

A Reliable Remedy
CATARRH
 Ely's Cream Balm
 Is quickly absorbed. Gives Relief at Once. It cleanses, soothes, heals and protects the diseased membrane resulting from Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts., at Druggists or by mail. In liquid form, 75 cents. Ely Brothers, 56 Warren Street, New York.

TO-NIGHT
Cascarets
 THEY WORK WHILE YOU SLEEP

CHICHESTER'S PILLS
 THE DIAMOND BRAND
 Endorsed by the Medical Profession
 Take no other. Buy of your Druggist. Active for CHICHESTER'S DIAMOND BRAND PILLS, for 25 years known as Best, Safest, Always Reliable. SOLD BY DRUGGISTS EVERYWHERE.

MEALS 15c
 Call and try them. Meals 15c. Board per week \$2.75; also furnished rooms very reasonable.
AT THE
Salem Restaurant
 330 COURT STREET

WHITE HOUSE RESTAURANT
 For a Regular
25c Dinner at 20c
 They can't be beat.
McGILCHRIST & SON
 Proprietors

"Oriental Gold Pills"
LADIES
 If in need just get a bottle of "Oriental Gold Pills" Safe, sure, speedy. Sold under \$5.00 guarantee. Price, \$3.00, at drug stores, or send direct to us. (Mailed in plain wrapper.) Write for booklet "Confidential Chat"—sent free. Desk 6, Esthetic Chemical Co., 31 West 125th St., New York.

Genuine Turkish "Female Pills"
 Send all monies either by registered letter, express order or post-office order.

Fire Proof F=P Fool Proof
 In considering making your own light, or cooking, why not consider the F. P. Gas Machine and Stubbers Light.
 Will sell and install this machine and guarantee it to give 100 per cent more light for the same money than electricity or city gas. Let me figure with you, estimates furnished. Call at my shop and see the lights and stoves in operation.
 I also carry PYRO DENATURED ALCOHOL utilities. Safe, economical, odorless.

A. L. FRASER
 Phone 135 258 State St.

Salem Fence Works
 Headquarters for Woven Wire Fencing, Hop wire, Barb Wire, Poultry Netting, Shingles, Malthead Roofing, P. & B. Ready Roofing.
CHAS. D. MULLIGAN
 250 Court St. Phone 121

Gold Dust Flour
 Made by the SYDNEY POWER COMPANY, Sydney, Oregon. Made for Family Use.
 Ask your grocer for it. Bran and Shorts always on hand.
P. B. WALLACE, Agt.

WOODBURN AND CANBY WANT IT

An adjourned meeting of the Clackamas and Marion County Poultry and Pet Stock Association is being held at Canby today. The object of the meeting is to consider a premium list for the next annual meeting, and decide on a place for holding the same. Woodburn and Canby are aspirants and at the annual meeting held Dec. 13 it was decided that the place putting up the best inducements in the way of cash and premiums will get the show.

X-RAYS AND SMILES

Help boost that Y. M. C. A. fund. Don't drive a lame horse to church and imagine you are on the road to heaven. The great question—did you get a prize in the Journal contest? Now for a solid week of Christmas. Our ads. will help you. There will be a remarkable showing of improvements in the New Year's Journal.

Splendid shopping weather and all the merchants in the Willamette valley and coast cities are stocked up as never before for this closing holiday week. The contest is over. It went up against weeks of rains, floods, a foot of snow, bridges out, trains suspended, and the holidays and an epidemic. On top of that the Journal man is arrested because the automobile does not belong to him.

Of course, other towns have typhoid fever and other things. But Salem gets all the front page stories, big headlines, and editorials. Well, it will all help swell the Seattle colony, and real estate investments will follow. Salem has the greatest year ahead in its history. One new addition will be placed on the market with contracts for seven concrete block houses.

Go ahead and get mountain water if you are ever going to. The rich men of Eugene can have all the liquor they want at their clubs, but the rest must go dry by force of law. The privileges of the moral aristocracy must be upheld. The Capital Journal is not singing the praises of its own virtues all the time. If it did, it would soon run out of a job. If Doc Gibson is the bad man the Good Citizenship League accuses him of being, why not demand the recall on him?

The sawmills on the Mohawk in Lane county may soon resume. The City of Salem could get greater service for the money by rearranging the lights. A patron-teacher association has been organized at Eugene. We don't like that word patron. Parent-teacher club is better. Why not close all the stores in Salem Christmas Eve at 6 o'clock. Some men pair their friends by knowing when they are down and out. Eugene is about to get a five-mile extension south. Salem would be thankful to get half a block.

