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have written a wonderful new book of recipes and cooking hints called "HOME HELPS." The chapters on "How to Measure," "Tables of Comparative Measures," "Time Table for Cooking," etc., are alone well worth having. We will send it to you FREE.



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The recipes are practical for every-day use, and illustrate the use of and value of Cottolene.

Cottolene goes much further than any other cooking fat or shortening. Saves money because it is economical; always insures digestible food.



Drop a postal today for your copy of "HOME HELPS," and order Cottolene from your Grocer.

THE N.K. FAIRBANK COMPANY CHICAGO

Courtship Lies Wreck Many a Marriage

BY DOROTHY DIX

The supreme court has decided that any kind of misrepresentation goes into courtship, and that if a young man tells a young woman, as an inducement for marrying, that he has plenty of money in the bank, a lucrative job and a good home furnished to take her to that said young woman has no recourse in law if she finds out that none of these things are true, but that they are merely the pipe dreams of some modern Claude Lorraine.

In handing down the opinion the justice said: "It is a well recognized principle that in the state of mental exaltation accompanying courtship, statements made as to the mental, moral or financial conditions of the parties shall not be too closely scrutinized, nor shall they be held to a strict accountability therefor."

This is not only the law but it is the commonly accepted view of the matter. Men and women who are otherwise honest and who would scorn to gamble with loaded dice or marked cards do not hesitate to play the love game crooked.

Men who would not inveigle another man into business under false pretenses

Recovered from Lung Trouble—Now Insured

Insurance companies will not accept any one affected with Lung Trouble. When you know a man who has been afflicted and who later has been insured, such action means that the policyholder must be in a very good state of health. Cases have been reported when Lung Sufferers, after taking Eckman's Alternative, a remedy for Throat and Lung Troubles, have successfully passed the medical test of insurance companies. Read this case: I was 27 years old, Brooklyn, N. Y. "Gentlemen: About a year and a half ago I noticed that my health was rapidly falling. I was troubled with night sweats, a severe cough and was very weak; having, in fact, absolutely no ambition whatever. About this time I consulted a physician, who told me my lungs were affected. Not satisfied I went to another doctor, who, after examining me, said that I was in the first stages of Lung Trouble. At this point I started to take Eckman's Alternative. The night sweats stopped almost immediately, my cough became looser and gradually disappeared. My weight is now 122 pounds and my physician has pronounced me perfectly sound—which, together with the fact that I have just been accepted by two different insurance companies for insurance, makes me sure of my entire recovery. W. E. GEE. (Above abbreviated; more on request.) Eckman's Alternative has been proven by many years' test to be most efficacious for severe Throat and Lung Affections, Croup, Bronchitis, Asthma, Strabismus, Croup and in upbuilding the system. Contains no narcotics, poisons or habit-forming drugs. Ask for booklet telling of recoveries, and write to Eckman Laboratory, Philadelphia, Pa., for evidence. For sale by all leading druggists. J. C. Perry, Druggist.

do not scruple to entice a woman into matrimony by means of glittering falsehoods and misrepresentations.

Women whose consciences would not allow them to deduce a year from the age of a horse they were trying to sell take off ten or a dozen years from their ages when they are trying to catch a husband and hear over a whisper from the still small voice.

Such Conduct but Deception What else is it but deliberate deception in a woman to let the man she is expected to marry only see her when she is painted and powdered and waved and curled and dolled up in her very best and most becoming clothes?

What else is it but fraud that makes a girl in the days of courtship act so meek and mild that she makes patient Griselda look like a tergiversant? What else does she run than a confidence game when she agrees with everything her best beau says and breaks her neck trying to please him in every way and gives him to understand that she considers him a very fount of wisdom?

What else is it but deception of the deepest dye for a man when he is courting a girl to tell her that he asks nothing in life but the bliss of murmuring words of adoring love in her little shell-like ear and holding her little white hand in his, when he knows that he'll drop the little white hand the minute the marriage ceremony is said over them as if it was a hot brick, and the most that the shell-like ears will ever hear again will be his criticism of her cooking!

