

Salem's Old Reliable MARKET

Has been thoroughly renovated from ceiling to basement. Nickel plated racks have been put in place of wooden ones. The woodwork has been enamelled and a marble wainscoting put in. Drop in and look around.

E. C. Cross & Son
Phone 391

MEALS 15c

Call and try them. Meals 15c. Board per week \$2.75; also furnished rooms very reasonable.

Salem Restaurant
440 COURT STREET

XMAS CHEER FOR THIRTY FAMILIES

Salvation Army Busy Providing Christmas Cheer for Poor and Needy of Salem.

The members of the Salvation Army are busily engaged this afternoon in the distribution of Christmas presents among the poor of the city, and when their labors shall have been completed over 30 families will have been provided for in the way of Christmas gifts, and will be able on Christmas day to enjoy a good Christmas dinner.

This distribution of Christmas presents among the poor of the city, and providing them with a Christmas dinner is a custom that has been pursued by the army for years, and in no city where it maintains a barracks are the poor permitted to spend Christmas without becoming the recipient of some kind of a gift, and being supplied with a good dinner.

With the view of supplying the poor of this city, the members of the army of the local post some time ago commenced the work of securing articles of wearing apparel and provisions. The merchants and citizens of the city have been liberal in their donations in both money and provisions, and the army will have an ample supply for all the cases which have come to the knowledge of its members.

Over 30 cases of indigency have been reported to the army, and the members were busy all afternoon in delivering the supplies to them, and before Christmas eve will have been ushered in each family will have been provided with articles of wearing apparel, also a basket full of the brim with good things to eat.

Owing to the fact that the Sunday school class of the army is small, it was decided this year not to celebrate Christmas with a Christmas tree and exercises, but to let the children spend it quietly at their homes or at some of the churches in the city, which have made preparations for the celebration of the event.

THE INDIGESTION OF GROWING CHILDREN

Weak, Sickly and Emaciated Boys and Girls Usually Victims of Chronic Dyspepsia.

During the developmental, or growing period of life, the stomach is under greater strain than in any other epoch, for the reason that bodily growth is rapid in children, and the system requires a considerable amount of material to construct new tissue—a much greater amount than after full growth has been attained.

In the adult, all that is required is a sufficient quantity of food to rebuild the worn-out old tissues, but in children, an extra amount of well-digested nutritious food is necessary to build up strong muscle, bone, cartilage, teeth, nerve, blood and brain.

Well-fed children with strong digestions, invariably grow to be large, powerful, healthy men and women, with sound minds and sound bodies; while children who are sickly, nervous, peevish, irritable, and continually "tired-out," are nearly always victims of indigestion, and never attain their full growth, or an average amount of strength, unless the stomach weakness is cured before reaching adult life.

During the adolescent, or formative period of life, parents should make every effort to build up their children, so that good health, a strong constitution, and an abundance of vim, vigor, vitality and energy may be an inheritance in later years. Too often the mistake is made of attempting to build up the bodies of weak, sickly children by dosing them with nerve and blood tonics, or the emulsion of cod liver oil, which tend to upset the stomach and thus make matters worse.

STUART'S DYSPEPSIA TABLETS will build up and strengthen weak, sickly, under-developed and slow-growing children, by digesting their food thoroughly and assisting in its absorption and assimilation. They digest food of every kind very completely, including the vitalizing albumen of eggs, the fibrin of meats, the casein of milk and cheese, and the carbo-hydrates of bread, rice, potatoes, etc., so that the system is supplied with all the material which is essential to construct large bone, heavy muscle, strong nerves, a well-developed brain, rich, red blood, and plenty of sound, healthy flesh, producing broad shoulders and a goodly height and general development.

If you desire to have your children grow up big, strong, healthy and powerful in mind and body, see that their digestion is kept strong and efficient, and if found weak, give them Stuart's Dyspepsia Tablets after each meal, in order that they may get the full benefit of the food they eat, and you will be rewarded by seeing them attain a far better than average development, and besides you may be saved many a doctor's bill.

Stuart's Dyspepsia Tablets are for sale by all druggists, price fifty cents. A free sample will be sent you, if your name and address is forwarded to the F. A. Stuart Company, 150 Stuart Bldg., Marshall, Michigan.

Secure Your Seats in Advance.

