

OUR YOUNG WOMEN

are so often subject to headache—are languid, pale and nervous—because their blood is thin or insufficient. They are not really sick and hesitate to complain, but they lack that ambition and vitality which is their birthright. They do not need drugs—but do need the tonic and nourishment in Scott's Emulsion that makes richer blood, fills hollow cheeks, suppresses nervousness and establishes strength.

Scott & Bowne, Bloomfield, N. J. 15-24

"TIZ" GLADDENS SORE, TIRED FEET

"TIZ" makes sore, burning, tired feet fairly dance with delight. Away go the aches and pains, the corns, callouses, blisters and bunions.



"TIZ" draws out the acids and poisons that puff up your feet. No matter how hard you work, how long you dance, how far you walk, or how long you remain on your feet, "TIZ" brings relief to your feet. "TIZ" is wonderful for tired, aching, swollen, smarting feet. Your feet jump right for joy; shoes never hurt or seem tight.

Get a 25 cent box of "TIZ" now from any drugstore or department store. End foot trouble forever—wear smaller shoes, keep your feet fresh, sweet and happy.

LEGAL NOTICES

ADMINISTRATOR'S OR EXECUTOR'S NOTICE OF HEARING OF FINAL ACCOUNT.

Notice is hereby given that the final account of Caroline Seles as administratrix of the estate of Fred W. Seles, deceased, has been filed in the County Court of Marion County, State of Oregon, and that the 27th day of December, 1915, at the hour of 9 o'clock a. m., has been duly appointed by such court for the hearing of objections to such final account and the settlement thereof, at which time any person interested in such estate may appear and file objections thereto in writing and contest the same.

CADOLINE SELES, Administratrix of the Estate.

ADMINISTRATOR'S OR EXECUTOR'S NOTICE OF HEARING OF FINAL ACCOUNT.

Notice is hereby given that the final account of F. B. Lyons as administrator of the estate of Walter Hookaday, deceased, has been filed in the county court of Marion county, state of Oregon, and that the 17th day of January, 1916 at the hour of 10 o'clock a. m. has been duly appointed by such court for the hearing of objections to such final account and the settlements thereof, at which time any person interested in such estate may appear and file objections thereto in writing and contest the same.

F. E. LYONS, Administrator of the Estate.

SHERIFF'S SALE OF REAL PROPERTY

On Foreclosure.

Notice is hereby given, That by virtue of an execution duly issued out of the Circuit Court of the State of Oregon, for the County of Marion and to me directed on the 18th day of December, 1915, upon a judgment and decree duly rendered, entered of record and docketed in and by said Court on the 11th day of December, 1915, in a certain suit then in said Court pending, wherein Homer H. Smith was plaintiff and Merton R. DeLong and Mae T. DeLong, his wife, George F. Vich, H. E. Kerk and the City of Salem, a municipal corporation were defendants in favor of plaintiff and against said defendants by which execution I am commanded to sell the property in said execution and hereinafter described to pay the sum due the plaintiff of Six Hundred Sixty-three and 00/100 (\$663.00) Dollars with interest thereon at the rate of 10 per cent per annum from the 11th day of December, 1915, until paid and the further sum of seventy-five (\$75.00) Dollars attorneys' fees together with the costs and disbursements of said suit taxed at Twenty-seven and 75/100 (\$27.75) Dollars and costs and expenses of said execution. I will on Saturday the 22nd day of January, 1916, at the hour of 2 o'clock P. M. of said day at the West door of the County Court House in Marion County, Oregon, sell at public auction to the highest bidder for cash in hand on the day of sale, all the right, title, interest and estate which said defendants and all persons claiming under them subsequent to the date of the mortgage herein foreclosed, May 23rd, 1914, in, of, and to said premises hereinbefore mentioned are described in said execution as follows, to-wit: Lot No. Eight (8) in Block No. Fifteen (15) in Riverside Addition to Salem, Oregon.

Dated this 22nd day of December, 1915.

WM. ESCH, Sheriff of Marion County, Oregon.

W. L. NEEDHAM, Deputy.

22-30 Jan. 6-13-20

\*\*\*\*\* Today Ads, one cent per \*\*\*\*\*

OREGONIANS ASKED TO WRITE TEN LETTERS

Portland Club Suggests Plan For Giving State Some Cheap Advertising

Here is a chance to join a movement in which there is no initiation dues or assessments, very little work to be done and yet at the same time make personal friends and boost for the state of Oregon.

