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<p>Save the pieces of your broken castings or machinery parts and we will save you money. And we'll save you the time you might waste waiting for a new part. Oxy-acetylene welding makes the broken part good as new. Estimates cheerfully furnished.</p> <p>VICK BROTHERS GARAGE, 280 N. High Salem, Oregon</p>	<p>Shoe Repairing while You wait</p> <p>YE BOOT SHOP 325 STATE ST.</p>	<p>Excelsior Motorcycles</p> <p>Iver Johnson and Excelsior Bicycles; Repairing; Accessories; Tires; Oils; Motor Overhauling our specialty.</p> <p>Morse & Ramsden Phone 1687 221 S. High St.</p>
<p>Springs Made and Repaired</p> <p>Welding and brazing of all kinds—all kinds of Auto Repairing and painting—all work guaranteed.</p> <p>R. J. Herschback 220 State St. Salem, Ore.</p>	<p>Capital Journal Advertising will repair, buy or sell anything. Recover the lost or restore found articles.</p>	<p>Modern Shoe Repair Co.</p> <p>474 Court Street</p> <p>Fine Shoe Repairing</p>

Expert Strongly Believes In Some Spooning Parlors

(By United Press)

New York, Feb. 12.—The right kind of a spooning parlor should be a very important part of every well regulated girls' boarding house, according to Miss Blanche Geary, a National Economic and Buildings Specialist of the National Young Women's Christian association, here today. Miss Geary calls it a "bean parlor" and says it should be a "place where girls can meet young men friends and not be interrupted or have close supervision and where they will be given a chance to set up relations which may result in a happy home life of an ideal kind later on.

Miss Geary says the association wants to demonstrate the ideal family life, as far as it can be made possible, with large numbers under one roof; it wants to develop a spirit of independence and self-government and to grant the freedom which stops short of license, that is, freedom plus standards.

"We are convinced," she said today, "that the wage-earning girl is in business for good. All too frequently she is away from her family and it never will be possible for one organization to meet her living needs. We are eager, not only for others to build homes which we could manage, but to see boarding homes built and operated by individuals, or groups of individuals who have the true welfare and comfort of girls at heart.

"The ideal boarding home should have a fun and frolic room, a recreation hall where girls can gather for entertainment of their own devising, and have general good times; bean parlors where girls can meet young men friends and not be interrupted, or have too close supervision; give them a chance to set up relations which would result in a happy home life of an ideal kind later on.

"There should be kimono parlors on one of the upper floors in which girls could lounge in freedom and have a good time after the day's grind in the shop or factory, a kitchentette where fudge parties and birthday spreads can be planned and prepared for, an infirmary for temporary illness and a roof built to stand the traffic, wear and tear which would result from recreation of one kind or another on summer evenings and which would compete with the attractions of the gaily lighted streets."

Miss Geary says that an average of 85 a week for board and room will place a home for 75 to 200 girls on the right basis, that this will enable the management to care for a certain number of girls for \$2.50 to \$4 a week, but varying with the number who can be asked to pay from \$6 to \$8.50 a week. These varying prices give two-fold opportunity to the organization. It gives the inefficient girl an opportunity to make a start, help her while she acquires efficiency and higher wage earning capacity, and at the same time makes it possible to bring the inefficient girl under the inspiration of the girl who has succeeded to a certain extent and has well defined ambitions.

Miss Geary is the author of a book on finance work and the management of finance campaigns. "City Association Finance," which might be applied equally well to any organization's finance efforts. She is also the originator of a personal account book, which is being used by thousands of women and girls throughout the country.

This book is divided into headings: Living expenses; postage; phones; carfare; clothing; laundry; health; recreation; vacation; education; gifts; benevolence; insurance; investments; and two blank columns for additional entries. It also gives a column for all cash received, the date, and explanation of items, and a paid out column. The last two pages of the book give a summary under these headings for the twelve months of the year.

Although Miss Geary is an advocate of thrift and efficiency, she believes that to reduce expenditure is not the one and only aim we should set up for girls. We should try to show her how not to waste the many opportunities for rest, recreation, strong physical well being and growth of mental abilities. It is not so much the question of saving more money, but of how to use it to the fullest for all around development.

Miss Geary is making big improvements in housing conditions for women and girls in industry in America today. She is an English woman who gave up a musical career in London because she felt that teaching music to after-school children was "wasteful" enough. The problem of properly housing working girls and women forced to live in undesirable tenements has led her to an exact science and has gotten big results.

