

REMARKABLE CASE OF Mrs. HAM

Declares Lydia E. Pinkham's Vegetable Compound Saved Her Life and Sanity.

"I feel it my duty to tell the public the condition of my health before using your medicine. I had falling, inflammation and congestion, female weakness, pains in both sides, backaches and bearing down pains, was short of memory, nervous, impatient, passed sleepless nights, and had neither strength nor energy. There was always a fear and dread in my mind. I had cold, nervous, weak spells, hot flashes over my body. I had a place in my right side that was so sore that I could hardly bear the weight of my clothes. I tried medicines and doctors, but they did me little good, and I never expected to get out again. I got Lydia E. Pinkham's Vegetable Compound and Blood Purifier, and I certainly would have been in grave or in an asylum if your medicines had not saved me. But now I can work all day, sleep well at night, eat anything I want, have no hot flashes or weak, nervous spells. All pains, aches, fears and dreads are gone, my house, children and husband are no longer neglected, as I am almost entirely free of the bad symptoms I had before taking your vegetable, and all in pleasure and happiness in my home."—Mrs. J. HAM, R. F. D. 1, Box 22, Hamrock, Missouri.

If you want special advice write Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass.

New Departure In Church Work

The City church of this city has in view for the public a new feature in the way of church work—a Sunday evening social service, beginning March 7th, at which a literary lecture, vocal music and musical and literary recitals will take the place of the stereotyped night program. Dr. Fisher has the support of his board of trustees in this undertaking and the church has been newly lighted and will be made one of the most comfortable and enjoyable places for spending a Sunday evening in the city. The inclusion of other entertainments make Sunday evening service a problem in most organizations of a religious nature and the Unitarians have decided to give up their church for a non-sectarian social service, with a varied program of the most interesting character. It is planned to have some of the best lecturers in the state, as well as high class musicians and entertainers take part, and make the Sunday evening service an enjoyable treat. At the same time keeping it within the lines of ethical and educational and moral values. No admission will be charged and young and old, and people of any and all or no religious classification will be made welcome. The program for next Sunday night will be published in The Capital Journal.

SWEETHEART DEALERS

The following dealers will gladly redeem all Sweetheart coupons at their stores:

- Poisal & Shaw
- A. Daue & Son
- L. H. Huggins
- C. L. Sperling & Co.
- Foster & Baker
- Smith & McLean
- Roth Grocery Co.
- Moir Grocery Co.
- Lebold & Co.
- C. M. Eppley
- Shamrock Cash Grocery (H. C. O'Neal)
- Westcott, Thielsen Co.
- C. M. Roberts
- H. Doe & Son
- Geo. M. Stoner
- Reddaway's Cash Grocery
- J. B. Cooley
- H. S. Ingalls
- J. L. Busick & Son
- Geo. Reinoehl
- F. P. Harlan
- E. G. Roe
- F. W. Woolworth Co.

NEW INVENTION MAKES LOGANBERRY VALUABLE

Machine Removes Chaff and With It That Acid Taste Common With the Fresh Berries.

While seeking to invent some sort of an automatic device for cleaning and sterilizing loganberries last summer, H. S. Gile, manager of the Willamette Valley Prune association, discovered that by eliminating a certain chaff-like substance from the berry the finished product was of a much milder flavor. By the use of the new machine that strong pucker taste of the fresh fruit is entirely removed, and in reality the evaporated loganberries are now milder in flavor than the fresh fruits and more adapted to various uses in cooking. In the new methods of cleaning and sterilizing the fruit is entirely free from any form of insect life to which all summer-cured fruits are exposed.

After the value of the new machine was fully realized, the Salem Fruit

Union was called into consultation, and both associations fully agreed that by installing the new machines, the evaporated loganberry would soon be of greater commercial value, as soon as its merits and uses were known more extensively, especially in the east.

The Willamette Valley Prune association and the Salem Fruit Union practically control the present stock of evaporated loganberries in the northwest, and are devoting much time and energy, as well as individual expense, in advertising and promoting its sale. The advertising campaign undertaken by the Loganberry Growers' association is being handled through these two organizations. The advertisements placed with the Saturday Evening Post and Good Housekeeping brought immediate results. A 15-ounce carton of evaporated loganberries was offered for 35 cents and soon orders were coming in from all parts of the country. With each order, follow-up letters were sent with additional recipes and suggestions regarding the uses of loganberries and prunes. The results of the advertising have been very satisfactory, as markets are being opened up in localities where

the berry was unknown. Both of the companies engaged in the work are firmly convinced that there is a great future for the Oregon loganberry, from the fact that only in a very limited part of the country is the splendid merits of the berry known. The market will gradually broaden and the companies feel that growers must be patient and under no circumstances think of destroying their plantings. According to a statement of Mr. Gile, they should hold on and take good care of their plants.

"There was a time not so long ago," said Mr. Gile, "when growers of prunes were greatly discouraged, and many a man destroyed his prune trees who very soon afterwards regretted his hasty action."

It is the general feeling among those best posted on the loganberry proposition that all the berries of this season's growth will be in good demand and that there will be no necessity for any to be sold for less than 3 cents a pound. "Any apparent surplus," said Mr. Gile, "can safely be evaporated with the assurance that they will bring as more, or even more."

Bring Your Coupon for Your Free Cake of

Sweetheart Soap

to

Roth's Grocery



Free

Today Is Sweetheart Day--

YOUR opportunity to test at our expense the best toilet soap made. Don't let it pass—this is an unusual offer on an unusual soap. Below you'll find your coupon. It's good for a full size cake of

SWEETHEART TOILET SOAP

the perfect toilet soap. Absolute purity—dainty perfume—generous size—handy shape. Note the rich creamy lather in any kind of water. Sweetheart Toilet Soap is a quality soap at an ordinary price. Money cannot buy better.

More than a million women have tried it—and found it to be the best soap. That's why Sweetheart Toilet Soap is today the largest selling brand of toilet soap in the world.

Clip This Coupon NOW!

Don't fail to try it. It costs you nothing. We pay the dealer for the free cake. Clip the coupon now and present it to your grocer. Coupons are good wherever this paper circulates.



Manhattan Soap Company
424 West 38th Street
New York City

SWEETHEART COUPON

Present this Coupon to your grocer before March 15 and receive one full-size cake of SWEETHEART Toilet Soap absolutely free. This offer is limited to one coupon to a family and the correct name and address of the party receiving this soap must be signed in full to the following:

I hereby certify that I have received one cake of SWEETHEART SOAP free of all cost.

Name _____
Address _____

To the Dealer: Tear off the top end of the carton (the part with the "S" in the diamond.) This coupon (with box top attached) is redeemable at full retail price, providing all of above conditions have been fully complied with, either through your jobber or our agents, Spalin & Russell, 310 Hoyt St., Portland, Or.

Manhattan Soap Company
NEW YORK CITY