The Portland Chamber of Commerce invites the Salem Commercial club, all members of the club as well as other enterprising citizens to join in a movement to be known as "Letter Writing Week," beginning January 17 and ending January 22.

Although no official action has as yet been taken by the Salem Commercial club it is probable that its members will be asked to join in the movement for the purpose of interesting tourist travel to Oregon.

During this "Letter Writing Week" every merchant will be asked to write 50 letters to friends and relatives back east, telling them of the wonderful scenery in Oregon and of the many interesting side trips that may be taken from Portland and points in the Willamette valley. Every citizen will be asked to write ten boosting letters back east during the week.

Write Ten Letters Each. If all the members of every commercial club in the state should enter into the movement of letter writing and if the average citizen would write ten letters telling of their own locality and giving a personal touch to the letters, it is thought that 250,000 tourists might be brought to the state next summer.

As a special attraction and to interest the public in this letter writing week a giant mail box will be placed in the center of Sixth street in Portland, and at noon each day at the sounding of a big whistle everyone will be expected to deposit his letters in a giant box.

A delegate will probably be sent from the Salem Commercial club to attend a great meeting to be held in Portland on the night of Wednesday, January 5, when plans will be worked out for this Letter Writing Week which it is hoped will bring 250,000 tourists into the state and along with them the \$5,000,000 which they will spend, averaging only \$25 to the tourist. This matter will probably be taken up in January by the Salem Commercial club.

Christmas Program at Highland Friends Church

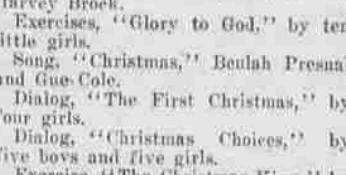
The Christmas program of the Highland Friends church, Rev. Josephine Hookett, pastor, will be given on the evening of Friday, December 24, at the Friends church by the children of the Sunday school. The program is as follows:

- Recitation, "The Holy Night," by Harvey Brook. Exercises, "Glory to God," by ten little girls. Song, "Christmas," Beulah Presnal and Gue Cole. Dialog, "The First Christmas," by four girls. Dialog, "Christmas Choices," by five boys and five girls. Exercise, "The Christmas King," by classes two and three. Song, selected, by Ina Blagg. Recitation, "If I Could Kait," by Kenneth Cole. Exercise, "What is the Meaning of Christmas," by Ina and Edith Riggs. Star drill, by fourteen girls. Song exercise, "Hear the Bells," by 20 children. Tableau, "Attitudes."

CONVICTED OF MOONSHINING

Portland, Or., Dec. 22.—After being locked up since yesterday with a 15-gallon keg of "moonshine" whisky, a jury in federal court today convicted Martin C. Broom and James Williams of moonshining.

Black Silk Stove Polish



Does Not Rub Off, Lasts 4 Times as Long as Others, Saves Work. Get a Can Today

DO SURROUND yourself with Comfort--a day--a week--all time--stop at

HOTEL NORTONIA

The house of Gracious Service--of Unobtrusive Ministrations. The home of the Satisfied Guest--where delicious Viands with the natural HOME-LIKE flavor compel friendship.

Rooms with privilege of bath \$1 or more the day. Rooms with private bath \$1.50 or more the day. The thing that appeals--moderate prices.

11th of Washington 12th and Washington Portland

WM. ESCH, Sheriff of Marion County, Oregon.

W. L. NEEDHAM, Deputy.

22-30 Jan. 6-13-20

\*\*\*\*\* Today Ads, one cent per \*\*\*\*\*

Whole Regiment Made To Weep Together

By William Philip Stums. (United Press Staff Correspondent.) Paris, Nov. 20.—(By mail.)—Weeping shells used by the Germans to blind the enemy with his own tears, precipitated in at least one instance what comes near being the most ludicrous incident of the war.

During a recent weeping shell bombardment by the Germans a regiment of French cavalry, dismounted back of the line of fire. A gust of wind caught the sorrowful fumes and wafted them gently to where the horses and cavalymen were at their ease. Suddenly, without apparent reason, every cavalymen bedid his horse burst into tears as though the price of oats had suddenly risen to a figure beyond equine financial possibilities.

