

Constipation Caused By Indigestion

Is Cured By Helping the Stomach Do Its Work as It Should.

All forms of constipation, bowel or intestinal trouble owe most of their origin to the improper digestion of food. The bowels measure 30 feet. The inside walls or surfaces are wound tightly with millions of nerves. These nerves give life and control millions of little mouths or suckers which are supposed to take nourishment from the food along this 30-foot human canal.

When indigestion, dyspepsia or stomach trouble occurs, the food being undigested passes over these millions of mouths, it is a fermented, decaying mass and holds no nourishment, as it should.

The little mouths suck it up, impart these impurities to the blood, impregnate the little nerves with poison, and so the work of constipation and bowel trouble begins.

A natural juice or secretion belongs normally in the little cells and glands along the mucous membrane of the 30-foot canal or bowel. When indigestion occurs this juice is lacking and so the mass of waste matter cannot pass along as it should, and is piled up and caked in the bowel, thus bringing pain and misery.

After a while the nerves and nerve centers which give vigor and life to the bowel become paralyzed, thus forever prohibiting the bowel from performing its natural duties. Stuart's Dyspepsia Tablets, when taken after meals, digest the food properly even though the stomach is sick and it passes to the bowels nourishment and juices, which help the intestines not only to do their work at once, but building them up, restores vitality to the nerves, brings new secretion to the glands and cells, helps bowel action and enriches the blood.

The stomach is the cause. Common sense and science are one on this point. You see it yourself. One little grain of Stuart's Dyspepsia Tablets will perfectly digest 3000 grains of food. The assimilation of a meal by one of these tablets is an easy matter, and it keeps the stomach clean and sweet so that in a brief time this organ is restored.

Every druggist carries them in stock; price 50c. Send us your name and address and we will send you a trial package by mail free. Address F. A. Stuart Co., 150 Stuart Bldg., Marshall, Mich.

Don't Take the Risk.

When you have a bad cough or cold do not let it drag along until it becomes chronic bronchitis, or develops into an attack of pneumonia, but give it the attention it deserves and get rid of it. Take Chamberlain's Cough Remedy and you are sure of prompt relief. From a small beginning the sale and use of this preparation has extended to all parts of the United States and to many foreign countries. Its many remarkable cures of coughs and colds have won for it this wide reputation and extensive use. Sold by Dr. Stone's drug store.

THINGS WISE AND OTHERWISE IN THE LEGISLATIVE HALLS

BILLS, RESOLUTIONS AND DOINGS IN GENERAL BY THE SOLONS

Senate.

January 21, 2 p. m.

The senate convened at 2 p. m. Senator Norton offered a resolution to set aside a cloak room for the use of the senators and furnish each a key. The resolution was opposed by Senator Miller of Linn and Lane but was adopted by vote.

Sen. Miller of Linn and Lane introduced a resolution so as not to have bills printed until they have been read the second time.

The resolution to allow a stenographer for the committee on state and county officers was warmly opposed by some of the senators; those being most active were Miller of Linn and Lane, Albee, Kay and Selling. Abraham Hart and Bingham spoke for the resolution. The discussion brought out the fact that 45 stenographers had already been employed.

New Bills.

S. B. 96, Johnson, relating to water rights.

S. B. 97, Selling, relating to elections.

S. B. 98, Abraham, to amend the code relating to fish ladders over mill dams.

S. B. 99, Abraham, to amend code so as to protect game and fish.

S. B. 100, Johnson, relating to heating cars.

S. B. 101, Bailey, to amend code relating to State Agricultural Society.

S. B. 102, Wood, relating to trespass.

S. B. 103, Coffey, requiring that street railways furnish seats for motorists.

S. B. 104, Cole, to increase salary of county judges of Umatilla county.

Bills Passed.

H. B. 35, Brooke, providing for the retention of certain fees by the sheriff of Harney and Malheur counties. Passed.

S. B. 7, Oliver, to amend code relating to appeals in civil action in justice courts. Passed.

S. B. 11, Hedges, to amend code, pertaining to convictions for crime not causing forfeiture of property. Passed.

S. B. 12, Hedges, to amend code relating to the lien of judgment. Passed.

S. B. 33, Oliver, To fix the salary of the sheriff of Union county. Passed.

S. B. 39, Bailey, regulating the business of banking and establishing a board of bank commissioners. Passed.

Adjourned until 10 o'clock Friday.