Wherever Willard Mack's play, "In Wyoming," has been presented it wins instant favor. The story is original, all the scenes are laid in the Big Horn Valley, near Casper, Wyoming, and are founded upon actual occurrences during the time Mr. Mack was recuperating after a severe illness on the ranch reproduced in the play. An excellent company has been secured to interpret the different characters, among which are such well known players as Frank Patton, Nelson Leavitt, Cecil Kirke, Burt Orwell, Dean Salah, Harriet Dansmore, Anna Gardner, Marie Bonnell, and many others. "In Wyoming" will appear at the opera house tonight.

Foley's Honey and Tar is the best and safest cough remedy for children.

At the first symptoms of a cold, give as directed, and ward off danger of croup, bronchitis, sore throat, cold in the head, and stuffy breathing. It brings comfort and ease to the little ones. Contains no opiates or other harmful drugs. Keep always on hand, and refuse substitutes. J. C. Perry.

If time is money about half of the watches in Salem are spent-thrifts because they refuse to keep time.

Could Not Be Better.

No one has ever made a salve, ointment, lotion or balm to compare with Bucklen's Arnica Salve. It's the one perfect healer of Cuts, Corns, Burns, Bruises, Sores, Scalds, Bolls, Ulcers, Eczema, Salt Rheum. For Sore Eyes, Cold Sores, Chapped hands, It's supreme. Infallible for Piles. Only 25c at J. C. Perry.

OVER 65 YEARS' EXPERIENCE

PATENTS

TRADE MARKS DESIGNS COPYRIGHTS &c.

Anyone sending a sketch and description may quickly ascertain our opinion free whether an invention is probably patentable. Communication strictly confidential. HARRISON on Patents sent from Oldest Agency for securing patents. Patents taken through Houn & Co. receive special notice, without charge, in the Scientific American.

A handsomely illustrated weekly. Largest circulation of any scientific journal. Terms, \$5 a year; four months, \$2. Sold by all newsdealers.

MUNN & Co. 361 Broadway, New York
Branch Office, 25 F. St., Washington, D. C.

Try a Journal Classified Want Ad. Southern Pacific Time Table

The following Southern Pacific time table became effective Sunday, November 28, 1909, at 12:01 a. m.:

Northbound.

No. 16 Oregon Passenger... 5:15a.m.
No. 18 Portland Passenger 8:15p.m.
No. 20 Portland Passenger 3:04p.m.
No. 12 Shasta Limited... 7:43p.m.

Southbound.

No. 13 San Francisco Ex... 3:31a.m.
No. 19 Ashland Passenger 11:01a.m.
No. 17 Roseburg Passenger 7:04p.m.
No. 15 California Express 9:56p.m.
No. 11 Shasta Limited... 7:45p.m.

Northbound.

No. 226 Way Freight... 9:50a.m.
No. 222 Portland Fast Frt. 10:45p.m.

Southbound.

No. 225 Way Freight... 12:30p.m.
No. 221 Portland Fast Frt. 2:43a.m.

Attention is called to the following changes. Trains 21 and 22, Silverton locals, have been added. Cottage Grove locals, 17 and 18, run through to Roseburg. The number of train 20 has been changed to 18 between Ashland and Roseburg.

OREGON ELECTRIC RAILWAY CO.

Local—Leaves For

Portland and Inter... 6:40 a.m.
Portland-Hillsboro Inter... 8:55 a.m.
Portland and Inter... 11:15 a.m.
Portland and Inter... 2:00 p.m.

Limited.

Port., Tualatin, Hillsboro. 3:20 p.m.
Portland-Hillsboro Inter... 4:00 p.m.
Portland and Inter... 6:20 p.m.
Portland and Inter... 8:50 p.m.

Local—Arrive From.

Portland and Inter... 8:25 a.m.
Portland-Hillsboro Inter... 9:50 a.m.
Limited.

Limited.

Port., Hillsboro, Tualatin. 10:45 a.m.
Local.

Portland and Inter... 1:00 p.m.

Portland-Hillsboro Inter... 4:00 p.m.
Portland and Inter... 5:50 p.m.
Portland and Inter... 8:30 p.m.
Portland Theater train... 10:40 p.m.

Salem, Falls City & Western Ry

LEAVE WEST SALEM FOR:

Dallas, Falls City, Black Rock... 9:00 a.m.
Dallas and intermediate points... 1:25 p.m.
Dallas, Falls City... 4:30 p.m.
Dallas, Falls City, Black Rock... 1:25 p.m.
Dallas and intermediate points... 5:00 p.m.

ARRIVE WEST SALEM FROM:

Falls City, Dallas... 8:30 a.m.
Black Rock, Falls City, Dallas... 12:15 p.m.
Dallas and intermediate points... 3:55 p.m.
Dallas and intermediate points... 12:40 p.m.
Black Rock, Falls City, Dallas... 4:45 p.m.
Daily, except Sunday, & Sunday only.
Ferry launch from foot of State street connects with all trains at Second-street depot.

