## Social and Personal Notes

By Mollie Runcorn

9

MRS. S. G. SARGENT entertained with the second of a series of whose children aftend this school, and also to the directors and their wives. An interesting program is being prepared. Superintendent Elliott will be asked to deliver an address, and others guest Mrs. Rudolph Struck, a recent bride of Grants Pass. Mrs. Struck will talks and with musical and elecutionary non-her, husband in Poethard the latter

Mr. and Mrs. E. Cooke Patton have been entertaining as their guest during State Pair week Lew W. Teams of Engern. Friday night they entertained with a card party in his nonor. Mr. Evans has male numerous visits to the Cherry City and is well known serv.

Paul Blanchard, of Grants Pass, is the guest of James Crawford, Mr. Binheard, who is a graduate of Stanford University, is taking the state bar examination.

At a specially called meeting yester, day at the home of Mrs. (Dr.) E. E. Fisher, plans were discussed for the commencing of activities for the came of the care of the c

Fisher, plans were discussed for the commencing of activities for the commencing of the Branch school. Members of the school who were present were: Mrs. Alaska, left for their home school who were present were: Mrs. Laka, left for their home school who were present were: Mrs. Alaska, left for their home the morning after a brief visit at the school who were present were: Mrs. Alaska, left for their home the morning after a brief visit at the school who were present were: Mrs. McCalister of Chemeketa street. Mrs. McCalister of Chemeketa street. Mrs. McCalister of the street, Mrs. McCalister of the street, Mrs. McCalister of the street, Mrs. McCalister of Chemeketa street. Mrs. McCalister of the street, Mrs. McCalister of Chemeketa street. Mrs. McCalister of the street, Mrs. McCalister of Chemeketa street. Mrs. McCalister of Chemeketa street, Mrs. McCalister

#### CHOLERA SPREADING.

London, Oct. 6 .- That cholera is spreading steadily in Hungary was asserted in a disputch re-ceived by the News from Venice

today.

Government officials were reported much alarmed and it was

said the Budspest schools had been closed for fear of infection. The disease was brought by soldiers returned from the battle front and it was said they, in turn, took it from the Rassians. The pressure said newspapers The message said newspapers which printed stories of the disease's spread or of Austrian defeats were severely punished.

on as being the most satisfactory in securing the best results in acquainting

Mr. and Mrs. Charles F. Elgin have
parents and instructors. The reception been entertaining as their house guest
will be given next Monday night in
the school building, and informal invicots, Mr. and Mrs. F. Freerkfen, of
gin, of Albany; Mr. and Mrs. H. H. Hewitte, Mrs. Joseph Elgin, of Albany; Mrs. H. E. Chipmun gin, of Albany; Mrs. H. E. Chipmus and son Elgin of Portland. Some week, others remaining over the week

#### HOW TO GET RID OF DYSPEPSIA

Don't Rely on Medicine: Don't Go on Freak Diet; Common Sense and an Antacid Usually All That Are Needed.

H. yes, they do?" said daddy. "You needn't laugh?"
"But how can a fish build without any hands?" asked Evelyn.
"Why, be uses his mouth to collect small sticks, swimming hack and forth and here and there in its stream. These sticks framework of the nest, and then he fills the crevices with leaves, the need to rebuild due to hyperacidity (the usual cause of stomach trouble due to hyperacidity (the usual cause of stomach troubles), you should take an medicine to act upon the stomach treatly not the maxing fish is the stickleback, and when his nest is completed why the mamma's big muff, and it has a front and rear door, the in the direction of the current.

The maxing fish hulld without any hands?" asked Evelyn.

"If you have dyspepsia, indigestion, sour stomach, belching, distress after eating, heartburn or any other stomach trouble due to hyperacidity (the usual cause of stomach trouble due to hyperacidity (the usu ing without the notritions food that you need to rebuild waste thisnes. Some foods are not good for people even when in perfect health—very rich, sweet, highly seasoned dimes. Avoid these, but ent fairly substantial meals of plain feeds. Eat slowly. Even if you drink nothing but water, you should not drink with meals. Drink before and after eating. Do not take pepsin or other artificial digestants. If you follow the foregoing simple in structions, it is probable that you will not need any medicine at all except, if you want to call it medicine, a little antacid after meals. The best antacid is ordinary bisorated magnesia, which can be purchased at any frug store. This is not to act upon the atomach, but upon the contents of the stomach. The antacid, as you can learn by consulting your dictionary or encyclopedia, is merely to neutralize or counteract the excess acid so the stomach ean digest the food normally. Take a teaspoonful of bisurated magnesia in a little cold or hot water after each meal. You should get immediate relief, even if your case is severe. Careful, moderate eating and the use of bisurated magnesia, should put your stomach in normal scandition in a short time; if you have not allowed dyspepsis to advance to the extreme stage of developing atomach cleers.

#### War Is a Commercial Struggle Between England and Germany

New York, Oct. 6,-Charles Edward important clearing house but the only Russell, well known newspaper and one there was

magazine writer and socialist candidate
for Senator from New York, who, with
his wife, spent three weeks at The
Hague during the early days of the war,
assisting in the relief of stranded
Americans, refuses to believe that the
European will be the last great war.