After four years' voluntary training and experience in managing certain model tenement buildings in London, Miss Geary heard from an American woman of the Model Tenement City and Suburban Homes company in New York and decided to come to America. It took her some time to convince the company that a woman could take charge of that kind of work. When she began there were 150 tenants and in the eight years of her management, which included the repairing, hiring of employees, choosing of tenants, and the collection of rents, the number has increased to 284.

It was in this work that the national board of the Young Women's Christian association found her, and asked her advice on new buildings they were about to erect. When the national board was ready to add an economic and buildings specialist to its staff Miss Geary was offered the position. She is now the consulting specialist for the YWCAs on all matters pertaining to her particular work.

She is called on to help select sites, to go over all blue print plans, making such changes as she deems advisable; to advise on building materials, fixtures and equipment and management and everything pertaining to the economic

status of the association. Her office at headquarters looks like the office of the busiest business man. She has the regulation architect's cabinets for materials and plans, and from the blue prints always spread out on her large work table, one might call her office an architect's laboratory.

IS YOUR STOMACH CLOGGED WITH WASTE?

Daniel J. Fry Guarantees to Return the Money If MIO-NA Does Not Relieve You.

"It's a pleasure to sell a medicine when my customers come in afterward and tell me how much good it has done them," said Daniel J. Fry, the popular druggist to a Journal man, "and that is why I like to sell and recommend MIO-NA, the dyspepsia remedy. The distribution of samples that I made created so much talk and so large a proportion of those who received the sample have bought a box of MIO-NA that my clerks have been busy selling the medicine ever since. I have so much faith in this article that I am going to guarantee it in the future, and will return the money to any purchaser of MIO-NA whom it does not help. That may seem rash but my customers have said so many good words in its favor that I do not expect to have many packages returned.

"Anyone who has dyspepsia, whose food does not digest well, and who has to take thought as to what he can eat, and when he has to leave 50 cents deposited at my store and take home a box of MIO-NA and if the remedy does not regulate his digestion and help his dyspepsia he can withdraw his money. I don't know but what we would be willing to pay him interest."

This shows great faith in the merit of MIO-NA. It is really a most unusual medicine and the rapid increase of sales since Daniel J. Fry introduced it in Salem shows that it does all that is claimed to do—relieves dyspepsia, regulates digestion and enables those who use it to eat just what they want with no fear of trouble after.

Measure Up Boy and See If These Fit You

Hello boys. If you want to know just what kind of a young man is liable to receive a leap year proposal, read the qualifications of the ideal young man, according to the young ladies of the First Christian church.

The Rev. F. T. Porter has inaugurated a series of Sunday evening services in which everyone, married and those who are not, will be given a chance in writing to say just what the ideal folks should be like. At the Sunday services, the young ladies were given a chance to tell of the ideal young man, and here is what they wrote and how they described the kind of a young man that might fill the bill:

"He must be clean in mind and body, and last, but far from least, he must never fail to thrill at the sight of a little child."

"My ideal of a young man is one who is gentle, kind and courteous to all. Must be a regular attendant at Sunday school and church and must place character above all."

"My ideal of a young man is one who loves fun but is never afraid to say 'no' when the questionable arises."

"My ideal is one who can keep his temper and who conducts himself as a gentleman at all times and all places and who attends church regularly."

"He must be strong mentally, morally and physically and the kind of a man who one instinctively feels can be trusted to do the right thing."

"He must be strong, big hearted and no bad habits. Must be a Christian, handsome, generous and unselfish."

"My ideal of a young man is one who does not smoke, drink or swear and one that keeps reasonable hours. Must be six feet tall, blue eyes, rosy cheeks and dimples."

"He must be ambitious, of a gentle disposition and of Christian character."

"My ideal of a young man is one who appreciates the efforts of a young girl in her work at home, church and elsewhere. He should also be reasonable and considerate in all things."

"He must be a man among men in every sense of the word and cleanly in personal habits. Must be frank, honest, big hearted and generous, although not a spendthrift. He must believe in church work."

"My ideal young man sets his face like flint against evil but is tolerant of the shortcomings of others."

Next Sunday evening at the First Christian church the pastor will give the young men an opportunity to express their ideas regarding the ideal young woman, and these expressions will be read and commented on from the pulpit.

