

Feeling "Just So-So"

Anyone who is feeling just "so-so" is not well. Liver not acting right is the cause. Bad liver means bad health, bad stomach and bowels—often bad kidneys—unhealthy complexion—blues—headaches—all kinds of ailments.

A bad liver becomes a good, healthy active one when treated with



Better than pills for liver ills.

Never gripe, sicken nor act violently—always effective. Take an NR tablet to-night and you'll feel better in the morning.

Get a 25c Box

The A. H. Lewis Medicine Co., St. Louis, Mo.



For Sale by Capital Drug Co., Z. T. Riggs, Salem, Oregon.

Recommends Chamberlain's Cough Remedy.

"As long ago as I can remember my mother was a faithful user and friend of Chamberlain's Cough Remedy, but never in my life have I realized its true value until now," writes Prof. H. A. Howell of Howell's American School, Havana, Cuba. "On the night of February 3rd our baby was taken sick with a very severe cold; the next day was worse and the following night his condition was desperate. He could not lie down and

it was necessary to have him in the arms every moment. Even then his breathing was difficult. I did not think he would live until morning. At last I thought of my mother's remedy, Chamberlain's Cough Remedy, which we gave, and it afforded prompt relief, and now three days later, he has fully recovered. Under the circumstances I would not hesitate a moment in saying that Chamberlain's Cough Remedy, and that only, saved the life of our dear little boy." For sale by Dr. Stone's drug store.

WILLIAM DAVIDSON STOCKS AND BONDS

I can advise you on any stocks or bonds sold or on the market. Money secured for promotion purposes, patents, manufacturing industries, large land deals, etc. Call and see me. Wanted, a few competent men and women. References required.

FOR SALE!

Anything you want to buy, or will sell anything you have to sell, will exchange anything you have for anything you want; will write your fire insurance for

80 cents per \$100 for 3 years

Without assessments, policy fees or liability to the assured.

LISTON & MAY OPERA HOUSE BLOCK

484 Court St. Salem, Oregon

"HAS BEEN?" or "RIGHT NOW?"

It is all right to be able to say that you formerly spent money like dirt. It is much better to be able RIGHT NOW to grasp any chance that presents itself.

THE UNITED STATES NATIONAL BANK OF SALEM, OREGON IS CENTRALLY LOCATED. TREATS YOU RIGHT CATERING TO THE MASSES SOLICITS YOUR BUSINESS CAPITAL \$100,000. SURPLUS AND UNDIVIDED PROFITS \$10,000



OUR LARGE ASSORTMENT of handsome sash, doors and blinds are made from the fine quality of lumber that we keep in our high-grade and complete stock. We have fine grained wood for high class work, without a flaw in it, and the best stock of building lumber of all kinds in both soft and hard wood to be found in Salem.

A. M. HANSEN Phone 344. Cor. Mill and Church Sts.

COMING TO OREGON—APPLES FOR KINGS

They are coming. People from every part of the United States and Canada are pouring into Oregon at the present time at a rate never before equaled, and there is evidence that the travel during the entire colonial period will be enormous. Many communities are busy sending out leaflets giving the low rate from twenty to twenty-five points, others have the information printed at the top of their stationery and on their envelopes. Every reader of this paper should see that such a leaflet goes in each letter he sends to people at a distance. School boys and girls all over Oregon are doing their part. Remember this rate is good until the last day of April.

A most interesting acknowledgment of the apples sent by the Portland Commercial Club to King Edward comes in a letter from Buckingham Palace, written by General D. M. Brobyn, keeper of the privy purse to his majesty King Edward, to one of Oregon's best known and most respected citizens, R. E. Brereton. A little extract from General Brobyn's letter is interesting:

"The five boxes of apples which were sent to his majesty arrived quite safely and were thought very highly of by the King and others who tasted them. I write to convey his majesty's thanks for the fruit.

"Should we all live for another Christmas, and if you will kindly send directly to me at Sandringham a small supply of these apples, writing me a few lines of warning of their dispatch, I promise to bring them to the notice of the king and his majesty's guests assembled at Sandringham at that season of the year, and will give you a full report of them."

PORTLAND FACES A WATER FAMINE

Portland, March 13.—Mayor Lane and other city officials fear that if immediate steps are not taken to prevent it, Portland will be faced to face with a water famine this summer.

The question was brought to the attention of the city's water board by an East Side resident, who wrote that there were thirty families in his neighborhood who were being supplied with water through one one-inch pipe. He told the board that when the sprinkling season arrived many families will not be able to get drinking water during certain hours of the day. The board has discovered that similar conditions exist in other parts of the city that have grown rapidly.