What is it but rank fraud for a man when he is courting a girl to shower presents and theatre tickets on her and lead her to believe that her matrimonial pathway will be strewn with chrysanthemums and violets, when he knows that after marriage he will row with her over a quarter for carfare?

What is it but a goldbrick transaction that should land a man in the penitentiary for him to induce a girl to marry him for the sake of having his society, and then for him to go off and leave her after they are married to spend her evenings alone.

Everybody's doing it, of course, and also very nearly everybody is getting a divorce, or wishing that one could be got. If nine-tenths of the people in the world would tell the matrimonial truth, they would say that they were the victims of confidence artists; and that they never, never would have married

the ones they did if they had the faintest idea of what they were getting.

Talk about state regulation of marriage! What we need is state regulation of courtship and some law that would make it a felony for any man or woman not to give the party of the other part a square deal, and not to let him or her at least know the kind of a matrimonial bargain he or she was making.

Would Discourage Divorce.

Of course it would be a discourager of marriage, but it would also be a discourager of divorce. Fewer people might get married if they knew what they were going up against in reality, but more people would stay married.

Let John Jones, who courts Sally Smith, refrain from dealing in glittering generalities and telling her that he will stand between her and the cruel world, and no harsh wind shall ever blow upon her, and that his one thought will be to keep her in a satin-lined box. Instead let him say to her: "Sally, I am poor. I only make \$35 a week, and if you marry me you will have to work and economize and wear your before last's clothes. In addition I've got a devil of a temper and you'll need to have a strangle hold on your patience and forbearance if you live with me, but I love you, and I'm industrious and a hustler, and I'll do my best to make you a good husband and a better and better living as the time goes on."

It would be up to Sally then to take him or leave him, and she'd know what she was letting herself in for if she married him, and there'd be no justification in her whining thereafter over the lot of a poor man's wife.

Give John a Glimpse.

And let Sally, when John comes a-courting, give him a real glimpse of the real girl, as she's going to look when she settles down to a domesticity this is minus the aids of the toilette table. Let her exhibit herself to John in her working dress, with her sleeves rolled up and her hair sleeked back and with no powder on her nose or rouge on her cheeks, and if she looks good to him then, he is safe in making the bargain.

Likewise let her give him a sample of her temper and her tongue and her bossiness in time for him to withdraw if he doesn't think that they would suit him for daily consumption.

It's the lies of courtship that lie at the bottom of most domestic infelicity, and if men and women would be honest with each other before marriage, there would be very little trouble after marriage.

JOURNAL WANTS ADS. bring results.

DISCRIMINATION IS CHARGE PREFERRED

State Highway Commissioner of New York Is Accused by Warren Quinlan Company.

FAVORED BARBER ASPHALT COMPANY IN HANDLING IT

Held Secret Meetings and Wasted Thousands of Dollars in Employment of an Engineer.

[UNITED PRESS LEASED WIRE.]

Albany, N. Y., Nov. 23.—Charges filed against State Highway Commissioner John Carlisle by the Warren Quinlan Asphalt company and his answer were made public last night by Governor Glynn.

Carlisle's accuser averred that he discriminated against them in laying down specifications for asphalt in order to favor the Barber Asphalt company, held secret meetings with the company agents, wasted thousands of dollars in employing an incompetent engineer and threw the highway department in a chaotic state.

The commissioner made a general denial of the accusations. They were inspired, he said, by disgraced manufacturers who failed in an effort to foist on his department "just as good" asphalt as that designated in the specifications. John Hennessy's name appeared unexpectedly in the formal charge. To him was attributed the sending of a telegram to highway contractors July 5, notifying them that they must use Barber asphalt.

The telegram is alleged to have brought a meeting between Governor Sulzer and George McGuire, agent for the Barber company, and others. The message is said to have been signed "Roy K. Fuller," by Hennessy.

Fuller is secretary to the highway department and had previously denied having sent the message. Both Hennessy and Sulzer, continued the charges, received money from McGuire. Hennessy said last night the accusation ought to be investigated by the grand jury.

Denies He Was There.

New York, Nov. 23.—Replying last night to allegations concerning him contained in the charges against Highway Commissioner Carlisle, John Hennessy denied that he was in Albany July 5, the day he is said to have sent telegrams to contractors. He said also that he had not conferred with James McGuire since Carlisle has been commissioner.