Ashland, Medford, Eugene, Roseburg and Oregon City have only one large commercial body which is also a social club. A man lived all his life at Salem and then went to Portland and died of typhoid fever. A Glimpse of Countess Tolstoi. Tolstoi's abrupt surrender of his patrimony is described by a writer in the New York Sun. He lived with his family on his estates, in comfort, without any cares, till one day Tolstoi surprised his wife with the news that he had given his land and his money to the peasants, that their life of idleness was at an end, and that it was sinful to live otherwise than by the work of your hands and the sweat of your brow.

This is a hard blow for the careful housewife, the tender mother with her nine children. Six sons and three she had to educate and look after. But her cleverness and her courage were as great as her motherly love. If he had given away his property, still there was an inexhaustible source of wealth left—his literary works. She secured these from her husband and managed the publication of them. She saw to everything even to the slightest detail. She negotiated with the printers and book-sellers, stipulated for the quality of paper and print, got old works reissued, saw to the translation into every tongue and kept account of the circulation in all parts of the world. Thanks to her restlessness, her cleverness, her practical sense, nothing seems to have altered in the family. They are very comfortably off: Yasnaya Poljana and her house in Moscow welcome all friends, relatives, acquaintances, all unknown admirers and devotees of Tolstoi—men and women from every land.

Making Merry

At Mealtime, Means Good Appetite, Good Digestion, Good Cheer, Good Heart and Stuart's Dyspepsia Tablets.

Do You Use Them? If Not, Why? Dyspepsia is the skeleton at the feast; the death's head at the festive board. It turns cheer into cheerlessness, gaily into gloom and festivity into farce. It is the ghost in the home, haunting every room and hitting at every fireplace making otherwise merry people shudder and fear. If there is one disease more than another that should be promptly attacked and worsted, it is Dyspepsia. It is the very venus of unhappiness, unrest and ill nature. In time it will turn the best man almost into a demon of temper and make a good woman something to be dreaded and avoided.

It is estimated that half of one's troubles in this world comes of a stomach gone wrong—of Dyspepsia. In short, Foods taken into the stomach and not properly cared for; converted into substances that the system has no use for and hasn't any notion what to do with. It is irritated and vexed, pained and annoyed and in a little while this state of things becomes general and directly there is "something bad to pay." The whole system is in a state of rebellion and yearns to do something rash and disagreeable and a fine case of Dyspepsia is established and opens up for business.

If you were bitten by a mad dog, you would not lose a day in going to a cure; do you know you should be just as prompt with Dyspepsia? Rabies is a quick death, dyspepsia is a slow one; this is about all the difference. There is a cure for rabies and so there is for Dyspepsia and one cure was about as difficult to discover as the other. Pasteur found out one and the F. A. Stuart Company the other, and it is no longer a secret, as it is made public in the wonderful Tablet, which so many are using and praising today. One writer says of it: "Stuart's Dyspepsia Tablets are little storehouses of digestion which mix with the stomach juices, digest food, retinge the mucous membrane and its nerve centers, give to the blood a great wealth of digestive fluids, promote digestion and stay by the stomach until all its duties are complete."

Some cures are worse than the disease; they demand this, that and the other and the patient despairs at the requirements; but not so with the Stuart Dyspepsia Tablet; they are easy and pleasant to take and no nausea or ill feeling follows. There is none of this "getting all-over-the-mouth" like a liquid and making the remedy a dread. Another writer says: "It matters not what the condition of the stomach, Stuart's Dyspepsia Tablets only improve the juices and bring quiet to the whole digestive canal, of which the stomach is the center."

Forty thousand physicians use these tablets in their practice and every druggist sells them. Price 50c. Send us your name and address and we will send you a trial package by mail free. Address F. A. Stuart Co., 150 Stuart Bldg., Marshall, Mich. Name Registers. There are some name scratching travelers of the past who can be forgiven and receive even gratitude at this distance of time. One such, perhaps, is the person who cut "A. T. M., 1615," on the crags of Monte Rosa at a height of 14,000 feet, since this is not supposed to have been the work of some joker of a later century. And certainly we are indebted to the Greek mercenaries in the leg of King Psammethichus of Egypt, who left their names on the leg of Ramesses II.'s statue at Abu Simbel in Nubia, with the information that they had explored the Nile as far as the second cataract. They thus left proof that writing was not uncommon at least three centuries before Alexander, so says the London Chronicle, and adds that the John Smiths of today have no call to leave evidence that they can write their names on important public monuments. Nobody questions it.