Pratum News Notes

(Capital Journal Special Service.)
Pratum, Ore., Feb. 14.—Mr. Harvey Lusy, who attends the O. A. C., is spending a few days with his parents.
Miss Anna Schroeder, who is employed in Salem, spent Sunday with her parents who reside west of this city.
Mrs. Cornu was a Salem visitor Thursday.
The literary program given Friday night was attended by a large crowd. The debate on the preparedness question was won by the affirmative side. The debaters were affirmative: Mr. Weiss, Will Kisting and J. J. Crahan; negative, D. J. Steiner, A. M. Gripen and Eleanor Schapp. The judges chosen were Mrs. John Tweed, Bertha Laud, Ernsack and Charlie Rice.
After the debate an interesting literary and musical program was rendered. The numbers were: Music, Alfred Kampf; recitation, Bennie Jackson; song, Rhoda Landon; paper, Althea Wely, and stunts by Joe Crahan.
The next program will be held February 25, after which the election of officers will be held.
Mr. Herman and Otto Kleen are slowly improving in health.
Rev. Ashliman, of Washington, will conduct services at the Menonite church this week.

WHAT DYSPEPTICS SHOULD EAT

Indigestion and practically all forms of stomach trouble, about nine times out of ten, are due to hyperacidity; therefore stomach sufferers should, whenever possible, avoid eating food that is acid in its nature, or which by chemical action in the stomach develops acidity. Unfortunately, such a diet eliminates most foods which are pleasant to the taste as well as those which are rich in blood, flesh and nerve building properties. This is the reason why dyspeptics and stomach sufferers are usually so thin, emaciated and lacking in that vital energy which can only come from a well fed body. For the benefit to these sufferers who have been obliged to exclude from their diet all starchy, sweet or fatty food, and are trying to keep up a miserable existence on gluten products, it is suggested that you try a meal of any food or foods which you like, in moderate amount, taking immediately afterwards a teaspoonful of Bisurated Magnesia in a little hot or cold water. This will neutralize any excess acid which may be present, or which may be formed, and instead of the usual feeling of uneasiness and fullness, you probably will find that your food agrees with you perfectly. There is nothing better than Bisurated Magnesia as a food corrective and antacid. It has no direct action on the stomach; but by neutralizing the acidity of the food contents, and thus removing the source of the acid irritation which inflames the delicate stomach lining, it does more than could be possibly done by any drug or medicine that acts upon the stomach contents. Medicines of various kinds should be taken whenever necessary but there is no sense in dosing an inflamed and irritated stomach with drugs instead of getting rid of the acid—the cause of the trouble. Get a little Bisurated Magnesia from your druggist, eat what you want at your next meal, take some of the Bisurated Magnesia, as directed above, and see if this isn't the best advice you ever had on the subject of eating.

GERVAIS NEWS

The Misses Rosa and Nellie Patterson of Waconda, were the guests of Miss Julia De Jardin Saturday and Sunday.

Mrs. Johnson, of Centralia, Wash., came to Gervais Tuesday night to visit her brother, T. J. Hall, who is seriously ill.

Miss Margaret Barnes left for her home in Yamhill, Wednesday, having spent some time with her sister, Mrs. C. W. Phillips.

Mr. Ralph Hill and little daughter, of Falls City, visited the forepart of the week with his parents, Mr. and Mrs. T. J. Hall.

E. M. Klinger moved his household goods to Salem Monday. He will open a first class billiard and pool room in the Klinger building opposite the Oregon Electric depot.

Mr. and Mrs. John Schoen and baby, of Turner, visited with home folks here Sunday and Monday.

Dr. H. Hickman was a business visitor to Portland Tuesday afternoon, returning Wednesday morning.

Dave Dubois and Walter Schram of Woodburn, were visitors at the Grassman home over Saturday.

Mrs. Percy Ottoway and baby of Aurora, spent the week-end at the home of her mother, Mrs. I. B. Miller.

Julian and Joe De Jardin have rented the Schwab building and are putting in the equipment for a moving picture show. They expect to give their first show Saturday night.

Cutforth Bros shipped a carload of 68 hogs to Portland Tuesday, also the large bull which was owned by D. Morgan and came so near killing him. Seven cents was the price paid for the hogs.

A. R. Siegmund, J. Bingman, L. P. Gleason and H. Leroy went to Portland the first of the week to appear as witnesses in the case of Mrs. Katherine Mercer vs. the New York Life Insurance company.

An operation was performed on Mrs. Albert Kelling at the Williams' sanitarium Monday by Dr. H. O. Hickman. She recovered from the operation nicely but will be obliged to remain in the hospital for some time.

James Knight, who has been at the home of his niece in Portland for the past two weeks, where he was tussling with an attack of grippe, was in Gervais Monday for a few hours. He was still weak and returned to Portland until he has more strength.—Star.

THE MARKETS

THE MARKETS

Classified Advertising Page

Always Watch This Ad—Changes Often

THE MARKETS

The following prices for fruits and vegetables are those asked by the wholesaler of the retailer, and not what is paid to the producer. All other prices are those paid the producer. Corrections are made daily.