DRAMATIC NEWS

"WITHIN THE LAW."

One of the gripping scenes in "Within the Law" Bayard Veiller's epoch-making new play of present day life, in the stellar role of which Margaret Illington will be seen here at the Grand Opera House on Monday, December 1, provides the spectacle of a professional criminal confessing the guilt for a murder voluntarily and going to his execution because of his devotion to a woman who befriended him in an hour of peril. This play has for its central character an appealing young woman convicted of a crime of which she is innocent, who, upon her release from prison, is forced into warfare with the authorities, matching her wit and her courage against police brutality and adroitly avoiding the clutches of the law, although she preys upon society at will. She also avenges herself upon the man who had her sent to prison when she was innocent, almost breaking his heart through his son and heir, whom she lures into marriage.

Miss Illington is surrounded by a carefully selected and uniformly excellent supporting cast which includes such

Saturday Specials SHIPLEY'S Saturday Specials

Ruff Neck Sweaters Children's Coats Suits

Women's and misses' puff neck sweaters, in cardinal and grey. Special \$3.98 Children's heavy winter coats, in plain styles, ages 6 to 14. Special \$2.98 Women's and misses' suits in square cut styles, good quality material, well made. Special \$5.00

Hand Bags Children's Hose Underwear

Women's and misses' all leather hand bags, fitted with neat coin purses. Special \$1.48 Children's best black cotton ribbed hose. Just the weight for cold weather. Special 3 pairs 25c Women's and misses' vests and tights in heavy and medium weight cotton. Special 39c ea

Ladies' Suits one-half price Coats all reduced Lace Curtains one-half price Dresses all reduced

U. G. SHIPLEY COMPANY Liberty St. between State and Court

favorite and talented players as Howard Gould, Robert Elliott, Frank E. Camp, Neil Moran, Joseph Slayter, Julius Ferrar, Hilda Keenan, Sonia Jasper, Rose Wynocotte, and others.

"THE HIGH ROAD"

Mary Page, an untutored and uneducated child of the country, born to a life of drudgery and paternal cruelty, but with a keen imagination and a longing for the beautiful things and a broader vista than that of her sordid surroundings, had listened to the love song of Alan Wilson, a wealthy young artist who had made her home his stopping place, during a summer sketching tour.

With him she travelled, ever in an atmosphere of wonder and romance, to the art centers of the world, whence he collected priceless treasures to adorn their home on Riverside Drive, New York. During the three years that had elapsed since she left the farm, a realization had come to Mary that she had missed life's great meaning, and stronger grew the conviction that

she must cast aside all she had known of luxury, and go forth, humbly to work out her own regeneration.

How she does so, through periods of storm and stress, and how great is her eventual crown of victory, Edward Sheldon has told in his play, "The High Road" now in its second season and in which Mrs. Plake, premiere artiste of

our stage, is to be seen at the Grand Opera House on Saturday, Nov. 29.

HERSTEIN RESIGNS.

[UNITED PRESS LEASED WIRE.] Washington, Nov. 23.—The resignation of Bernard Herstein as assistant appraiser of the port of New York became effective today. He will soon assume his position as collector of customs for the Philippines.

Extra! Extra!

For the first time in the history of Salem the people of Marion and Polk counties can secure all kinds of sacks at right prices in this city, instead of spending their time and money in going to Portland. We are paying one cent a pound for all kinds of rags. We also are paying \$13 per ton for all kinds of cast iron. Highest prices paid for all kinds of old clothes, household goods and furniture. We buy and sell everything from a needle to a piece of gold. All kinds of tools and machinery and pipe bought and sold. The house of a half a million bargains.

H. STEINBOCK JUNK CO. 233 State Street. Salem, Oregon. Phone Main 224

MEAT CAUSE OF KIDNEY TROUBLE

Take a Glass of Salts to Flush Out Your Kidneys and Neutralize Irritating Acids.

