

LOOKING FOR ROAD EXPERT

At the January session of the Coos county commissioners, an endeavor will be made to secure a county road supervisor to replace the present district system of supervising road work.

Good road experts who are familiar with the conditions that will have to be overcome is difficult to find. The plan of the commissioners is to secure a man who can be given full charge of the work and secure better and more systematic results than are now obtainable.

The commissioners have the work mapped out so that the expense of road supervision under the new plan will be less than under the old.

During the coming year, it is hoped to make extended highway improvements throughout the county, getting the main traveled roads in good shape for all seasons of the year and to have the work done in a permanent manner.

Masons Install Officers.

The newly elected officers of Llun Chapter, A. F. and A. M., are as follows:

E. A. Evans, H. P.; Wayne Starnard, K.; J. H. Glass, Scribe; C. E. Starnard, treas.; E. E. Boyd, sec.; C. E. Starnard, C. of H.; N. P. Crume, P. S.; I. W. Starr, R. A. C.; J. R. Davis, M. of 3rd V.; Peter Hume, M. of 2d V.; John Guion, M. of 1st V.; W. B. Blanchard, S.—Brownsville Times.

A Sprained Ankle.

As a rule a man will feel well satisfied if he can hobble around on crutches in two or three weeks after spraining his ankle, and it is often two or three months before he is fully recovered.

No Occupation Tax.

At Creswell the council appointed a committee to investigate the feasibility of levying an occupation tax, and the committee went out and raised \$200 by popular subscription in lieu thereof, every firm doing business in the town contributing thereto.

A. New Organ \$46



Here is a picture of one of the most perfectly finished organs now manufactured. It is the Pacific Queen, made especially for Elders Piano House.

Great Special Offer To more thoroughly introduce this organ we are making most exceptional concessions in our prices and terms and will deliver a strictly brand new, perfect and fully guaranteed organ, freight paid to any railroad station or boat landing in the state of Oregon for \$46.

Elders Piano House logo and address information for Portland, Oregon, and other locations.

WATCH NIGHT PARTY HAD FUN

A very delightful watch party was observed at the home of E. C. Miller, 1104 Rock street, South Salem. The members of the party met at about 9 o'clock and the evening was spent in telling stories and playing appropriate games.

Promptly at 12 o'clock the New Year was hailed by shouts and greetings from one to another. The merry party broke up at an early hour, wishing another happy success for the year 1910.

RECEIPTS INCREASED THIRTY PER CENT

County Clerk Lenox, of Douglas county has completed his footings of the hunters' and anglers' licenses in Douglas county for the year now closing. This shows that there were 1675 licenses issued to residents of the county and 17 to non-residents.

This year there were also issued by the county clerk just 600 anglers' licenses, only six of which were to non-residents. The receipts from this source were \$634. During 1908 no licenses for angling was required, this law not being in force until the present year.

During the present year the county clerk has recorded 4,286 legal papers of various kinds, as compared with 3,688 for the year 1908, or an increase of 598, or over 16 per cent. This is still more proof of how Douglas county is growing.

INSTALLATION OF OFFICERS

A splendid dinner and an entertainment of the members of the Grand Army of the Republic were among the features of the installation of officers by the Woman's Relief Corps Saturday afternoon. The event was excellently attended and was thoroughly enjoyed.

President, Maria Thompson; S. J. P., Mary Meyhart; J. V. P., Louis Forstner; secretary, Hattie F. Cameron; treasurer, Rose R. Voris; chaplain, Effie S. Wright; conductor, Ada B. Simpson; guard, Angie Knight; assistant conductor, Mary Briggs; assistant guard, Maggie Simpson; patriot inst., Elizabeth T. Adair; C. B. First, Viola Forstner; second, Emma Wright; third, Alice Sutton; fourth, Ida Ross; press correspondent, Lizzie Smith and musician, Alta C. Schneider.

MACE, IDAHO, HAS A \$100,000 FIRE

Spokane, Jan 3.—Ice which is believed to have broken out in the heating plant late yesterday destroyed the sorting plant and ore bins of the Mace mines, at Mace, Ida. The loss is estimated today at between \$75,000 and \$100,000.

Those Pies of Boyhood How delicious were the pies of boyhood. No pies now taste so good, what's changed? The pies. No, its you. You've lost the strong, healthy stomach, the vigorous liver, the active kidneys, the regular bowels of boyhood.

Surveying Electric Road. A crew of surveyors are now working between Jefferson and Albany, and are said to be working for the Oregon Electric. Morris Bros., of Portland, are now selling 6 per cent bonds for the Oregon Electric, to be used for construction work, hence there is little doubt that the extension from Salem to Albany will be made this year.

