

THE CAPITAL JOURNAL

E. HOFER, Editor and Proprietor

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HEALTH OF AMERICAN SCHOOL CHILDREN.

"Civics and Health" is an enthralling interesting. It is humanized sociology. Cleaning up children by scientific illumination will appeal to every mother and father, every child over who has any patriotism or desire to learn how we as a people are to make moral reform agitation fruitful through health of American children and so establish health of national life. When the author of this new book, Dr. Allen of New York, secretary of the new metropolitan Bureau of Municipal Research, who is fast raising the national fame as a health leader, a vitality educator, a common sense health expert for the twenty million school children of the United States, was a boy out in Minnesota twenty years ago, he learned from playing the game "Quotations" that Louis Agassiz wrote: "A natural law is as sacred as a moral principle."

This seed-thought sank deep, rooted, grew, sprouted and sprang to life in the great new movement, of which Dr. Allen is leader, for free health to become part of free education for American school children.

A portrait of Louis Agassiz is the frontispiece of "Civics and Health." In the closing chapter of this book, which no one who cares to be up with the times can afford to miss reading and studying, since it shows us how to hitch health scientifically to our civic system throughout the country by means of our public schools, Dr. Allen pays his duty to "America's greatest educator," "the finest specimen yet discovered of the genus homo, species intelligens," in a beautiful chapter that shows the hold of the new movement. The above publications are from Guin & Co., Boston.

WASHINGTON WON RIFLE CHAMPIONSHIP

Washington, April 9.—The judges of the National Rifle Association today announced that the State College of Washington had won the rifle shooting championship of the universities and colleges of the country in indoor ranges. The shoot was held last week, and, according to the Rifle Association, an examination of the targets showed that Washington College had 249 out of a possible 1000, or an average of 94.9 per cent.

Columbia University, of New York, was second with 923 points, and the University of Wisconsin with 918 points, third. The University of California, which made 908 points was sixth.

COMMISSIONER STACKLE ROAD PETITIONS

The county commissioners' court is busy today wrestling with the county road proposition. A big stack of petitions from all parts of the county has accumulated, showing that the farmers are thoroughly awake to the importance of good roads. It will take several days to consider the petitions, and many of them will, no doubt, be held over for a thorough examination into the feasibility and the cost of the work.

We cordially invite you to join the large number of prudent, careful people who for nearly a quarter of a century have found banking relations with us to be both agreeable and profitable.

SAVINGS DEPARTMENT
Capital National Bank

ARBOR DAY AT THE SCHOOLS

This being Arbor Day, it was generally observed, each of the schools having appropriate exercises, and some of them, where the ground would permit, planting a tree. The afternoon was devoted to this work, and when trees were not planted there were special exercises in the shape of readings and recitations on the subject of tree planting. The day was beautiful, and teachers and pupils alike thoroughly enjoyed the occasion.

HUSBAND WAS KILLED MRS FRANKS INSANE

[United Press Leased Wire.]
 Roseburg, Or., April 9.—Constant grieving over the death of her husband, who was accidentally killed for a deer by a companion last fall, has unbalanced the mind of Mrs. Alexander Frankst to such an extent that it is feared she is hopelessly insane.

At the time Franks was shot, Mrs. Franks was a bride of a few weeks. After her period of mourning was over the young widow was advised to seek employment as her friends thought she might be able to rest her mind by working. She secured a position but continued to grieve throughout the days. Finally, when she imagined that someone was trying to kill her, alarm spread among her relatives and friends and now an effort is being made to nurse her back to good health.

EXPLOSION NEAR ST. PETER'S CATHEDRAL

[United Press Leased Wire.]
 London, April 9.—A terrific explosion of dynamite near the cathedral of St. Peter in Rome today injured 20 persons and destroyed a portion of the Borgio palace, according to a bulletin by the Exchange Telegraph concern. The explosion is said to have shaken the foundation of the world's greatest and most imposing cathedral. Improper storing of dynamite by fishermen was the cause of the accident.

