



# How Soldiers Keep Strong

Preparedness against sickness is the big, important thing to fighting soldiers. A sick soldier cannot work with vigor any more than you can work with energy when you are weak, tired, almost sick.

One efficient warring government is giving each soldier a vial of cod liver oil every day because far-reaching experiments show how wonderfully it increases the calories of human energy and gives them strength to prevent winter sickness. Is this not convincing proof that you need it at this season to enliven your blood to prevent sickness?

Cod liver oil is scarce and high-priced this season and many inferior grades may be offered. But remember that

## SCOTT'S is the one EMULSION

which guarantees pure cod liver oil—free from alcohol and drugs.

If you are subject to colds, throat or lung troubles; if you are easily tired, run-down or have thin blood, you should take Scott's Emulsion at once. If your children are backward in growth, frail or anæmic, nothing will do them so much good as Scott's Emulsion, and for girls and women in home or business it is nature's great strength-builder.

Scott's is not a "secret" medicine. It is a rich blood-food and a pure tonic; it contains nothing harmful and is pleasant to take. It is prescribed by physicians and liberally used in hospitals and private schools.

One bottle may prevent a sickness. At any drug store—Start it to-day.

Imitations are sometimes offered but this Trade-Mark has stood for supreme quality for the past forty years.

ALWAYS INSIST ON SCOTT'S.

Scott & Bowne, Bloomfield, N. J.



SCOTT'S EMULSION IS MADE IN SUNLIT LABORATORIES.

## MANY CANDIDATES HEAR BUZZING OF POLITICAL BEES

### Guy O. Smith Announces Candidacy for County Prosecuting Attorney

Guy O. Smith, of this city, has formally announced his candidacy for the republican nomination for the office of prosecuting attorney for Marion county. Walter Keys and Blaine McCord, of Woodburn, are also reported to consider entering the lists for this office.

E. R. Ringo, the present incumbent, is unable to state whether or not he will run for the nomination for this office. Mr. Ringo was formerly an attorney practicing in Portland when he became a special agent for Governor West and was appointed by West to the office of district attorney in this county. Mr. Ringo has been considering going to Portland to resume his practice, though he has been urged by his friends to enter the race.

County School Superintendent W. M. Smith will also be a candidate for the nomination for county school superintendent on the republican ticket. Mr. Smith has made an excellent record in this office and since it is not a political office he has strong support in the various districts of this county. Elizabeth Cornelius, who was rural school supervisor last year, will be a candidate against Mr. Smith and Clarence Phillips, of Scotts Mills, and W. C. Gaunt, of Stayton, have also declared their intention to seek the republican nomination for county school superintendent.

## HAYESVILLE NEWS

(Capital Journal Special Service.) Hayesville, Or., Jan. 14.—The literary society was held on Friday night. The roll call was answered by each member naming his native state its nickname, and one of its famous men after a short business session the following program was rendered, the numbers being announced by Hilda Gruenfelder:

Song, My Old Kentucky Home, by the society, led by Miss Lottie McAfee.

Recitation, The Height of the Bald-eulous, Fred Stettler.

Query Box, for this Mr. Pitts, Mr. Ward and Mr. Willis were chosen as the Three Wise Men and were given seats in the front of the room, each member then wrote a question which the wise men proceeded to answer with great ability.

Recitation, Mark Bitchey. Harp Solo, Arthur Jones. Hayesville News, written by Theodosia Teel, read by Joseph Teel.

Song, Chicago Giffert, John Denny. Albert Stettler, Rudolph Hansen, Paul Gronke.

Exploits of Daniel Boone, Ruby Rotz. Recitation, Oscar Noven.

Debate, Resolved, That single life is preferable to married life. Mr. Watkins, Mr. McAfee and Albert Wilfong were for the affirmative, and Mr. Reynolds, Mrs. Watkins and Clark Bitchey were for the negative. Mr. Bailey, Mr. Ward and Mrs. Pitts were chosen as judges. They decided in favor of the negative.

