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# Editorial Page of "The Capital Journal"

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Editor and Manager.

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## THE HABIT OF THRIFT

Lots of people expect to acquire their good habits in their second childhood.

And one of the good habits long put off is thrift. Often this habit does not come in second childhood. With appetites and passions burned out of the decaying mind and body old men may find themselves freed from temptations and wrongly consider their condition due to ripened virtue.

But thrift, like any other "virtue" forced upon one by nature, is apt to find its environment unhealthy and to curdle in penurious meanness.

If thrift is to be wholesome and sweet and fruitful it must be embraced while the mind and body are healthy and vigorous.

Thrift is a composite quality. It embraces within itself nearly all of the great virtues. It implies industry, prudence, forethought, self-denial. It certainly has no relation to niggardliness or meanness.

Some men would let their grandmothers starve to death for the sake of a few dollars. That cannot be called thrifty.

Any virtue carried to excess becomes a vice and is no longer virtue. Thrift that does not take into partnership honesty and charity sours into covetousness and avarice. True thrift is the opposite of thriftlessness, prodigality, improvidence and waste.

Thrift means better homes and better food, more comfort and enjoyment, less waste and less anxiety.

Out of it grow quickened energies, firmer courage, more stalwart courage and hope, more orderly citizenship, education and a good chance in life for the children, and the independence and self respect that lift aimless, hopeless drudges up to true manhood.

Advocates of a big navy just as all other people who get abashed with a single idea cannot, or at least do not treat the subject of the worth of submarines fairly. The point to the work of the German submarines, and because they have not destroyed the whole British merchant marine, speak of them in slighting terms. The fact is that a submarine operating from a port for a radius of fifty or a hundred miles, is a much more powerful engine of warfare than the same vessel operating hundreds of miles from its base. A few powerful submarines in New York harbor would make any warship or fleet of them chary about fooling around it.

Dr. Charles Eagle of San Mateo, California, has filed suit against Miss Lola Redwing for \$15,000 damages for injuries to his heart caused by her refusing to marry him after promising to do so. Evidently he has a heart that is not suited to his name and belongs to a dove instead. As he alleged he had also spent \$130 for a supper for her, it may be that the principal injury was to his pocket-book. Still being a doctor he should know the difference between the two, and also be able to diagnose his case properly.

The silk worm has turned. With prosperity at high mark and millions of women financially entitled to revel in silk stockings, gowns and lingerie, the silkworm has turned. In other words, it has gone on a strike, Chicago wholesalers declare. To add to the increased prices of clothing due to shortage of dyestuffs because of the war, the whole world of styles and textiles is on its knees before the royal cocoon. Everywhere the raw silk crop is lighter, according to authoritative advices.

Frederick Warde, the grand old man of the American stage, will lecture on his favorite character "Hamlet" in Salem tonight, and deserves a great audience. Mr. Warde is a gentleman, a scholar, an actor of rare ability, one who has no superior in the knowledge of the English language, its pronunciation, enunciation and expression. A community which honors Frederick Warde does honor to itself.

## WHY A STRONG NAVY IS NEEDED

There is less opposition to an increase in the navy than to the maintaining of a larger standing army. This is evidenced in newspaper comment throughout the country, and by the sentiment of members of the national congress, the lower house yesterday passing the first of the greater navy bills with practically no opposition.

The Washington Post puts it about right when it says that the opponents of a stronger navy forget that the United States is responsible for the independence of every nation in the New World. It is the voluntary protector of one-half of the world. The defense of New York, San Francisco and other American ports is not enough. An attack by a European or Asiatic power upon Buenos Aires or Valparaiso, preliminary to conquest, would have to be met by the United States navy. Such an attack would be a blow at the United States. The assault would be repulsed, not simply for the sake of Argentina or Chile but for the sake of this nation, which cannot remain safe and permit American democracies to be supplanted by empires and monarchies. The Monroe Doctrine was never more alive than it is today. It was never more necessary. The supreme test of its effectiveness may come during the present war in Europe or immediately thereafter. It has been well said that the Monroe Doctrine is part of the unwritten Constitution of the United States. It is not in writing, and it need not be in writing. It is flexible, according to the conditions to which it must be applied; but everybody knows what it is.

So long as the people of Oregon are powerless to change matters why not accept them as they are and let the settlement of the railroad land grant rest. The supreme court has decided the lands belong to the railroad, and that settles it. Now let us accept the decision at its face value and proceed to levy and collect taxes on the lands instead of fooling around with them until we succeed in getting them into a reservation where they will do nobody any good, not even contributing to the taxes.

Over in Marshfield they have an editor who wants war, war to the knife and the knife to the hilt—and he wants it without any unnecessary delay. The Record says: "The school-teacher talk President Wilson is making nowadays is as empty as the winter winds. What Americans want is action and less 'crisis' overcomings. They have grown tired of the latter long ago."

The Hopi Indians are hopping mad and threaten to go on the warpath in Northern Arizona. There are 25,000 of them and those American editors who are spoiling for a fight may be able to find sufficient diversion of that kind without crossing the Mexican line.

What Colonel Roosevelt will do is said to be worrying the politicians. This is dead easy. The doughty colonel will do whatever is least expected of him and at the same time the most spectacular.