For Constipation
 Mr. L. H. Farnham, a prominent druggist of Spirit Lake, Iowa, says: "Chamberlain's Stomach and Liver Tablets are certainly the best thing on the market for constipation." Give these tablets a trial. You are certain to find them agreeable and pleasant in effect. Price 25 cents. Samples free. For sale by all good druggists.

We'll take our chances alongside the man who would rather make a child smile than to make a dollar at the expense of his fellows.

Beware of Ointments for Catarrh that Contain Mercury.
 as mercury will surely destroy the sense of smell and completely derange the whole system when entering it through the mucous surfaces. Such articles should never be used except on prescriptions from reputable physicians, as the damage they will do it ten-fold to the good you can possibly derive from them. Hall's Catarrh Cure, manufactured by F. J. Cheney & Co., Toledo, O., contains no mercury, and is taken internally, acting directly upon the blood and mucous surfaces of the system. In buying Hall's Catarrh Cure be sure you get the genuine. It is taken internally and made in Toledo, Ohio, by F. J. Cheney & Co. Testimonials free.

Sold by Druggists. Price 75c per bottle.
 Take Hall's Family Pills for constipation.

Great Chinese Doctor
L. M. HUM
 Has medicine which will cure any known disease. He makes a specialty of, and guarantees to cure Catarrh, Asthma, Lung, Throat, Rheumatism, Debility, Stomach, Liver, Kidney Troubles; also any blackened or swollen soreness, broken limbs, Smallpox; Epidemic; all kinds of Boils, Lost Manhood, Female Weakness, Hernia Troubles and Paralysis. Consultation free. Care of Yick & Tong Co., Chinese drugs and herbs, 163 High St., upstairs, Salem, Or.

THE MARKETS

[United Press Leased Wire.]
 San Francisco, Cal., April 9.—Wheat—No. 1 California Club, per cental, \$1.95 @ 2.00; California white milling, \$2.00 @ 2.05; Northern Bluestem, \$2.12 1/2 @ 2.20; off grades wheat, \$1.75 @ 1.85; reds, \$1.91 @ 97 1/2 c.

Barley—Feed barley, \$1.45 @ 1.50; common to fair, \$1.35 @ 1.40; brewing, at San Francisco, nominal at \$1.52 1/2 @ 1.55; chevalier, \$1.55 @ 1.60, according to quality.

Eggs—Per dozen, California fresh, including cases, extras, 22 1/2 c; firsts, 22c; seconds, 20 1/2 c; thirds, 18c. Butter—Per pound, California fresh, extras, 22 1/2 c; firsts, 22c; seconds 21 1/2 c.

New Cheese—Per pound, California flats, fancy, 15 1/2 c; firsts, 14 1/2 c; California Young America, fancy, 15c; firsts, 14c; Oregon flats, fancy, 15c; do Young America, fancy, 16 1/2 c.

Potatoes—Per cental, river whites, fancy, \$1.25 @ 1.50; Salinas Burbanks, \$2; do Oregon, \$1.70 @ 1.85; new potatoes, per pound, 1 1/2 @ 2c; sweet potatoes, per crate, \$1.50 @ 1.65.

Onions—Per cental, Oregon, \$2 @ 2.25; Australian brown, \$4 @ 4.25; new green, per box, 25 @ 75c.

Oranges—Per box, navels, standard, \$1.25 @ 1.75; choice, sizes 80 to 126, \$1.50 @ 2; sizes 150 to 216, \$2 @ 2.50; fancy, \$2.50 @ 2.75; tangerines, per box, 75c @ \$1.50.

PORTLAND MARKETS.

