

Folger's Golden Gate Coffee

Quality—clean—perfect

Your grocer will grind it—better if ground at home—not too fine.

A Reliable Remedy FOR CATARRH

Ely's Cream Balm is quickly absorbed. Gives relief at once. It cleanses, soothes, heals and protects the diseased membrane resulting from Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Felt size 50 cts. at Druggists or by mail. Liquid Cream Balm for use in atomizers 75 cts. Ely Brothers, 55 Warren Street, New York.



MEALS 15c

Call and try them. Meals 15c. Board per week \$2.75; also furnished rooms very reasonable.

Salem Restaurant

310 COURT STREET

WHITE HOUSE RESTAURANT

For a Regular

25c Dinner at 20c

They can't be beat.

MCGILCHRIST & SON Proprietors

Fire Proof F=P Fool Proof

In considering making your own light, or cooking, why not consider the F. P. Gas Machine and bars Light.

Will sell and install them and guarantee it to give you more light for the same amount of money than electricity or city gas. Call with you, estimates furnished. Call at my shop and see the lights and stoves in operation.

I also carry **PYRO DENATURED ALCOHOL** utilities. Safe, economical, odorless.

A. L. FRASER

Phone 185 258 State St.

Salem Fence Works

Headquarters for Woven Wire Fencing, Hop wire, Barb Wire, Poultry Netting, Shingles, Malthead Roofing, P. & B. Ready Roofing.

CHAS. D. MULLIGAN 250 Court St. Phone 121

Gold Dust Flour

Made by the **SYDNEY POWER COMPANY**, Sydney, Oregon. Made for Family Use.

Ask your grocer for it. Bran and Shorts always on hand.

P. B. WALLACE, Agt.

CHICHESTER'S PILLS

THE DIAMOND BRAND. Medical Ask your Druggist for Chichester's Diamond Brand Pills in Red and Gold wrapper. Take one after each meal. Sold by all Druggists.

GERMAN SOCIETY ORGANIZED

(Cottage Grove Leader.) A branch of the Deutschen Sprechverein, which organization has twenty-seven vereins in the state of Oregon with a membership of over 18,000, was instituted in Cottage Grove last night by the Rev. Z. Hopt of Salem. H. Venske was elected president; B. Lurch vice-president; John Graber, secretary, and A. Hamloth schatzmeister. Another meeting will be held next Sunday afternoon for the purpose of admitting other members, and to further perfect the organization.

The primary object of the Deutschen Sprechverein is the banding together of German-Americans to perpetuate the mother tongue in conversation and song, and for social intercourse. There is also a personal liberty feature. The organization has headquarters in Portland.

Accompanying Rev. Hopt to Cottage Grove were F. W. Heysler, Aug. Kehrberger, W. Hamburg and A. W. Andersen all of Salem. These gentlemen formed a quartet and rendered a number of songs during the evening, which were greatly appreciated. Those signing the constitution were: H. Venske, John Graber, Chas. Fahremald, A. E. Hamloth, R. Gerisch, Don Bluer, L. Kempf, Geo. Atkinson, John H. Bartels, G. Graber, H. C. Madsen, B. Lurch, Lew A. Cates, Miss Anna Rhode, Mrs. E. Fahremald, Robertina Anlauf, Eleza Bluer, E. Born, Lena Hamloth.

SOME PRACTICAL IDEAS ABOUT ROAD BUILDING

Turner, Or., Dec. 20, 1909. Ed. Journal:

At the county road meeting of the 16th and 17th there were various ideas on the plan of road construction. Also on ways and means of raising funds for same. But of all these to meet the present "needs" of the various road districts, was the final point to be settled. That the county court could see their way to expend the four-mills levy that was ordered at said road meeting in a way that would be satisfactory to all parts of the county. The one great question with the court is a uniform basis or plan of work.