Willamette Won It—

Clark Belknap, a representative of Willamette University in the state oratorical contest, which was held at Corvallis last night, won first place, the University of Oregon took second place and McMinnville college was given third. The following schools competed in the contest: University of Oregon, Eugene, Jesse H. Bond; Albany college, Albany, Miss Katherine McMillan; State Normal School, Monmouth, D. C. Henry; Willamette University, Salem, Clark Russell Belknap; Pacific University, Forest Grove, James R. Ward; McMinnville College, McMinnville, Earl Nott; Oregon Agricultural College, Corvallis, Phillip H. Cale; Pacific College, Newberg.

Race suicide,

as President Roosevelt calls it, is not nearly the menace to increase in population that deaths among infants are. And eight out of ten of those deaths are directly or indirectly caused by bowel troubles. McGee's Baby Elixir cures diarrhoea, dysentery, sour stomach and all infant ailments of this nature. Just the thing for teething babies. Price 25 and 50c. All dealers.

CASTORIA

For Infants and Children. The Kind You Have Always Bought

Bears the Signature of *Chas. H. Fletcher*

LIME-SULPHUR SOLUTION

Niagara, the tried and proved 32 test. Prices on application. Special No. 2, guaranteed 30 test, at \$6.50 per 50-gallon barrel, full measure at Salem. Made only by Oregon Spray & Gas Co., Portland, Or. Hood River Spray Mfg. Co., Hood River, Or. On Sale at Salem by H. P. Chase, successor to Chase & Skaffe. Golden Rule Bazaar, Mrs. B. T. Swart, proprietor.

THE MARKETS

SAN FRANCISCO MARKETS.

San Francisco Markets. San Francisco, March 13.—Wheat, No. 1 California club, per cental, \$1.85@1.95; California white milling, \$1.95@2.05; northern bluestem \$2.05@2.15; off grades wheat, \$1.80@1.90; reds, \$1.85@1.90.

Barley—Feed barley, \$1.42 1/2 @ \$1.45; common to fair, \$1.35@1.40; brewing at San Francisco, nominal, at \$1.45@1.50; chevalier, \$1.50@1.60, according to quality.

Eggs—Per dozen, California fresh, including cases, extras, 23c; firsts, 21 1/2c; seconds, 21c; thirds, 20 1/2c. Butter—Per pound, California fresh, extras, 32 1/2c; first, 32c; seconds, 31c.

New cheese—Per pound, California flats, fancy, 15c; firsts, 14c; seconds, 12c; California Young America fancy 15c; firsts, 14 1/2c; eastern New York, cheddars, fancy, 17 1/2c; Oregon flats, fancy, 15c; do Young America, 16 1/2c.

Potatoes—Per cental, Early Rose, \$2; river whites, fancy, \$1.35@1.50; Lompoc Burbanks, \$1.85@2; do Salinas, \$2@2.10; do Oregon, \$1.75@1.90; seed potatoes, per cental, \$1.50@2, as to variety; sweet potatoes, per crate, \$1.65@1.75; do per sack, \$1.50.

Onions—Per sack, Oregon, \$1.75@2.00.

Oranges—Per box, navels, standard, \$1.25@2; fancy, \$2.25@2.50; Tangerines, per box, \$1@1.50; do small boxes, 65c.

PORTLAND MARKETS.

Wheat—Track Prices.

Club \$1.05
Bluestem \$1.16
Turkey Red \$1.10
Red Russian \$1.03
Valley \$1.03

Flour.

Patents \$6.65
Straights \$4.55 @ 4.80
Exports \$4.00
Valley \$5.40
Graham, 1 1/2 sack \$5.20
Whole wheat \$5.40
Rye \$5.50

Barley.

Food \$28.50
Oats.

No. 1 White \$56.00
Gray \$55.00
Hay.

Willamette val ordinary \$14@16
Mixed \$18.00
Eastern Oregon, fancy \$17.50
Alfalfa \$14@15
Clover \$13@14

Cheese.

F. C. Twins 17c
F. C. Triplets 17c
Young America 18c
Cream brick 20c
Swiss block 20c
Limburger 18@20c

Millstuffs.

Bran \$25.50@26
Middlings \$33.00
Shorts, country \$29@30
Shorts, city \$30.00
Chop \$20@28

Eggs.

Select Oregon 20c
Eastern 15@20c

Dressed Meats.

Hogs, fancy 7 1/2 @ 8c
Hogs, ordinary 6 @ 7c
Piglets 10c
Hogs, large 5c
Veal, extra 9 @ 10c
Veal, ordinary 7 @ 8c
Veal, heavy 6c
Mutton, fancy 6 @ 7c
Cottage roll 11c
Breakfast 15 @ 21 1/2c
Regular short clears, smoked 13c
Ditto, unsmoked 12c
Clear backs, smoked 13c
Shoulders 11c

Poultry.

Chickens, mixed 12 1/2 @ 13c
Hens, fancy 13 @ 14c
Roosters, old 10c
Broilers and fryers 16 @ 17c
Dressed poultry, 1 cent pound higher.
Ducks 15 @ 16c
Geese, live 10 @ 11c
Turkeys 17 @ 18c
Dressed 20 @ 23c

Butter.

