

Industrial Clubs Give Vent To Pent up Energy of Oregon's Pace-Setting Boys and Girls

INDUSTRIAL clubs for the girls and boys of Oregon, organized this spring, have shot to hit in aiding the children to win the \$2,500 in prizes offered them in contests at the coming local and state fairs.

Applying the touchstone of utility to education, industrial work throughout the state has recently been greatly encouraged. In the spring of 1913, the Oregon legislature appropriated the sum of \$6,000 to be paid each year out of the general fund of the state to pay the salary and traveling expenses of two assistants, whose duty it is to travel throughout the counties of the state and supervise and promote the development of industrial work in the public schools, including such subjects as agriculture, manual training and home economics, and promote industrial school fairs and school garden contests, under the direction of the state superintendent of public instruction and in co-operation with the state agricultural college. The Lever bill considering further appropriations will be up before the next legislature. Interested in the industrial realities about them, public school students are pursuing practical ideals. Having a knowledge of the vocations they must follow in later years they are assuming a different attitude toward the "bread-and-butter" side of life.

Age Limit Only Requirement.

Strengthening the work which has been started by the introduction of domestic science and manual training in the public schools, the boys and girls were invited this year to organize industrial clubs under the O. A. C. extension service, of which R. D. Hetzel is the director. Any boy or girl in Oregon who is between the ages of 10

- business principles in the rearing of animals, culture of plants, and utilization of plant and animal products.
1. Materialize and render permanent the educational ideals now expressed in the industrial fair movement.
 2. Offer a medium through which inspiration, information, and vocational direction can be given to the boy and girl in the country.
 3. Adapt boys and girls to their environment, and develop within them self-expression and initiative.
 4. Create higher ideals of country life by showing that health, wealth and happiness are the heritage of every country boy and girl.
 5. Assist the teacher in the public school to find an easy approach, educationally, to all the interests of country and community life. The club activities become the connecting link between home and school, and will assist materially in transforming the school into a real community center.
 6. Bring the people, old and young, socially together. The co-operative atmosphere engendered by such meetings awakens in adults higher ideals of life, and develops within boys and girls a realization of their own powers and abilities.
- Uncle Sam Helps.**
- Uncle Sam helps along the good work. The bulletins are distributed through the co-operation of the bureau of plant industry U. S. department of agriculture, along with the O. A. C. The pleasure and profit derived from these simple stories of how to carry on the work may be gleaned from the following titles:
- "Planning and Planting the Garden."
 - "Fruit and Vegetable Canning."

to them. If each one of these club members wastes, say one hour a day, just think what a waste of time it is; five hundred hours or more which might have been used for some good purpose, and that is one of the fundamental objects of our club work. To assist the boys and girls in learning to economize in every way, to economize in time and effort and to learn to be systematic in everything. There is a great deal in that word system. No person and no business can long succeed without system. You boys and girls are forming habits now that will stay with you all through life, and above all things, you should learn to be systematic.

This week Supt. Smith and I have been spending some time visiting some of the club members at their homes, getting photographs of their gardens and other club work and information that will be of value in planning the work for the future. We would like to visit every club member, but this is

not requires you to work all the time, early and late, in the field or in the kitchen without giving you some time for recreation and some time for work at your own projects.

I hope, too, that they have not overlooked giving you the opportunity of a good garden patch or the care of some chickens or a pig or something of this kind and that they appreciate what it means to give this opportunity and time and to give the child some personal ownership all of which tends to create an interest in the home and child to develop initiative, self-confidence and self-importance in the child.