I have a few suggestions to make that I think are worth considering. Now I shall speak for the county as a whole: First, say we have four mills, or any amount the county may levy. Then those road districts that make a special levy to grade-rock, both coarse and fine rock, and finish their roads as far as the money will go. Put in cement tiling for small creeks and water outlets, the tiling to be paid for by said road district, the county crushing the rock and rolling same out of the county fund. Then in districts where special taxes are levied, and no rock is accessible at the present time, use all the money, the same as in districts where no levy is made by the district, namely:

Make all grades on road with dirt only. Put in cement tiling or drainage, and be sure not to make the road bed to wide but what there will be a good slope each way from the center of said road. Then on all dirt roads of this kind the county court ordered the King road drag to be used the following winter, when even the road gets small tracks from the travel on it. So the water stands, use the drag, then in a short time again. If much travel use it again. Keep it up all winter. One drag can be used on two miles of road very conveniently. When spring comes you will be surprised indeed to see what good roads you have had all winter, solid roads, no ruts, mud holes, etc, and at a minimum cost also.

Should the present county court adopt a plan of this kind and put it in force this spring they would have gone a long way in solving this great question. It is all practical under our present laws and conditions. Every district can build permanent roads, according to their means and materials at hand. Now, in conclusion, we will soon have electric lines through the county, by some stone quarry, then rock can be put in those districts that need it, at a very small cost.

Very respectfully, C. H. TAYLOR.

Who Switched the Bottles?

The next time Sheriff Minto, Billy Esch, Waters and the rest of the gang who live in a wet town, substitute a bottle of typhoid fever for an equal amount of good wine which one of our probi citizens had bought to bring home to his wife (!) it is going to make trouble, and lots of it. Fair warning!—Jefferson Review.

Coughs that are tight, or tickling, get quick and certain help from Dr. Shoop's Cough Remedy. On this account druggists everywhere are favoring Dr. Shoop's Cough Remedy. The tender leaves of a harmless lung-healing mountainous shrub give to Dr. Shoop's Cough Remedy its curative properties. Those leaves have the power to calm the most distressing Cough, and to soothe, and heal the most sensitive bronchial membrane. Mothers should, for safety's sake, always demand Dr. Shoop's. It can with perfect freedom be given to even the youngest babes. Test it once yourself, and see! Sold by Capital Drug Store.

Children Cry FOR FLETCHER'S CASTORIA

THE INDIGESTION OF GROWING CHILDREN

Weak, Sickly and Emacipated Boys and Girls Usually Victims of Chronic Dyspepsia.

During the developmental, or growing period of life, the stomach is under greater strain than in any other epoch, for the reason that bodily growth is rapid in children, and the system requires a considerable amount of material to construct new tissue—a much greater amount than after full growth has been attained.

In the adult, all that is required is a sufficient quantity of food to rebuild the worn-out old tissues, but in children, an extra amount of well-digested nutritious food is necessary to build up strong muscle, bone, cartilage, teeth, nerve, blood and brain.

Well-fed children with strong digestions, invariably grow to be large, powerful, healthy men and women, with sound minds and sound bodies; while children who are sickly, nervous, peevish, irritable, and continually "tired-out," are nearly always victims of indigestion, and never attain their full growth, or an average amount of strength, unless the stomach weakness is cured before reaching adult life.

During the adolescent, or formative period of life, parents should make every effort to build up their children, so that good health, a strong constitution, and an abundance of vim, vigor, vitality and energy may be an inheritance in later years. Too often the mistake is made of attempting to build up the bodies of weak, sickly children by dosing them with nerve and blood tonics, or the emulsion of cod liver oil, which tend to upset the stomach and thus make matters worse.

STUART'S DYSPEPSIA TABLETS will build up and strengthen weak, sickly, under-developed and slow-growing children, by digesting their food thoroughly and assisting in its absorption and assimilation. They digest food of every kind very completely, including the vitalizing albumen of eggs, the fibrin of meats, the casein of milk and cheese, and the carbo-hydrates of bread, rice, potatoes, etc., so that the system is supplied with all the material which is essential to construct large bone, heavy muscle, strong nerves, a well-developed brain, rich, red blood, and plenty of sound, healthy flesh, producing broad shoulders and a goodly height and general development.

If you desire to have your children grow up big, strong, healthy and powerful in mind and body, see that their digestion is kept strong and efficient, and if found weak, give them Stuart's Dyspepsia Tablets after each meal, in order that they may get the full benefit of the food they eat, and you will be rewarded by seeing them attain a far better than average development, and besides you may be saved many a doctor's bill.

Stuart's Dyspepsia Tablets are for sale by all druggists, price fifty cents. A free sample will be sent you, if your name and address is forwarded to the F. A. Stuart Company, 150 Stuart Bldg., Marshall, Michigan.

