

DR. FISHER DELIVERS MASTERFUL ADDRESS AT SIX O'CLOCK CLUB

Dr. E. E. Fisher, of this city, delivered an address before the Salem Six O'Clock club Tuesday evening, which was listened to with a great deal of interest.

The present campaign against disease and preventable disease is about two decades old. The causes, methods of transmission and means of prevention of nearly all infectious diseases have been discovered within that time.

1913. Month by month. These analyses show that the water has been wonderfully free from disease producing germs, and that no matter where the water supply was secured, it could not have been much purer.

The analyses made from water procured from the various wells in the city really show a considerable percentage of bacterial pollution. These analyses can be construed by anyone so disposed and they go to show that it is safer to use the city water than that from wells within the city.

The principal causes of death last year were as follows: Cancer and heart disease have first place with 17 to their credit each; senility 14; tuberculosis 13; pneumonia and apoplexy 3th place.

Good health is the highest asset of an individual, state or nation. How to secure and maintain this condition is the problem facing the organizations, the solution of which requires much study and the expenditure of much time and money by those who have the best interests of the community, and of humanity at large, near at heart.

The motives which influence the workers along the lines of good health and sanitation, must be of a plain and simple nature, for we find that in this work in particular the best men of our universities, the most capable of our business men, the most learned of our lawyers, the most progressive of our manufacturers, and the busiest men of the medical profession, whose livelihood depends to a certain extent, upon the amount of existing diseases. I am well pleased to register my efforts with those who are large enough and broad-minded enough to put aside the thought of personal financial preservation and to assist in the preservation of a condition which conduces to good health and longevity.

Just as the cities of California have realized that the paving of streets and of alleys, was one of the surest methods of avoiding the much dreaded plague, so we have realized that a hard surface for our streets, not only improves the service and the appearance but it is much more sanitary.

Our water supply in general is from the Williams river, and while some have seen fit to raise much ado about the water not being as free from pollution as it should be, I shall give a few statistics and comparisons and you may draw your own conclusions. I have records of the analyses of the Salem Water Company since January,

ordinance should be displayed in all such shops. We are careful enough about allowing stray dogs to roam our streets but we do not take into consideration the number of stray cats that stray at will around our premises.

The milk subject has been up so many times that I pause only to say that no milk should be sold under or above the regulated temperature and in bottles only. The inspector's seal in the city and the health officer's in the village should be secured in all cases.

The ventilation, heating and lighting of public buildings is usually looked after by the contractors, however, these important matters should be inspected and proven adequate by the health authorities, and in this connection it would be well to occasionally direct the attention of the public through the press, to the fact that contagious diseases are contracted from dust coming down with them or just recovering from them, so that such persons may feel a restraining responsibility in the matter of communicating them to others.

The following declarations of intentions are copied from a certificate of membership in the American Life and Home-savers' League. Can anyone estimate the amount of good such a declaration would be to the city of Salem, if every resident would keep to the best of their ability, every vow in the whole list?

1. I will not spit on the sidewalk. 2. I will not spit on the walls or floor of any building or any car. 3. I will not put garbage in any alley or on the street unless in a covered metal receptacle.

4. I will not allow any rubbish or waste material to accumulate in any basement, attic, or closet on my premises. 5. I will do all in my power to exterminate rats, mice, and bugs in my house.

6. I will do all in my power to keep my yard, alley, basement and attic clean and in a healthy condition. 7. I will do all in my power to preserve the life of my fellow man, when endangered from any cause.

8. I will not handle or permit any woman or child to handle a loaded pistol or gun in my house. 9. I will see that coal oil and gasoline are kept in a metal can and in a safe place, outside the house, and lamps and stoves are all filled by daylight only.

10. I will see that the furnaces or heating apparatus is carefully examined and believed to be entirely safe before leaving the house or retiring for the night. 11. I will remove all waste paper, packing material and rubbish from the premises daily.

12. I will keep matches in metal boxes in a location where little children cannot reach them, and where rats and mice can do no harm.

I WILL GIVE \$1000 IF I FAIL TO CURE MY CANCER TUMOR

Without Knife or Pain No PAY Until CURED. WRITTEN GUARANTEE. No X-Ray or other scientific apparatus used. We make the cure ANY TUMOR, lump of SORE on the lip, face or body long as CANCER; it never returns. Satisfaction guaranteed. FREE. 10,000 testimonials. Write to us.

Any LUMP in WOMAN'S BREAST is CANCER in 99 cases out of 100. One woman in every 10 dies of cancer—U.S. report. We refuse to let any woman die of cancer. Poor cured at half price if cancer is very small. Dr. & Mrs. Dr. CHAMLEY & Co., 434D & 435E Valencia St., San Francisco, Cal. KINDLY MAIL THIS TO US WITH CANCER

are anxious for a hospital, modern in equipment and appointments, in Salem, which should have at least 150 beds. A hospital is not supposed to be a money making institution but an elementary one and should be conducted on the most careful lines, compatible with efficiency and should furnish a means of securing most thorough treatment and care of those in its care.

The instruction of the public to cooperate in procuring safety in the industry, and the securing of personal and collective hygiene and sanitation must be the result of governmental, federal, state and municipal action, allied with civic agencies.

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PAIN GONE! RUB SORE, RHEUMATIC ACHING JOINTS

Rub Pain Away With a Small Trial Bottle of Old, Penetrating "St. Jacob's Oil"

Stop "losing" Rheumatism. It's pain only; not one case in fifty requires internal treatment. Rub soothing, penetrating "St. Jacob's Oil" right on the "tender spot," and by the time you say Jack Robinson—gone comes the rheumatic pain and distress. "St. Jacob's Oil" is a harmless rheumatism liniment which never disappoints and doesn't burn the skin.