Mr. Zimmerman was appointed critic for the evening and gave some good advice as to proper position in standing and manner of speech.

Mrs. Hull, mother of Florence Tyrell, passed away at the home of her daughter, Mrs. Mattie Hull, in Salem last Thursday evening, and the funeral was held from the First Baptist church, of Salem Saturday at 2 p. m., conducted by Rev. T. S. Lawrence. Mrs. Hull came to Oregon from Iowa 8 years ago and has spent most of her time at the home of her son in City View cemetery.

Mr. Frank Longhary, one of Polk county's most prominent Jersey breeders now has 11 cows on test. Several are nearly finished and most all are making good records. Mr. Longhary will put a few in the annual spring sale of the Polk County Jersey Breeders' association, of which he is president.

The recent floods on the Luckiamute river did considerable damage to the Prather steel bridge over the Luckiamute river. Engineers have been busy all week raising the south end which through the neglect of the construction engineers was opened for public use without the pier being finished on the south end and consequently the high water undermined it and it sunk below the road level rendering the bridge dangerous and practically useless.

Mr. Hill and family have moved into the Armstrong property. Rev. Lawrence will occupy the pulpit here next Sunday both morning and evening. The Sunday school expects to begin a contest on Sunday, January 16.

Mrs. Florence Laundree, perhaps the oldest woman in this county, died at the home of her son, A. Oberson, of Independence, on Friday. She was born in Switzerland about 93 years ago, coming to New York while very young. She married three times. There are a great many grandchildren and great-grandchildren. She was buried from the Catholic church Sunday at 2 o'clock. She came to Oregon 16 years ago and had excellent health until this winter.—Dallas Observer.

Everybody is feeding the birds that are flocking to the door-yards. Shelter has been provided by most of the farmers for cows and horses, but sheep are finding poor pickings.

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## TO HAVE PERFECT SKIN THROUGHOUT THE WINTER

These days the face and hands need special care and attention. Strong winds, quick changes of temperature from indoors to outdoors, are severe on the skin. Their despoiling effects are best overcome by the application of pure mercolized wax. This keeps skin and pores in a cleanly condition, the complexion beautifully white and spotless. Chapped, reddened, blotchy and roughened cuticle are actually absorbed by it. One ounce of mercolized wax, obtainable at any drug store, is sufficient to completely renovate a weatherbeaten complexion. It is used like cold cream, allowed to remain on over night and washed off in the morning.

As the skin tends to expand in a warm atmosphere, cheeks and chin sag and wrinkles to form. A good astringent lotion should be used by the woman who keeps pretty much indoors these days. Dissolve one ounce powder of saxolite in one-half pint with hazel. Bathe the face in this morning or before going out for theater or social affair. It is a remarkable skin tightener and wrinkle eraser.

## Changes in Postoffice Building at Salem

If the committee on Public Buildings and Grounds is willing, certain changes and additions will be made to the postoffice building at Salem. A bill was introduced by Senator George Chamberlain in the senate of the United States January 5, 1916, which was referred to the committee on Public Buildings and Grounds. The bill is numbered S. 3049, and reads as follows:

"A bill to provide for certain changes and additions to the public building at Salem, Oregon.

"Be it enacted by the Senate and House of Representatives of the United States of America in Congress assembled, that the secretary of the treasury be, and he is hereby, authorized and directed to make certain changes and additions to the public building at Salem, in the state of Oregon, for the use and accommodation of the United States postoffice, in accordance with the report of Superintendent Adams, under date of February second, nineteen hundred and fourteen, the cost of same not to exceed \$60,000."

## WILLAMETTE NOTES

Prof. Wallace McMurray gave a lecture Tuesday evening in Euton hall on "Maeterlinck," and discussed several of his essays.

Earl C. Flegel, captain of the 1915 football team, was unanimously elected by the squad recently for the captaincy of next year's team. Flegel had the distinction of having played in every game the full time throughout the season, and his playing was of the best at all times. He is an all-round athlete, having won thus far seven official W's in football, basketball, baseball and tennis; and so with the same squad back for football next year Capt. Flegel and Coach Mathews should be able to produce a team that would give some of the conference teams a close rib.