Wheat—Track Prices.
 Club \$1.16
 Bluestem 1.30
 Turkey Red 1.15
 Turkey Red 1.15
 Valley 1.10

Flour.
 Patents \$ 5.65
 Straights 5.65
 Exports 4.50
 Valley 4.40
 Graham, 1 1/2 sack 5.20
 Whole wheat 5.40
 Rye 5.50
 Feed 30.50

Oats.
 No. 1 White \$39.00 @ \$40.00
 Gray 38.00

Hay.
 Willamette val ordinary, \$13 @ \$15
 Mixed 18
 Eastern Oregon, fancy, 16 @ 18
 Alfalfa 14 @ 15
 Clover 12

Cheese.
 F. C. Twins 17 1/2 c
 F. C. Triplets 17 1/2 c
 Young America 18c
 Cream brick 20c
 Swiss block 20c
 Limberger 18 @ 20c

Millstuffs.
 Bran \$26.00 @ \$26.50
 Middlings 33.00
 Shorts, country 28.00 @ 30.00
 Shorts, city 28.00 @ 30.00
 Chop 20.00 @ 25.00

Eggs.
 Select Oregon 22c
 Eastern 15c @ 20c

Dressed Meats.
 Hogs, fancy 9 1/2 @ 10c
 Hogs, ordinary 8 @ 9c
 Pienle 10c
 Hogs, large 7c
 Veal, extra 10c
 Veal, ordinary 8 @ 9c
 Veal, heavy 7c
 Mutton, fancy 6 @ 7c
 Cottage roll 11c
 Breakfast 17 1/2 @ 21c
 Reg. short clear, smoked 13c
 Ditto, unsmoked 12c
 Clear backs, smoked 13c
 Shoulders 11c

Poultry.
 Chickens, mixed 15 @ 15 1/2 c
 Hens, fancy 16 @ 16 1/2 c
 Roosters, old 10 @ 11c
 Broilers and fryers 24 @ 25c
 Dressed poultry, 1c lb. higher.
 Ducks 20 @ 22 1/2 c



DR. STONE'S Drug Store

The only cash drug store in Oregon, owes no one, and no one owes it; carries large stock; its shelves, counters and show cases are loaded with drugs, medicines, notions, toilet articles, wines and liquors of all kinds for medicinal purposes. Dr. Stone is a regular graduate in medicine, and has had many years of experience in the practice. Consultations are free. Prescriptions are free, and only regular prices for medicine. Dr. Stone can be found at his drug store, Salem, Or., from 7 in the morning until 9 at night.

Geese, live 10c
 Turkeys 18 @ 19c
 Dress-d 20 @ 23c

Butter.
 Fancy 27 1/2 @ 29c
 Choice 30c
 Store 18 @ 20c

Potatoes.
 Buying prices, per cwt. 1.25 @ 1.35
 Sweets, lb. 2 1/2 @ 3c

Fresh Fruits.
 Oranges \$1.75 @ 1.35
 Lemons \$1.50 @ 4.00
 Grapes, bbl 9.00
 Pears, box 75 @ 1.00
 Apples, box 65 @ 2.50
 Bananas, pound05 @ .05 1/2
 Onions, per cwt. \$1.25 @ 1.50

Local Retail Market.
 Wheat, per bu. \$1.20
 Eastern Oregon 1.60
 Bran, per sack98
 Shorts, per sack \$1.35 @ 1.53
 Rolled barley 35.00
 Wheat, per bu. 1.10

Local Wholesale Market.
 Wheat, per bu.90
 Oats, per bu.50
 Flour, hard wheat 5.45
 Flour, valley 5.20
 Mill feed, shorts 33.50
 Mill feed, bran 30.00
 Hops, 1908 crop19
 Hops, 1907 crop2 @ 3 1/2
 Chittam bark2 @ 3 1/2
 Wool, coarse13
 Wool, medium15
 Mohair20
 Hay, cheat 13.00
 Hay, clover 12.00
 Potatoes, bushel70 @ .80
 Apples, bushel 50 @ 1.00
 Prunes, per lb. 1 1/4 @ 1.4
 Prunes, per lb. 1 1/4 @ 1.4
 Cranberries, Howe's variety, bbl 13.00

Butter and Eggs, Retail.
 Eggs35
 Creamery butter35
 Cheese, pound20

People past middle life usually have some kidney or bladder disorder that saps the vitality, which is naturally lower in old age. Foley's Kidney Remedy corrects urinary troubles, stimulates the kidneys, and restores strength and vigor. It cures uric acid troubles by strengthening the kidneys so they will strain out the uric acid that settles in the muscles and joints causing rheumatism. For sale by J. C. Perry.