Everything in the market is dull today, excepting eggs. Eggs continue to weaken and now about the best that is held in 25 cents cash and two cents extra in trade. For the past week the prices had been rather unsettled in the city, but now 25 cents cash seems to be the general quotation.

MISCELLANEOUS

NOTICE—J. C. O'Reilly and W. L. Baker, of the Modern Shoe Repair company have dissolved partnership. Signed, W. L. Baker.

CALL US—1022. Fixit Shop. Ask about repair work in general. Don't forget we do rug cleaning also. Ashmun-Buickner, 261 Court street, Salem, Oregon. Feb 19

GOOD USED FURNITURE—Bought and also taken in exchange. Full line new furniture, ranges, heaters and other house furnishings. Some walnut pieces. Beets Furniture Co., 223 North Commercial street. Phone 484.

CLEANERS AND DYERS

APPAREL SERVICE COMPANY—138 South High street. We clean, press, repair, remodel and re-line clothing and furs. Careful attention given all work. We call and deliver. Phone 738.

PHYSICIAN

DR. D. B. GRIFFIN—Drug and drink cure. 1425 Fir street, near Meyers street. Phone 10573.

FOR RENT

FURNISHED APARTMENTS—For rent, very reasonable. Phone 1995.

LODGE DIRECTORY

A. O. U. W.—Protection Lodge No. 2. Meets every Monday evening at 8 in the McCornack hall, corner Court and Liberty streets. R. O. Donaldson, M. W.; S. A. McFadden, recorder; A. L. Brown, financier.

SALEM LODGE No. 4, A. F. & A. M.—Stated communications first Friday in each month at 7:30 p. m. in the Masonic Temple. Chas. M. Carter, W. M.; S. Z. Culver, secretary.

PACIFIC LODGE No. 50, A. F. & A. M.—Stated communications third Friday in each month at 7:30 p. m. in the Masonic Temple. Hal V. Bolam, W. M.; Ernest H. Choate, secretary.

SELEM HUMAN SOCIETY—D. D. Keeler, president; Mrs. Lou Tillson, secretary. All cases of cruelty or neglect of dumb animals should be reported to the secretary for investigation.

GRAINS

Hay, timothy, per ton \$14.00
Oats, vetch \$12.00@12.50
Corn \$12.00
Clover hay \$12.00
Wheat \$5
Oats \$4.50
Rolled barley \$5.00
Cracked corn \$4.00
Bran \$26.00@27.00
Shorts, per ton \$23.00@26.00

Butter

Butterfat, No. 1, cash 27c
Eggs, case count, cash 25c
Eggs, trade 27c
Hens, pound 7c@1-2c
Broilers, old, per pound 7c@1-2c
Spring chickens, pound 12-15c

Eggs and Poultry

Eggs, candled, No. 1, cash 27c
Eggs, case count, cash 25c
Eggs, trade 27c
Hens, pound 7c@1-2c
Broilers, old, per pound 7c@1-2c
Spring chickens, pound 12-15c

Pork, Veal and Mutton

Pork, dressed 11c
Pork, dressed, extra 9 1/2c
Pork, on foot 6 3/4@7c
Spring lamb 7c@1-2c
Steers 5 1/2@6c
Cows 4c@5c
Bulls 3 1-2c
Ewes 5c
Wethers 6c
Lamb, grain fed 7c

Vegetables

Cabbage \$2.00
Cabbages, California \$1.75@2.00
String garlic 15c
Masonia Temple. Chas. M. Carter, W. M.; S. Z. Culver, secretary.

FRUITS

Oranges, Navels \$2.25@3.25
Tangerine oranges \$1.75
Lemons, per box \$4.25@4.75
Bananas, pound 5 1-4c
California grape fruit \$5.00@6.00
Florida grape fruit \$2.50
Dates, dromedary, case \$3.35
Fruit dates \$1.50
Grapes, barrels \$4.00
Cranberries \$12.00
Pineapples 7 1-2c
Honey \$6.50

RETAIL PRICES

Eggs, per dozen, fresh, ranch 26c
Sugar, case \$7.65
Sugar, D. G. \$6.85
Creamery butter 40c
Flour, hard wheat \$1.00-1.50
Flour, valley \$1.30@1.50

PORTLAND MARKET

Portland, Ore., Feb. 15.—Wheat: Club, 96c@1.00.
Buckskin, \$1.08@1.10.
Footlock, 97 1/2@1.00.
Red Russian, 95 1/2c
Oats: No. 1 white feed, \$25.50 @27.50.
Barley: Feed, \$29.00.
Brewing, \$30.50.
Hops: Best live, \$8.63.
Prime sugars, 87.75.
Fancy eggs, 66.50.
Culvers, 47.00@50.00.
Spring hams, 39.00.
Butter: City creamery, 34c.
Eggs: Selected local, 25c.
Hens, 146.15c.
Broilers, 146.15c.
Geese, 106.11c.