Catarrh Cannot Be Cured.

With local applications, as they cannot reach the seat of the disease. Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quack medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best tonics known, combined with the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients is what produces such wonderful results in curing Catarrh. Send for testimonials free. F. J. Cheney & Co., Props., Toledo, O. Sold by druggists, price, 75c. Take Hall's Family Pills for constipation.

River Going Down.

As the result of the cold weather which prevails now to the comfortable knowledge of Salem people, the Willamette river at this point is receding rapidly. The old stream stands today at six feet above low water mark, but within a few days, should the present cold snap continue, the water will be down three or four feet.

For that Dull Feeling After Eating

I have used Chamberlain's Stomach and Liver Tablets for some time, and can testify that they have done me more good than any tablets I have ever used. My trouble was a heavy dull feeling after eating.—David Freeman, Kempt, Nova Scotia. These tablets strengthen the stomach and improve the digestion. They also regulate the liver and bowels. They are far superior to pills but cost no more. Get a free sample at all good drug stores and see what a splendid medicine it is.

Try a Journal Want ad.

Foley's Honey and Tar is the best and safest cough remedy for children. At the first symptoms of a cold, give as directed, and ward off danger of croup, bronchitis, sore throat, cold in the head, and stuffy breathing. It brings comfort and ease to the little ones. Contains no opiates or other harmful drugs. Keep always on hand, and refuse substitutes. J. C. Perry.

Children Cry FOR FLETCHER'S CASTORIA

CHRISTMAS TURKEYS WILL COME HIGH

The proud, strutting turkey gobber, and even the more modest turkey hen, will be a Christmas necessity of much value this year. Any old turkey is demanding 30 cents per pound for his scalp, and, from the present indications, it is predicted that they will call for a still higher price before the last fatal day, Friday, arrives.

The Thanksgiving holidays practically consumed all the most available turkeys, although there are yet many of them alive in this vicinity. The farmers and other people who make a business of raising turkeys are not anxious to dispose of their stock of fowl, and the local markets are negotiating with farmers in the outlying districts for turkeys. Thanksgiving turkeys demanded 25 cents per pound, or five cents lower than the present market quotations. Geese and ducks seem to be the popular fowl for Christmas feasts, and Salem dealers in poultry are disposing of many of them. Geese sell for 22 cents, while chickens are quoted at 25 cents. Ducks are on a par with geese.

Up to the present time the demand for turkeys and other Christmas dinner eatables, in the way of fowl, has not been very persistent, and the general consensus of opinion is that the Salem public will adopt the old-style of "cheeken" pie, rather than invest in the dear old turkeys. In any event, the local Christmas enthusiasts are making grand preparation for celebrating the Yuletide event, and there will be many mouth-watering repasts served, both in the homes of the rich and the poor.

BAD KIDNEYS CAUSE OF BLADDER MISERY

No man or woman here whose kidneys are out-of-order, or who suffers from backache or bladder misery, can afford to leave Pape's Diuretic untried.

After taking several doses, all pains in the back, sides or loins, rheumatic twinges, nervousness, headache, sleeplessness, inflamed or swollen eyelids, dizziness, tired or worn-out feeling and other symptoms of clogged, sluggish kidneys simply vanish.

Uncontrollable urination (especially at night), smarting, discolored water and all bladder misery ends.

The moment you suspect the slightest kidney or bladder disorder, or feel rheumatism pains, don't continue to be miserable or worried, but get a fifty-cent treatment of Pape's Diuretic from your druggist and start taking as directed, with the knowledge that there is no other medicine, at any price, made anywhere else in the world, which is so harmless or will effect so thorough and prompt a cure.

This unusual preparation goes direct to the cause of trouble, distributing its cleansing, healing and vitalizing influence directly upon the organs and glands affected and completes the cure before you realize it.

A few days' treatment of Pape's Diuretic means clean, healthy, active kidneys, bladder and urinary organs—and you feel fine.

Your physician, pharmacist, banker or any mercantile agency will tell you that Pape, Thompson & Pape, of Cincinnati, is a large and responsible medicine concern, thoroughly worthy of your confidence.

Accept only Pape's Diuretic—fifty-cent treatment—from any drug store—anywhere in the world.