Northwest Livestock Show Has Excellent Prospects. All conditions indicate that the Annual Northwest Livestock show at Lewiston, the week of November 29-December 4, will be the greatest in the history of that institution.

Wife of Editor Dies. Portland, Ore., Nov. 12.—Mrs. Wilma E. Nelson, aged 39, wife of Oscar C. Nelson, a newspaper man of Goldendale, Wash., is dead here today from cancer.

Farmer Is Killed. Condon, Or., Nov. 12.—Thomas H. Leach, aged 53, a well known farmer residing four miles west of Condon, was killed today when he fell into a well. His neck was broken.

Call Baseball Game Off. Baker, Or., Nov. 12.—With several inches of snow covering the local park, the baseball game between the National and American league stars scheduled for this afternoon, was called off.

Only Four Glasses. Portland, Or., Nov. 12.—Four glasses of champagne are enough to make any man drunk. Municipal Judge Stevenson said today in sentencing a man giving the name of Dan McKinnon to five days in jail for driving an automobile while intoxicated.

Mysterious Death. Portland, Or., Nov. 12.—Standing upright in three and a half feet of water, the body of a man identified as that of Edward Swanson, of New Castle, Washington, by lodge receipts in the pocket was found under the docks near the Broadway bridge today.

WAR ODDITIES. London.—During the eight months ending in August 68,905 British subjects left the United Kingdom 25,960 to America and over 14,000 to Canada.

Thousands Take this mild, family remedy to avoid illness, and to improve and protect their health. They keep their blood pure, their livers active, their bowels regular and digestion sound and strong with BEECHAM'S PILLS.

OREGON NEWS TODAY

Would Adjust Strike. Portland, Ore., Nov. 12.—Efforts are being made today to adjust the differences between the Heilig theatre and the Theatrical Federation which resulted in the union employees walking out last night a few minutes before the evening performance was scheduled to start.

Robber Invades Club. Portland, Ore., Nov. 12.—A bold robber, gun, mask and all, invaded the Walters' club early today, held up the steward and two club members, secured \$30 in cash, a watch and three watch fobs, locked his victims in a closet and unconcernedly departed.

Nelson Killed Himself. Portland, Ore., Nov. 12.—Inability to secure work so he could support a large family was believed today to have caused Arthur N. Nelson, aged 32, to commit suicide by taking strychnine.

Brain Blood-Supply Must Be Good. The importance of having pure blood is perhaps never more deeply impressed on us than when we are told by physicians that if the brain is supplied with impure blood, nervous and bilious headaches, confusion of ideas, loss of memory, impaired intellect, dimness of vision, and dullness of hearing, are experienced, and in time the brain becomes disorganized and the brittle thread of life is broken.

Listen To Argument In Railway Rate Cases. Washington, Nov. 12.—The interstate commerce commission today heard argument in the Chicago, Milwaukee and St. Paul railroad complaints against the Great Northern railway because of the latter's refusal to establish through joint passenger rates on its line north of Seattle to Seattle to points east on the St. Paul.

Want Higher Rates. Washington, Nov. 12.—Argument was heard by the interstate commerce commission on the application of transcontinental railroads for extension of the 55 per cent freight Chicago-Pacific coast rate on iron and steel articles to cover traffic from Pittsburg to the coast. The through rate is lower than intermediate rates.

There Is No Monopoly on Health. Municipal Grappler Brady declared it would have been impossible for the body to float to the place where it was found.

CARRY STOMACH JOY IN YOUR VEST POCKET. Daniel J. Fry Has Such Faith In This Dyspepsia Remedy That He Guarantees It.

DR. STONE'S HEAVE DROPS. For the cure of heaves; a liquid medicine given in the feed, which the most in a tedious horse will not refuse. From one to six bottles will cure the most stubborn case. Price \$1 per bottle, or 6 bottles for \$5. For sale by all druggists and at DR. STONE'S Drug Store.

HINK HOW MANY happy travelers are "wedded" to Hotel Nortonia

They are wedded to the HOME-LIKE element that everywhere prevails. They know how perfectly the NORTONIA kind satisfies. That it quickens the appetite—imparts Z.A.Z. (ask the clerk). Truly this is a good ideal to be "married" to. Why not espouse it today? Rooms with private bath \$1 or more the day. Rooms with private bath \$1.50 or more the day. The thing that appeals—modern prices.

Two Portland Girls Have Disappeared. Portland, Or., Nov. 12.—Said to have been last seen on board the United States cruiser Boston harbor Wednesday evening, dressed in men's attire, the police are searching today for Emma Lehr, 17, and Thelma Harper, 16. The girls' mothers reported to the authorities that they had disappeared.

Commandant Blair of the naval militia carefully searched the Boston but the girls were not found.

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Do You Feel Good All Day? Do You Sleep Well All Night?

If you do not, why? Is waste food in your large intestine fermenting and sending poison into your heart, your brain, your kidneys and your liver—robbing you of every-day happiness when relief is within your very reach? Don't mistake symptoms. Symptoms lead to disease, and disease undermines health—then what? The secret is to attain the age of 120—Bulgarian lactacidin contributes to long life. It is a natural product of the human body, and is found in Prof. Metchnikoff's Lactacidin Tablets, now in this country. It is a natural product of the human body, and is found in Prof. Metchnikoff's Lactacidin Tablets, now in this country.

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