OSTROPATH

DRS. R. H. WHITE and R. W. WALTON—Osteopathic physicians and nerve specialists. Graduates of American School of Osteopathy, Kirksville, Mo. Post graduate and specialized in nerve diseases at Los Angeles college. Treat acute and chronic diseases. Consultation free. Lady attendant. Office 505-506 U. S. National Bank Building. Phone 839. Residence 346 North Capital street. Phone 389.

SCAVENGER

SALEM SCAVENGER—Charles Sook, proprietor. Garbage and refuse of all kinds removed on monthly contracts at reasonable rates. Yard and cesspools cleaned. Office phone Main 2247. Residence Main 2573.

UNDEBTAKERS

WEBB & CLOUGH CO.—C. B. Webb, A. M. Clough morticians and funeral directors. Latest modern methods known to the profession employed. 499 Court street. Main 120, Main 938.

WATER COMPANY

SALEM WATER COMPANY—Office Corvair, Garbark and Trade streets. For water service apply at office. Bills payable monthly in advance.

L. M. HUM

Care of YICK SO TONG Chinese Medicine and Tea Company

Has medicine which will cure any known disease.

153 South High Street, Salem, Ore. Phone 283.

MONEY TO LOAN

ON Good Real Estate Security.

THOS. K. FORD
Over Ladd & Bush Bank, Salem, Oregon

MONEY TO LOAN 7%

ON GOOD REAL ESTATE SECURITY

HOMER H. SMITH
McCORNACK BUILDING

SALEM FENCE and STOVE WORKS

E. B. FLEMING, Prop.

Depot American Fence

Gates, Pails and Barbed Wire. Paints, Oils and Varnishes. Roofing, Posts, Hop Hooks.

40 Years Making Stoves

Stoves rebuilt and repaired. Stoves bought and sold.

250 Court Street. Phone 124
Back of Chicago Store.

THE DAILY CAPITAL JOURNAL

Classified Business Telephone Directory

A Quick, handy reference for busy people

EVERYTHING ELECTRICAL

Salem Electric Co., Masonic Temple, 127 North High Main 1200

LAUNDRIES

Salem Steam Laundry, 130 South Liberty Main 21

PLUMBING, STEAM FITTING AND TINNING

T. M. Barr, 164 South Commercial Street Main 133

TRANSFER AND DRAYAGE

Salem Truck & Dray Co., corner State and Front streets Main 74

HEAD STUFFED FROM CATARRH OR A COLD

Says Cream Applied in Nostrils Opens Air Passages Right Up.

Instant relief—no waiting. Your clogged nostrils open right up; the air passages of your head clear and you can breathe freely. No more hacking, snuffing, blowing, headache, dry nose. No struggling for breath at night and your cold or catarrh disappears.

Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic, healing cream in your nostrils. It penetrates through every air passage of the head, soothes the inflamed or swollen mucous membrane and relief comes instantly.

It's just fine. Don't stay stuffed-up with a cold or nasty catarrh.

\$100 Reward, \$100

The readers of this paper will be pleased to learn that there is at least one dreaded disease that science has been able to cure in all its stages, and that is Catarrh. Hall's Catarrh Cure is the only positive cure now known to the medical fraternity. Catarrh being a constitutional disease, requires a constitutional treatment. Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system, thereby destroying the foundation of the disease, and giving the patient strength by building up the constitution and assisting nature in doing its work. The proprietors have so much faith in its curative powers that they offer One Hundred Dollars for any case that it fails to cure. Send for list of testimonials.

Address: F. J. CHERRY & CO. Toledo, O. Sold by all Druggists.

Take Hall's Family Pills for catarrh.

4 SKIN OF BEAUTY IS A JOY PUTTY

DR. T. FELIX GOURAUD'S ORIENTAL CREAM OR MAGICAL BEAUTIFIER



Removes Tan, Freckles, Moths, Redness, and all Skin Imperfections. It gives the skin a soft, healthy, and glowing complexion. It is the only beauty cream that does not dry the skin. It is sold by all druggists and fancy goods stores in the United States, Canada and Mexico.

SANTAL MIDY

These tiny CAPSULES are superior to Balsam of Capivi, Cubebs or Santal. They are sold by all druggists and fancy goods stores in the United States, Canada and Mexico.