House, Jan. 21, 2 p. m.

House bill No. 29 on third reading pending.

Resolution by Buchanan for a double enacting clause was adopted.

Special order on House bill No. 20 by Mahone, amending election laws. Defeated.

H. B. 40, Purdin, fixes salary county judge of Jackson county at \$2500 a year. Re-referred.

H. B. No. 35, Brook, relating to fees, Malheur and Harney counties. Passed.

H. B. 40, Jones of Lincoln and Polk, to extend time for appropriation for locks and canal at Oregon City. House went into committee of the whole, Eaton in chair. Bill was adopted by sections and reported favorably. Campbell opposed suspension of rules to consider bill engrossed, but House so ordered and bill was put on its passage all voted "aye" but six. Mr. Campbell making a speech against.

House resolution for joint committee on fisheries with Washington. Senate amendment concurred in; Smith, McCue, Dodds and Farrel named.

H. B. No. 42, fixing salary superintendent of Polk county at \$1200. Passed.

H. B. No. 6, Dimmick, to increase penalty for highway robbery. Passed.

Resolutions.

H. R. No. 29, Clemens, stamps for sergeant at arms.

H. R. No. 30, Mahoney, for mailing clerk at \$5 per day.

H. R. No. 31, Dodd, stamps for sergeant-at-arms.

H. J. R. No. 7, for amendment to constitution for \$6 a day for legislators.

Committee on assessment and taxation reported favorably on Beal's bill to assess standing timber.

On agriculture reported H. B. No. 11 with amendments. Eastern Oregon experiment station. Passed.

New House Bills.

H. B. No. 140, Buchanan, relates to commission merchants.

H. B. No. 141, Hawley, for state veterinarian and regulation of animal industry.

H. B. No. 142, McDonald, regulating sale of cigarettes.

H. B. No. 143, McDonald, for tolls, running water and clean towels on electric passenger cars.

144, Davis, to suppress bucket-shops.

145, Bryant, by request, to protect razor claims.

146, Beddilion, to prohibit hunting swan, geese, etc., with gasoline launch.

147, Rusk, relating to topographic map of Oregon.

148, Bean, amends parole act.

149, Miller, to create county of Nesmith.

A BAPTIST ELDER

Restored to Health by Vinol

"I was run down and weak from indigestion and general debility, also suffered from vertigo. I saw a cod liver preparation called Vinol advertised and decided to give it a trial, and the results were most gratifying. After taking two bottles I regained my strength and am now feeling unusually well." Henry Cunningham, Elder Baptist Church, Kingston, N. C.

Vinol is not a patent medicine—but a preparation composed of the medicinal elements of cods' livers, combined with a tonic iron and wine. Vinol creates a hearty appetite, tones up the organs of digestion and makes rich, red blood. In this natural manner, Vinol creates strength for the run-down, overworked and debilitated, and for delicate children and old people. For chronic coughs, colds and bronchitis Vinol is unexcelled.

All such persons in this vicinity are asked to try Vinol on our offer to refund their money if it fails to give satisfaction.

G. W. PUTNAM CO.

New House Bills.

House, Jan. 21, 10 a. m.
H. B. No. 125, Greer, to amend code relating to justice courts.

H. B. No. 126, Muncey, to define estates by dower and courtesy.

H. B. No. 127, Brooks, to build bridge at Ontario.

H. B. No. 128, Jones of Lincoln and Polk, for state dental board.

H. B. No. 129, McKinney, to protect mechanics and material men.

H. B. No. 130, Mahone, by request, to prohibit Chinese medical practice.

H. B. No. 131, by same, to prohibit Chinese gambling.

H. B. No. 132, Purdin, to amend code relating to pipe lines.

H. B. No. 133, Callkins relating to title for real property.

H. B. No. 134, by same, relating to filing notices.

H. B. No. 135, Conyers, to regulate financial agencies.

H. B. No. 136, by Clackamas delegates, trustees of McLoughlin home.

H. B. No. 137, Couch, relating to earnings of debtor.

H. B. No. 138, by Davis, commission for inspecting boilers.

H. B. No. 139, Altman, to prohibit arrivals running at large.

Senate, Thursday, 10 a. m.