"This war," he explained, "is purely a commercial struggle engendered by
German and British trade rivalries, and
"There were benefits as wamped.
"The legation staff was swamped.
"Refugees flocked into Holland and
wanted to get home. Letters and telegrams poured into the legation literally
by the basketfull. Most of them had
to be translated from English into German or from German into English.

"There were benefits of staff was swamped.

"The property was swamped.

"The legation staff was swamped.

"Refugees flocked into Holland and
wanted to get home. Letters and to be translated from English into German or from German into English.

"The research was swamped.

man or from German into English.

'There were hundreds of calls upon
the legation to local missing people.

'And Minister Van Dyck had nobody

#### FILLING THE DINNER PAIL

The Portland Oregonian, the prince of calimity howlers, has so far forgot ten itself as to print the following in its issue of Sept. 20;

Chicago, Ill., Sept. 28. An unexpected revival or business has manifested itself in and around Chiengo. Report from institutions, diversified in character, show that thousands of men who have been idle for mouths have been just back to work. Nearty 8000 menture back at work in the Pullman carabi-qs. A thousand more will be in their old places before the end of the

week.

The Argo Starch Works, at Argo, III., and the large tirms manufacturing briess, plumbing unterials, term cotta, building materials, paints, lumber and structural from have taken back work-The working forces of the pack-

#### BUYS TWO WAR BALLOONS.

#### CALAMITY BREAKS THE BIRTH RECORD

Barns, Or. Oct. 3.—Mrs, Phil Dietorich, wife of a well known ranches of the Calamity section, 60 miles northeast of Burns, has become the mother of four children in 10 months.

Ten months ago a baby girl was born to Mrs. Dietorich, and last Wednesday

she gave birth to triplets, all girls.

Dr. D. Stamburd, of Berns, wae
makered the little tric into the world,
in says that Mrs. Dieterich worked in the
fields, resisting in the harvesting and
threshing until the day before the ba-

#### ALREADY IN LINE

expected to form tonight.

Mayor Curley, at the head of the 'Royal Rooters," a band of 500 base. New York, Oct. 5.— Local airship builders admitted today that the American government had ordered two dirigible bulleons as a result of developments in the European war. After investigating conditions abroad, Colonel Sam Reber, U. S. A., three weeks ago ordered the purchase of dirigibles.

"Royal Rooters," a bund of 300 lingsball enthusiasts, was preparing today to go to Philadelphia to cheer the Braves in the world's series contessor large in the European war. After investigating conditions abroad, Colonel Sam Reber, U. S. A., three weeks ago ordered the purchase of dirigibles.

#### The Best Food-Drink Lunch at Fountains



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Rich Milk, malted grain, in powder form. More healthful than tea or coffee.

# Mr. and Mrs. A. J. Beishart (Alseparate). Superintendent Hilliest will be a before the college and superintendent private of Grants Plans. Als. Study will probably the probability of t Salem's Leading Music Instructors

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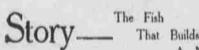
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# Daddy's Bedtime







Wary Old Fish. H. yes, they do!" said daddy. "You needn't laugh!" form the framework of the nest, and then he fills the crevices with leaves. gluing them in with a glue which Mother Nature has given him for this very

epenings in the direction of the current. "After his house is furnished Mr. Stickleback tealled stickleback because of the sharp spines on his back) rounds up Mrs. Stickleback and numerous

be has made and the wife he has driven juto it and the babies that are go-

"For, you see, stickleback eggs and buby sticklebacks are a delicacy for Another queer thing about Mr. Stickleback and Mrs. Stickleback and the

"I think it must be some job, daddy, to build a nest in running water," said Jack thoughtfully. "I s'pose that give stuff keeps it from floating away.

'Isn't it funny, daddy, that t'ere are fish that do the same things that birds do, sing and fly and build nests, 'cause I've heard some one speak of

flying fishes."

Papa Stickleback is a

"The uest making fish is the stickleback, and when his nest is completed it looks just like mamma's big muff, and it has a front and rest door, the

of her relatives and drives them into the new home whether they like it or "Then they prepare for a large increase in the Stickleback family." Papa Stickleback is a wary old fish, and he doesn't mean to let any one interfere with his home and family, so be swims around and around the nest

fittle Stickleback babies is their ability to change color. Naturally very dark when they are scared by some bullying big fish, they actually turn pale with

"I suppose that is so," said daddy, "and now I know two kiddles who

"Yes," said daddy, "but that will be adother story. Some night instead of a story i'll read you a poem by Mr. Kipling, in which he tells us about the fixing fishes playing and many other things also. But good night, now It is growing late for small boys and girls and, besides, daddy must rend about

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# Minnetta Magers, Contralto

## Just returned from Chicago, where she received do a number of famous tenchers, including Charles W. Clark, of Paris, one of the world's greatest instructors; and her former teacher, Herbert Miller, exponent of tone production, and also Herman DeVries, who was for many years head of the Vocal Department of the Chicago Musical College, and is now engaged in conching teachers and pro-

During her stay in the East, Miss Magers had the rare privilege of bearing many lessons given by these eminent instructors.

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