The last two days of the year 1909, Marshfield redeemed \$43,000 outstanding warrants.

THIS COLD WEATHER MAKES GOOD SKATING

Excellent ice skating was enjoyed by Salem's enthusiasts yesterday morning on the lakes south of the city on the Slough road. The freeze last Saturday night coated the water over with a substantial thickness of ice which was even and smooth.

If the weather reports from the different bureaus north of Salem prove true, miles of skating will be had in this vicinity by tomorrow. Eastern people in Salem do not miss the rare occasions of ice skating, and some very artistic skating can be seen.

Accidents have been very few this winter, and up to the present time there has been no report of any serious breaking through on the ice. The formation of the ice in Salem, however, is not dangerous, providing that the skater takes due precaution.

MYRTLE POINT COUPLE MARRIED

Myrtle Point, Dec. 30.—A pretty wedding was solemnized here last evening when Arthur Rice and Georgina Hayes were joined in marriage at the home of the bride's parents. The bride was attended by Miss Eva Schroder, of Portland, while N. C. Metley, of Bandon, acted as best man. They will make their home in Myrtle Point, where the groom is engaged in the jewelry business.

According to the New York Times "The man who marries for money often has a harder job getting it than the fellow who works for it."

Health Cranks and Food Faddists

Have Evolved Some Strange and Wonderful Theories Concerning Stomach Treatment.

A Trial Package of Stuart's Dyspepsia Tablets Sent Free.

Within the last 20 years there has sprung into existence theories by the score relative to the kinds of food that human beings should eat, and should avoid.

Most prominent among these theorists is the vegetarian who insists that meat was never intended for the human stomach, despite the fact that his ancestors for 6,000 years or more used it as their principal article of diet.

Another fallacy which has lately become a fad, is the so-called "low-proteid" diet. Now, the foods which are rich in proteids are the ones which build up nerve, brain, muscle and blood, so that any great reduction in the amount of proteid used simply means semi-starvation for the most important centers of the system—the ones on which we depend the most to enable us to successfully fight the battles of life.

Still another theory lately advanced is that sugar, pepper and salt are gastric irritants and irritate the mucous membrane of the stomach, although it is known that sugar possesses a high caloric value, while pepper and salt assist digestion rather than interfere with it, as is claimed.

The no-breakfast plan, the two-meal per day, and even the one meal daily has been advocated, while some advise a two or three weeks' fast, during which all food is withheld from the stomach "to give it a rest," completely ignoring the fact that the system's tissues are being constantly torn down and cast off, and new material to rebuild them must be supplied from the food.

It is utter nonsense to concern one's self about all these absurd and illogical theories, as life is entirely too short and there are other things requiring our attention. Eat what you want when you want it, and as much as the system needs to replenish its waste, and then take one or two of Stuart's Dyspepsia Tablets, and forget all about food fads and stomach troubles.

Get a box from your druggist for 50c, and send us your name and address for free sample. Address, F. A. Stuart Co., 150 Stuart Bldg., Marshall, Michigan.

Advertisement for Castoria, featuring a bottle image and text: "CASTORIA For Infants and Children. The Kind You Have Always Bought Bears the Signature of J. C. Fletcher In Use For Over Thirty Years CASTORIA"

Advertisement for Fire Proof F=P Foot Proof, featuring the text "Fire Proof F=P Foot Proof" and "A. L. FRASER" with address information.

Advertisement for Salem's Old Reliable Market, featuring the text "Salem's Old Reliable MARKET" and "E. C. Cross & Son" with address information.

Advertisement for White House Restaurant, featuring the text "WHITE HOUSE RESTAURANT" and "McGILCHRIST & SON" with address information.

Advertisement for Salem Fence Works, featuring the text "Salem Fence Works" and "CHAS. D. MULLIGAN" with address information.

Advertisement for Gold Dust Flour, featuring the text "Gold Dust Flour" and "P. B. WALLACE, Agt."

Advertisement for Chichester's Pills, featuring the text "CHICHESTER'S PILLS" and "GREAT CHINESE DOCTOR" with address information.

Advertisement for Oriental Gold Pills, featuring the text "Oriental Gold Pills" and "LADIES" with address information.

Advertisement for J. VOGT, featuring the text "THIS WEEK SPECIAL SALE OF BROKEN LOTS" and "115 Liberty Street Salem, Oregon"

Advertisement for Chas. H. Hinges, featuring the text "SPECIAL PRICES" and "Chas. H. Hinges" with address information.

Advertisement for Capital Business College, featuring the text "Capital Business College" and "W. I. STALEY, PRINCIPAL" with address information.

Advertisement for Salem Laundry Co., featuring the text "The Arrival of the New Year" and "Salem Laundry Co." with address information.