The senate was called to order at 10 o'clock and opened by prayer. After disposing of messages from the house the following new bills were introduced.

S. B. 85, Parrish, to promote the growing of useful plants on dry lands.

S. B. 86, Parrish, to appropriate \$750 annually for fair at John Day.

S. B. 87, Wood, relating to embalming of dead bodies.

S. B. 88, Schofield, to amend code relating to sheriff's summons.

S. B. 89, Selling, to create the new county of Nesmith.

S. B. 90, Albee, relating to banking.

S. B. Kellaher, to amend code relating to costs in certain trials.

S. B. 92, Kay, relating to abortions and miscarriages.

S. B. 93, Mult, to make certain bonds exempt from taxation.

S. B. 94, Barrett, to protect salt water crabs.

S. B. Nottingham, to fix the size of fruit boxes.

Third Reading.

S. B. 52, Hart, to authorize school districts to refund indebtedness. Passed.

THE MARKETS

SAN FRANCISCO MARKETS.

San Francisco, Calif., Jan. 22.—

Wheat—No. 1 California club, per cental, \$1.67 1/2 @ 1.70; California white milling, \$1.75 @ 1.80; northern bluestem, \$1.75 @ 1.80; off grades wheat, \$1.50 @ 1.60; Reds, \$1.62 1/2 @ 1.67 1/2.

Barley—Feed barley, \$1.42 1/2 @ 1.45; common to fair, \$1.35 @ 1.40; brewing at San Francisco nominal at \$1.45 @ 1.55; Chevalier, \$1.50 @ 1.60 according to quality.

Eggs—Per dozen, California fresh, including cases, extras, 42 1/2 c; firsts 42 c; seconds, 41 c; thirds, 40 c; pullets, select, 40 c.

Butter—Per pound, California fresh, extras, 39 c; firsts, 38 c; seconds, 27 c; storage, California extras, 31 c; ladies, extras, 23 c.

New cheese—per pound, California flats, fancy, 14 c; firsts, 13 1/2 c; seconds, 11 c; California Young America fancy, 16 c; firsts, 15 1/2 c; Eastern New York Cheddars, fancy, 17 c; Oregon flats, fancy, 14 c; do Young America, fancy, 16 c; California storage fancy flats, 13 c; Oregon flats, fancy, 14 c; do Young America, 15 c.

Potatoes—Per cental, River Whites, \$1.25; Lompoc Burbanks, \$1.50 @ 1.65; do. Salinas, \$1.55; Oregon Burbanks, \$1.35 @ 1.50; sweet potatoes, per crate, \$1.75 @ 2.

Onions—Per sack, Oregon, \$2 @ 2.25; California, \$1.75 @ 2.

Oranges—Navels, standard, \$1.35 @ 2.25; fancy, \$2.25 @ 2.75; Tangerines half orange boxes, \$1.25 @ 2; Mandarines, per box, \$1.35 @ 1.60.

PORTLAND MARKET.

Wheat—Track Prices.

Club 92c
Bluestem \$1.05
Turkey Red 95c
Red Russian 90c
Valley 95c

Flour.

Patents \$5.25
Straights \$4.20
Exports \$3.90
Valley \$5.00
Graham, 1 1/2 sack \$4.40
Wheat, whole \$4.65
Rye \$5.50

Barley.

Feed \$26.50
Rolled \$29.00 @ 29.50
Brewing \$27.50

Oats.

No. 1 white \$33.00
Gray \$32.00

Hay.

Willamette val. fancy timothy \$15.00
Willamette val. ordinary \$12.00
Mixed \$16.50
Eastern Oregon, fancy \$18.00
Alfalfa \$13.00 @ 14.00
Clover \$12.00

Millstuffs.

Bran \$26.50
Middlings \$33.00
Shorts, country \$31.00
Shorts, city \$30.00
Chop \$22.00

Cheese.