Independence-Salem Motor Line.

Leave Independence... 9:30 a.m.
Arrive at West Salem... 10:30 a.m.
Leave Salem... 1:00 p.m.
Arrive Independence... 2:00 p.m.
Connects at Independence with west side train for Portland and intermediate points, and for Monmouth and Airlie.

Catarrh Cannot Be Cured.

With local applications, as they cannot reach the seat of the disease, Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free. F. J. Cheney & Co., Props., Toledo, O. Sold by druggists, price, 75c. Take Hall's Family Pills for constipation.

Price Will Be the Same.

The City of Dallas will enter into another five years contract with the Willamette Valley Company for street lighting. The company agrees to furnish street arc lights, in any number desired, at the rate of \$6 a month, and to furnish incandescent lights at the rate of \$6.50 a month. The city, at the present time, is using 22 street arcs. If the same number is retained, the cost will be \$1584 a year, or practically the same amount that the city has been paying for the last several years.

The Correct Time

to stop a cough or cold is just as soon as it starts—then there will be no danger of pneumonia or consumption. Just a few doses of Ballard's Horehound Syrup taken at the start will stop the cough. If it has been running on for some time the treatment will be longer, but the cure is sure. Sold by all dealers.

Judge Walton's Funeral.

The funeral services of the late Judge Walton was held from the M. E. church, Eugene, Thursday afternoon at 2 o'clock. The services were conducted by Rev. D. H. Trimble. Interment was made at the Odd Fellows' cemetery, with the Odd Fellows conducting the services at the grave. Hundreds of friends and neighbors viewed the remains of the staunch old pioneer at Gordon's mortuary chapel on Thursday before the funeral service.

Coughs that are tight, or tickling, get quick and certain help from Dr. Shoop's Cough Remedy. On this account druggists everywhere are favoring Dr. Shoop's Cough Remedy. The tender leaves of a harmless lung-healing mountain shrub give to Dr. Shoop's Cough Remedy its curative properties. These leaves have the power to calm the most distressing Cough, and to soothe, and heal the most sensitive bronchial membrane. Mothers should, for safety's sake, always demand Dr. Shoop's. It can with perfect freedom be given to even the youngest babes. Test it once yourself, and see! Sold by Capital Drug Store.

Children Cry FOR FLETCHER'S CASTORIA

CASTORIA

For Infants and Children.

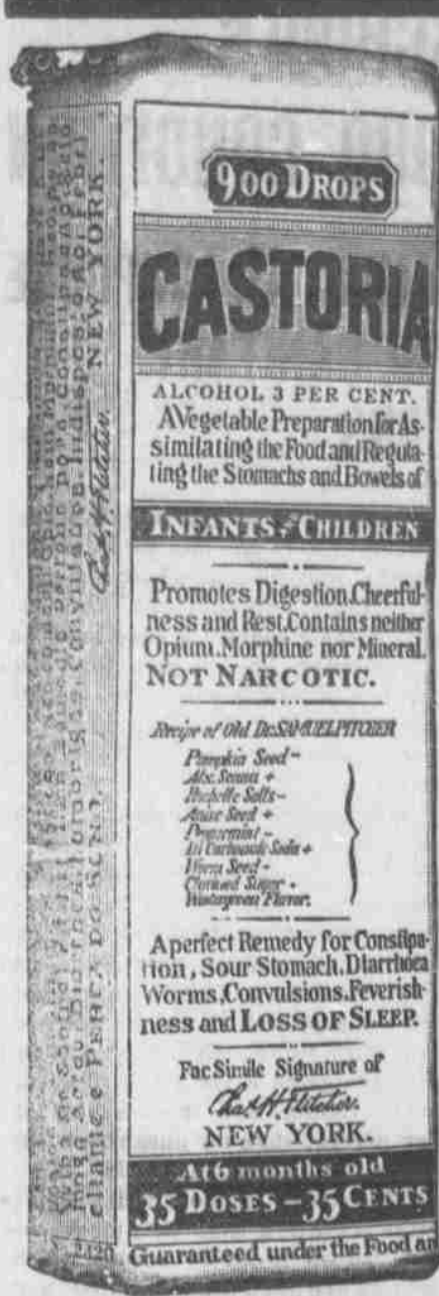
The Kind You Have Always Bought Bears the Signature of

Chas. H. Fletcher

In Use For Over Thirty Years

CASTORIA

THE GREAT BOTTLE COMPANY, NEW YORK CITY.