Then, guard your health, for it is a treasure, and at the first sign of stomach weakness, try

YOU BELIEVE IN SAFETY FIRST

HOSTETTER'S Stomach Bitters

It helps a Nature in every way.

Weekly Report of Union Stock Yards

North Portland, Dec. 23.—The chief feature in the cattle trade Monday was the sale of three cars of pulp-fed cattle, these went to several different buyers at 7.50. Outside of this the receipts were ordinary and were steady at last week's prices.

Don't Suffer--Laugh AT STOMACH MISERY

Daniel J. Fry Will Return the Money If Mi-o-na Does Not Relieve Dyspepsia.

Among all the remedies in Daniel J. Fry's popular drug store, there are few that he is willing to sell on a guarantee to refund the money if they do not cure.

Mi-o-na, the famous dyspepsia remedy has helped so many of his customers that Daniel J. Fry says, "If this remedy does not relieve you, come back to my store and I will cheerfully return your money."

Anyone who has dyspepsia, indigestion, headaches, dizzy feelings or liver troubles, should take advantage of this chance to be made well without any risk of spending their money to no purpose. Mi-o-na will relieve you, will regulate the digestion, will enable you to eat what you want. If it does not do all this it will not cost you a cent.

Daniel J. Fry has sold hundreds of boxes of Mi-o-na in the last few weeks and has yet to receive the first complaint from any customer. Such a record by simply marvelous and speaks volumes for the merit of the remedy.

It is easy enough to fill a column with the symptoms afflicting those who have dyspepsia, but there is no need of describing their condition. What they want is relief and they can get it in Mi-o-na. Do not suffer a day longer with disordered digestion. If Mi-o-na relieves you it costs you 50 cents a box, if it does not, you have Daniel J. Fry's personal guarantee to return your money.

Queen Yields Honor To Martyred Nurse

(By United Press.) London, Nov. 20.—(By mail.)—The Alexandra Home, an addition to the London Hospital now being built, will be named the Edith Cavell Home instead. Queen Alexandra, in whose honor the home for nurses had already been named, voluntarily surrendered the honor in favor of England's martyr nurse, Edith Cavell, executed by the Germans in Belgium. A shilling fund inaugurated by a London daily, has already provided thousands of dollars for the wish of the Queen and the mother of the dead nurse will be the Edith Cavell Home. It was the express wish of Miss Cavell's aged mother, at Norwich, that a statue should not be erected for her daughter.

President Farrell Real Santa Claus

Portland, Or., Dec. 22.—President J. D. Farrell, of the O. W. R. and N. in his private car today played host to 150 passengers aboard a Santa Claus train which was delayed several hours by a washout. While the train was creeping slowly over a soft track and passengers, including fifty delegates to a hotelmen's convention, were bemusing the fact that no dining car was attached, Farrell was getting busy. He corralled Traffic Manager Robinson and General Passenger Agent Murray, forced them aside as waiters, and served every woman on the train with tea and cake and the men with ham and coffee.

DOCTOR HAS NEW EXPLOSIVE

Los Angeles, Cal., Dec. 22.—A peculiar feature of Dr. W. W. Shartel's arrest on a charge of having opinion in his possession came to light today when it was learned federal detectives found in his dental office what is said to be a new explosive, together with fulminating caps and fuse, and a letter to the German war minister, indicating he was trying to sell his invention to the Kaiser's government. Dr. Shartel is at liberty today on \$2,000 bail.

CENTRALIA IS FLOODED.

Centralia, Wash., Dec. 22.—The entire north end of Centralia is flooded today by the swollen waters of the Skookumchuck river. Other portions of the city are inundated in places. Local police are moving stranded families out of the flooded section with a flat boat. China ditch, which overflowed yesterday and caused some damage, subsided today and the Skookumchuck was beginning to recede this afternoon.

MAY SEND WINE TO FRANCE

San Francisco, Dec. 23.—California wine growers saw today the prospect of increased business during the next year, as the result of the French government report that the usual French wine supply is short. The 1915 wine crop was reported only about a third as large as previously with stocks from other years amounting to only 185,000,000 gallons.