F. C. Twins 15 1/2 @ 16c
F. C. Triplets 15 1/2 @ 16c
Young America 17c
Cream brick 18 @ 20c
Swiss, block 18 @ 20c
Limburger 18 @ 20c

Dressed Meats.

Hogs, fancy 7 1/2 @ 8c
Hogs, ordinary 6 @ 7c
Hogs, large 9 @ 10c
Veal, extra 9 @ 10c
Veal, ordinary 7 @ 8c
Veal, heavy 6 @ 7c
Mutton, fancy 6 @ 7c
Cottage roll 11c
Picnic 10c
Breakfast 15 @ 21 1/2c
Regular short clears, smoked 13c
Ditto, unsmoked 12c
Clear backs, unsmoked 12c
Clear backs, smoked 13c
Shoulders 11c

Poultry.

Chickens, mixed 14 @ 14 1/2c
Hens, fancy 15c
Roosters, old 11 @ 12c
Broilers and fryers 16 @ 17c
Dressed poultry, 1 cent pound higher.
Ducks 15 @ 16c
Geese, live 10 @ 11c
Turkeys 17 @ 18c
Dressed 20 @ 23c

Butter.

Extras 37 1/2 @ 39c
Fancy 37 1/2 c
Choice 30c
Store 18 @ 20c

Eggs.

Extras 42 @ 45c
Eastern 35 @ 40c

Potatoes.

Buying prices, per cwt. \$1.25 @ 1.50
Sweets, per cwt. \$2.25

Fresh Fruits.

Oranges \$2.25 @ 3.00
Tangerines, box \$1.75
Lemons \$3.00 @ 5.00
Grapes, crate \$6 @ 7
Pears, box 75c @ 1.00
Cranberries, barrel \$14.00 @ 15.00
Bananas, pound 5 @ 5 1/2c
Onions, per cwt \$1.25 @ 1.50
Garlic 12 @ 15c

Local Wholesale Market.

Wheat, per bushel \$1.05
Oats, per bushel 45c
Flour, hard wheat \$5.50
Flour, valley \$4.40
Mill feed, shorts \$23.50
Mill feed, bran \$30.00
Hops, 1908 crop 2 @ 8 1/2c
Hops, 1907 crop 2 @ 3c
Chittim bark 3 @ 5c
Wool, coarse 8c
Wool, medium 15c
Mohair 18c
Hay, cheat \$12 @ 13
Hay, clover \$11 @ 12
Potatoes, bushel 70 @ 75c
Apples, bushel 50c @ 1.25
Onions, per cwt \$1 @ 1.25
Prunes, per pound 1 1/4 @ 4 1/2c

Butter and Eggs, Retail.

Eggs 50c
Butter, creamery 50c
Country butter 35c

Fever Sores.

Fever sores and old chronic sores should not be healed entirely, but should be kept in healthy condition. This can be done by applying Chamberlain's Salve. This salve has no superior for this purpose. It is also most excellent for chapped hands, sore nipples, burns and diseases of the skin. For sale by Dr. Stone's drug store.

MANY COMMON DISEASES CAUSED BY THIN, WEAK BLOOD

Harmful Effects at All Ages of an Impure or Insufficient Blood Supply.

Rich, red blood is generally understood to be necessary to health, but why rich and why red?

Healthful blood must be rich because the blood is the carrier that conveys to the organs and tissues of the body all the nourishment that they receive. If it is weak in the elements they require, the tissues are starved and sickness results.

Again, healthful blood must be red because that color indicates blood well charged with oxygen and oxygen cleanses the blood of impurities. When the oxygen is used up the blood takes on a blue tint, and is useless until its oxygen supply has been renewed.

Thin, weak blood gives rise at once to many serious symptoms for it hinders the working of every part of the body. Without pure blood the digestion is imperfectly performed, dyspepsia follows, and consequently the tissues fail to receive their proper nourishment and become weak and unable to do their work. The wastes from the worn-out tissues are thrown into the blood which is unable to cleanse itself because of the lack of oxygen. The nerves become starved and extremely sensitive. Growth and development in the young are delayed. This final result of impure blood is always a weak, run-down system poisoned by its own wastes and defenceless against the attacks of disease. This condition leads to years of suffering, unless the quality of the blood is built up.