The loudest singer does not always drop the biggest coin into the contribution box.

Foley's Honey and Tar is a safeguard against serious results from spring colds, which inflame the lungs and develop into pneumonia. Avoid counterfeits by insisting upon having the genuine Foley's Honey and Tar, which contains no harmful drugs. For sale by J. C. Perry.

A lot of us would make different music if we had to dance to it ourselves.

Kodol for Dyspepsia and Indigestion taken occasionally will soon relieve you of all the simple stomach ailments that you now have, but which may be more serious later. Sold by all druggists.

A Reliable Remedy CATARRH

Ely's Cream Balm
 is quickly absorbed.
 Gives Relief at Once.
 It cleanses, soothes, heals and protects the diseased membrane resulting from Catarrh and drives away a Cold in the Head quickly. Restores the Senses of Taste and Smell. Full size 50 cts., at Druggists or by mail. In liquid form, 75 cents. Ely Brothers, 56 Warren Street, New York.



Then again for those who wish a good medium-priced wheel.

Savage Bicycles
 \$35.00 to \$40.00

We Have

Excelsior Bicycles
 \$25.00 to \$32.50

Drop in and let us show you our complete line. We know we can please you. Old wheels taken in exchange. New wheels on easy installments.

Who Is Your Repairman

We have the largest and most complete repair shop in the city.

OUR WORKMANSHIP THE BEST.

OUR SERVICE PROMPT

Call up Main 363 and let your wants be known. We will call for and deliver your wheels.

A few good snaps in second hand wheels. These have all been cleaned and overhauled.

Watt Shipp
 THE BICYCLE MAN



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No matter how carefully you may dress on other days of the year, Easter Sunday always calls for your best. It's splendid foresight to make Easter preparations early so as to secure the best. If you need a new suit, just take a look at our "Clothes of Quality," designed, cut and tailored from the choicest fabrics by experts—the best in the land.

\$10.00 to \$30.00

If it's a top coat need that presses you, come to see our new spring beauties at

\$8.50 to \$20.00

Clothes or no clothes, you'll surely be wanting an Easter Hat, Tie and other new toggery. You'll find the choice spring things here—all are pleasingly priced.

G. W. JOHNSON & CO., 141 NORTH COMMERCIAL STREET

DISCOHOL CURES LIQUOR HABIT

New medical preparation in liquid and powder forms. The only known remedy for Alcohol diseases. Can be given with coffee, tea, cocoa or milk without patient's knowledge.

FREE SUCCESS ABSOLUTELY GUARANTEED FREE
 500 PACKAGES OF THIS VALUABLE MEDICINE TO BE GIVEN AWAY FREE

A Specialist has lately discovered a new medicine for the cure of the drink habit. Do you wish a package? If you have in your family a loving husband, father, brother or son, who is giving you trouble, or making life miserable for you, and whom you wish to be cured from this disease, do not hesitate a moment but set at once. Alcohol has this victim in his clutches and the unfortunate one is not able to escape him. DISCOHOL has cured thousands and will cure any one belonging to you. Write to us at once, before it is too late. It is guaranteed harmless and its effects are positive. If you wish free treatment and further instructions, fill out coupon below and mail to us. Don't hesitate, as the 500 packages will soon be given away and each further package will cost \$1. NOW you can secure one FREE. Cut out this Coupon. Send it today. Sent in plain wrapper.

Coupon for free Drink-Habit Cure.

Name.....
 Address.....
 Mail this Coupon to
 THE REMEDY ASSOCIATION, 62 East 131st St., New York, N. Y.