LETTERS MAY FURNISH CLUE

San Francisco, Dec. 22.—E. Gonzalez, a young Mexican was found dead with a bullet through the back of his head early today. The police believe he was murdered. A packet of letters written in Spanish may solve the mystery of his death. It is believed Gonzalez came here recently on a ship from Mexico.

HIGH HANDED PROCEEDING

San Francisco, Dec. 22.—A suave burglar received the butcher, the baker and the express man while the folks were away from the home of Mr. and Mrs. A. Z. High here; gathered up their contributions and then took Miss Edith High's trousseau for full measure.

THE MARKETS

The following explanation was made by a grain man today as to why Club wheat was quoted 94 cent in Portland and 80 and 82 cents in Salem. Freight in car lots costs eight cents a hundred from Salem to Portland.

NOSE CLOGGED FROM A COLD OR CATARRH

Apply Cream in Nostrils To Open Up Air Passages.

Aha! What relief! Your clogged nostrils open right up, the air passages of your head are clear and you can breathe freely. No more yawning, snuffing, mucous discharge, headache, dryness--no struggling for breath at night, your cold or catarrh is gone.

Don't stay stuffed up! Get a small bottle of Ely's Cream Balm from your druggist now. Apply a little of this fragrant, antiseptic cream to your nostrils, let it penetrate through every air passage of the head; soothe and heal the swollen, inflamed mucous membrane, giving you instant relief. Ely's Cream Balm is just what every cold and catarrh sufferer has been seeking. It's just splendid!

Deafness Cannot Be Cured

By local applications, as they cannot reach the diseased portion of the ear. There is only one way to cure deafness, and that is by constitutional remedies. Deafness is caused by an inflamed condition of the mucous lining of the Eustachian Tube. Unless this tube is inflated you have a rumbling sound or imperfect hearing, and when it is entirely closed, deafness is the result, and unless the inflammation can be taken out and this tube restored to its normal condition, hearing will be destroyed forever; nine cases out of ten are caused by Catarrh, which is nothing but an inflamed condition of the mucous surfaces.

We will give One Hundred Dollars for any case of Deafness cured by our method. Send for circulars, free.

F. J. CHENEY & CO., Toledo, Ohio. Sold by Druggists, etc. Take Hall's Family Pills for constipation.

CHICHESTER'S PILLS

THE DIAMOND BRAND. Ladies! Ask your Druggist for Chichester's Pills in Red and Gold wrapper. They are the only pills that cure Constipation, Headache, Biliousness, Indigestion, and all the ailments of the Bowels. They are sold by all Druggists, Grocers, and Dealers in the United States, Canada and Mexico.

A Skin of Beauty is a Joy Forever

DR. T. FELIX GOURAUD'S ORIENTAL CREAM OR MAGICAL BEAUTIFIER

Removes Tan, Freckles, Pimples, Blemishes, and all the ailments of the Skin. It is the only cream that cures the Skin, and restores it to its natural beauty. It is sold by all Druggists, Grocers, and Dealers in the United States, Canada and Mexico.

FOR EXCHANGE

FOR EXCHANGE--40 acres well improved, large barn, fair farm house, store houses, granary and other out buildings, 28 acres in cultivation, balance timber and pasture, spring water, piped to house and barn, running stream, rock road, close to R. E. town. Exchange for city property or tract near Salem. Square Deal Realty Co., 304 U. S. Bank Bldg.

PHYSICIAN

DR. D. B. GRIFFIN--Drug and drink cure. 1425 Fir street, near Meyers street. Phone 1037J.

SCAVENGER

SALEM SCAVENGER--Charles Soos, proprietor. Garbage and refuse of all kinds removed on monthly contracts at reasonable rates. Yards and cesspools cleaned. Office phone Main 2247. Residence Main 2273.

GOOD USED FURNITURE

BOUGHT, also taken in exchange for new. Full line of new furniture, ranges, heat, and other home furnishings. Poets Furniture Co., 235 North Commercial street.

Classified Advertising Page

SKILLED PHYSICIANS

prescribe Dry Zenzal and Moist Zenzal for the two distinct type of Eczema, because they get results quickly and surely. They know that a cure-all will not help you, hence these clean, odorless ointments are used daily in their practice. Come in and let us tell you about it.