Dr. Williams' Pink Pills enable the blood to absorb oxygen, enrich and cleanse it of impurities. They are, therefore, the most direct cure for such blood diseases as anaemia, rheumatism, general debility and the after effects of the grip and fevers. The power of Dr. Williams' Pink Pills to restore health through their blood-building property is well shown in the case of Mrs. G. B. Szink, of 1617 Fifth avenue, Altoona, Pa., who says:

"I began to suffer with anaemia when I was seventeen years of age, and was confined to bed for about nine months. My sickness came on in the spring, and I think it was due to overwork, for I had always been a healthy girl until this trouble. I was so weak and exhausted that I frequently fainted away. I was colorless, and had no appetite. My stomach was very weak. I had pains in my stomach and through the back and was constipated. I was always chilly and could not seem to get warm. My heart pained me and I had smothering spells, when I had to be propped up in bed. My right side seemed to be paralyzed, for I had no feeling in it. One day I got out of bed and in trying to walk around the room fainted away. I had headaches that made me so sick to my stomach that I would feel like vomiting, but was unable to do so. I often had dizzy spells when everything seemed to spin before me. I was feverish and out of my head part of the time.

The doctors' medicine did me no good, although I was treated by a local doctor and later by a specialist from Philadelphia. They said I would go into consumption. But one day mother found a booklet about Dr. Williams' Pink Pills and wanted to give them to me, but father was skeptical. We finally got him to buy a box, and then another, and while on the second box I began to feel better. I continued taking them until I was well."

A helpful booklet, "Diseases of the Blood," giving more information about anaemia will be sent free upon request. If you are suffering from impoverished blood you cannot afford to wait another day before giving Dr. Williams' Pink Pills a thorough trial. They are for sale by all druggists, or will be sent postpaid, on receipt of price, 50 cents per box; six boxes for \$2.50, by the Dr. Williams Medicine Co., Schenectady, N. Y.

A Cure for Misery.

"I have found a cure for the misery malaria poison produces," says R. M. James, of Louellen, S. C. "It's called Electric Bitters, and comes in 50 cent bottles. It breaks up a case of chills or a bilious attack in almost no time; and it puts yellow jaundice clean out of commission." This great tonic medicine and blood purifier gives quick relief in all stomach, liver and kidney complaints and the misery of lame back. Sold under guarantee at J. C. Perry's drug store.

Greatest Combination Offer

NINE NEWSPAPERS A WEEK FOR FORTY CENTS A MONTH

The Daily Capital Journal and the Thrice-a-Week New York World—the greatest Newspaper of Its Type. It always tells the news as it is, promptly and fully. Read in every English speaking country.

It has invariably been the great effort of the Thrice-a-Week World edition of the New York World to publish the news impartially in order that it may be an accurate reporter of what has happened. It tells the truth, irrespective of party, and for that reason it has achieved a position with the public unique among papers of its class.

If you want the news as it really is, subscribe to the Thrice-a-Week edition of the New York World, which comes to you every other day except Sunday, and is thus practically a daily at the price of a weekly.

THE THRICE-A-WEEK WORLD'S regular subscription price is only \$1.00 per year, and this pays for 156 papers. We offer this unequalled newspaper and—

Daily Capital Journal three months = \$1.20

Daily Capital Journal six months = \$2.35

The above offer is only good for Strictly Cash in Advance. Send check, draft or postal note or pay at office of Capital Journal. No agent's commission allowed on these terms. Send remittance to E. HOFER, publisher Daily Capital Journal, Salem, Oregon.



DR. STONE'S Drug Store

The only cash drug store in Oregon, owes no one, and no one owes it; carries large stock; its shelves, counters and show cases are loaded with drugs, medicines, notions, toilet articles, wines and liquors of all kinds for medicinal purposes. Dr. Stone is a regular graduate in medicine, and has had many years of experience in the practice. Consultations are free. Prescriptions are free, and only regular prices for medicine. Dr. Stone can be found at his drug store, Salem, Or., from 7 in the morning until 9 at night.