today, because, they said, they had been ordered to appear nude for \$1 a day. They demanded \$2.

The Picture Tells The Story

Advertisement for 'The Picture Tells The Story' featuring various services and products. Includes: G.C. Will (New Edison Disk Victrolas), Auto-Work and Driving Gloves, Wood-Coal Salem Fuel Yards, Old Shoes Made New, Glasses our Specialty, Larmer Transfer, Royal Bakery Bread, Marion Dye Works, Furniture Repairing and Refinishing, Upholstering, Bowling, Fruitland News, and Dr. C. A. Eldridge (Painless Dentistry).

TODAY'S BEAUTY HINT

It is not necessary to shampoo quite so frequently if your hair is properly cleansed each time by use of a really good shampoo. The easiest to use and quickest drying shampoo that we can recommend to our readers may be prepared very cheaply by dissolving a teaspoonful of eucalypt, obtained from your druggist, in a cup of hot water. This rubbed into the scalp creates a thick lather, soothing and cooling in its action, as well as very beneficial to the hair. After rinsing, the scalp is fresh and clean, while the hair dries quickly and evenly, developing a bright luster and a soft fluffiness that makes it seem very heavy.

AUMSVILLE NEWS

Mrs. W. Morris, of Turner, is visiting her parents, Mr. and Mrs. J. C. Brinkman. Mrs. Harry Prunk had an operation Tuesday. She is getting along nicely. Mr. and Mrs. T. C. Janda and little daughter went to Salem one day last week. Mrs. C. L. Ransom and family formerly of Mill City, has moved into one of the Miller houses on First street. Mrs. W. E. Tate and little son Asabel also Miss Edith Hurt, of Sublimity, visited at the W. D. Hurt home Thursday.

POSLAM RIGHT SKIN TREATMENT

Efficient, Quick-Acting and Harmless Under All Conditions. Poslam, the quick-acting skin remedy, when spread evenly over irritated skin, penetrates and relieves itching at once. The trouble responds to this needed anesthetic treatment, ceases to annoy and is soon seen to be under control. Poslam is harmless and should be called to aid whenever the skin is disordered, broken-out, itching, inflamed or irritated. One month's trial of Poslam Soap—the soap of soaps for tender, sensitive skin—usually leads to its continued use. For samples, send 4c stamps to Emergency Laboratories, 32 West 25th St., New York City. Sold by all druggists.

TACOMA'S BIG SHOWING

Tacoma, Wash., Mar. 13.—All records for bank deposits in Tacoma were broken today when it was announced that on March 7 the amount of money on deposit in local banks totalled \$22,434,392, or nearly a half million more than the best previous mark. The announcement was made in response to the regular call for a statement from the controller of the currency. Bankers assert the large deposits indicate a return of prosperity to the northwest.

TRIBUTE TO A WOMAN

When the Lusitania went down to its watery grave, taking one of our prominent writers and his wife, leading papers published a remarkable literary tribute previously paid by the husband to the wife. This was because she had been such a helpmate to him in carrying out his ideals. Thousands of women have the ambition to be such helpmates to their husbands, but lack the necessary health. Every such woman should remember that Lydia E. Pinkham's Vegetable Compound is the one remedy which will restore health and strength, the unrivalled medicine for women's ailments.

Here Is Good News for Stomach Victims

Some very remarkable results are being obtained by treating stomach, liver and intestinal troubles with pure vegetable oils, which exert a cleansing, soothing and purifying action upon the lower bowels removing the obstructions of poisonous food matter and gases and preventing their absorption by the blood. This done, the food is allowed free passage from the stomach, fermentation ceases and stomach troubles quickly disappear. George H. Mayr, for twenty years a leading Chicago druggist, cured himself and many of his friends of stomach, liver and intestinal troubles of years' standing by this treatment, so successful was the remedy he devised that it has since been placed in the hands of druggists all over the country, who have sold thousands of bottles. Though absolutely harmless, the effect of the medicine is sufficient to convince anyone of its remarkable effectiveness, and within 24 hours the sufferer feels like a new person. Mayr's Wonderful Remedy is sold by leading druggists everywhere with the positive understanding that your money will be refunded without question or quibble if ONE bottle fails to give you absolute satisfaction.

AMERICANS GET CROSS

Paris, Mar. 14.—Twelve American colonists who are serving with the French ambulance corps at the front today were cited for bravery in the orders of the day. They will be decorated with the cross of the Legion of Honor.

SCHOOL INDUSTRIAL FAIR FOR DONALD

Extended plans are under way for a school industrial fair to be held in Donald the coming September. All school districts in North Marion county are invited to take part in this enterprise. Last year this fair was held at Butteville with pronounced success. This year the fair will be conducted on a much larger scale and it is hoped that a pig and poultry exhibit will be made. A mass meeting of all those interested will be held in Donald in the bank building on Friday the 17th of March at 8 o'clock p. m. All parents and children of North Marion county are asked to be present. The meeting will be in charge of Professor L. W. Grimm.

M'COY ODD FELLOW HONORED

Last Saturday a very pleasant evening was spent at the I. O. O. F. hall at McCoy, by the members of Plum Valley lodge No. 60, and the Rebekahs. The occasion being the visit of the Grand Secretary Sharon to present T. J. Graves with an I. O. O. F. jewel, he having served thirty-five years as an officer of the Plum Valley lodge.—Dallas Itemizer.

Large advertisement for 'Salem's Handy Repair Guide'. Title: 'Salem's Handy Repair Guide'. Subtitle: 'A Stitch in Time Saves Nine'. Text: 'The Capital Journal Guarantees the Following Firms Reliability'. Lists: Shoe Repairing while You wait (YE BOOT SHOP, 325 STATE ST.), Excelsior Motorcycles (Iver Johnson and Excelsior Bicycles; Repairing; Accessories; Tires; Oils; Motor Overhauling our specialty.), Morse & Ramsden (Phone 1687 221 S. High St.), Modern Shoe Repair Co. (474 Court Street), Fine Shoe Repairing (R. J. Herschback, 229 State St., Salem, Ore.).

Advertisement for 'Ends Dry, Hoarse or Painful Coughs Quickly'. Text: 'A Simple, Home-Made Remedy, Inexpensive but Unequaled'. Description: 'The prompt and positive results given by this pleasant tasting, home-made cough syrup has caused it to be used in more homes than any other remedy. It gives almost instant relief and will usually overcome the average cough in 24 hours. Get 2 1/2 ounces Pinex (50 cents worth) from any drug store, pour it into a pint bottle and fill the bottle with plain granulated sugar syrup. This makes a full pint—a family supply—of the most effective cough remedy at a cost of only 54 cents or less. You couldn't buy as much really good cough medicine for \$2.50. Easily prepared and never spoils. Full directions with Pinex. The promptness, certainty and ease with which this Pinex Syrup overcomes a bad cough, that or throat cold is truly remarkable. It quickly loosens a dry, hoarse or tight cough and breaks and soothes a painful cough in a hurry. With a persistent, loose cough it stops the formation of phlegm in the throat and bronchial tubes, thus ending the annoying hacking. Pinex is a highly concentrated compound of genuine Norway pine extract, rich in quinine and is famous the world over for its splendid effect in bronchitis, whooping cough, bronchial asthma and winter coughs. To avoid disappointment in making this, ask your druggist for "2 1/2 ounces of Pinex" and don't accept anything else. A guarantee of absolute satisfaction, or money promptly refunded, goes with this preparation. The Pinex Co., Ft. Wayne, Ind.'