I trust that you are holding your club meetings regularly and keeping up interest in the same. If the interest and attention is lagging, permit me to suggest that you have a club picnic. I am sure your parents will be willing to give you a holiday, at least on Saturday afternoon for this purpose. Perhaps there is some nice grove in the neighborhood where you can hold your



Miss Emma Gillett, of Chemawa, 11 years old, daughter of A. H. Gillett, superintendent of the farm at the Indian Training School, and her canned raspberries, cherries, beans and peas.

impossible. We not only have over five hundred members in this county, but in the whole state there are something over 11,000 industrial club members. Most of these clubs have been organized by Mr. Harrington and myself and we would be glad to visit every club and every club member in their home, but this is impossible, so the next best thing is to write a letter to all of you. Visiting some of the club members in Marion county, we found some splendid gardens and some not so good. We have found some having success with their poultry and others meeting with some difficulties; for instance, one girl said the pig had eaten the most of her chickens. We suggested that she fatten the pig and take it to the fair to get even with him.

meeting and picnic and have a jolly good social time. Perhaps you can get some one from the Agricultural College or from the State Department or any one who can give you some instruction in your club project work. Have your parents meet with you. It is a busy time on the farm, but it will do them good to take a half day's rest and they will not know the difference a hundred years from now and will feel younger and take renewed interest in life from mingling with the boys and girls and taking part in their sports.

If any of you have kodaks and can get good photographs of any of your club work Supt. Smith will appreciate it very much if you will send him one. If you would hold a picnic as I suggested, a photograph of this would be nice.

Don't overlook the fact that the report of your work counts for as much in some instances as the quality of your products, so if your vegetables are not as good as you like, perhaps you can even up by having a very complete and neat report and thereby beat the other fellow whose garden may be a little better than yours. Keep your reports written up closely all the time. If you neglect to write them up fully you may forget some important items in the end which will mar the completeness of your record.

If there is anything about the report or the preparation of your exhibits that you do not understand write to Superintendent Smith or to the state agent at the Agricultural College for information.

Wishing you all greatest possible benefit and success in your work, I am,

Yours truly,
N. C. MARIS,
Field Worker of Industrial Fairs.



Otto and Charles Russell, aged 12 and 8 years, respectively, of Hazel Green School, showing their bean trellises, corn and potatoes.

and 15, inclusive, is entitled to membership in any industrial club and may undertake the approved club projects, the particular kind of work chosen by the member.

Superintendent J. A. Churchill says: "Such organization will furnish an opportunity for social meetings, and for entertainments of various kinds, that will be of value to the community."

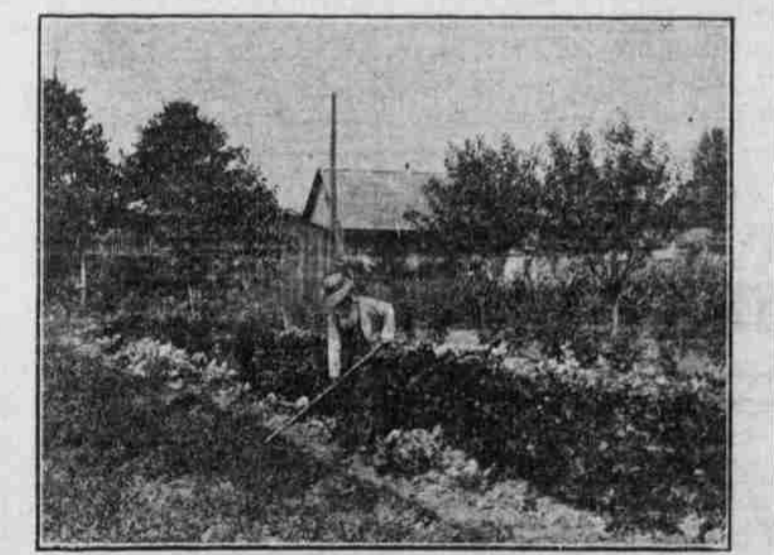
"I believe the plan furnishes an opportunity for strengthening the bonds that unite home and school."