Fancy 35 @ 37c
Choice 30c
Store 18 @ 20c

Potatoes.

Buying prices, per cwt. \$1.25@1.30
Sweets, cwt. \$2.50

Fresh Fruits.

Jrangles \$2 @ 3
Lemons \$3.00 @ 5.00
Grapes, crate \$4 @ 7
Pears, box 75c @ \$1.00
Cranberries, barrel \$14.00 @ 15.00
Bananas, pound 5 @ 5 1/2
Onions, per cwt \$1.25 @ 1.50

Local Retail Market.

Flour, per sack \$1.45

CASTORIA

The Kind You Have Always Bought, and which has been in use for over 30 years, has borne the signature of *Chas. H. Fletcher* and has been made under his personal supervision since its infancy. All Counterfeits, Imitations and "Just-as-good" are but Experiments that trifle with and endanger the health of Infants and Children—Experience against Experiment.

What is CASTORIA

Castoria is a harmless substitute for Castor Oil, Paregoric, Drops and Soothing Syrups. It is Pleasant. It contains neither Opium, Morphine nor other Narcotic substance. Its age is its guarantee. It destroys Worms and allays Feverishness. It cures Diarrhoea and Wind Colic. It relieves Teething Troubles, cures Constipation and Flatulency. It assimilates the Food, regulates the Stomach and Bowels, giving healthy and natural sleep. The Children's Panacea—The Mother's Friend.

GENUINE CASTORIA ALWAYS

Bears the Signature of

Chas. H. Fletcher

The Kind You Have Always Bought

In Use For Over 30 Years.

THE CENTAUR COMPANY, 77 MURRAY STREET, NEW YORK CITY.

Eastern Oregon \$1.60
Bran, per sack 95c
Shorts, per sack \$1.35@1.55
Wheat, per bu \$1.20
Rolled barley \$30

Local Wholesale Market.

Wheat, per bushel 90c
Oats, per bushel 50c
Flour, hard wheat \$5.45
Flour, valley \$5.20
Mill feed, shorts \$3.20
Mill feed, bran \$30
Hops, 1908 crop 10c
Hops, 1907 crop 2 @ 3 1/2c
Chittim bark 3 @ 5c
Wool, coarse 13c
Wool, medium 15c
Mohair 20c
Hay, cheat \$13.00
Hay, clover \$12.00
Potatoes, bushel 70 @ 80c
Apples, bushel 50c @ \$1.00
Onions, per cwt 85 @ 90c
Prunes, per pound 1 1/2 @ 4 1/2c
Cranberries, Howe's variety, bbl \$13.00

Butter and Eggs, Retail.

Eggs 25, two for 45c
Butter, creamery 40c
Butter-fat 35c
Cheese, pound 20c

Foley's Honey and Tar cures coughs quickly, strengthens the lungs and expels colds. Get the genuine in a yellow package.—J. C. Perry.

Lovers of good health should prevent sickness instead of letting themselves get sick and then try to cure it. So long as you keep your liver, bowels and stomach in a healthy and active condition you won't get sick. Ballard's Herbine relieves constipation, inactive liver and all stomach and bowel troubles. All dealers.

Did you ever send your friend a hotel register containing a notice of your daughter's wedding?

Night on Bald Mountain. On a lonely night Alex. Benton, of Fort Edward, N. Y., climbed Bald Mountain to the home of a neighbor tortured by asthma, bent on curing him with Dr. King's New Discovery, that had cured himself of asthma. This wonderful medicine soon relieved and quickly cured his neighbor. Later it cured his son's wife of a severe lung trouble. Millions believe it is the greatest throat and lung cure on earth, coughs, colds, croup, hemorrhages and sore lung are surely cured by it. Best for hay fever, grip and whooping cough, 50c and \$1.00. Trial bottle free. Guaranteed by J. C. Perry.

Don't be a groundhog, and go back in your hole because you see your shadow.

The Mill of Circumstances —and YOU

In this city, as everywhere, the Mill of Circumstances is grinding away 24 hours a day—and today it may be grinding YOUR GRIST. It may be turning one of the incidents of this town's daily life into an opportunity for you—into an advantage for you.

When a merchant gets caught in "the Mill," and is pressed for cash, YOU benefit in the enforced sacrifice of some of his stocks—that is, YOU BENEFIT if you keep posted on what is going on at "the Mill" by reading the ads.

A real estate owner gets into "the Mill" and sacrifices some of his property in order to get out again—pays his toll.

The owners of things—automobiles, securities, businesses, machinery, horses and carriages, typewriters, office fixtures, houses, books, pictures—get into this "Mill of Circumstances," and out of their troubles come your opportunities. They pay the toll.

Incidentally, it's better to watch the ads and to profit by the products of "the Mill" than to get caught in it yourself. Although, if your turn should come, an ad will usually get you out safely. Try The Capital Journal.