Only 50 cents the jar. Poole's Drug Store

THE DAILY CAPITAL JOURNAL

Classified Business Telephone Directory

A Quick, handy reference for busy people

EVERYTHING ELECTRICAL

Salem Electric Co., Masonic Temple, 127 North High Main 1200

LAUNDRY

Salem Steam Laundry, 130 South Liberty Main 84

PLUMBING, STEAM FITTING AND TINNING

T. M. Barr, 164 South Commercial Street Main 193

UNDERTAKERS

Rigdon-Richardson Co., 254 North High Street Day and night, Main 153

TRANSFER AND DRAYAGE

Salem Truck & Dray Co., corner State and Front streets Main 74

JOB PRINTING

Beaver State Printers, Patton Block Main 1612

LODGE DIRECTORY

A. O. U. W.--Protection Lodge No. 2. Meets every Monday evening at 8 in the McCormack hall, corner Court and Liberty streets. A. E. Aufrance, M. W.; S. A. McFadden, recorder; A. L. Brown, F.

CENTRAL LODGE No. 18, K. of P.--McCormack building. Tuesday evening of each week at 7:30. F. F. Schram, C. C.; W. B. Gilson, K. of R. and S.

SALEM LODGE No. 4, A. F. & A. M.--Stated communications first Friday in each month at 7:30 p. m. in the Masonic Temple. J. C. Welch, W. M.; S. Z. Culver, secretary.

PACIFIC LODGE No. 50, A. F. & A. M. Stated communications third Friday in each month at 7:30 p. m. in the Masonic Temple. Glenn C. Niles, W. M.; Ernest H. Choate, secretary.

R. N. of A.--Oregon Grape Camp, No. 1360, meets every Thursday evening in McCormack building, Court and Liberty streets; elevator. Miss Sylvia Shapp, 1791 Market, oracle; Hazel Price, Imperial Furniture Co., recorder.

SALEM HUMANE SOCIETY--D. D. Keeler, president; Mrs. Lou Tilton, secretary. All cases of cruelty or neglect of dumb animals should be reported to the secretary for investigation.

DEMOLAY COMMANDERY, No. 5, K. T.--Regular convocations fourth Friday in each month at 8 o'clock p. m. in Masonic Temple. Sejourning Sir Knights are courteously invited to meet with us. Geo. H. Burnett, E. C.; Frank A. Turner, recorder.

GHADWICK CHAPTER, No. 37, O. E. O.--Regular meeting every first and third Tuesday at 8 p. m. in the Masonic Temple. Elizabeth Bond, W. M.; Ida M. Babcock, secretary.

WOODMEN OF THE WORLD--Meet every Friday night at 8 o'clock in McCormack block. Oscar Donaldson, C. C.; L. S. Geer, clerk. 507 Court street. Phone 593.

MULTNOMAH ROYAL ARCH CHAPTER, No. 1, R. A. M.--Regular meeting second Friday in each month at 8 p. m. in the Masonic Temple. Alfred F. Marcus, Ex. High Priest; Russell M. Brooks, secretary.

MODERN WOODMEN OF AMERICA--Oregon Cedar Camp, No. 5246, meets every Thursday evening at 8 o'clock in McCormack hall, corner Court and Liberty streets. Elevator service. W. W. Hill, V. C.; Rex A. Turner, clerk.

UNITED ARTISANS--Capital Assembly, No. 84, meets every Wednesday, at 8 p. m. in Moose hall. Mrs. F. W. Cook, M. A.; C. Z. Randall, secretary, Salem Bank of Commerce.

HODSON COUNCIL, No. 1, B. & S. M.--Stated assembly first Monday in each month, Masonic Temple. James Plant, Thrice Illustrious Master; Glen C. Niles, recorder.

OSTEOPATH

DRS. B. H. WHITE and R. W. WALTON--Osteopathic physicians and nerve specialists. Graduates of American School of Osteopathy, Kirksville, Mo. Post graduate and specialized in nerve diseases at Los Angeles college. Treat acute and chronic diseases. Consultation free. Lady attendant. Office 505-506 U. S. National Bank Building. Phone 859. Residence 246 North Capital street. Phone 369.

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