Kidney and bladder weakness result from uric acid, says a noted authority. The kidneys filter this acid from the blood and pass it on to the bladder, where it often remains to irritate and inflame, causing a burning, scalding sensation, or setting up an irritation at the neck of the bladder, obliging you to seek relief two or three times during the night. The sufferer is in constant dread, the water passes sometimes with a scalding sensation and is very profuse; again, there is difficulty in voiding it.

Bladder weakness, most folks call it, because they can't control urination. While it is extremely annoying and sometimes very painful, this is really one of the most simple ailments to overcome. Get four ounces of Jad Salts from your pharmacist and take a tablespoonful in a glass of water before breakfast, continue this for two or three days. This will neutralize the acids in the urine so it no longer is a source of irritation to the bladder and urinary organs which then act normally again.

Jad Salts is inexpensive, harmless, and is made from the acid of grapes and lemon juice, combined with lithia, and is used by thousands of folks who are subject to urinary disorders caused by uric acid irritation. Jad Salts is splendid for kidneys and causes no bad effects whatever.

Here you have a pleasant, effervescent lithia-water drink, which quickly relieves bladder trouble.



IMPORTANT

The Portland Mausoleum Company have under construction in City View Cemetery, Salem, one of the most beautiful and substantial Community Mausoleums, of medium size, erected in the United States.

An opportunity is afforded a limited number of families to purchase compartments in this permanent burial monument.

The cost is less than the "old way," and provision is made for perpetual care through the endowment fund.

WHY NOT PROVIDE "THE BETTER WAY?"

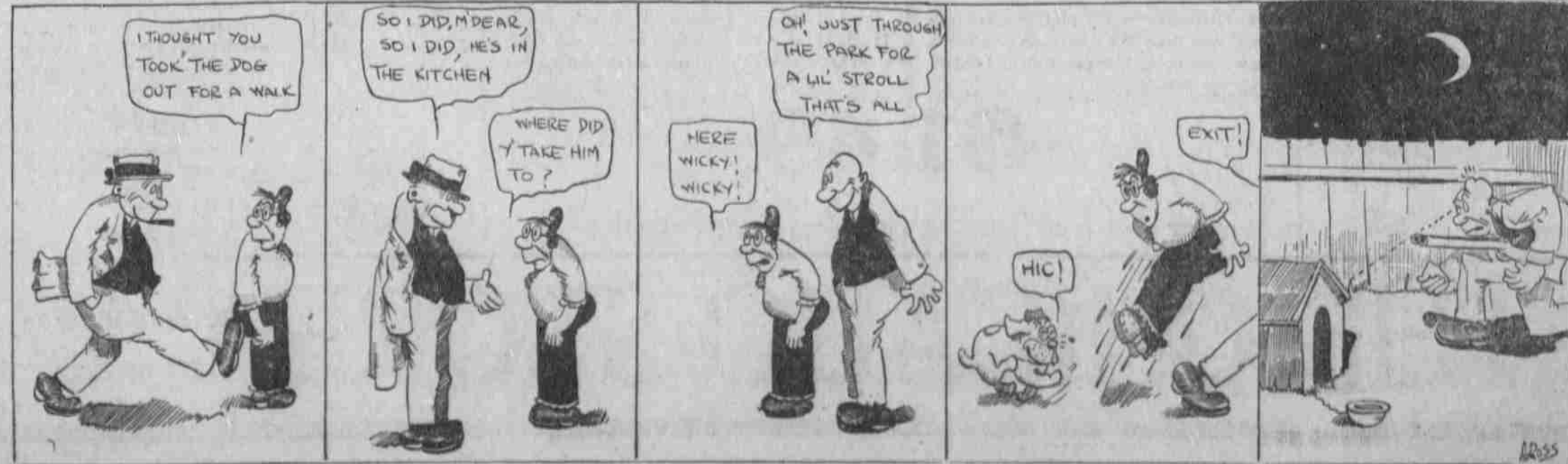
Price of regular compartments will be advanced 10 per cent on December 1, 1913.

Salem representative room 301 Hubbard building. Phone 239.

MR. HENRY PECK AND HIS FAMILY AFFAIRS

By Gross

HENRY JR. SAYS



AN NOW WICKY'S GONNA GET SOMETHIN' ELSE WITH A KICK IN IT HENRY PECK JR.