

THE CAPITAL JOURNAL

Z. HOFER, Editor and Proprietor. R. M. HOFER, Manager

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FULL LEASED WIRE TELEGRAPH REPORT



ATHLETICS FOR ALL.

The tendency in school athletics is to have physical training for the whole body of the school.

Stanford University was a leader in this reform, and abolished the football game as it was played.

Rugby football was substituted with more open playing, and a larger number of students enlisted.

Instead of intercollegiate contests there are contests between the four different classes at football.

The hired coach in all departments of athletics is done away with, and leaders in each class train.

This year between two and three hundred students are playing football, and this work is to be extended.

The idea is that school athletics must be for all the students, and not for training semi-professionals.

So in public school athletics there must be work in which all the students can engage, not just a few.

This means physical instructors, playing of simpler games open to a larger number in the open air and indoors.

It means the gymnasium and the athletic field arranged for contests between classes and for both sexes.

The idea would be no athletics that every boy or girl cannot participate in, physical exercise for all.

The old system is to have a crack team, and all the rest of the student body to pay money for it, and do nothing but parade and yell.

The weaker children get no athletics, and those who naturally turn to sports get too much.

This is not said in criticism of present methods, but to direct attention to better things.

It is now the time to plant bulbs for next spring. Brighten the borders of your lawn, and the dark corners around the house with a few flaming tulips, or any kind of early spring blooming bulbs.

That will add to the value of your property, the beauty of the city and to your enjoyment of life. It will do your eyes good, and you will enjoy better health.

The reason our eyesight fails is because it is not used to see the beauty of the skies, the hills, the forests and the flowers God has provided for us.

SALEM SCHOOL DISTRICT COMMISSION.

Salem school district has a commission form of government and five men conduct the whole affairs of the district.

They disburse about as much money as the city, hire as many employees, and do a great deal of building.

Many good things could be said about the work of the school district, but in one way it is different from a city commission form of government.

The laws governing the management of the school district are made by the legislature, and not by the school board.

But the business administration of the school district is in fact a commission form of government.

By its weakest points it will be judged, and right here is where attention must be called to certain conditions.

At the end of the present school year there will be a deficit in the annual budget of about twenty thousand dollars.

The next annual report will require an additional levy of about two mills taxes.

The growth of the district and the need of expansion will be cited to overcome this objection but the fact remains.

The Weekly Capital Journal and Home Seekers Guide to Western Oregon is now offered with the Weekly Oregonian and the Pacific Northwest, an excellent farm paper for three years at the club rates of one dollar for the three papers.

Honestly, can you invest a dollar to better advantage to advertise the city and state? A laborer on the Oregon Electric came in yesterday and sent this paper to three families in Pennsylvania, in the hope that they will become Oregonians.

MONEY WASTED ON ADVERTISING.

Undoubtedly there is no money squandered in many ways on advertising in newspapers and other ways.

But newspaper advertisements are read, and if not read it is the fault of the writer of the advertisement.

People usually stare at billboards, and at many other forms of advertising, and wonder if it pays.

Their critical judgment as intending purchasers is never directed to the merits of the advertisement itself.

Great, glaring, colored posters attract attention and arouse curiosity, but never awaken the interest of the intending buyer, as to the merits of the article or the question of its values.

The newspaper advertisement is specific, and is part of the news of the day, and gives correct information as to prices and quality and values.

The family circle reads and comments on the advertisements in the newspapers which come home to them.

In nine cases out of ten advertisements placed outside of the newspaper are never heard from.

The Salem Business Men's League does well in refusing to encourage every form of fake advertising.

PUTS BULLET IN MAYOR OF SHANIKO

Shaniko, Or., Oct. 25.—J. C. Fowle, prominent banker and mayor of Shaniko, was shot and seriously injured here at 8:45 o'clock last night by Del Howell, of Portland. The shooting occurred in front of C. P. Wilson's drug store, where Fowle was conversing with friends. Howell walked up, very much under the influence of liquor. Mr. Fowle spoke to him, saying he had better go to bed. Howell did not reply but pulled a revolver from his pocket and shot twice. One bullet took effect, entering the mayor's abdomen.