The junior class have decided upon the play which they will stage for the annual production. It is Alfred Noyes' "Sherwood, or Robin Hood and the Three Kings." It is a five act drama and is well spoken of in literary circles. Professor Wallace McMurray, head of the department of English drama, will direct the play, and has already chosen his cast and got the first act ready. The play will be staged May 1 at the Grand. The professor plans to have the play all ready by April 1 so that the month of April can be used in perfecting minor details. The setting of the play is in Sherwood, England, and deals with the daring deeds of the bold Robin Hood, an outlaw who dwelt in the forest with his band of followers. Intertwined with the plot is a deep love theme that runs throughout the play. The cast in part as it has been chosen consists of Robin Hood, Earl Flegel; Prince John, Wallace Adams; Othello, Alpheus Gillette; Titania, Esther Emmel; the sheriff of Nottingham, Karl Chaplar; Fitzwalter, Carl Reetz; Shadow-of-a-Leaf, Lahan Steeves; Queen Eleanor, Rosemond Gilbert; Little John, Willis Hartlett; Marion, Violet Maclean. In addition to these there will be about 40 other characters needed, hence a number of outsiders will be used in the cast.

Samuel R. King is managing the play and this fact alone is sufficient to assure the success of the play as he has carried several ventures through successfully.

The local trout for the state oratorical contest has been combined with the Walter Keyes oratorical contest. This puts the prizes of \$15 and \$10 within the reach of a number of contestants and provides greater competition. The orations for the contest will be submitted to the judges for judging on competition January 25. Prof. Helen Miller Senn will coach the contestants and it seems that Willamette school should make a good showing this year in intercollegiate oratorical work. Thus far there are 10 contestants who will strive for honors.

New York can eat horse meat, but in Champ Clark's state it is proudly asserted that the Missouri mule is too valuable to eat.

Miss Augusta Hahn is recovering from a severe attack of ligrprippe.

Mr. Hargrafer, one of the Quinaby blacksmiths, is erecting a new shop at the station which will be large enough to install modern machinery for doing his work.

The daughter of Mr. and Mrs. James O'Neil are ill from grippe. Practically all of the young people of Clear Lake have been ill owing to rehearsing for the Christmas festivities during the cold weather in unheated church and school houses. Parents are agreed that there are entirely too many evening entertainments connected with country school work.

## Keep Warm and Keep Healthy

Warm Clothes Will Do It Better Than Paying Doctor Bills

Come to BRICK BROS. for Clothing, Shoes and Hats

We are the only store that advertise that we guarantee every purchase—Our Lines are always complete



Brick Brothers

The House That Guarantees Every Purchase

All the better class of dealers unconsistently recommend Snowflake Sodas because for so long they have been the standard of cracker goodness.

10c and 25c packages also in bulk

PACIFIC COAST BISCUIT COMPANY Portland Oregon

## Examinations For Promotion Last Night

Examinations for promotions of non-commissioned officers were held at the armory last evening. The examination was taken by sergeants, corporals and privates, and was conducted by Captain Gehlar and Lieutenants Dana E. Allen and Roy E. Nier.

Examinations were taken by the following: Quarter Master Sergeant Banta, Sergeant Mitchell, Sergeant Wynant and Corporals Alford, Bunk, Spaulding, Kennon and Norton. The following privates also stood for examination: Bradison, Anderson, Gralapp and McInturf. At present there are three vacancies for sergeant, five for corporal and these will be filled from those who stand highest in the examinations.

Recruiting is progressing favorably with the enlistment of Davey, Vincent and Moore this week. There is an opportunity at present for desirable recruits, as the terms of several members of the company have expired.