Since the beginning of the industrial clubs, hundreds of members have written to the state and county superintendents of their memberships and meetings. In turn personal letters and leaflets, containing the best scientific instruction and prepared in simple style, were sent to all the boys and girls interested, and will continue to be sent at frequent intervals. The bulletins of the Oregon Agricultural college are sent free to all residents of Oregon who request them. The extension division of the Oregon Agricultural college, through the state agent for boys' and girls' club work, co-operating with the state superintendent of public instruction, furnishes the necessary instructions and information for carrying on the club work throughout the state.

Some Suggestions.

A circular of suggestions for club work, enrollment blanks, club constitu-

- "Growing the Oregon Potato Crop."
 - "Feeding Young Chickens."
 - "Feeding and Care of Dairy Cows."
 - "Sewing: Cotton Goods."
- Writing on that all important subject of the "mortgage-raiser," G. R. Samson presents the question, "What is a Pig?" and explains: "A pig's chief business in life is to make a hog of himself."
- Dear to the heart of every boy and girl is his or her own pet hobby. If a pupil in any school desires to undertake some line of work not included among the projects of the local school contest, he may have the opportunity of enrolling for that work with the state agent.
- Would You Like to Know?**
- If there is anything a boy or girl would "just love to know," club supervisors will send in these desirable topics to the state agent in charge of the club work.
- The club projects for 1914 are:
1. Corn Growing.
 2. Potato Growing.
 3. Girls' Canning and Preserving.
 4. Girls' Cooking and Baking.
 5. Boys' and Girls' Poultry Raising.
 6. Girls' Sewing.
 7. Boys' Pig Feeding Contest.
 8. Boys' and Girls' Gardening Contest.
 9. Dairy Record Keeping.
 10. Manual Arts. (Construction of



Perry Nathan Pickett, of Highland School, aged 10 years, a winner of many state fair prizes during the last three years. In the background are his beans already four feet high.

tions, and other material were placed in the hands of the club leaders to assist them in organizing their clubs and getting the work started. A series of circulars, covering every phase of the various club projects were sent to club leaders and members. These circulars are designed to sustain the interest of the club members and to enable the supervisors and leaders to utilize the educational possibilities of the movement to the fullest extent.

In a pamphlet issued by P. L. Griffin, state agent in charge of industrial clubs, the possibilities of these home clubs are made plain. Among the things a club can do are:

1. Develop a more intensive and profitable system of agriculture by encouraging the use of scientific and

useful or model articles of wood, metal or concrete.

Recently County Superintendent Walter M. Smith and Field Worker N. C. Maris visited the gardens of the children of Marion county. Following is a letter telling of that trip:

I hope you are all having a good time and enjoying your vacation, working some, playing some and reading some. I hope you are not wasting any of your time in idleness. We do not consider playing idleness, but if you play all the time you really get tired of playing and then it does become a waste of time.

There are one hundred industrial clubs in this county and probably over five hundred boys and girls belonging

A GOOD COMPLEXION IS A JOY FOREVER

Everybody that wants a fine, glowing, youthful skin should take old reliable Hood's Sarsaparilla, a physician's prescription, which gives a clear, healthy color.

When your blood is made pure, your whole system is improved. Pimples, boils, hives, eczema surely disappear.

Laziness, loss of appetite, tired feeling, weakness are symptoms of impure, unhealthy blood.

Hood's Sarsaparilla builds up the whole system by purifying the blood. It is the safest and most successful tonic known.

Get a bottle from any druggist. Start treatment today. Improvement begins with first dose.

LOOKING IN WRONG COUNTY.

Medford, Ore., Aug. 1.—I am standing over six sticks of dynamite. Will not bother you any more.

This startling message, received through the mails yesterday by Mrs. M. Womak, and signed by her husband, a well known mining locator, caused a search to be instituted for the man throughout Jackson county. Womak has been working on the Siskiyou grade of the Pacific highway.

Better an ounce of did than a pound of going to do.

THE CHARM OF MOTHERHOOD

Enhanced By Perfect Physical Health.