Some people go about the world being good to themselves and then want the rest of us to loudly admire their warm heartedness.

S. P. BRINGING TRAINLOAD OF STRIKEBREAKERS

(UNITED PRESS LEASED WIRE.)

Sacramento, Calif., Oct. 25.—Southern Pacific officials here have made arrangements to place a full working force in the boiler and machine shops next Monday. From Chicago, Kansas City and Omaha, they say, boiler-makers and machinists will be brought here to fill strikers' places.

The first trainload of strikebreakers is expected Monday and will be housed in outfit cars brought to the local yards from various sections and shunted to side tracks near the river front.

Company officials refuse to discuss the matter. One of large car shops has been fitted up as a dining room, tables and seats to accommodate 500 men at a meal having been placed. At present about 100 strikebreakers are being housed and fed on the company's property, and a guard of 150 watchmen is being retained.

Considerable trouble is being experienced in bringing trains on time over "the Hill" between Sacramento and Truckee. The heavy locomotives are beginning to break down owing to lack of repairers. Only 60 boiler makers are at work, where 150 men are needed to keep the engines in condition.

CARS TO RUN FROM PRISON TO ASYLUM

On November first, there will be a great change in the operation of the Salem street car lines. The State street car will come down to the main transfer point but instead of going back up State will run up on the Asylum avenue line to the asylum. The asylum avenue cars will run down to the foot of State street as they do now but will go back up State street to the penitentiary. The State street and Asylum cars will thus alternate and the advantage will be that no transfers will be needed by passengers from one line to the other. There will be no waiting for the transfer car and the result will be smoother service and a great saving of time and no getting out in the rain to make the transfer. It is believed on the quiet that this idea of an improvement in the service originated in the brain of traffic manager Zion, but he modestly disclaims responsibility for the idea. Just the same, it is a little move for progress which the public will appreciate.

YOUR GRAY HAIRS WILL QUICKLY VANISH

A feeling of sadness accompanies the discovery of the first gray hairs, which, unfortunately, are looked upon as heralds of advancing age. Gray hairs, however, are not always an indication of advancing age, for many people have gray hairs quite early in life. Of course, it is unnatural, and indicates that there is something wrong with the individual, and that Nature needs assistance in correcting the trouble. The same is true of hair that is constantly falling out and becoming thinner every day. If everything is right with Nature, the hair, even in comparatively elderly people, should be long, thick and glossy, without even a streak of gray.

The ideal assistant to Nature in restoring and preserving the hair is Wyeth's Sage and Sulphur Hair Remedy, a clean and wholesome dressing for daily use. It not only removes dandruff, but strengthens weak, thin and falling hair and promotes its growth. A few applications will restore faded or gray hair to its natural color.

Get a bottle today and let it do for you what it has done for thousands of others.

This preparation is offered to the public at 50 cents a bottle, and is recommended and sold by all druggists. Special Agent, J. C. Perry.

Notice of Intention to Construct a Sewer to Be Known as "Lateral Sewer District No. 2"

Notice is hereby given that the common council of the city of Salem, Oregon, deems and considers it necessary and expedient and proposes to construct a sewer to be known as "Lateral Sewer District No. 2," and that there shall be laid 8-inch vitrified or concrete sewer pipe along the street between blocks 2, 3 and 4 and block 1 and certain acreage property in the Pleasant Home Addition to the city of Salem, Oregon; also along the street between blocks 4 and 5, 3 and 6, and 3 and 7; thence in a north-westerly direction to High street; also a connecting line between blocks 2 and 3 of said Pleasant Home Addition; said sewer shall be constructed at the expense of the property directly benefited and according to the maps, plans and specifications adopted for the same and on file at the office of the city recorder, which said plans and specifications are hereby referred to for a more detailed description of said sewer.

This notice is published for ten (10) days by order of the common council of the city of Salem, Oregon, and the date of the first publication thereof is the 25th day of October, 1911. CHAS. E. ELGIN, City Recorder.