## Mrs. Mary Boynton Was Nearly Hundred

Woodburn, Or., Jan. 14.—Mrs. Mary A. Boynton, widow of the late C. O. Boynton, and an Oregon pioneer of 1850, died at her home in this city Wednesday in the ninety-third year of her age. She was a native of Sandusky, Ohio, moving from there with her parents to Illinois in 1834 and came to Oregon with her husband in 1850 in a train of ox teams, accomplishing the journey within six months. They located a donation land claim where the town of Needy now is. In 1891 they sold their farm and moved to Woodburn. The children surviving her are E. L. Boynton, of Crosswell, Oregon; C. T. Boynton, Vale, Oregon; Mrs. Bessie Popejoy, Ridgefield, Washington; and Miss Lida Boynton, of Woodburn. Interment was in Rock Creek burying ground.

## LUCKIAMUTE BRIDGE RAISED

Bridge engineers are busy this week in raising the south end of the Prather bridge over the Luckiamute river. The engineers who built this bridge some time ago failed to put a pier under the south end and with the recent high waters the south end was undermined and settled so that the bridge was practically useless. This

is the best bridge of the many county bridges over the Luckiamute and its undermining was a source of great inconvenience to the many travelers who use the structure each day.—Dallas Observer.

## Why Suffer With Backache, Kidneys or Rheumatism Now?

Dear Reader: Before using "Anurie Tablets" I had such a terrible backache that I could hardly do my housework, but after taking one box I could do my work with comfort. I take pleasure in recommending both "Anurie" and "Favorite Prescription," as they have done wonders for me. I would advise others to try them because I know they will find great relief. You all have undoubtedly heard of the famous Dr. Pierce and his well-known medicines. His late discovery, "Anurie," is one that has been successfully used by the physicians and specialists at Dr. Pierce's Invalids' Hotel and Surgical Institute, in Buffalo, N. Y., for backache and kidney complaint. It is good for diseases arising from disorders of kidneys and bladder, such as backache, sweats, back rheumatism, inflammation of bladder, swelling urine and urinary troubles. Mrs. R. M. Simpson.

## Dr. F. M. Edwards for 17 years treated scores of women for liver and bowel ailments. During these years he gave to his patients a prescription made of a few well-known vegetable ingredients mixed with olive oil, naming them Dr. Edwards' Olive Tablets, you will know them by their olive color.

These tablets are wonder-workers on the liver and bowels, which cause a normal action, carrying off the waste and poisonous matter that one's system collects. If you have a pale face, yellow look, dull eyes, pimples, coated tongue, headaches, a listless, no-good feeling, all out of sorts, inactive bowels, you take one of Dr. Edwards' Olive Tablets nightly for a time and note the pleasing results.

Thousands of women as well as men, take Dr. Edwards' Olive Tablets now and then just to keep in the pink of condition. Dr. Edwards' Olive Tablets, the successful substitute for calomel—10c and 25c per box. All druggists. The Olive Tablet Company, Columbus, O.

Get good health through the use of Dr. Pierce's Golden Medical Discovery. Sold in either tablet or liquid form.

## MONMOUTH NEWS ITEMS

(Capital Journal Special Service.)

Monmouth, Ore., Jan. 14.—Mr. Allan Johnson, who has been prominent in Monmouth business circles for several years as local manager of the Willamette Valley Lumber company here, died at his home in Monmouth Monday evening of Bright's disease, after an illness of several months' duration. He leaves a wife and two young daughters to mourn his death. All business houses closed as a mark of respect for the deceased, during the funeral services which took place at the residence at 2 o'clock p. m. The Woodmen of the World took charge of the funeral services at the residence and the Odd Fellows the burial services at the grave.

Monmouth now has several cases of diphtheria and most of the townspeople are fighting shy of it. Mrs. Dr. J. O. Mathies is the latest victim of the contagion. She is said to be in quite a critical condition.

City Health Officer Dr. L. C. Price has every case under quarantine and will close the schools to stop the spread of the disease if necessary.

It is reported that recent snowfalls in the logging camps in the western part of the county has forced them to quit logging until some of the snow melts. It is reported that the snow lies about two to three feet deep on the level.

Mr. Ed Rogers is the owner of a large modern dairy farm near here. All the latest modern conveniences are installed in the barn, consisting of milking machine, power separator, silos, steam boiler for washing and sterilizing milk utensils and the "London" litter carriers.