JUST AS GOOD

You write a book that makes a hit; it's full of happy phrases; and readers all refuse to quit a-singing of its praises. The novel fan your volume buys, whenever he can strike it; and then the Just As Gooders rise, and write some books "just like it." The country's inundated with your type of sparkling story; and Jones and Brown and Jinks and Smith are borrowing your glory. The Just As Gooder lies in wait for all who gain attention, and all their curves he'll emulate, with gall too fierce to mention. If you invent a garden gate, that has all others beaten, the Just As Gooder makes its mate before his grub he's eaten. If you turn out a type of pome, you have the same old trouble; the Just As Gooder rushes home, in haste to write its double. If you've a cold—such ailments rise, at divers times, and curse one—the Just As Gooder sits and lies, and says he has a worse one. The Just As Gooder trails along, like doom, behind his betters, and makes a mess of Art and Song, Mechanics, Commerce, Letters.

## Mystic Show Starts Today at Bligh Theatre

Expectations are rife over the engagement of Clayton and his own company who open at the Bligh tonight. Mr. Clayton is acknowledged by press and public to be very original in his methods, as all will testify who have witnessed his performance. The audience may ask Mr. Clayton about anything and he will tell you what is on your mind. Questions that concern love affairs, business problems, the whereabouts of missing relatives or any short questions on this line will be answered. Clayton will not offend the most fastidious, there will be no dull moments; Clayton's entertainment consists of many features, and his company is one of the best of the season, unlike many stars in his line, he has secured only the very best acts to work with him, consequently there will be acts of many kinds on the bill.

## Japanese Accused For Sale of Wood Alcohol

Seattle, Wash., Feb. 8.—In the first case of its kind in the state, Takano, a Japanese druggist, went on trial in superior court here today charged with manslaughter in connection with death of Tom Shannon, a laborer, January 5 from wood alcohol poisoning. The state alleges Takano sold an unlabeled bottle of wood alcohol to Shannon, intending it for use as a beverage, on January 1, just a week after the prohibition law became operative. Shannon died the following day. Nearly a dozen other persons died from the same cause during the first two weeks of the year. A search of Takano's drug store revealed a large quantity of wood alcohol. Get prices on commercial printing at The Capital Journal office.

## Look and Feel Clean, Sweet and Fresh Every Day

Drink a glass of real hot water before breakfast to wash out poisons.

Life is not merely to live, but to live well, eat well, digest well, work well, sleep well, look well. What a glorious condition to attain, and yet how very easy it is if one will only adopt the morning inside bath.

Folks who are accustomed to feel dull and heavy when they arise, splitting headache, stuffy from a cold, foul tongue, musty breath, acid stomach, can, instead, feel as fresh as a daisy by opening the sluices of the system each morning and flushing out the whole of the internal poisonous stagnant matter.

Everyone, whether ailing, sick or well, should, each morning, before breakfast, drink a glass of real hot water with a teaspoonful of limestone phosphate in it to wash from the stomach, liver, kidneys and bowels the previous day's indigestible waste, sour bile and poisonous toxins; thus cleansing, sweetening and purifying the entire alimentary canal before cutting more food into the stomach. The action of hot water and limestone phosphate on an empty stomach is wonderfully invigorating. It cleans out all the sour fermentations, gases, waste and acidity and gives one a splendid appetite for breakfast. While you are enjoying your breakfast the water and phosphate is quietly extracting a large volume of water from the blood and getting ready for a thorough flushing of all the inside organs.

The millions of people who are bothered with constipation, biliousness, stomach trouble, rheumatism, others who have shallow skins, blood disorders and sickly complexions are urged to get a quarter pound of limestone phosphate from the drug store which will cost very little, but is sufficient to make anyone a pronounced crank on the subject of internal sanitation.

## WAR NEWS OF ONE YEAR AGO TODAY

von Hindenburg's great Russian drive was just beginning. The Germans tried to set fire to Soissons, with shells. The Wilhelmians, carrying food from America to non-combatants in Germany, was seized by the British.

## DO YOU FEEL HEADACHY? LOOK TO YOUR STOMACH?

It is an unusual thing for a druggist to sell medicine under a guarantee to refund the money if it does not cure. Yet this is the way Daniel J. Fry, the popular druggist, selling Mi-o-na, the standard dyspepsia remedy.

Never before has he had so large a number of customers tell him that a medicine has been successful as with Mi-o-na. People who a few months ago looked like walking skeletons have put on flesh and today are ruddy and vigorous with perfect digestion and good health.

There is no longer any need for anyone suffering or making their friends suffer on account of dyspepsia. Mi-o-na can always be relied upon. The percentage of cures is so great that there is little risk to Daniel J. Fry in guaranteeing to return the money if the medicine does not relieve. And he stands ready to do so without any questions.

Headaches, all forms of indigestion, specks before the eyes, dizzy feeling, poor sleep, ringing in the ears and all forms of liver trouble are helped by Mi-o-na. A few days' treatment should show considerable gain in health while a complete cure often follows rapidly. These days are the best in the whole year for the enjoyment of good health, and Mi-o-na will put you in such perfect condition that you can enjoy every minute of them.

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## Two Women Killed By Rancher Doyle

Klamath Falls, Ore., Feb. 8.—Details of the fatal shooting in Langella valley, in which Mrs. Myrtle Olson and her mother, Mrs. Anna Wilcox, were killed this morning probably will be unobtainable until tomorrow morning, for the sheriff must travel many miles over snow-filled mountain roads to reach the scene.

Although first reports said that William Doyle shot and killed the two women in a quarrel over the lease of some land, at last reports Doyle claimed that the women killed each other during a desperate quarrel. He was slightly injured trying to separate them.

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