When you have a bad cold you want the best medicine obtainable so as to cure it with as little delay as possible. Here is a druggist's opinion: "I have sold Chamberlain's Cough Remedy for 15 years," says Emos Lollar, of Saratoga, Ind., "and consider it the best on the market." For sale by all dealers.

Hood's Sarsaparilla

Cures all humors, catarrh and rheumatism, restores the appetite, cures paleness, nervousness, builds up the whole system. Get it today in usual liquid form or chocolate tablets called Sarasatabs.

RAILROADS.

SOUTHERN PACIFIC.

Southbound. No. 13 San Francisco Exp. 3:31 a.m. No. 19 Ashland Passenger 10:59 a.m. No. 17 Roseburg Passenger 6:21 p.m. No. 11 Shasta Limited 7:48 p.m. No. 27 Eugene Passenger 8:25 p.m. No. 15 California Express 9:56 p.m. No. 226 Way Freight 9:56 a.m. No. 232 Portland Pa. Fri 10:45 p.m. Northbound. No. 14 Oregon Express 6:48 a.m. No. 28 Portland Passenger 8:30 a.m. No. 12 Shasta Limited 12:35 p.m. No. 18 Portland Passenger 2:56 p.m. No. 29 Portland Passenger 7:43 p.m. No. 225 Way Freight 12:33 p.m. No. 221 Portland Fast Fri. 2:48 a.m.

OREGON ELECTRIC RAILWAY CO

Leave Salem. Arrive Portland. Train 6, 6:30 a.m. 8:30 a.m. Train 8, 8:55 a.m. 11:00 a.m. Train 10, 11:15 a.m. 1:15 p.m. Train 12, 2:00 p.m. 4:00 p.m. Train 14, 3:40 p.m. 5:10 p.m. Train 16, 4:00 p.m. 8:30 p.m. Train 18, 6:05 p.m. 8:45 p.m. Train 20, 8:50 p.m. 10:45 p.m. Arrive in Salem. Train 1, 8:30 a.m. Train 3, 9:50 a.m. Train 5, 10:30 a.m. Train 7, 1:00 p.m. Train 9, 4:15 p.m. Train 11, 6:00 p.m. Train 15, 8:35 p.m. Train 17, 11:10 p.m.

Salem, Falls City & Western Ry

Leaves West Salem for: Dallas, Falls City and Black Rock 9:00 a. m. Dallas and Falls City 1:30 and 4:35 p. m. Sunday train for Dallas and Black Rock 9:00 a. m. and 1:35 p. m. Trains arrive at West Salem from Dallas 8:15 a. m. Black Rock and Dallas 12:30 p. m. Falls City and Dallas 4:15 p. m.

SALEM INDEPENDENCE BOATS.

The launches Independence and Louise will leave their wharf at the foot of Trade street for Independence at the following hours daily except Sunday. Leaves Independence 8:30 a. m. Leaves Salem 4:00 p. m. Take Your Common Colds Seriously. Common colds, severe and frequent, lay the foundation of chronic diseased conditions of the nose and throat, and may develop into bronchitis, pneumonia, and consumption. For all coughs and colds in children and in grown persons, take Foley's Honey and Tar Compound promptly. After exposure, and when you feel a cold coming on, take Foley's Honey and Tar Compound. It checks and relieves. Use no substitute. The genuine in a yellow package always.—Red Cross Pharmacy, (H. Jerman.)

Foley's Kidney Remedy vs. a Hopeless Case.

Hon. Ark. J. E. Freeman says: "I had a severe case of kidney trouble and could not work and my case seemed hopeless. I used several well known kidney remedies, and had the services of a doctor, all of which gave me no relief. One large bottle of Foley's Kidney Remedy cured me and I have never been bothered since. I have also recommended it to my friends who all received the same good results."

Motor Car Insurance.

We write insurance on automobiles and all kinds of power driven vehicles at the lowest rates, and insure against damages from fire under any and all circumstances, whether in private or public garage or on the road or in accident. More cars are destroyed by fire than by all other causes put together. Rates the lowest. E. Hofer & Sons, 213 S. Commercial street. 5-22-11

The fellow that takes a licking without blinking is a good one to look out for.

