

OUR YOUNG WOMEN

are so often subject to headache—are languid, pale and nervous—because their blood is thin or insufficient. They are not really sick and hesitate to complain, but they lack that ambition and vivacity which is their birthright. They do not need drugs—but do need the tonic and nourishment in Scott's Emulsion that makes richer blood, fills hollow cheeks, suppresses nervousness and establishes strength. Nourishment alone makes blood and Scott's Emulsion is the essence of concentrated nourishment, free from wines, alcohols or opiates.

If mother or daughter is frail, pale or nervous, give her Scott's for one month and see the betterment. It has a wholesome, "nutty" flavor. Avoid substitutes. At any drug store.

Scott & Bowe, Bloomsfield, N.J.

**OREGONIANS ASKED
TO WRITE TEN LETTERS****Portland Club Suggests Plan
For Giving State Some
Cheap Advertising**

Here is a chance to join a movement in which there is no initiation dues or assessments, very little work to be done and yet at the same time make personal friends and boost for the state of Oregon.

The Portland Chamber of Commerce invites the Salem Commercial club, all members of the club as well as other enterprising citizens to join in a movement to be known as "Letter Writing Week," beginning January 17 and ending January 22.

Although no official action has yet been taken by the Salem Commercial club, it is probable that its members will be asked to join in the movement to be known as "Letter Writing Week," beginning January 17 and ending January 22.

During this "Letter Writing Week," every merchant will be asked to write 50 letters to friends and relatives back east, telling them of the wonderful scenery in Oregon and of the many interesting side trips that may be taken from Portland and points in the Willamette Valley. Every citizen will be asked to write ten boosting letters back east during the week.

Write Ten Letters Each.

If all the members of every commercial club in the state should enter into the movement of letter writing and if the average citizen would write ten letters telling of their own locality and giving a personal touch to the letters, it is thought that 250,000 tourists might be brought to the state next summer.

"TIZ" draws out the acids and poisons that puff up your feet. No matter how hard you work, how long you dance, how far you walk, or how long you remain on your feet, "TIZ" brings restful foot comfort. "TIZ" is wonderful for tired, aching, swollen, smarting feet. Your feet just tingle for joy; shoes never hurt or seem tight.

Get a 25 cent box of "TIZ" now from any druggist or department store. End foot torture forever—wear smaller shoes, keep your feet fresh, sweet and happy.

LEGAL NOTICES**ADMINISTRATOR'S OR EX-
ECUTOR'S NOTICE OF HEAR-
ING OF FINAL ACCOUNT**

Notice is hereby given that the final account of Caroline Seeler, as administratrix of the estate of Fred W. Seeler, deceased, has been filed in the County Court of Marion County, State of Oregon, and that the 27th day of December, 1915, at the hour of 9 o'clock a.m., has been duly appointed by such Court for the hearing of objections to such final account and the settlement thereof, at which time any person interested in such estate may appear and file objections thereto in writing and contest the same.

CATHOLINE SEELE,
Administratrix of the Estate.**Administrator's or Executor's Notice
of Hearing of Final Account**

Notice is hereby given that the final account of F. E. Lyons as administrator of the estate of Walter Hockaday, deceased, has been filed in the county court of Marion county, state of Oregon, and that the 17th day of January, 1916, at the hour of 10 o'clock a.m., has been duly appointed by such court for the hearing of objections to such final account and the settlement thereof, at which time any person interested in such estate may appear and file objections thereto in writing and contest the same.

F. E. LYONS,
Administrator of the Estate.**SHERIFF'S SALE
OF REAL PROPERTY**

On Foreclosure.

CONVICTED OF MOONSHINING

Notice is hereby given that by virtue of an execution duly issued out of the Circuit Court of the State of Oregon, for the County of Marion and to me directed on the 18th day of December, 1915, upon a judgment and decree duly rendered, entered of record and docketed in and by said Court on the 11th day of December, 1915, in a certain suit then in said Court pending, wherein Homer H. Smith was plaintiff and Merton R. Delong and Mae T. Delong, his wife, George F. Vick, H. F. Kuek and the City of Salem, a municipal corporation were defendants in favor of plaintiff and against said defendants by which execution I am commanded to sell the property in said execution and herein-after described to pay the sum due the plaintiff of Six Hundred Sixty-three and 00-100 (\$663.00) Dollars with interest thereon at the rate of 10 per cent per annum from the 11th day of December, 1915, until paid, and the further sum of Seventy-five (\$75.00) Dollars, attorney's fees together with the costs and disbursements of said suit taxed at Twenty-seven and 75-100 (\$27.75) Dollars and costs and expenses of said execution. I will on Saturday the 22nd day of January, 1916, at the hour of 2 o'clock P.M. of said day at the West door of the County Court House in Marion County, Oregon, sell at public auction to the highest bidder for cash in hand on the day of sale, all the right, title, interest and estate which said defendants and all persons claiming under them subsequent to the date of the mortgage herein foreclosed, May 23rd, 1914, in and to said premises hereinbefore mentioned are described in said execution as follows, to-wit: Lot No. Eight (8) in Block No. Fifteen (15) in Riverside Addition to Salem, Oregon.

Said sale being made subject to redemption in the manner provided by law.

Dated this 22nd day of December, 1915.

WM. ESCH,

Sheriff of Marion County, Oregon.

W. L. NEEDHAM,

Deputy.

22-30 Jan. 6-15-20

New Today Ads, one cent per

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TO SURROUND yourself with comfort—a day—a week—all time—stop at

HOTEL NORTONIA

The house of gracious service—of unobtrusive ministrations.

The home of the satisfied guest—where delicious viands with the natural HOME-LIKE flavor compel friendship.

Rooms with privilege of bath \$1 or more the day. Rooms with private bath \$1.50 or more the day.

The thing that appeals—moderate prices.

11th off Washington
12th and Washington
Portland

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