

Children Cry for Fletcher's

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of and has been made under his personal supervision since its infancy. Allow no one to deceive you in this. All Counterfeits, Imitations and "Just-as-good" are but experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. For more than thirty years it has been in constant use for the relief of Constipation, Flatulency, Wind Colic, all Teething Troubles and Diarrhoea. It regulates the Stomach and Bowels, assimilates the Food, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

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Bears the Signature of

The Kind You Have Always Bought

in Use For Over 30 Years

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We have a big stock of pulleys, boxing, saws and all kinds of tools and machinery. Also chicken netting and hog wire. Bargain prices. Everything from a needle to a piece of gold. The house of a half of million bargains.

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It is economical to let us wash and properly iron them. We have the facilities and help. Every piece of your laundry gets our PERSONAL attention. If you will think seriously over this one fact—you cannot help but come to the conclusion that you should let us take care of your laundry. We are always at your disposal. Send your GOOD clothes to this GOOD laundry.

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SPELLING BEES NOW THE RACE

Great Dictionary Distribution Has Good Results—More Books Will Come.

"Trans-mag-ni-fi-can-dam-u-al-i-ty—If all the words I ever heard that one is a puzzle to me I know you can spell e-a-t. And other simple little words like that; but spell—

Trans-mag-ni-fi-can-ban-dam-u-al-i-ty." Probably that word isn't in the New Websterian 1912 Dictionary Illustrated or any other dictionary, but the song shows that spelling is a popular pastime for all.

The wonderful dictionary distribution which is being conducted through The Capital Journal has resulted in reviving the jolly and instructive old "spelling bee." The compact, neatly bound, large-typed and get comprehensive lexicon now obtainable at a nominal cost by everybody is just the ideal book on which to base a spelling bee.

The dictionaries not only continue in popular favor but the demand for them at The Capital Journal office is steadily increasing.

The dictionary idea has made a tremendous hit. To be able to obtain a limp leather bound dictionary complete in word definition and including many valuable, up-to-date charts of statistics, with supplementary articles on grammar and diction is truly an opportunity never before offered the public.

Save six consecutive coupons. Bring them to this office and by paying the small expense bonus a copy of this useful and instructive volume will become yours.

***** THE ROUND-UP *****

F. S. Powell celebrated his 83d birthday, and the 62d anniversary of his wedding, at Monmouth Thursday. He crossed the plains on ox team Pullman in 1851.

While Earnest Bloom, a Hood River photographer, was taking a nap on a ranch he was visiting a squirrel nibbled off a large part of his hair, which was black and heavy, and which bunny probably took for a lunch of moss.

The Oregon Electric began service on the Corvallis branch Tuesday.

Arrested, convicted and sentenced for stealing a bicycle and the whole done between 3 and 6 o'clock Saturday afternoon, is the record in an Albany case.

While attempting to cross the Siuslaw river at Glendora Monday, E. H. David, aged 82 years of age, and almost blind, was thrown from the boat and drowned.

Linn county farmers will meet in Albany Saturday for the purpose of forming a union.

Echo expects to have electric lights by May 1, and her streets are to be graded and macadamized.

Glendora is to have electric lights soon, having let a contract to the Florence Electric Company to furnish the juice.

Thomas Murray, a ranch hand, is in the county jail at Burns, charged with robbing the postoffice at Alberson, a small town near Juniper Lake.

Bill Hanley will give the O. A. C. students three big feeds, having ordered three of his fine steers dressed, forwarded from Portland on three separate occasions.

G. F. Peterson, of the Astoria White Clover Dairy, backed his team off the wharf there Thursday afternoon. He

Thousands of Women

Have Been Restored to Health By Lydia E. Pinkham's Vegetable Compound.

There is no doubt about this fact. Why! during the last 30 years we have published in the newspapers of this country volumes of letters from women who have been relieved of all their suffering by the timely aid of this grand old medicine. Letters like the following, true, genuine and honest expressions of gratitude coming from grateful hearts. Surely you can believe these women.

Mrs. L. S. BRENNER, Hudson, Mich., says:—"Sometime ago I was taken with a terrible pain in my right side, such sharp pains just like a knife sticking me. I tried hot applications but that did no good. I went to our family doctor (we were living in Fayette, Ohio, at that time) and he said it was organic inflammation. I doctored with him a while but kept getting worse. The pain was so terrible I could hardly stand on my feet. I would have that sharp pain in my right side, and a dull heavy pain the whole length of my limb. I realized that something had to be done quickly, so I looked up all of your advertisements. I got a bottle of Lydia E. Pinkham's Vegetable Compound and it helped me from the first dose, and when I had taken two bottles my trouble was gone. Your medicine has done so much for me that I am willing you should publish this letter for the sake of other suffering women."—Mrs. L. S. BRENNER, Hudson, Michigan.