Mr. Rogers keeps and milks 24 head of pure bred Jersey cows. One thing that is particularly noticeable when one makes a tour of inspection is the presence of many labor saving devices in the form of gasoline engines, power pumps and many other things of use to him.

Mr. Joseph Tetherow has recently been reappointed as road supervisor of this road district. The roads in his territory show a marked improvement this year over years past and automobiles travel them the year round.

One thing that is particularly noticeable when one makes a tour of inspection of this part of the valley is the great increase in the number of silos erected during the past year. Most all the dairymen in this vicinity doubled their ensilage storing capacity as most of them are beginning to realize the fact that ensilage is one of the cheapest and best cow-feeds that can be produced in this country.

Mr. Miller McAlib is still at work trapping gophers on the farm of Wm. Riddell and sons, near here. Mr. McAlib has caught in the neighborhood of 4,800 of these pests on this one farm alone during the past year for which he has received the sum of 25 cents each as bounty for the crop-destroyers. The farmers in this vicinity are planning an organized raid on these pests and most everyone will admit that it is high time that something of the sort was done.

The Monmouth high school chorus is planning on giving a concert soon, the

proceeds of which will go as a payment on the piano purchased last year. The chorus is under the able leadership of Miss Baker and will no doubt surprise the Monmouthites when they appear in concert.

The mercury took a sudden notion to drop yesterday morning. About 9:30 a. m. the wind changed from the southeast to a strong northwest and in 30 minutes the mercury dropped from 35 degrees to 22 degrees above zero, which was the coldest day of the season in Monmouth. About four inches of snow fell during the day.

Two reels of motion pictures have been secured from the federal department of agriculture by L. J. Allen, division department of the O. A. C. extension department, explaining the organization and work of the pig and poultry clubs among the school children of the nation. These pictures are being exhibited throughout the county this week and children enrolled in the pig and poultry club projects will be admitted free of charge to the performances.

## AGED WOMAN PASSES AWAY

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## HEAVY SNOW AT QUINABY

(Capital Journal Special Service.) Quinaby, Or., Jan. 14.—This section is enjoying a six-inch fall of snow, and every available sled is being brought into requisition to convey the children to school, most of whom have long distances to travel.

Everybody is feeding the birds that are flocking to the door-yards. Shelter has been provided by most of the farmers for cows and horses, but sheep are finding poor pickings.

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## WOMAN WEAK, DIZZY, NERVOUS

Health Restored by Lydia E. Pinkham's Vegetable Compound.

Jamaica, N. Y.—"I suffered greatly with my head and with backache, was weak, dizzy, nervous, with hot flashes and felt very miserable, as I was irregular for two years. One day when I was feeling unusually bad my sister-in-law came in and said, 'I wish you would try Lydia E. Pinkham's Compound.' So I began taking it and I am now in good health and am cured. I took the Compound three times a day after meals, and on retiring at night. I always keep a bottle in the house."—Mrs. L. N. BURNHAM, 35 Globe Ave., Jamaica, N. Y.

Women who recover their health naturally tell others what helped them. Some write and allow their names and photographs to be published with testimonials. Many more tell their friends.

If you need a medicine for Women's Ailments, try Lydia E. Pinkham's Vegetable Compound. Write Lydia E. Pinkham Medicine Co. (confidential) for anything you need to know about these troubles.

Children are probably brighter to-day than a generation ago—but are they stronger? That's a grave question. So many pinched faces, dulled eyes and languid feelings make us wonder if they will ever grow into robust, healthy men and women.

If your children catch colds easily, are tired when rising, lack healthy color, or find studies difficult, give them Scott's Emulsion for one month to enrich their blood and restore the body-forces to healthy action.

Scott's Emulsion is used in private schools. It is not a "patent medicine," simply a highly concentrated oil-food, without alcohol or harmful drugs. It cannot harm; it improves blood; it benefits lungs and strengthens the system. Your druggist has it—refuse substitutes.

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