The experience of Motherhood is a trying one to most women and marks distinctly an epoch in their lives. Not one woman in a hundred is prepared or understands how to properly care for herself. Of course nearly every woman nowadays has medical treatment at such times, but many approach the experience with an organism unfitted for the trial of strength, and when it is over her system has received a shock from which it is hard to recover. Following right upon this comes the nervous strain of caring for the child, and a distinct change in the mother results.

There is nothing more charming than a happy and healthy mother of children, and indeed child-birth under the right conditions need be no hazard to health or beauty. The unreasonable thing is that, with all the evidence of shattered nerves and broken health resulting from an unprepared condition, and with ample time in which to prepare, women will persist in going blindly to the trial.

Every woman at this time should rely upon Lydia E. Pinkham's Vegetable Compound, a most valuable tonic and invigorator of the female organism.



In many homes once childless there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a

WEST SALEM.

Geo. Toban, who lost a valuable horse recently, has purchased a fine large span of mules.

Mrs. Clay Heise and children of Pratum are visiting in the neighborhood.

Marion Moore is building an addition to his home.

Mr. and Mrs. James Shields visited at the H. B. Hoffman home near Bethel recently.

Mrs. Code is entertaining as house guest her friend Mrs. Jennie Hunt of Portland.

Miss Orpha Bell and Florence Cory have been elected teachers for the primary and intermediate departments of our school for the ensuing year.

Troy Wood and Raymond Rex have returned from a two weeks' outing at Netarts bay.

Miss Ida Johnson of Coquiam, Washington, is the house guest of her aunt Mrs. Ed Minnick of Kingwood Park.

Misses Ella and Mabel Ruge are among Newport visitors this week.

Miss Etta White of Salem chaperoned a merry crowd of West Salem young people up on Kingwood hill and down by the river where a picnic dinner was enjoyed. There were about twenty-five in the party. Games, swimming, and boat riding were enjoyed.

Miss Clara Rex left on Friday morning's boat for Jennings Lodge near Oregon City to attend a camp meeting of the German Evangelical church.

Everett Walker who returned from the coast recently has gone to the mountains to continue his vacation.

Mrs. Joe Eaton and Mrs. Frank Lawbaugh were Dallas visitors recently.

The Frank Lawbaugh family are moving from West Salem to Washington street in South Salem.

The fruit drier is being prepared to handle large quantities of fall fruits, no drying being done now as the berry season is over.

Mr. J. H. Wilson a veteran of the Civil War and much respected citizen of West Salem, died at his home Thursday night at ten minutes after nine o'clock, of heart failure.

HOW'S THIS.

We offer One Hundred Dollars Reward for any case of Catarrh that cannot be cured by Hall's Catarrh Cure.

F. J. CHENEY & CO., Toledo, O.

We, the undersigned, have known F. J. Cheney for the last 15 years, and believe him perfectly honorable in all business transactions and financially able to carry out any obligations made by him.

NATIONAL BANK OF COMMERCE,
Toledo, Ohio.

Hall's Catarrh Cure is taken internally, acting directly upon the blood and mucous surfaces of the system. Testimonials sent free. Price 75 cents per bottle. Sold by all druggists.

Take Hall's Family Pills for constipation.

FINED \$150 EACH.

Oregon City, Ore., Aug. 1.—As a result of their conviction recently on charges of selling liquor to minor girls, well proprietors of the Friars club at Milwaukee, J. Wilbur and B. Barish were fined \$150 each and W. Wilbur fined \$50. Costs in the court were also assessed against them.

BETTER THAN SPANKING

Spanking does not cure children of bed-wetting. There is a constitutional cause for this trouble. Mrs. M. Summers, Box W. Notre Dame, Ind., will send free to any mother her successful home treatment, with full instructions. Send no money, but write her today if your children trouble you in this way. Don't blame the child—the chances are it can't help it. This treatment also cures adults and aged people troubled with urine difficulties by day or night.