Mrs. L. E. BOWERS, Girard, Pa., says:—"I take pleasure in informing you of what Lydia E. Pinkham's Vegetable Compound has done for me. I had a sick spell last February, and for some months after that I was not regular and had many bad feelings. I was tired all the time, had dull headaches, not much appetite, and also what the doctor called organic inflammation. Your Vegetable Compound has entirely cured me and I feel that too much cannot be said in its praise as I am now able to do my own work. You are perfectly welcome to use my testimonial for the benefit of others."—Mrs. L. E. BOWERS, R.F.D. No. 1, Girard, Pa.

Mrs. ELIZABETH GENTILCORE, Buffalo, N.Y., says:—"I feel that I must write to you about your wonderful remedies. About ten years ago I was troubled with female weakness and was all run down. I was tired all the time and could hardly walk without feeling dizzy. I heard about Lydia E. Pinkham's Vegetable Compound, took it, and also used the Sassafras Wash. I got stronger, and have not had those dizzy spells since. I feel that I owe my health to you, and hope your remedies will help others as they have me. I tried most everything I heard of, and yours are the best medicines for women's ailments."—Mrs. ELIZABETH GENTILCORE, 26 Glor Street, Buffalo, New York.

For 30 years Lydia E. Pinkham's Vegetable Compound has been the standard remedy for female ills. No one sick with woman's ailments does justice to herself if she does not try this famous medicine made from roots and herbs, it has restored so many suffering women to health. Write to LYDIA E. PINKHAM MEDICINE CO. (CONFIDENTIAL) LYNN, MASS., for advice. Your letter will be opened, read and answered by a woman and held in strict confidence.



and one horse were rescued, but one horse was drowned.

Buena Vista farmers are turning their attention to hog raising.

Baths Without Ceasing. In the "Health and Horsepower" department of the April American Magazine Dr. Woods Hutchinson gives a lot of good advice on a number of subjects having to do with care of the health. Following is a part of what he has to say about bathing:

"Our human skin is the most beautifully self-cleaning fabric in the world. The masterpiece of nature's process of self-cleaning is a delicate oily substance which bubbles up with the perspiration and is deposited in a thin layer over the surface of the skin. This serves to keep the skin supple and protect it from cracking or drying. Unfortunately it serves to some degree as a sort of fly-paper to catch dirt and dust, and in order to get rid of this greasy mixture we are apt to use strong soaps or other alkalies, which work by their power of dissolving fat. Thus, while we get rid of the dirt, we rob the skin of its natural protective cream, far superior to any variety of artificial massage cream or skin food ever invented, no matter how artistically advertised. The same denuding effects may be produced by the use of too hot water, too vigorous scrubbing with mits, brushes or other skin torturers, or by bathing in hard or muddy water.

"The daily bath should be taken cool enough to avoid dissolving too much of this natural skin cream, as well as to give a pleasant brace and sense of exhilaration. Soap should be used sparingly upon the general surface of the body for the same reason. Indeed its application should be largely limited to the hands, face, feet, armpits, etc. If the water is very hard, the addition to the bath of a wineglassful of common vinegar will greatly relieve its irritating effect upon the skin, and for those of sensitive skins without much fat layer under them, in cold, raw, windy weather, and particularly in the first snap of severe weather in winter, it is well to omit the morning bath on alternate days until the skin has adjusted itself to the new weather surroundings."

COOLIDGE QUITS PLACE. Hill Electric Road's General Manager Has No Future Plans.

C. A. Coolidge general manager of the Oregon Electric United Railways and Spokane & Inland Empire Railroad, has tendered his resignation to J. H. Young, president of the affiliated Hill lines, and is expected to leave his position as soon after April 1 as Mr. Young will be able to relieve him. It is not probable that his position will be filled.

A. J. Davidson, superintendent of the Oregon Electric, and Carl R. Gray, Jr., trainmaster, are expected to divide the duties.

Mr. Coolidge has been connected with the local railroads for more than five

Pianos and Organs Edison, Victor and Columbia Talking Machines
A full stock of Records.
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Sewing Machines Latest Sheet Music
Piano and Organ Studies. Violins, Guitars, Mandolins and Banjos.
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LOW ONE WAY OR ROUND TRIP FARES:
Round trip tickets to Los Angeles on sale daily with long return limit and stop-overs at will. If you wish to go still further south or east, tickets via all rail, or rail and steamer through New Orleans can be secured at reasonable rates.

Further particulars on application to any Agent. Ask for descriptive literature on California, or "Wayside Notes," describing trip San Francisco to New Orleans.

JOHN M. SCOTT, GENERAL PASSENGER AGENT, PORTLAND, OR.

Low Colonist Fares Daily March 15th to April 15th, to All Points on Oregon Electric Railway from

Chicago	\$38.00	Minneapolis	\$30.00
Peoria	\$37.00	Duluth	\$30.00
St. Louis	\$37.00	Kansas City	\$30.00
Milwaukee	\$36.70	Omaha	\$30.00
Little Rock	\$42.50	St. Joseph	\$30.00
Memphis	\$42.50	Lincoln	\$30.00
New Orleans	\$48.00		

From other eastern points in proportion.

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You can deposit funds with me and tickets will be furnished people in the East. Details will be furnished on request.

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