Are Now Notaries.

Notarial commissions have been issued to the following persons: Henry Epperson, Estacada; Aaron Frasier, Dufur; Anllur A. Murphy and Daniel E. Powers, Portland; D. Chesley Bones, Taft; and J. E. Sibley, Polk.

Could Not Be Better.

No one has ever made a salve, ointment, lotion or balm to compare with Bucklen's Arnica Salve. It's the one perfect healer of Cuts, Corns, Burns, Bruises, Sores, Scalds, Bolls, Ulcers, Eczema, Salt Rheum. For Sore Eyes, Cold Sores, Chapped hands, it's supreme. Infallible for Piles. Only 25c at J. C. Perry.

"In Wyoming" Not a Melodrama.

Love, pathos, treachery and retribution, with a final happy outcome, are the main elements of "In Wyoming," a breezy, idealic comedy drama of the Northwest, which will appear at the Grand Opera House, Friday night, December 24. The story is one of absorbing interest, interpreted by a large first class company, and mounted with realistic stage settings and elaborate costumes. The play is in four acts, and comprises a bright sunny summer on a ranch near Casper, Wyoming. The play is free from exaggerated and impossible nonsense, such as abounds only too often in western plays. There is so much good in "In Wyoming" that on one wonders at the extraordinary success which the piece has enjoyed. It is all clean and wholesome. Its atmosphere is refreshing and there is nothing suggestive in the story it unfolds. Seat sales start tomorrow morning at 9 o'clock.

When— The Stomach is Sick The Liver Sluggish The Bowels Clogged The Blood Impure The Skin Sallow

Then— It's Time to Take

That grand, old, time-tested remedy— BEECHAM'S PILLS

In boxes with full directions, 10c. and 25c.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought Bears the Signature of

In Use For Over Thirty Years

CASTORIA

ALCOHOL 3 PER CENT. Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS & CHILDREN. Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

A Perfect Remedy for Constipation, Sour Stomach, Diarrhoea, Worms, Convulsions, Feverishness and LOSS OF SLEEP.

Facsimile Signature of Dr. J. C. Fletcher, NEW YORK.

At 6 months old 35 DOSES - 35 CENTS

Guaranteed under the Food and Drug Act.

Exact Copy of Wrapper.

THE CENTAUR CO. PHARM., NEW YORK CITY.

Santa Claus in an Up-to-date Laundry

would revel in the snowflake color and ice-crystal finish of our fine laundry work, and only once a year does he see such exquisite finish laid on collars, cuffs and shirts as he does when he visits the Salem Laundry Co. Our woolsens are always delivered soft and sweet and full size as sent to us. A connoisseur on fine laundry work must always admire the beauty of that done at the

Salem Laundry Co.

Phone 25. 236-200 S Liberty St.

New Line of Baby Shoes

I have just received a new line of Baby Shoes in all colors. These will make nice Christmas presents. Warm felt Slippers for Ladies. Also Slippers for Men and Boys. A full line of fine Dress Shoes. Call in and see my line.

J. VOGT

115 Liberty St. Salem, Ore.

Wants a New School House.

A petition is being circulated locally for the erection of a high school in Stayton, to cost \$10,000, payments to be made by voting bonds against the district. This is a needed institution, as witness the overcrowded condition of the upper grade classes.

A Thrilling Rescue.

How Bert R. Lean, of Cheny, Wash., was saved from a frightful death is a story to thrill the world. "A hard cold," he writes, "brought on a desperate lung trouble that baffled an expert doctor here. Then I paid \$10 to \$15 a visit to a lung specialist in Spokane, who did not help me. Then I went to California, but without benefit. At last I used Dr. King's New Discovery.

CASTORIA

For Infants and Children.

The Kind You Have Always Bought

Bears the Signature of Dr. J. C. Fletcher

has medicine which will cure all known disease. It makes a specialty of and guarantees to cure Catarrh Asthma, Lung, Throat, Rheumatism, Debility, Stomach, Liver, Kidney troubles; also any blackened or swollen soreness, broken limbs, Smallpox, Epidemic; all kinds of Bolls, Lost Manhood, Female Weakness, Herms Troubles and Paralysis consultation free. Care of Yink & Tong Co., Chinese drugs and herbs 158 High street, upstairs, Salem, Or