KISSES VALUED AT A THOUSAND DOLLARS EACH

Los Angeles, Cal., Aug. 1.—Eighteen years of age and unusually pretty, Mrs. Catherine Mol, who came recently from Holland, values her kisses at \$1,050 each. She and her husband are plaintiffs today in a suit for \$2,100 damages against Charles F. Schaefer, sixty, a merchant by whom Mrs. Mol was employed. They allege that Schaefer unaccountably placed two unmistakable kisses upon the young nation's cheek, whereupon she fled from his store.

IT PAYS

and pays well, to keep the appetite keen, the digestion normal, the liver and bowels active and the blood pure. For this particular work just try

HOSTETTER'S STOMACH BITTERS

ST. HELENS POPULATION FIGHTING FIRST FIRES

St. Helens, Ore., Aug. 1.—Buildings in the outskirts of West St. Helens were threatened today by a forest fire that started near Yankton a week ago, and has been steadily spreading.

A large number of citizens are combating the flames with hopes of extinguishing them, but people living in the path of the fire have their household goods packed ready to move at a moment's notice.

When a man gets fresh he's spoiling for a fight.

CLIP THIS COUPON

COUPON

NATIONAL EMBROIDERY PATTERNS

THE
Capital Journal

To indicate you are a regular reader you must present Four Coupons like this one.

The National Embroidery Outfit is guaranteed to be the greatest collection and biggest bargain in patterns ever offered. The 200 patterns have a retail value of 10 cents each. Bring FOUR Coupons and 68 cents to this office and you will be presented with One Complete Outfit including Book of Instructions and one All Wood Leaded Hoop and 10 skeins of silk. The 68 cents is to cover duty, express, handling and the numerous overhead expenses of getting the package from the factory to you.

N. B.—Out of town readers add 5 cents for postage and expense of mailing.

Mill Work

We have the best equipped shop in the city for getting out interior finish and cabinet work. We handle hardwoods

Spaulding Logging Co.
Front and Ferry Phone 1830

House of Half a Million Bargains
We carry the largest stock of Sacks and Fruit Jars.

H. Steinbock Junk Co.
233 State Street, Salem, Oregon. Phone Main 234

CALIFORNIA RANCHERS TO WAR ON NIGHT RIDERS

Los Angeles, Cal., Aug. 1.—Driven to desperation by an organized band of night riders, ranchers of the Gardena section, close to Los Angeles, are arming themselves today to protect their property.

During the last week six ranches have been raided, the robbers carrying away hundreds of sacks of barley and much live stock.

Last night H. J. Harris, a rancher, exchanged several shots with the raiders, driving them from his property. There were five in the party, he said, all armed.

"THE OLD RELIABLE"

PLANTEN'S OR BLACK CAPSULES

REMEDY FOR MEN

AT DRUGGISTS OR TRIAL BOX BY MAIL \$5.00 FROM PLANTEN 95 HENRY ST. BROOKLYN, N.Y. BEWARE OF IMITATIONS.

A Valuable Camp Man.

Mrs. Wm. Cherrington, Tom Cherrington, N. W. Clark and D. F. Wagner have just returned from a fishing trip to Reynolds Camp, some 6 to 50 miles from Black Rock, report fishing fair, plenty to eat and to spare. The Munchausen stories of Mr. Clark amused the camp and almost seemed incredible.

Mr. Clark is one of the most obliging men I ever met. He generously volunteered to pack the outfits of all over the steep mountains, almost perpendicular. Parties going on trips would be fortunate to secure his services as whether owing to the tariff or not his charges are astonishingly reasonable.

D. F. WAGNER.

GETS A LIFE SENTENCE

New Haven, Conn., Aug. 1.—Mrs. Bessie Wakefield, who, at the end of her second trial for the murder of her husband, was found guilty Thursday night of second degree murder, was sentenced yesterday to life imprisonment in Wethersfield penitentiary.

One way to make folks believe you are prosperous these days is to dress like a hayseed.