For Eczema, Tetter and Salt Rheum
 The intense itching characteristic of these ailments is almost instantly allayed by Chamberlain's Salve. Many severe cases have been cured by it. For sale by all good druggists. With apples at their present price the small boy is reasonably safe from the ravages of colic. **Ill Health is More Expensive Than Any Cure.** This country is now filled with people who migrate across the continent in all directions seeking that which gold cannot buy. Nine-tenths of them are suffering from throat and lung trouble or chronic catarrh resulting from neglected colds, and spending fortunes vainly trying to regain lost health. Could every sufferer but undo the past and cure that first neglected cold, all his sorrow, pain and anxiety and expense could have been avoided. Chamberlain's Cough Remedy is famous for its cures of colds, and can always be depended upon. Use it and the more serious diseases may be avoided. For Ill Health is More Expensive Than sale by all good druggists.

The smokes of the fall elections over, there is much of promise for better things revealed. Despite a setback here and there, the workers for the Uplift may take courage. Piles Cured in 6 to 14 Days. PAZO OINTMENT is guaranteed to cure any case of Itching, Blind, Bleeding or Protruding Piles in 6 to 14 days or money refunded. 50c

CRAWFORD DISCOVERS SALT LAKE

That the title to the bed of Summer Lake, in Lake County, is in the State of Oregon, and that the state should assert its authority to control the bed of this lake, is the view of Attorney-General Crawford in a letter addressed to the state land board this afternoon.

Summer Lake is said to contain valuable deposits of salt and recently nearly all of the bed of the lake has been claimed by miners under the United States mineral laws. The attorney-general is of the opinion "that the beds of all non-navigable inland lakes belong to the state by virtue of her sovereignty." "It is without doubt one of the most valuable, if not the most valuable, asset the state has left." It is suggested that the state and agent be sent to Lake County at once to assert the authority of the state. It is suggested also that the Oregon delegation in congress be notified and the Federal government be requested to grant to the state all lands not heretofore disposed of, surrounding and adjoining the lake, to the extent of at least two miles in width along the shores, for the purpose of enabling the state to develop the salt springs.

Wood Wanted.

Sealed proposals will be received by the board of directors of School District No. 24, Marion county, Ore., at the office of the district clerk at No. 388 State street, for wood, as follows: East School—75 cords second growth fir and 25 cords oak or ash. Garfield—55 cords second growth fir. Grant—45 cords second-growth fir and 10 cords oak or ash. High—80 to 100 cords second growth fir. Lincoln—50 cords second growth fir and 10 cords oak or ash. Yew Park—70 cords second growth fir and 10 cords oak or ash. Englewood—50 cords second growth fir. Bids to be opened at clerk's office, December 30, 1909, at 7:30 p. m. Certified check of 10 per cent of bid to accompany bid. Successful bidders to furnish satisfactory bond. Wood to be delivered on or before September 1, 1910. Board reserves the right to reject any or all bids. Dated: Salem, Ore., Dec. 17, 1909. H. A. JOHNSON JR., District Clerk.

For that Dull Feeling After Eating
 I have used Chamberlain's Stomach and Liver Tablets for some time, and can testify that they have done me more good than any tablets I have ever used. My trouble was a heavy dull feeling after eating. David Freeman, Kempt, Nova Scotia. These tablets strengthen the stomach and improve the digestion. They also regulate the liver and bowels. They are far superior to pills but cost no more. Get a free sample at all good drug stores and see what a splendid medicine it is.

The old-fashioned "sociable" was responsible for much of today's marital happiness.

This Is Worth Remembering.
 Whenever you have a cough or cold, just remember that Foley's Honey and Tar will cure it. Remember the name, Foley's Honey and Tar, and refuse substitutes. J. C. Jerry.

Good men don't worry much about what the family will write on the tombstones.

