

Lard is a Foe to Digestion

Pork in any form is indigestible, and most people cannot eat it without subsequent discomfort. It therefore follows that food prepared from lard, which is nothing more or less than hog-fat, is of necessity indigestible.

Cottolene is made from Cotton Seed oil refined so perfectly that it is absolutely neutral in odor and taste.

You know how rich and nourishing Olive oil is. Do you know that cotton seed oil and olive oil are almost exactly the same in chemical properties? Olive oil is too expensive for general use in frying and shortening—*Cottolene* gives the same results.

Having no odor or flavor, and taking up none, *Cottolene* once melted up can be used over and over again.

COTTOLENE is Guaranteed Your grocer is hereby authorized to refund your money in case you are not pleased, after having given *Cottolene* a fair test.

Never Sold in Bulk *Cottolene* is packed in pails with an airtight top to keep it clean, fresh and wholesome, and prevent it from catching dust and absorbing disagreeable odors, such as fish, oil, etc.

Cook Book Free For a 2c stamp, to pay postage, we will mail you our new "PURE FOOD COOK BOOK" edited and compiled by Mrs. Mary J. Lincoln, the famous Food Expert, and containing nearly 300 valuable recipes.



Made only by THE N. K. FAIRBANK COMPANY, Chicago

"Nature's Gift from the Sunny South"

"SIS HOPKINS PLAYS HERE ON MONDAY"

There has been no prettier play on the stage in 20 years than "Sis Hopkins," which comes to the Grand for an engagement beginning Monday, December 7. "Sis Hopkins" is a play of country life, full to the uttermost of sweet sentiment and delightful comedy. "Sis," the quaint little country girl, about whom the story of this very interesting play is woven, is unlike any other character that has ever been staged, and Miss Rose Melville, who originated the part, will be seen again as "Sis," with her funny little pig tails, her striped stockings and her odd little celluloid side-combs. Mr. J. R. Stirling, M. A. Melville's manager, has surrounded her with a company this season which is superlatively excellent, and has given the play an entirely new scenic equipment.

School Report, District No. 61.
Following is a report of school district No. 61, Polk county, Oregon, for the month ending November 27, 1908: Number of pupils enrolled, 41; whole number days attendance, 654½; whole number days absent, 32½; whole number of times late 1; average number of pupils being, 38; average daily attendance 36. The following were neither absent nor tardy during the month: Frederick Norwood, Vesta Gardner, Howard Norwood, Otto Kubin, Ethyl Bennett, Laura Bernard, Gretta Schindler, Glen Southwick, Beulah Madill, Lottie Cain, Mildred Imlah, Harold Schindler, Jennie Kubin, Ralph Dawson, Ray Dawson, Boyd Madill, Alice Schindler, Clarence Adams, Robert Adams, Rose Grice, Ammon Grice. Those receiving perfect in spelling during the entire month were: Nellie Adams, Bernice Adams, Jennie Kubin. Following are the names of the visitors: Superintendent H. C. Seymour, Mrs. T. Gardner, Mrs. Ella Hiras, Mrs. Geo. Gardner, Roy McDulin.

EVELYN NASH, Teacher.

Marked for Death

"Three years ago I was marked for death. A grave-yard cough was tearing my lungs to pieces. Doctors failed to help me, and hope had fled, when my husband got Dr. King's New Discovery," says Mrs. A. C. Williams, of Bac Ky. The first dose helped me and improvement kept on until I had gained 58 pounds in weight and my health was fully restored. This medicine holds the world's healing record for coughs and colds and lung and throat diseases. It prevents pneumonia. Sold under guarantee at J. C. Perry's drug store. 50c and \$1.00. Trial bottle free.

The petition before the county court to divide Seblimity and South Silverton into separate road districts has been denied.

Medicine That Is Medicine.

I have suffered a good deal with malaria and stomach complaints, but I have now found a remedy that keeps me well, and that remedy is Electric Bitters; a medicine that is medicine for stomach and liver troubles, and for run down conditions," says W. C. Kleatler, of Halliday, Ark. Electric Bitters purify and enrich the blood, tone up the nerves, and impart vigor and energy to the weak. Your money will be refunded if it fails to help you. 50c at J. C. Perry's drug store.

The school board has concluded arrangements for the purchasing of the property at the corner of Marlon and Cottage streets, and a new building will be constructed during the coming spring.

Don't Be Hopeless.

about yourself when you're crippled with rheumatism or stiff joints—of course you've tried lots of things and they failed. Try Ballard's Snow Liniment—it will drive away all aches, pains and stiffness and leave you as well as you were before. Sold by all dealers.

The annual taxpayers' meeting of school district No 24 has been set for December 15, when the levy for the next year will be made.

AFTER THE GRIPPE

Vinol Restored This Man's Strength

"Several years ago I was attacked by a severe case of grippe, which left me with a hacking cough, soreness in my chest, and bronchitis. I took nearly every kind of cough syrup sold on the market, besides medicine given me by physicians.

I received no permanent relief until my druggist asked me to try Vinol, and after taking three bottles I was entirely cured.

I believe Vinol to be the greatest blessing ever offered to the public, as it does what is claimed for it." R. E. R. Hicks, Maplesville, Ala.

The reason Vinol cures chronic coughs, colds and pulmonary troubles is because it contains tonic iron and all the healing and body building elements of cod liver oil but no oil.

Vinol is also unexcelled as a strength builder for old people, delicate children, weak and run-down persons, and after sickness.