Advertisement for Cement Sewer Pipe, highlighting its hardness and durability.

Advertisement for Salem Sewer Pipe Co., located at Liberty and Trade Streets.

Advertisement for Salem Bank & Trust Co., offering general banking and trust services.

BARN BURNED AND TWO HORSES PERISH IN IT

Tuesday evening about 9:30 the fire department was called to a fire on Fourteenth and Market streets, where a large barn owned by H. R. McWhorten was in a blaze. Although they made a record run, their effort was in vain because of the fact that the hose would not reach the fire from the nearest hydrant. Water, however, was carried from the nearest wells and by the aid of willing neighbors, the seeming impossible task of saving the house was accomplished.

The origin of the fire is a matter of conjecture. The McWhorten family lean to the theory that it was caused by the carelessness of tramps, who had intended to sleep in the barn, some others are of the opinion that it was a case of spontaneous combustion as the barn was filled with 25 tons of new hay.

The fire was pathetic in that the barn was the home of two fine horses and they refused to leave it, although they had broken their ropes and stood looking through the open door, nothing could be done to save them because of the intense heat.

Mr. Whorten estimates his loss at between \$1,000 and \$1,200, only \$150 of which is covered by insurance.

CASCARETS SURELY STRAIGHTEN YOU OUT

No Headache, Biliousness, Upset Stomach, Lazy Liver or Constipated Bowels by morning.

Are you keeping your bowels, liver and stomach clean, pure and fresh with Cascarets, or merely forcing a passage way through these alimentary or drainage organs every few days with Salts, Cathartic pills, Castor Oil or Purgative Waters. Stop having a bowel washday. Let Cascarets thoroughly cleanse and regulate the stomach, remove the undigested sour and fermenting food and foul gases, take the excess bile from the liver and carry out of the system all the decomposed waste matter and poisons in the intestines and bowels.

A Cascaret tonight will make you feel great by morning. They work while you sleep—never gripe, sicken or cause any inconvenience, and cost only 10 cents a box from your druggist. Millions of men and women take a Cascaret now and then and never have Headache, Biliousness, coated tongue, indigestion, Sour Stomach or Constipated Bowels. Cascarets belong in every household. Children just love to take them.

Sick headache is caused by a disordered stomach. Take Chamberlain's Tablets and correct that and the headaches will disappear. For sale by all dealers.

Advertisement for Big C Borated Gelsolin Compound, a remedy for various ailments.

Advertisement for O. C. T. CO'S Steamer Oregon, leaving for Portland Tuesday, Thursday and Saturday at 6 a. m.

Advertisement for O. C. T. CO'S Steamer Oregon, listing agents and contact information.

Advertisement for O. C. T. CO'S Steamer Oregon, detailing departure times and routes.

Advertisement for Great Chinese Doctor L. M. Hum, offering medical services.

Wise Men and Women Know

that most of the sicknesses of life come from inactive bowels and from unhealthy condition of the organs of digestion. If your digestive system is not working right, your food does not nourish you—poor blood and weakness follow; if your bowels are inactive—waste matter poisons the whole system and serious sickness is sure to follow. To take promptly

BEECHAM'S PILLS

is to save yourself trouble and expense. Gentle, but quick; safe, but thorough, they enable the bowels to carry away waste matter naturally and tone up the whole digestive system. They will not injure the most delicate. They help you to get your bowels and your digestive organs in that condition when they can take good care of themselves and of you. Beecham's Pills

Do Good Naturally For females, Beecham's Pills are specially suitable. See instructions with each box. Sold Everywhere in boxes, 10c. and 25c.

New Bungalow \$1,800

Five rooms, modern improvements; only 9 blocks from center of town and just off paved street on good improved street. All assessments paid.

E. HOFER & SONS 213 S. Commercial Street

Advertisement for WEST SALEM TRANSFER, including contact information and a list of services.

Advertisement for CAPITAL GARAGE, listing services and contact information.

Advertisement for Capital Business College, preparing young people for various professions.

Advertisement for E. HOFER & SONS, offering a \$4,000.00 Modern New Bungalow, 7 Rooms.