Catarrh Cannot Be Cured.
 With local applications, as they cannot reach the seat of the disease, Catarrh is a blood or constitutional disease, and in order to cure it you must take internal remedies. Hall's Catarrh Cure is taken internally, and acts directly on the blood and mucous surfaces. Hall's Catarrh Cure is not a quick medicine. It was prescribed by one of the best physicians in this country for years and is a regular prescription. It is composed of the best blood purifiers, acting directly on the mucous surfaces. The perfect combination of the two ingredients results in curing Catarrh. Send for testimonials free. F. J. Cheney & Co., Props., Toledo, O. Sold by druggists, price, 75c. Take Hall's Family Pills for constipation.

The neither-beef-nor-butter cow is not likely to prove profitable as a hide producer.

Women Who Are Envied.
 Those attractive women who are lovely in face, form and temper are the envy of many, who might be like them. A weak, sickly woman will be nervous and irritable. Constipation or Kidney poisons show in pimples, blotches, skin eruptions and a wretched complexion. For all such, Electric Bitters work wonders. They regulate stomach, liver and kidneys, purify the blood; give strong nerves, bright eyes, pure breath, smooth, velvety skin, lovely complexion. Many charming women owe their health and beauty to them. 5c at J. C. Perry.

Many a good resolution evaporates over night. Why not clap a "lid" on it?

Choked to Death
 is commonly said of babies who have died of the croup. How unnecessary this is. No child ever had the croup without having a cold or cough at the start. If you will stop the first symptom of the cough with Ballard's Horehound Syrup there is no danger whatever of croup. Sold by all dealers.

Children Cry FOR FLETCHER'S CASTORIA

CASTORIA
 For Infants and Children.
 The Kind You Have Always Bought Bears the Signature of
Dr. J. C. Fletcher
 In Use For Over Thirty Years
CASTORIA
 900 DROPS
 ALCOHOL 3 PER CENT. A Vegetable Preparation for Assimilating the Food and Regulating the Stomach and Bowels of INFANTS & CHILDREN.
 Promotes Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.
 Facsimile Signature of Dr. J. C. Fletcher NEW YORK.
 At 6 months old 35 Doses - 35 CENTS
 Guaranteed under the Food and Drug Act of 1906.
 Exact Copy of Wrapper.

A Woman Is Not Pretty Unless She Has a Well Developed BUST
 SHE'S A QUEEN! SHE'S A SIREN!
 Siren Wafers Develop the Bust
 is an expression that is always heard at sight of a well developed woman. If you are flat chested with BUST UNDEVELOPED, a scrawny neck, thin lean arms—the above remark will never be applied to you. "SIREN" wafers will make you beautiful, bewitching. They DEVELOP THE BUST in a few weeks from 3 to 6 inches and produce a fine, firm, voluptuous bosom. They fill out the hollow places, make the arms handsome and well modeled and the neck and shoulders shapely and of perfect contour. Send for a bottle today and you'll be pleased and grateful. "SIREN" wafers are absolutely harmless, pleasant to take and convenient to carry around. They are sold under guarantee to do all we claim or MONEY BACK. Price \$1.00 per bottle. Inquire at good drug stores or send DIRECT TO US. During the next 30 days only we send you a sample bottle of these beautifying wafers on receipt of 10 cents to pay cost of packing and postage if you mention that you saw the advertisement in this paper. The sample alone may be sufficient if the defects are trifling. DESK 5, ESTHETIC CHEMICAL CO., 31 W. 125th St. NEW YORK

New Line of Baby Shoes
 I have just received a new line of Baby Shoes in all colors. These will make nice Christmas presents. Warm felt Slippers for Ladies. Also Slippers for Men and Boys. A full line of fine Dress Shoes. Call in and see my line.
J. VOGT
 115 Liberty St. Salem, Ore.

Brainy Women
 Are those who will have us launder their waists, delicate lingerie, etc. Our facilities are those of the best for the perfect handling of this character of work. Our help is thoroughly experienced, and much more skillful than most help you can secure to come to your home or to "take out." A trial will make you a client of ours.
Salem Laundry Co.
 Telephone 25. 130-160 S. Liberty St.

GREAT CHINESE DOCTOR
L. M. HUM
 has medicine which will cure any known disease. He makes a specialty of and guarantees to cure Catarrh, Asthma, Lung, Throat, Rheumatism, Debility, Stomach, Liver, Kidney troubles; also any blackened or swollen soreness, broken limbs; Scullpox, Epidemic; all kinds of Bolls, Lost Manhood, Female Weakness, Hernal Troubles and Paralysis consultation free. Care of Yick & Tong Co., Chinese drugs and herbs 153 High street, upstairs, Salem, Or.