G. W. PUTNAM CO.

Don't Shiver



Just scratch a match—light the Perfection Oil Heater—and stop shivering. Wherever you have a room that's hard to heat—that the furnace doesn't reach—there you'll need a

PERFECTION Oil Heater

(Equipped with Smokeless Device)

Just the thing for blizzard time or between seasons. Its genial glowing heat makes any room cheerful and cozy. No smoke—no smell—smokeless device prevents. Brass font holds 4 quarts of oil burning 9 hours. Finished in japan and nickel. Every heater warranted.



The **Rayo Lamp** Gives a restful, steady, soft light which is so much appreciated by workers and students. Made of brass, nickel plated with the latest improved central draft burner. Every lamp warranted. Write our nearest agency for descriptive circular if your dealer cannot supply the Perfection Oil Heater or Rayo Lamp.

Standard Oil Company (Incorporated)

For Sale

Anything you want to buy; or will sell anything you have to sell. Will exchange anything you have, for anything you want; and will write your fire insurance for

80c per \$100 for 3 Years

Liston & May

Opera House Block, 484 Court street, Salem, Oregon

We Launder Ladies' Shirt Waists and White Skirts Just Right.

We guarantee to. All of our shirtwaists are carefully washed with a special neutral soap, starched just where they should be starched and ironed by experts who have made shirtwaist ironing a special study. We are pleasing the most careful dressers in the city with our shirtwaist work and are sure we can please you. May we have a trial.

SALEM LAUNDRY COMPANY
Tel. 26 136-166 E. Liberty St

READY TAILORED CLOTHES FOR WELL DRESSED MEN.

The Racso System
PRICE RANGE \$20 TO \$40

A LARGE STOCK

OF WARM SLIPPERS FOR LADIES AND CHILDREN; JUST THE THING FOR A CHRISTMAS PRESENT; ALSO A BROKEN LOT OF LADIES' SHOES AT LOW PRICES.

JACOB VOGT, 345 State Street



THE MOST BEAUTIFUL PLAYER depends for effect largely on the character of the musical instrument. That so many skillful performers always purchase their instruments here is pretty good evidence that they are all-right. Come and see if we cannot suit you with your favorite instrument as well as we have suited the experts.

L. F. SAVAGE

247 Commercial St. Salem, Or.

LIBRARY STATEMENT FOR NOVEMBER

Daily average	90
New members	118
Total membership	3020
New Books.	
Purchased	9
Gifts	7
Total	16
No. of Loans.	
Books	3543
Periodicals	196
Total	3739
No. vol. in library	7225

Proposals Invited.

Proposals invited for supplies for the Oregon State Penitentiary for the period ending June 30, 1909.

Sealed proposals for drugs, dry-goods, groceries, butter, leather and findings, hardware, flour and meat will be received at the office of the superintendent of the State Penitentiary until Monday, December 21, at 2 o'clock, p. m., at which time they will be publicly opened.

A deposit of \$200 in cash or certified check, made payable to the superintendent must accompany each bid for meat and flour, and all other bids must be accompanied by an amount equal to 10 per cent of the amount of the bid.

Samples must accompany all bids where practicable. The right is reserved to reject any and all bids and to accept or reject any portion of a bid. On each envelope should be inscribed the word "Proposals." Goods of Oregon manufacture or production will receive preference, other things being equal.

All goods and supplies must be delivered to the penitentiary within twenty (20) days after the contract is awarded.

Schedules of the various lines of goods to be bid on will be furnished upon application to the superintendent.

Vouchers will be issued for payment on the first of the month following the completion of contract and monthly on continuous contracts.

C. W. JAMES, Superintendent Oregon State Penitentiary, Salem, Oregon, Dec. 1, 1908. Dec. 2, 3, 4.

Graber Bros.

PLUMBING AND GAS FITTING

Will give prompt attention to all orders, guarantee our work to give satisfaction and to be up to the sanitary standard.

WE WILL BE PLEASED TO GIVE ESTIMATES ON CONTRACTS

Call at our shop on Liberty street, back of Barr's Jewelry Store. Phone 550.

Our Purpose

is our purpose to handle any business entrusted to us in such a fair and liberal manner as to make the customers' relation with this bank satisfactory and profitable

Aside from the excellent facilities afforded this bank has the advantage of a large Capital and Surplus.

UNITED STATES NATIONAL BANK SALEM, OREGON

When You Are Dry WHY NOT BUY

A pure and wholesome beverage that is sold in all the cities of Western Oregon and Northern California.

Made of the Choicest Malt and Hops Grown in Marion County

Made of Filtered Water and strictly in accordance with the Pure Food Law Salem Beer is the best mild beverage offered the public.

Made by scientific processes and guaranteed pure and wholesome.

No adulteration. No drugs or chemicals and under the most strict sanitary conditions. Address all orders to

Salem Brewery Association

THE LENOX

Portland's new and most modern furnished hotel, Third and Main streets, fronting on the beautiful City Plaza and adjacent to business center. Free bus to and from trains. Up-to-date grill. Excellent cuisine. Telephone in every room. Private baths. European Plan, \$1 to \$2.50 Per Day. American Plan, \$2.50 to \$4 Per Day. O. H. SPENCER, Manager

Capital Business College

Prepare young people for bookkeepers, stenographers and general office work. The development of the Northwest will afford openings for graduates in the next few years. Prepare now. Send for catalogue.

L. STALEY, PRINCIPAL SALEM, OREGON