A Woman Is Not Pretty Unless She Has a Well Developed BUST

BUST

SHE'S A QUEEN! SHE'S A SIREN!

Siren Wafers Develop the Bust

is an expression that is always heard at sight of a well developed woman. If you are flat chested with BUST UNDEVELOPED, a scrawny neck, thin lean arms—the above remark will never be applied to you. "SIREN" wafers will make you beautiful, bewitching. They DEVELOP THE BUST in a few weeks from 3 to 6 inches and produce a fine, firm, voluptuous bosom. They fill out the hollow places, make the arms handsome and well modeled and the neck and shoulders shapely and of perfect contour.

Send for a bottle today and you'll be pleased and grateful. "SIREN" wafers are absolutely harmless, pleasant to take and convenient to carry around. They are sold under guarantee to do all we claim or MONEY BACK.

Price \$1.00 per bottle. Inquire at good drug stores or send DIRECT TO US.

During the next 30 days only we send you a sample bottle of these beautifying wafers on receipt of 10 cents to pay cost of packing and postage if you mention that you saw the advertisement in this paper. The sample alone may be sufficient if the defects are trifling.

DESK 5, ESTHETIC CHEMICAL CO., 31 W. 125th St. NEW YORK

New Line of Baby Shoes

I have just received a new line of Baby Shoes in all colors. These will make nice Christmas presents. Warm felt Slippers for Ladies. Also Slippers for Men and Boys. A full line of fine Dress Shoes. Call in and see my line.

J. VOGT

115 Liberty St. Salem, Ore.

A Thrilling Rescue.

How Bert E. Leach, of Cheney, Wash., was saved from a frightful death is a story to thrill the world. "A hard cold," he writes, "brought on a desperate lung trouble that baffled an expert doctor here. Then I paid \$10 to \$15 a visit to a lung specialist in Spokane, who did not help me. Then I went to California, but without benefit. At last I used Dr. King's New Discovery,

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

TO-NIGHT Cascarets


THEY WORK WHILE YOU SLEEP

GREAT CHINESE DOCTOR L. M. HUI

has medicine which will cure any known disease. He makes a specialty of and guarantees to cure Catarrh, Asthma, Lung, Throat, Rheumatism, Debility, Stomach, Liver, Kidney troubles; also any blackened or swollen soreness, broken limbs; Smallpox, Epidemic; all kinds of Boils, Lost Manhood, Female Weakness, Hernia Troubles and Paralysis consultation free. Care of Yick Se Tong Co., Chinese drugs and herbs 163 High street, upstairs, Salem, Or

A Reliable Remedy CATARRH

Ely's Cream Balm is quickly absorbed. Gives Relief at Once. It cleanses, soothes, heals and protects the diseased membrane resulting from Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts., at Druggists or by mail. In liquid form, 75 cents. Ely Brothers, 56 Warren Street, New York.



WHITE HOUSE RESTAURANT

For a Regular

25c Dinner at 20c

They can't be beat.

McGILCHRIST & SON

Proprietors

Fire Proof F=P Fool Proof

In considering making your own light, or cooking, why not consult the F. P. Gas Machine and Bersa Light.

Will sell and install this one and guarantee it to give 10 per cent more light for the same money than electricity or city gas. Let me figure with you, estimates furnished. Call at my shop and see the lights and stoves in operation.

I also carry PYRO DENATURED ALCOHOL utilities. Safe, economical, odorless.

A. L. FRASER

Phone 185 258 State St.

Salem Fence Works

Headquarters for Woven Wire Fencing, Hop wire, Barb Wire, Foultry Netting, Shingles, Malthead Roofing, P. & B. Ready Roofing.

CHAS. D. MULLIGAN

250 Court St. Phone 121

Gold Dust Flour

Made by the SYDNEY POWER COMPANY, Sydney, Oregon. Made for Family Use.

Ask your grocer for it. Bran and Shorts always on hand.

P. B. WALLACE, Agt.

CHICHESTER'S PILLS

THE DIAMOND BRAND

Ladies! Ask your Druggist for Chichester's Diamond Brand Pills to Relieve and Cure all ailments connected with the Female System, such as Headache, Nervousness, Indigestion, etc. Each box contains 10 Pills. Sold by all Druggists. Ask for CHICHESTER'S DIAMOND BRAND PILLS, for 22 years known as Best. Sold, Always Reliable. SOLD BY DRUGGISTS EVERYWHERE

